

BBQ Fundraiser A Success Plus A New Freezer

The Millstadt Senior Center BBQ which was held on February 12 at the Millstadt Senior Center was a great success! Appreciation and gratitude to everyone who worked so hard to prepare for this event. Special surprise guests included Illinois State Representative LaToya Greenwood and Illinois Senator Chris Best. Representative Greenwood and Senator Best are buying a new industrial deep freezer to accommodate the extra weekend meals that are now being offered to our Meals on Wheels clients! Shout out and thanks to Millstadt Mayor Mike Todd, Millstadt Township Trustees Randy Eckert and Jim Palovik, and Township Highway Supervisor Stanley Jarvis for grilling the delicious BBQ! Thanks to all for your support!



SET CLOCK AHEAD MARCH 12th

From Below The Tower



Patty Evansco

Spring is coming this month, I am happy and hope you are too! I hope this month finds you well and adjusting from the COVID post pandemic. We need to get everyone back in our center and I am hoping you can help me with fun ideas for activities.

The current situation with Russia and Ukraine is a trying time for the entire world. During these moments we are all given an opportunity to re-evaluate what is important. I hope this conflict is over quickly and peace is attained. In February we held our last Sandra M. Bereitschaft Foundation dinner in the Mertz showroom. Don and Debbie Mertz were wonderful hosts, just as they have been in the past. It makes me sad to drive by their building and know that they are not there anymore after the Mertz family ran the Ford dealership for over 100 years. The Mertz family has donated and supported the Millstadt Senior Center in countless ways. They sponsored Bingo once a month and brought prizes, they always ordered BBQ dinners for their employees, took exceptional care and attention to our vehicles in the Mertz Repair Department, as well as helping to deliver Meals on Wheels and countless other projects. We know that Mertz is gone, but Don and Debbie will still be here. Happy March!!

Patty

Many Thanks To The Mertz Family For Their Support to the Millstadt Community And The Senior Center



SMB Foundation Celebration

The first SMBF dinner which was held in December 2015 and was showcased at Mertz’s Showroom. The event was held to show appreciation for the many people who support the SMBF Meals on Wheels program and to present a check for \$6,000 to the Millstadt Senior Center’s Meals on Wheels (MOW) program.

Since that time, the SMBF has donated over \$48,000.00 to the Millstadt Senior Center MOW program. The Foundation also purchased a van for the Senior Center.

The talk of the first event and all future dinners has been the dessert tables. Beautifully decorated with coordinating colors and candles to display an amazing assortment of homemade cakes, cookies, cupcakes, and cream puffs! All displayed under the beautiful lighting in the Mertz’s Showroom.

This year 160 guests enjoyed a meal prepared by Schubert’s Smokehouse the traditional dessert tables and sangria by Terry Davinroy. Thank you to all the volunteers, board members and everyone who provided a dessert for the event.

Special thanks to the Mertz family for supporting the SMBF and the community for the past years.



The SMB Foundation Celebration attended by Larry, Maria and Don Mertz, Foundation Board Members Debbie Mertz, Jim Bereitschaft, Jamie Bereitschaft, Tina Doerr, Karen Witte, Jean Colbert, Janet Mueller and Patty Evansco.



Faces In



The Crowd



Honoring Mary Eckert

January 31, 2022 signaled the ending of an era. On that day, Mary Eckert, practically life-long Civic Club member and librarian passed away. Most of us knew Mary, who couldn't? She was always active in Millstadt from activities at Zion Church to the Civic Club to every community event, to her routine coffee runs at the gas station and, of course, her daily presence at the library.



For those of you who didn't have the honor of knowing Mary, she was one of the individuals at the forefront of the Millstadt Civic Club's mission to create a library. Tirelessly, she helped fundraise, advocate, and establish a library in a community that never had one before. If you asked her about this, she would gladly regale you with wonderful tales about Miss Millstadt contests at Liederkrantz Hall and how difficult, and almost dangerous, it was to decorate the banisters for the dances to fundraise for the library. She also would gladly tell you how they all "worked" the streets to get votes to get the library established, always earning a few chuckles from how she worded it.

Mary was so successful in her efforts to start the library that she helped represent the Civic Club as they won the second-place award in the General Federation of Women's Clubs' Shell Oil Company Education Program of 1969-1970 for its involvement in a volunteer effort to help the young people of its community further their education.

For more than 50 years, Mary dedicated her life to serving Millstadt and its people. In 2007, she was honored for her 50-year membership to the Civic Club and in 2019, she retired as the first director, or as we all called her, head librarian, of the library.

Mary, like Kay Davinroy, will always be a part of the library. Their service and work for literacy and to advance our community on behalf of the Library and the Civic Club will never be forgotten. Thank you, Mary!



Pecan Pie Recipe

- 3 whole eggs
- ½ c. sugar
- ½ stick butter or oleo
- ¾ c. dark Karo syrup
- 1 to 2 c. chopped pecans
- 9-inch pie shell



Beat the whole eggs slightly. Slowly add the sugar while beating. Add the butter or oleo and Karo syrup. Mix in the chopped pecans. Pour into the unbaked pie shell. Bake in the 325-degree oven for about 55 minutes or until brown as you like.



Smithton Library News

The Smithton Library offers Notary Services by appointment only. Please call 618-233-8057 to schedule an appointment.



Taste of Ott's

Join us @ Ott's Tavern & Restaurant

(20 E. Washington, Millstadt)

For an Evening out!

Dinner will be: **Corned Beef Sliders, Parsley New Potatoes, Sauteed Carrot/Cabbage Medley, Fruit Salad with Cookie, coffee, tea, and milk.**

Monday, March 14th

at 4:30 p.m.

Enjoy great food, prizes, and fellowship!

Suggested Contribution \$5.00 /meal

RSVP to Senior Center (618) 476-3731

by **Mar. 11, 2022** (Limited to 50)

This meal is subsidized by **AgeSmart**, must be 60 or over to attend.



Meals on Wheels

Look for Local Celebrities delivering your meals on March 21.



March For Meals is an annual national campaign, held in

March of every year, and designed to increase public awareness, recruit new volunteers, and increase funding for Members of the Meals On Wheels Association of America (MOWAA) Member local Senior Nutrition Pro-grams. MOWAA is the oldest and largest national organization in the United States representing programs that provide meals to people in need. Visit the MOWAA website at www.mowaa.org for more information.

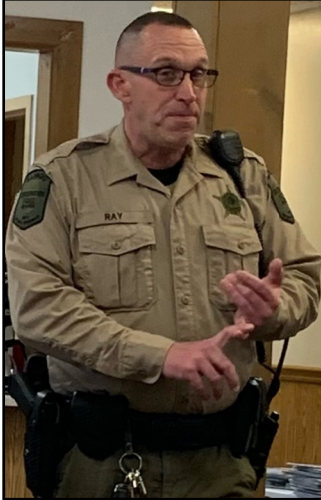
This year it will be held on March 21. Watch for our local government officials volunteering for the Meals on Wheels program in Millstadt Township.

Inclement Winter Weather Policy

Senior Services will post cancellations on local television stations (Channel 2, 4, and 5). A recording will also be listed on Senior Center telephone and postings on Facebook.



On Thursday, February 17th the Chief of Millstadt Police Department Alan Hucke came to lunch at the Senior Center and brought along Illinois Conservation Officer David Ray. Chief Hucke gave us a brief run down on what was happening in the Village and then introduced us to Officer David Ray. Officer Ray talked about wildlife in the village. This was a topic that certainly interested everyone in the room. He explained why they are coming into town and what we can do to curtail their visits to our property. Thank you Chief Hucke and Officer Ray for coming to lunch.



Going Away Party

Join us for Friendship, Food and Merriment to Wish Farewell to

Richard & Michelle Rist

FRIDAY, MARCH 11, 2022

9:00 am – 1:00 pm
Millstadt Senior Center

Happy St. Patrick's Day

CONGREGATE DINING

We invite you to enjoy a deliciously prepared lunch.

The suggested donation for the meal is \$5.00, however each person is responsible for determining what he/she can contribute as a suggested contribution. Persons under 60 years of age are required to pay the full cost of the meal (\$11.50). No one will be denied a meal due to lack of donation.



Millstadt Township Senior Services is open:
Monday through Friday
8:00 a.m. – 2:00 p.m.
(Lunch is served at 12:00 Noon)

Transportation is available upon request. To make arrangements please call.



Tech Time

Drop-In Tech Help

Friday, March 25 @ 10:30 am



Free of Charge

Having trouble navigating your laptop, iPhone, Android, or other device? Come in to get some help from our tech expert Mike Capell.

Thanks To Our Bingo Sponsors For March

We appreciate our March Bingo sponsors.
Tuesday, Mar. 15 – IGA
Tuesday, Mar. 22 – Hoffen Funeral Home



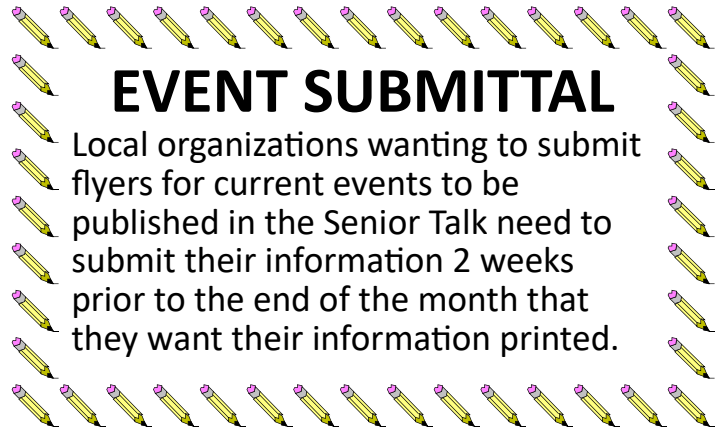
Millstadt Optimist Scholarships

The Millstadt Optimist Club will be awarding five \$1,000.00 scholarships to students beyond high school for the first year as a full-time student. These scholarships will be available to students for their first year of attendance as a full-time student at an accredited college or vocational trade school.

Applicants must be a graduate of Millstadt Grade school and/or reside within the Millstadt School District.

Applications are available at counselor offices at Belleville High School, Althoff Catholic School, Freeburg High School and Gibault High School in Waterloo.

Applications are due April 1, 2022



EVENT SUBMITTAL

Local organizations wanting to submit flyers for current events to be published in the Senior Talk need to submit their information 2 weeks prior to the end of the month that they want their information printed.

IMPORTANT NOTICE!!!!!! SENIORS (60 or older) - HEATING ASSISTANCE

HAS BEEN SCHEDULED FOR

WED., MAR. 16th

BEGINNING AT 9:00 AM

MONTHLY INCOME LEVEL

ONE PERSON - \$2,147.00

TWO PERSONS - \$2,903.00

***MUST HAVE COPIES OF THE
BELOW INFORMATION**

PHOTO ID

SOCIAL SECURITY CARD

MEDICARE CARD

PUBLIC AID MEDICAL CARD (BOTH SIDES)

ALL MONTHLY NET INCOME

(VERIFICATION MUST INCLUDE DATES & NAME)

MOST RECENT POWER BILL (ALL PAGES)

MOST RECENT RENT BILL IF APPLICABLE

**(WE CAN MAKE COPIES FOR
YOU IF NEEDED)**

MILLSTADT TOWNSHIP SENIOR SERVICES

Make an appointment (618) 476-3731



Smithton Meals

We will serve meals at Smithton Senior Center on Tuesdays from 11:00 am to 12:00 noon. If you are 60 years of age or older and would like to reserve a meal, **Please Call (618) 476-3731**. Menus will be available. Anyone over 60 is eligible to pick up meal at Millstadt center any day of the week.

CONCORDIA UCC

MONTHLY "BREAD & BLESSING" MEAL

2nd Thursday of Every Month, 4PM-6PM

OPEN TO THE COMMUNITY

R.S.V.P. Necessary, Please Call 618-476-3377



By the Tuesday previous to the meal
7600 State Route 163, Belleville

No Charge for Meal

(Free will offerings are humbly accepted)

Baby Quilts for Sale



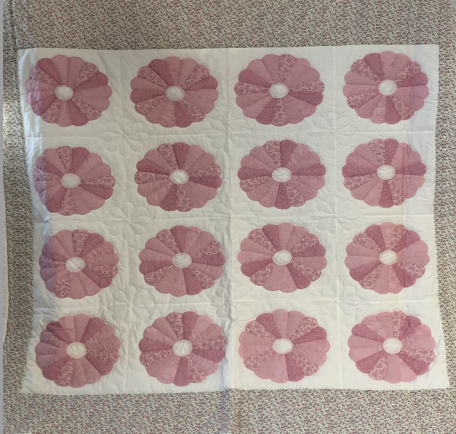
We have beautiful baby quilts (boys and girls) available for sale.

Price Range \$35 - \$100

The quilters have been busy during the pandemic making some very cute baby quilts that would make a nice gift for a baby shower.

Call or stop by the Sen. Center (618) 476-3731

MILLSTADT TOWNSHIP SENIOR SERVICES



QUILT RAFFLE June 17, 2022

At Senior Center

1st Prize - Handmade Queen Size Quilt

2nd Prize - Porch Swing

3rd Prize - Handmade Baby Quilt

TICKETS \$1⁰⁰ 6 FOR \$5⁰⁰

Available at the Center

Many tickets are being sold for our Quilt A Rama drawing on Dec. 23, 2021. The Quilt tops are Handmade and Hand Quilted Queen Sized Pieced Quilts.

Special Thanks To

Concordia Church - Floraville UCC
Faith (The Way), Columbia
Millstadt Baptist Church
St. James Catholic Church
St. Michaels Catholic Church
Trinity Lutheran Church
Zion Evangelical Church
For Your Continued Support



Castle Maintenance, LLC
"we treat you and your home like royalty"

Joe Goudey

Custom Cabinetry • Home Improvements

Experienced • Insured • Knowledgeable
18 W Laurel, Millstadt, IL 62260 • (618) 791-6235

Spam in the Blue Can

Spam is not just for dining quickly and on the cheap. It was created in 1937 by Hormel foods in Austin, Minnesota. SPAM provided an inexpensive food product during the depression and for soldiers in WWII.

It is a fact during WWII some soldiers used SPAM to lubricate their guns or waterproof their boots. Others in the U.S. Army Air forces used the tin cans as an emergency patch to fix holes in plane wings.

Just what is SPAM? It is made of just six ingredients: pork, water, salt, potato starch, sugar and sodium nitrate. The sodium nitrate is a preservative to help retain freshness.

One unknown about SPAM is how it got its name. Can SPAM be short for something or someone's initials? Whatever. The meat in a can has provided for a lot of meals since 1937 and saved a few lives during WWII. Eat on, that mystery meat in the blue can.

Bag Tournament Results

2/10/2022

1. Thelma Short/Barb Louis
2. Norma Burleson/ Kim Oplet
3. Shirley Rinck/Toni Schneider
4. Lil Tracy/Rick Coleman
5. Dorothy Bagsby/Doris Chaput
6. Darlene Sandheinrich/Evelyn Weber



2/17/2022

1. Thelma Short/Lucille Reece
2. Norma Burleson/Ralph Schneider
3. Lil Tracy/Evelyn Weber
4. Barb Louis/Toni Schneider
5. Rick Coleman/Doris Chaput

Cake That Never Lasts

3 c. sifted flour 1 c. cooking oil
1 tsp. baking soda 1 ½ tsp. vanilla
1 tsp. cinnamon 3 eggs
1 tsp. salt 2 c. diced ripe bananas
2 c. sugar
1 (8oz) can crushed pineapple with juice

Stir mixture to blend, but do not beat. Bake in 9-inch greased tube pan at 325 degrees for 1 hour and 20 minutes. Leave in pan until completely cooled. Serve without frosting.

Expert Repair - Professional Installation

High Efficiency Systems

Residential
Commercial

DOW

HEATING and AIR CONDITIONING

Millstadt, IL

(618) 476-9604



Wii Bowling Feb. Report

2/9/2022

1. Rick Coleman 765
2. Thelma Short 687
3. Janet Pauketat 625
4. Norma Burleson 611
5. Dorothy Bagsby 526
6. Barb Louis 539
7. Lil Tracy 468
8. Scott Raitt 288



2/16/2022

1. Rick Coleman 756
2. Janet Pauketat 674
3. Norma Burleson 598
4. Dorothy Bagsby 589
5. Thelma Short 570
6. Lil Tracy 476

2/23/2022

1. Rick Coleman 770
2. Thelma Short 719
3. Norma Burleson 593
4. Janet Pauketat 587
5. Dorothy Bagsby 553
6. Barb Louis 507
7. Lil Tracy 514

Rummy Club Feb. 2022 97 Games

Frances Dickneite	30
Rick Coleman	29
Loren Steele	27
Brenda Holifield	11



We Need More Rummy Players – Please Come And Join In At 9:00 am Weekdays.

DIVINE NAIL SALON

735 West Washington Street – 87 Millstadt, Illinois`
(618) 476-6275

Monday thru Saturday 10:00 am – 7:00 pm
Walk-ins Welcome Closed Sundays

Manicures, Pedicures, Full Set and Fills for Acrylic, Gel,
Dip Nail Enhancements, Waxing

15% Off Seniors (60+) Must Have Coupon



625 East Washington
Millstadt, Illinois 62260
(618) 476-3161



QUILT-A-RAMA

St. James Ladies CCW
Millstadt, IL
is sponsoring a
Quilt-A-Rama

Tickets are \$25.00 each.

One Queen Quilt each month in 2022
will be given away. Drawing to be held
the 1st Monday of each month.
Winning ticket is returned to barrel!

For Tickets Contact:
Kathy Gass - CCW Pres./St. James Parish
405 W. Madison
Millstadt, IL 62260
(618) 971-6208



Dining Out



Hecker, IL

Thursday, Mar 24th

4:00 PM

Call Center For Reservations 618-476-3731



MEALS on WHEELS
AMERICA

2022 MEMBER

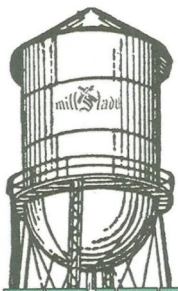


2022 Memorial Hospital Auxiliary Book Bazaar

Wed, April 6	\$5.00 Admission	Opening Day	9am-7pm
Thurs, April 7	Free Admission	Special Discounts	9am-7pm
Fri, April 8	Free Admission	½ Price	9am-7pm
Sat, April 9	Free Admission	Bag Day	9am-1pm

\$5 PER BAG!!!!!!

Location: Belle-Clair Fairgrounds 200 S. Belt East Belleville, IL 62220



Bowl-a-thon Fundraiser

Saturday March 5, 2022

Check In at 6:30
Bowling Starts at 7:00

FRIENDS of the
Old Millstadt Water Tower

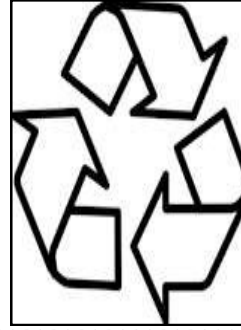
Scotch Doubles, Play as a Pair!
Bring a partner or we will match you up!

**Save the Tower!
Have some fun!**

Bel-Air Bowl
200 S. Belt West, Belleville

\$20 per Person
Price includes 3 games, shoe rental,
and attendance prizes!
Call Betty for tickets:
618-476-7326
millstadinman@gmail.com

PLEASE NOTE: We ask that you follow recommended CDC Guidelines for COVID-19 during the event.



RECYCLING

8 AM TO 10 AM
**2nd SATURDAY OF
EACH MONTH**
AT TOWNSHIP SHED ON
EAST HARRISON STREET

MONTHLY EVENTS

MARCH 2022

Read All About It!

Race to the Next Chapter Virtual 5K

- March 7 - 25
- To sign up, visit
<https://runsignup.com/Race/IL/Millstadt/RacetothNextChapter>

New Building and Annexation Information Open House

- March 24
- In-Person at 7:00 p.m.
Knitting & Crochet Night
- Every Tuesday Night
- 5:30 p.m. to 7:30 p.m.
- In-Person & Zoom via Facebook Event

Crafternoons

- Every Tuesday at 4:00 p.m.
- Join us for crafts and activities.
- All children welcome!

Youth Story Time

- EVERY Wednesday at 11:00 a.m. in-person

Card Craft Make and Take!

- All Month, pick up a card kit made by Mary Lou's Stampin' Up
- Follow along with a video post on FB on March 9

Family Movie Program

- Thursday, March 10
- In-person at 5:30 p.m.

Nature Walk with Atkins' Acres Educational Farm

- Saturday, March 19
- In-person at the Library
- From 12 p.m. to 1 p.m.
- Children of All Ages
- RSVP with the Library or at
<http://www.millstadt-library.org/event-details/nature-walk>

Visiting Author Series

- Every Fourth Wednesday, March 23
- In-person at 6 p.m.
- Meet and Greet Jim Merkel

Book Club

- Saturday, March 26
- 10:30 a.m. to 11:30 a.m.
- In-Person & Zoom via Facebook Event
- *The Lost Apothecary* by Sarah Penner

115 West Laurel Street
618-476-1887

@MillstadtLibrary on Facebook
www.millstadt-library.org

Visit us online or on Facebook for more information!

RACE TO THE NEXT CHAPTER

-VIRTUAL 5K-

MARCH 7 - MARCH 25 \$30 PER ENTRY (PLUS FEES)

ALL AGES SIGN UP NOW! FREE T-SHIRT



SATURDAY, MARCH 19 NOON - 1 P.M.
AT MILLSTADT LIBRARY

NATURE WALK

JOIN KIM AND MARK FROM ATKINS' ACRES AT THE LIBRARY FOR A NATURE WALK AND EXPLORE NATURE AND THE START OF SPRING!

Please RSVP at <http://www.millstadt-library.org/event-details/nature-walk>, or with the library.



Please join us at the library for an upcoming Open House to learn about our New Millstedt Library and Annexation Referendum.

**FEBRUARY 24
AT 7 P.M.
&
MARCH 24
AT 7 P.M.**

Get your questions answered and learn how you can be a part of this once in a lifetime opportunity!



55 or Better?



Join your friends in our Classic 55 Club!

- ❖ Fun Group Trips and Outings
- ❖ Interest-Bearing Checking
- ❖ FREE Classic 55 checks
- ❖ Bi-Monthly Newsletter
- ❖ Great Social Activities



www.fnbwaterloo.com

Dates to Remember

March 2, Ash Wednesday
March 5, Old Water Tower Bowl-a-thon, Bel-Air Bowl, 6:30 pm.
March 9, Blood Drive, 3:00-8:00 pm at St. James.
March 12, Trivia Night @ St. James Parish Center. 6:30 pm, sponsored by Zion Church
March 13, Daylight Savings time begins; move clock ahead one hour.
March 17, St. Patrick's Day. Wear green!
March 19, Old Water Tower trivia/silent auction; St. James Parish Center. 7:00 pm.
March 20, Spring Begins!
April 16, Fire Department BBQ
April 17, Easter

Age Smart has required that all volunteers for the Millstadt Community Center undergo a background check, this is a condition of the Grant that is received by the Center. These checks are done to protect not only our clients but our volunteers and employees as well. Please provide copies of your drivers license by Dec 31. If you do not have a printer at home the Center will be happy to make a copy for you. The Background checks will be completed by the Millstadt Police Department.

2022 Medicare Premiums, Deductibles, and Cost-Sharing Amounts

Part A (Hospital Insurance)	Beneficiary pays:
Hospital Deductible	\$1,556/benefit period
Hospital Copayment	\$0/day for days 1-60
	\$389/day for days 61-90
	\$778/day for days 91-150
Skilled Nursing Facility Copayment	\$194.50/day for days 21-100
Part A Premiums*	\$499/month for those with fewer than 30 quarters of Medicare-covered employment
	\$274/month for those with 30-39 quarters of Medicare-covered employment
Part B (Medical Insurance)	Beneficiary pays:
Annual Deductible	\$233
Part B Premium for those with incomes below \$91,000 if single, \$182,000 if married**	\$170.10/month
	A small % of beneficiaries who are subject to the "hold harmless" provision will pay less, as the increase in their Social Security benefits will not be large enough to cover the increased Part B premium.
Most Part B covered services, including doctors' visits, outpatient therapy, durable medical equipment, and outpatient mental health services	20% of amount Medicare approves

* Most people with Medicare do not pay a monthly premium for Part A because they have (or a spouse has) 40 or more quarters of Medicare-covered employment (meaning they worked at a job where they paid into Medicare).

** See November 21, 2017 [Federal Register](#) for an explanation of the "hold harmless" provision. Also note, Medicare Advantage plans may charge an additional monthly premium. Those with incomes higher than these amounts will pay an Income Related Monthly Adjustment Amount (IRMAA); see [Medicare Costs at a Glance](#). Source: Centers for Medicare & Medicaid Services, [2022 Medicare Parts A & B Premiums and Deductibles](#), November 12, 2021.

This resource was supported in part by grant 90MNC0002-01-01 from the U.S. Administration for Community Living, Department of Health and Human Services. Points of view or opinions do not necessarily represent official ACL policy.

Updated November 2021



Aging Mastery Program® Join the adventure for FREE!



Freeburg Library will be running the Aging Mastery Program®!

The **Aging Mastery Program® (AMP)** encourages mastery—developing behaviors across many dimensions that will lead to improved health, stronger financial security, and overall well-being.

By participating in this program, you will:

- Make and maintain small but impactful changes in your health behaviors, financial well-being, and enrichment in later life.
- Get incentives and rewards for taking small steps that can improve your well-being.
- Meet new friends, provide support and encouragement to your peers, and become more involved in your community.

The program is FREE, but spaces are limited. Sign up now!

The program runs: **Wednesdays, FEB 2-APR 6 from 10:00AM - 3:00PM**



If interested, please call 314.862.4859 ext 24
 Freeburg Area Library District
 407 S Belleville St,
 Freeburg, IL 62243

Memory Care, Independent and Assisted Living

- 24 hour on-site assistance from our employees
- Bathing, dressing and other essential needs
- Care providers you know and trust
- We are a fully licensed assisted living provider
- Memory Care available at Reflections
- Locally owned and managed



Waterloo | Red Bud | Millstadt | Columbia

Reflections at Garden Place ~ Columbia



www.gpliving.com

618-476-1440

We *Live* Here. We *Care* Here.

DO YOU NEED HELP?

The Millstadt Senior Center is here to provide essential services. If you are a senior in need: Call 618-476-3731.

- Weekly check in calls
- Fresh produce
- Grocery shopping
- Face Masks
- Free puzzles & books
- Tech assistance with ZOOM, Facebook

THANKS FOR OUR DONORS

Thank You! We Had Over \$2,000 In Donations This Month In Memory of Marlene Bruehl

Stanley and Chris Jarvis
Bob and Barb Louis
Terry and Ann Bruehl

In memory of Annette Klein

Darleen Sandheinrich
Shirley Rinck

In Memory of Larry Garland

Michele Mehrstens

Monetary Donations

Martha Vogel
Hallie Bryant
David and Suzanne Haas
John and Kathleen Glauber

Bingo Prizes/Gifts

Cindy Scharringhausen
Fran Wagner

Donna Gaulrapp
Carol Terveer

Scott and Becky Courtney (Valentines Day)
Linda and Carol Speichinger

New Coffee Pot

Columbus Club

Kitchen Supplies

Janice Zaricor
Bob Englebretson
Jennifer Grateau

Your contributions help support Newsletter Printing - Volunteer gifts - Seasonal decorations
Bingo Prizes - Corn Hole Prizes
Bowling Prizes - Quilter Appreciation
& many other programs here.

Along with your donations, we hope to be able to get back to our regular fund raising pace with events as the Purse and Jewelry Sale, Bunco (twice a year), Golf Ball Drop, Quilt Raffle & BBQ this year.



Trivia Night & Silent Auction to Help Restore the Old Millstadt Water Tower

Saturday, March 19, 2022
St. James Parish Center
423 West Madison -- Millstadt, IL 62260

Doors open at 6:30 p.m. -- Trivia starts at 7 p.m.

\$120 per Table, 6-8 Players
(Includes Survivor Round & 10 Mulligans)
Heads/Tails and 50/50 Drawing

(Player-friendly questions read by experienced announcer.)

Please follow recommended CDC Guidelines for COVID-19 during the event.

- Bring Your Own Snacks
- Beverages Available (or Bring Your Own Beverages)

Cash Prizes Awarded to Top 3 Teams

Reservations: Call Betty at 618-476-7326 or Marianne at 618-476-3696
or
e-mail: millstadtinman@gmail.com

Edward Jones

> edwardjones.com | Member SIPC



**Life is full of moments that matter.
Let's help you get ready for your next moment.**



Jeff Pratl
Financial Advisor
548 E Washington Suite 1
Millstadt, IL 62260
618-476-7216

Bus Rider Reminder
All Ride Reservations
Should Be Made Through
The Office *Please Do Not*
Tell Bus Drivers Your
Appointments Thank You

Senior Transportation Program

*Need a Ride to the Doctor, Bank
 Hairdresser, or Dentist?*

**The Senior Center Offers the Only Form of Public
 Transportation for the Community**

This Service is Available for Persons 60 Years and
 Older and Their Caregivers

**A Suggested Donation Of \$2.00 For Transportation
 To and From Doctors, Dentists, Or Hair
 Appointments**

**This Partially Covers the Actual Transportation Costs
 of \$5.95**

For Each Time It Is Provided

All donations are Confidential and Are Used
 To Maintain the Transportation Program
 For Millstadt Township Seniors
 Please Contact Patty at 476-3731 With Questions

BIBLE TALK

THE GREAT COMMISSION

Live in us blessed Lord, by thy Holy Spirit, that our lives may be gospels of helpfulness and blessedness. Amen. (F.B. Meyer).

Then the disciples went to Galilee, to the mountain where Jesus told them to go. Then Jesus came to them and said: "All authority in heaven and on earth has been given to me. Therefore, go and make disciples of all nations, baptizing them in the name of the father and of the son and of the Holy Spirit and teaching them to obey everything I have commanded you. And surely, I am with you always, to the very end of the age." (The Great Commission. Matthew 28:16-30).

The eleven disciples were told this by the resurrected Christ, and Peter was reminded again in Acts 10. Peter, The Rock, introduced the Gentiles into the Christian church while visiting at the home of the centurion, Cornelius. Peter bore witness to the act of the Holy Spirit being "poured out" to the Gentiles and baptized them with water. (Acts 10:44-48). Peter now understands "The Great Commission" realizing the Good News was truly meant FOR ALL PEOPLE OF ALL NATIONS!

As for Paul, while people were worshiping at the church in Antioch, the Holy Spirit said: "Set apart for me Barnabas and Paul for the work which I have called them." (Acts 13: 1-3). And what was the work? "For this is what the Lord has commanded us: "I have made you a light for the Gentiles, that you bring salvation to the end of the earth." (Acts 13:47)

As you read the short chapter of Acts 14, you will note that Paul and Barnabas were rebuked by the crowds, run out of various places they visited and, worse yet, Paul was stoned and left for dead. They were not, however, defeated by the crowd's scorn, but took much joy by the great number of people who believed in one God and one church.

When they returned to Syrian Antioch: "They gathered the church together and reported all God had done through them and how God had opened the door of faith to the Gentiles." (Acts 14:1-28). NOTE: Throughout Paul's journey's, Paul continued to use Syrian Antioch as his home base. Here there were prophets and teachers and many believers, both Jews and Gentiles. A place to rest and refresh. "And they stayed there a long time with the disciples." (Acts 14:1-28).

Please pray this week, thanking God for those who came before, and ask that he comfort and protect the Christians being persecuted yet today. Thank you for sharing your time with me today. God's peace and blessings to all.

Your study partner, Pat Morris

Bible Study At Senior Center

An informal Bible study will be offered at the Millstadt Senior Center, on the **2nd and 4th**

Mondays @ 10 AM

This Is

A Non-Denominational Study
 And All Are Welcome, Regardless
 Of Religious Background,
 And There Is No Cost



**Bible
 STUDY**
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Little Free Library

Newsletters now available in the Little Library located in front of Millstadt Township Senior Services at the Community Center.



Senior Center Menu & Senior Talk On Line

Township Website: millstadttownship.org.
Click on Senior Svcs (located on the left-hand side of the page).

Listing of Senior Center Items will appear.

Click on the item you would like to view.

Village of Millstadt Website: villageofmillstadt.org.

Double click on

"Find it Fast" (located on the right-hand side of the page).

Click on "S" or scroll down to "S"

and click on the Senior Center Item you would like to view.

Land of Lincoln Legal Services

Will assist individuals of limited income age 60 and older with power of attorney for property and health care and simple last wills. **Wednesdays, 9 a.m. to noon • By appointment only.** Call 618-234-4410, ext. 7033 to make an appointment

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Buy Any Lunch or Dinner Entree plus 2 Drinks & Receive the 2nd Entree of Equal or Lesser 50% Off With Coupon.
Mariachi's Belleville, Maryville & Millstadt locations. Dine-in only. Cannot be combined with other offers. One coupon per person. Expires 3/01/22. MS.

Daily Drink Specials!

Monday	Small Margaritas \$3.50 27 oz. Margaritas \$6.00	\$10 Buckets of Domestic Beer Everyday!
Tuesday	Domestic Beer \$2.00	
Wednesday	Mexican Beer \$3.00	
Thursday	Small Margaritas \$3.50 27 oz. Margaritas \$6.00	
Fri., Sat. & Sun.	44 oz. Cadillac Margaritas \$13.50	

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Fri & Sat: 11am - 10pm

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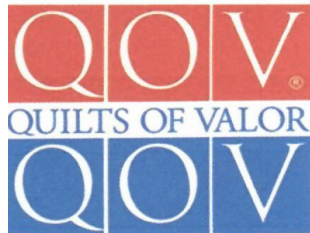


Tuesday afternoon card players enjoying lunch at the Senior Center.



Quilts of Valor

Each month, Millstadt Township Senior Services will nominate and hold presentation ceremonies for service members and veterans who have been



touched by war. They are presented a comforting and healing Quilt of Valor. This quilt is given regardless of the conflict, declared war or otherwise in which they served. These Quilts of Valor are lifetime awards, stitched with love, prayers, and healing thoughts.

These quilts are awarded by the "Stars of Honor/Illinois" chapter and sponsored by Warm N Cozy Quilt Shop in Columbia, Illinois.

Each quilt cost \$250 to complete. Your tax-deductible gift buys fabric for quilt tops, backing, and pays for batting and shipping. Contributions of any amount are appreciated. You can drop off your donations at Warm N Cozy Quilt Shop in Columbia, go to the Quilt of Valor website at QOVF.org and list Stars of Honor/Illinois to keep your donation local, or mail directly to Dona Rector, Stars of Honor Group Leader at 5937 Saxtown Road, Millstadt Illinois 62260. If you have any questions, you may contact her at (618) 960-4778. You are also welcomed to become a member of the Group. Members group sew, quilt, bind and present Quilts of Valor. Membership is \$10 a year and \$5 for an optional QOV pin. The local group is called Stars of Valor. To join visit the Quilts of Valor Foundation at QOVF.org or contact Dona Rector at the above number.

Anyone can nominate a service member by visiting the Quilts of Valor website at QOVF.org. The person nominated will be added to the QOV database and assigned to the appropriate group governing that area.

Senior Talk Available at These Locations

Pick-Up Your copy of the Monthly Senior Talk at One of The Following Millstadt Locations

- Melva's Family Hair Care 476-7933
- Millstadt Barber Shop 476-7273
- Millstadt IGA 476-3161
- Millstadt Library 476-1887
- Malissa Weber, FNP-C 476-3373
- Millstadt Pharmacy 476-1701
- Millstadt Village Hall 476-1514
- Millstadt VFW 476-1180
- Mertz Motors (618) 476-3051
- St. James Catholic Church 476-3513
- Trinity Lutheran Church 476-3101
- Zion Evangelical Church 476-1778
- Dr. Steve Knoernchild 476-3344
- Concordia UCC 476-3377
- St. Paul Church, Floraville 473-2285
- Dr. Kevin Schmidt 476-3261
- St Michaels Church – Paderborn 473-2798
- First National Bank of Waterloo 476-3334
- Caseys 476-7360
- Associated Bank 476-3040
- Michelle's Family Haircut
- Millstadt Garden Place 476-1404
- Millstadt Baptist Church
- Lee's Home Center 476-1760
- Bonnie's Beauty Shop
- Training Room
- Handy Feed
- Country Financial
- Schuberts
- Divine Nail Salon
- Bliss Floral
- Hoffen Funeral Home
- Smithton Village Hall
- Smithton Library
- Freeburg Township
- Freeburg Pharmacy
- Freeburg Library
- Country Mart—Freeburg 539-3163
- Villas of Holly Brook, Belleville, IL

Thank You For Providing This Service To Our Community

Notary Services Are Provided Free At The Senior Center

Senior Talk

Receive the Newsletter in the Mail!

Subscriptions are \$30.00 Per Year Due To Postage Increases (12 Issues)

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Please Send This Form And Your Check To:
Millstadt Township Senior Services

102 South Jefferson Street, Millstadt, IL 62260

****Be Sure To Check Your Mailing Label For Your Subscription Expiration Date****

Millstadt Red Cross Blood Drive Schedule



March 9, 2022 3:00 pm – 8:00 pm St. James
 May 4, 2022 3:00 pm – 8:00 pm St. James
 July 6, 2022 3:00 pm – 8:00 pm St. James

DID YOU SIGN IN?

Knowing who is at lunch at the Center is important for a number of reasons. First of all it's good to keep track so if someone isn't there for a few days we can contact them to make sure everything is ok. Second, when you sign in and are registered we are able to submit your name to receive our grant money to help pay for the meals. A way to look at it is that if you aren't registered and signed in we can't send a bill for your lunch to the Area Agency on Aging.

Your Help in This Matter is Greatly Appreciated

Mar. Birthdays

- | | |
|--------------------------|-----------------------|
| 1 Linda Lanham | 13 Peggy Brueggeman |
| 1 Robert Reichert | 13 Charles Butzinger |
| 2 Vincent Callico | 14 James Clemens |
| 2 Martha Gallion | 14 Jane Cummins |
| 2 Connie Mayer | 14 Billie Miller |
| 2 Dianne Mehrmann | 14 Cheri Vitez |
| 2 Helen Simpson | 15 Ken Harres |
| 3 Lois Potter | 15 Fred Hotz |
| 4 Sherri Gericke | 16 Clinton Stinebrook |
| 4 Linda Wuertz | 17 Elaine Dinges |
| 5 Ronald Dill | 17 Judith Fahrner |
| 5 Cindy Schneider | 18 William Carlsberg |
| 6 Dwight Hight | 20 Dot Cason |
| 6 Judy Jacobs | 20 Don Gericke |
| 6 Daniel McGuire | 20 Wilfred Hoerr |
| 6 Patrica Morris | 20 Carol Siebert |
| 6 Doreen Musial | 22 Cindy Callico |
| 7 Diane Caraway | 22 John Wehmeier |
| 7 Glen Hankammer | 23 Cindy Czech |
| 9 Don Rakers | 23 Suzanne Schaefer |
| 10 Ruth Herrmann | 24 Patricia Padgett |
| 10 Janet Klein | 25 Paul Range |
| 10 William Prather | 28 Richard McMurray |
| 11 Bud Haney | 29 Patricia Stitzel |
| 12 Jerry Crosby | 29 Evelyn Vitez |
| 12 Jerry Schmitz | 31 Frances Quirk |
| 13 Shirley Brandenburger | 31 Larry Sanders |

Volunteers!

Office (92 hours)

- Doris Chaput
- Jean Colbert
- Maryanne Conrad
- Kathy Schaefer
- Karen Witte

Drivers (20 hours)

- Dave Albers
- Aaron Arras
- Jamie Bereitschaft
- Marsha Davis
- Sandy Dressler
- Marlou Eckert
- Patty Evansco
- Michelle Hucke
- Beth Kwentus
- Charlie Todd

Smithton (22 hours)

- Pam Andrews
- Jerry Cosby
- Julie Cosby
- Kim Freeman
- Nancy Freeman
- Sharon Patterson

Newsletter

(51 hours)

- Gary Diedrich
- Kathy Diedrich
- Marlou Eckert
- Don Mueller
- Pat Morris
- Kathy Schaefer

Meals on Wheels

(162 hours)

- Dave Albers
- Aaron Arras
- John Baltz
- Paula Burch
- Randy Burk
- Cindi Clements
- Becky Courtney
- Scott Courtney
- Cindy Czech
- Marsha Davis
- Marlou Eckert
- Donna Gaulrapp
- Elle Heiligenstein
- Donna Hucke
- Gary Huwer
- Barnie Jorns
- Don Kessler
- Tracy Kessler
- Nancy Kostelac
- Millie Koudelka
- Beth Kwentus
- Rich Kwentus

Leon Lang

- Bob Louis
- Fern Lundsford
- Jackie McKay
- Chris Michael
- John Morton
- Ruth Morton
- Dave Muskopf
- Sandy Muskopf
- Cheryl Mueth
- Vicki Pellmann
- Jessie Pettijohn
- Marylou Peter
- Cheryl Pierpoint
- Richard Rist
- Susan Sager
- Mona Scheibel
- Faye Schilling
- Dale Theis
- Charlie Todd
- Marsha Twellman
- Karen Witte

Kitchen (273 hours)

- Aaron Arras
- John Baltz
- Colleen Costello
- Cindy Czech
- Frances Dickneite
- Marlou Eckert
- Brenda Holifield
- Carol Holthaus
- Donna Hucke
- Leon Lang
- Ed Luecking
- Chris Michael
- Kim Oplet
- Marylou Peter
- Michelle Rist
- Richard Rist
- Madonna Stapf
- Carol Terveer
- Fran Wagner
- Mike Walter
- Loren Steele

Quilting

(39 hours)

- Doris Adams
- Teresa Barbier
- Joann Clemens
- Judy Jacobs
- Beth Kwentus
- Lois Potter
- Judy Sutter
- Fundraiser**
- (3 hours)**
- Janet Mueller

VILLAGE OF MILLSTADT

January 24, 2022

The meeting was called to order by Mike Todd, with the following trustees answering to roll call: Randy Burk, Mike Capell, Ray Famula, Mike French, Mark Todd, and Dustin Trankle. The Pledge of Allegiance was recited. A motion was made by Randy Burk to approve the January 10th minutes. Mike Capell seconded the motion. The motion carried unanimously.

COMMITTEE ON ACCOUNTS: Mike Capell stated he reviewed the bills. Mike Capell made a motion to pay the bills. Ray Famula seconded the motion. The motion carried unanimously.

PERSONNEL: Mike Capell stated there would be an Executive Session for police matters towards the end of the meeting.

PUBLIC WORKS: SEWER: Dustin Trankle stated Brian had to replace an 8-inch butterfly valve at the sewer plant. They are getting the specs together to upgrade the lift stations for the sewer line at Lexington Drive and West Harrison Street.

STREETS, ALLEYS, AND SIDEWALKS: Randy Burk stated the DCEO application was turned in on time. Mayor Todd stated he sent Randy information about the intergovernmental grants that are available from St. Clair County.

PARKS, POOL AND RECREATION: Mark Todd stated Movies in the Park has been scheduled for Friday, July 15th and Friday, September 9th. They are still deciding on which movies and looking for sponsors. Scott Baltz stated the tree across from the pool was taken down; just need to grind down the stump. Mark asked about the pickleball stripes for the tennis court. Scott stated he has not received a call back from the person they thought could do it. Mark stated he had talked to some people and will get the name of someone else.

CEMETERY: Ray Famula stated the new sign is up and looks very nice.

COMMUNITY CENTER: Ray Famula stated that in 2020 and 2021 the Senior Center received \$11,675 in grant money. They provided 190 hours of counseling to 200 people. They had to pay \$6,240 in salaries so they netted \$5,400 for future use. They received \$1,440 in grant money to make calls checking on the elderly. \$620 of that was paid towards salaries so they netted \$820 for future use. The quilt raffle made \$540. The January senior dinner at Ott's was attended by 35 people. The next dinners will be on Monday, February 14th and Monday, March 14th. The SMB Foundation annual dinner will be on Saturday, February 19th at Mertz; tickets are available. The annual Senior Center bar-b-que will be on Saturday, February 12th. The next Senior Center Board meeting will be on Tuesday, February 15th.

PLANNING COMMISSION & ECONOMIC DEVELOPMENT: Mike French stated the Planning Commission did not have a meeting in January. The next meeting is scheduled for Tuesday, February 15th.

PUBLIC SAFETY: Police

Department – Police Chief Alan Hucke stated applications are available for the D.A.R.E. scholarship.

BUILDING COMMISSIONER: Adam Romero stated the Village zoning map is in the process of being updated. The Zoning Board will review it at their next meeting. There were four changes made. He is going to have a map made up, so the center of town is enlarged to be able to more clearly see the changes that are made there. He is trying to get a digital format done for proposed subdivisions which will help establish what has been turned in and what is still needed. Randy Burk stated he is going to forward information to Adam from the census bureau because they are needing an updated map.

OLD BUSINESS: Mayor Todd stated that monitored wells need to be put in at the maintenance shed to monitor the contaminated dirt left by the fuel tanks that were removed 30 years ago. That will be stage one. If the contaminated dirt needs to be removed it will move to stage two. Robert's Environmental can drill the holes for the wells. Randy Burk made a motion to approve the contract with Robert's Environmental for \$9,435. Mike Capell seconded the motion. The motion carried unanimously.

GES can monitor the wells. Mike Capell made a motion to approve the contract with GES for \$15,388.70. Dustin Trankle seconded the motion. The motion carried unanimously. Mayor Todd asked how long the monitoring will occur. Scott Baltz answered that they did not give him a timeline. Mayor Todd stated it could go on for quite a while, but he will keep the Board informed if it moves to stage two. Scott Baltz stated he sat in on a Zoom meeting for the ARPA money that will be used for the sewer line. It sounded like every aspect that is planned will be covered.

NEW BUSINESS: Mayor Todd stated he, Randy Burk, and Adam Romero met with a developer who may want to plan a new subdivision in the Village. The project is on hold while the developer decides if it is worth the cost.

TREASURER'S REPORT: Tracy Holmes stated that the Treasurer's Report had been submitted. Ray Famula made a motion to approve the Treasurer's Report. Mike French seconded the motion. The motion carried unanimously.

CLERK'S REPORT: Tracy Holmes stated that the Clerk's Report had been submitted. Randy Burk made a motion to approve the Clerk's Report. Ray Famula seconded the motion. The motion carried unanimously.

CITIZENS COMMENTS: Betty Keller Timmer stated she contacted HTC to inform them of the water tower project taking place in 2022. She contacted Ameren but will need to contact them again closer to the date. She contacted Hudson Tree Service to trim the trees on each side. During the project they will need a staging area and she would like to close South Breese Street from East Madison Street to the alley. Mayor Todd asked her to let the Board know about the staging area closer to the start of the project. Boy Scout Gabriel Theis stated that he noticed wood was missing from the two bridges on the walking track behind the pool. For his Eagle Scout project, he would like to replace the missing wood and landscape around the bridges. Mayor Todd asked him to drop off his plans at Village Hall and to get with Scott Baltz to complete his project. Mike Capell made a motion to go into Executive Session for police matters. Mark Todd seconded the motion. The motion carried unanimously. Mike Capell made a motion to close Executive Session. Mark Todd seconded the motion. The motion carried unanimously. Meeting adjourned.

During The Month of Feb.
 Our Volunteers Donated **662** Hours To
The Millstadt Senior Center
 If Paid at Minimum Wage, the
 Dollar Value Would be **\$7,944**
THANK YOU VERY MUCH
 This Program Would Not Be Possible Without Each Of You!
 For Your Dedication, In The Spirit Of Giving
 Please Remember To Report Your Volunteer Hours
 Would you like to join our group of Volunteers?
Please Stop By The Center To Sign Up
Or See Patty In The Office

Tributes And Memorials

Tribute and memorial gifts may be made to Millstadt Township Senior Services by calling (618) 476-3731 or by mailing a check made payable to Millstadt Township Senior Services, 102 South Jefferson Street, Millstadt, IL 62260.

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**RASPBERRY ZINGER
POKE CAKE**

1 box (18.25oz.) white cake mix

Ingredients listed on box to prepare cake

1 box (3 oz.) raspberry flavored gelatin (Jello)

2 cups hot water

1 jar (10 oz.) raspberry preserves

1 tub (8 oz.) Cool Whip, thawed

1 bag (7 oz.) shredded coconut

MORE RECIPES >>> LoveBakesGoodCakes.com

**AVOID ISOLATION THIS
WINTER**

KEEP THE SEASON BRIGHT WITH THESE 3 TIPS
FROM THE NATIONAL INSTITUTE ON AGING



TIP 1. STAY SOCIAL

"Schedule time each day to stay in touch with family, friends, and neighbors in person, by email, social media, voice call, or text. Talk with people you trust and share your feelings."

TIP 2. STAY CONNECTED

"Use communication technologies such as video chat, smart speakers, or even companion robots to help keep you engaged and connected. If you're not tech-savvy, sign up for an online or in-person class at your local public library or community center to help you learn."

TIP 3. STAY MOVING

"Stay physically active and include group exercise, such as joining a walking club or working out with a friend. Adults should aim for at least 150 minutes (2 1/2 hours) of activity a week that makes you breathe hard."



YOU ARE NOT ALONE. IF YOU WOULD LIKE MORE INFORMATION, EDUCATION, OR WOULD LIKE TO DISCUSS SUPPORT, PLEASE CALL: (618) 282-5950



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Saturday, March 12th TRIVIA NIGHT



Father Freund Parish Center
423 West Madison
Millstadt, IL



Doors open 6:30 p.m.
Play starts at 7:00 p.m.
\$15 per person (includes 10 mulligans)
6 - 8 people per table
Bring your own snacks & beverages
soda available for purchase
(popcorn provided)



For reservations or information
contact:

Stacy Woehike

Call/text 618-719-5512

E-mail: trivia@zionmillstadt.com



Proceeds benefit
Zion Evangelical
Church

Gentle Chair Yoga Every Mon. & Fri.



Mon. @ 10:00 am & Fri. @ 9:30 am @
Senior Center. Instructor: Joyce Herrmann

Yoga can be a great way to exercise the aging body. In this gentle yoga class, students use a chair & Joyce helps to modify positions for comfort & concerns. Please call 618-476-3731 to first-time register! No Charge!

Wish List

- Vacuum Food Sealer
- Portable PA System w/microphone
- 7 inch dessert plates
- Ziploc Bags (Quart/Gallon)
- Fold Top Sandwich Bags
- \$5 Gift Cards for Prizes
- (Dollar General, Lees, IGA, Casey's, Circle K, Happy Days, etc.)
- Easter Decorations/Party Favors
- Subscription to Belleville News Democrat (\$312/year) or any amount to help defray cost

TRANSPORTATION NOTICE

Due to the increased usage of the Senior Transportation Service and drive time, we will be doing Doctor appointments as follows:

*Belleville Doctors will be done on Mondays and Wednesdays from 8:00 am to 11:00 am

*Shiloh/O'Fallon Doctors will be done on Tuesdays and Thursdays from 8:00 am to 10:30 am.

Please schedule future appointments accordingly

Oasis, in Partnership with AgeSmart, Presents

FREE Virtual Health Classes

To register, please call Oasis at 314.862.4859 ext. 24 or visit stloasis.org



VIRTUAL CLASSES	LIVING A HEALTHY LIFE WITH CHRONIC CONDITIONS
<p>Thursdays JAN 13 - FEB 24 9:30AM - 12:00PM</p> <p>Tuesdays FEB 15 - MAR 29 9:30AM - 12:00PM</p> <p>Wednesdays MAR 9 - APR 20 1:00PM - 3:30PM</p>	<p>This interactive workshop is designed to empower adults living with chronic conditions. Participants will discover strategies to improve their quality of life while managing the symptoms of their conditions. Free informational book and CD. Workshop is 6, 2.5-hour sessions. The goals of this program include:</p> <ul style="list-style-type: none"> — Learning to problem-solve and set health-related goals — Understanding important foods to incorporate in your diet — Starting or maintaining an exercise program — Creating a personal self-management program
VIRTUAL CLASSES	TAI CHI FOR ARTHRITIS FOR FALL PREVENTION
<p>Mon & Wed JAN 10 - FEB 16 10:00AM - 11:00AM</p> <p>Tue & Thu JAN 25 - MAR 3 9:30AM - 10:30AM</p> <p>Mon & Wed FEB 23 - MAR 23 10:00AM - 11:00AM</p> <p>Tue & Thu MAR 15 - APR 21 9:30AM - 10:30AM</p>	<p>This exercise program can help lower risk for falling. The program incorporates a series of gentle, pain-free movements and is evidenced based; it has been proven by medical studies to improve the health of older adult participants. 1-hour sessions. Use code: "AgeSmart21" to get the class free! The goals of this program include:</p> <ul style="list-style-type: none"> — Improving balance, strength, flexibility, and stamina — Improving relaxation, vitality, posture, and immunity — Increasing functional fitness — Creating a sense of achievement
VIRTUAL CLASSES	AGING MASTERY PROGRAM® (AMP)
<p>Thursdays JAN 13 - MAR 24 1:00PM - 3:00PM</p>	<p>This interactive program encourages aging mastery—developing behaviors across many dimensions that will lead to improved health, stronger financial security, and overall well-being. Guest speakers will discuss different topics. Workshop is 10, 2-hour sessions. The goals of this program include:</p> <ul style="list-style-type: none"> — Make/maintain changes in health behaviors, financial well-being, and enrichment in later life — Incentives for taking steps that improve your well-being — Meet new friends, provide support and encouragement to peers
VIRTUAL CLASSES	MATTER OF BALANCE
<p>Wednesday JAN 19 - MAR 16 10:00AM - 12:00PM</p> <p>Tue&Thurs MAR 22 - APR 19 1:00PM - 3:00PM</p>	<p>This interactive workshop is designed to help individuals address the fear of falling. Participants increase activity levels through a short exercise component, discuss risk factors, and learn strategies to keep them on their feet. Free participants workbook. Workshop is 8, 2-hour sessions. The goals of this program include:</p> <ul style="list-style-type: none"> — Taking steps to reduce your fear of falling — Developing new friendships and communication skills — Discussing fall-reduction strategies — Increasing your strength and balance





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FRIDAYS

4pm—8pm

Millstadt VFW Post 7980

200 Veterans Drive

618-476-1180 - Take Out or Call Ahead

Gene Procasky

Leslie Gene Procasky of Cape Haze Florida, and formally of Millstadt, Illinois died in Sarasota Florida on February 16th, 2022. A son of the late Leroy and Golda Procasky, he was born in Freeburg Illinois on August 11, 1930. He was 91 years old.

He was united in matrimony to Anna Mae Cates of Millstadt, Illinois on February 15th, 1958. To this union, three children were born: Ricky Gene of Millstadt, Illinois, Jeffery Allen, of Oklahoma City, Oklahoma, and Angela Ann, of Sellersburg, Indiana. He leaves to mourn his departure, his wife Ann, his children, Jeffrey (Jackie) Procasky, Angela (Duna) Bolotte, Daughter in Law, Lynn Procasky, and eight grandchildren: Kale (Kylie) and Haley Procasky, Jacob(Taylor), Joey and Jillian Procasky, Noah and Jonah Scott, and Madeline Bolotte. Two great grandbabies, Phoenix Procasky and Eleanor Procasky. He is preceded in death by his parents, Leroy and Golda, his sisters, Doris (Leroy) Procasky of Millstadt, and Joyce Ann Procasky Dill of Millstadt, Illinois and his son Ricky.

After graduating from BTHS, he attended De Forest Technical Institute, before entering the Marine Corps during the Korean War. After leaving the service, he worked for Emerson Electric for several years, then accepted a job with the Federal Government, US Army Missile Command with Nike Missile Systems, part of the St. Louis Air Defense Command. Following the closing of the St. Louis Air Defense Command, Gene joined the US Army Aviation Systems Command, Systems Engineering division. He also worked in the Quality Engineering Division; And finally, to the BlackHawk PM as Logistic Manager for the T-700 engine and support equipment used on the BlackHawk helicopter. He remained in the BlackHawk program management office until retirement in 1988, after which joining Dynamic Research Corporation to continue work with Special Operations Forces on the integration of the BlackHawk fleet until his second retirement in 1998.

Gene was an avid musician playing country music around the Belleville area as a member of Musician's Local #29 AF of M for 50 years. He was a lifetime member of the American Legion. In later years he was a member of St. Matthews Church in Belleville, IL, and the Fellowship Church of Englewood, Florida.

A Celebration of Life memorial will be on May 18th at 1:00PM at the Fellowship Church of Englewood, Florida.



Eugene Rodemich III

Eugene A. Rodemich III, MD, 32 of Coralville, IA, formerly of Millstadt, IL, passed away on Saturday February 19, 2022. Born on September 1, 1989, in St. Louis, MO, he was the son of Eugene A. Rodemich II and Denise Colburn, and both survive. Eugene was preceded in death by his maternal grandmother, Sandra Reed, his paternal grandfather, Darrell Rodemich, his paternal great-grandparents, Eugene and Lillian Rodemich and his aunt, Jean Stoner.

Left to cherish his memory are his parents, Eugene A. Rodemich III and Denise Colburn, nee Reed, his stepmother, Dianna Rodemich, his stepfather, Brent Colburn and his paternal grandmother, Lorraine Westerheide; his siblings: Kathryn (Kash) Mitchell, Aaron Rodemich and Noelle Rodemich in addition to extended family and countless beloved colleagues and friends. Eugene grew up in Millstadt and graduated from Belleville West High School. He then graduated from SLU, where he majored in pre-med. He then attended medical school at SIU Carbondale, graduating with his medical doctor degree. Eugene then started his residency at University of Iowa Hospital and Clinics and specialized in Emergency Medicine. He was a devoted physician and cared deeply for his patients. In his free time, he enjoyed cooking, playing guitar and discussing politics. Eugene will be deeply missed by all who knew and loved him.

In lieu of flowers, memorial contributions may be made to NAMI (National Alliance on Mental Illness) at donate.nami.org. Arrangements were handled by Hoffen Funeral Home, Millstadt IL.



HOFFEN

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Jerry Schmitz

Judy Jacobs



Township Senior Services

102 South Jefferson St., Millstadt, IL 62260

Phone No. **618-476-3731**

Fax No. **618-476-3921**

email seniorce@htc.net

MISSION STATEMENT

The Millstadt Senior Center Is A Place Of Opportunities, A Focal Point In Our Community Where Services Support Positive Aging and Where Educational, Recreational and Cultural Programs Enrich The Lives Of Elders and The Community

Funding for (Grantee) is received from the United States Administration for Community Living, the Illinois Department on Aging, and the AgeSmart Community Resources. (Grantee) does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with State and Federal Statutes. If you feel you have been discriminated against, you have the right to file a complaint with the AgeSmart Community Resources by calling

618-222-2561 or 800-326-3221

"Seniors Come First" Services Available

Meals on Wheels One of the Center's most important programs, the Meals on Wheels program provides daily meals to people who have difficulty getting out of the house and/or cooking for themselves. Not only are we able to supply necessary food, but the driver delivering the meal is able to ascertain how the client is getting along and share some companionship. We have a number of folks dedicated to providing these services. They give freely of their time and energy to deliver the meals, make contact with the recipient and report back to the Center. The majority of the "regular" drivers volunteer one day per week and most have said it is highly rewarding for them.

Lunch Program Lunch is served Monday through Friday at 12 noon. You must be 60 years of age or older to qualify for this program. It is appreciated that if you want lunch you call the center by 3:00 pm in order to sign up for lunch on the following day. When you come in you may sign yourself up for the next day. If you like, you may sign up for the entire week or month. If you know that you can not make it and you have signed up, please call and let us know that you will not be here and tell us when you will be back for lunch. If you have any questions concerning the lunch program please contact Patty Evansco at **476-3731**.

All Lunches Are Catered From the Millstadt IGA, China King, Breadeoux Pizza & Schuberts From Millstadt
"The Center is a Great Place to Enjoy Yourself Through Fellowship & Celebrations With Seniors of Millstadt"

Senior Information and Assistance provides information or help with services and benefits to residents of Millstadt age 60 and over. We will also visit homebound seniors. If you need this service or would like to schedule a visit, call Millstadt Township Senior Center at **618-476-3731**.

Peggy S. Shryock

Peggy S. Shryock, nee McSpadden, 83, of Millstadt, IL, formerly of Energy, IL, born March 28, 1938, in Herrin, IL, died Monday, January 31, 2022, at Oak Hill Nursing Home, Waterloo, IL.

Mrs. Shryock was a proud mother and grandmother and a devoted wife to her beloved "Ronnie." She loved her family selflessly and was loved in return. Peggy was an adored bus driver for Harmony-Emge-Ellis District #175 for 28 years. She carried her "precious cargo" safely, stayed with her children until parents returned from work, occasionally pulled teeth, and always gave a comforting hug. Peggy was a member of First Christian Church in Belleville, Illinois, for over 54 years. Besides teaching Sunday school and VBS, she was known for her extraordinary baking skills, especially her cherry pies. Peggy fiercely loved her "sissy" Doris; they shared a love of God, strong values, and a connection to family that few get to experience. She will be missed!

Peggy was preceded in death by her husband of 52 years, Ronald G. Shryock, whom she married on March 28, 1959, in Energy, IL, and who died on May 24, 2011; her father, Paul F. McSpadden; her mother, Jewell, nee Haney, Baker; her mother-in-law, Iris Dean Shryock; a step-brother, Donald Baker; a step-sister, Peggy Killman; and a brother-in-law, Douglas Elliott.

Surviving are her three sons, Stephen (Renee) Shryock of Mascoutah, IL, Matthew Shryock of Troy, IL, and John Shryock of Millstadt, IL; a daughter, Rebekah McGarrity of Millstadt, IL; five grandchildren, Jacqueline Reed, Meghan and Micheal McGarrity, Sydney Shryock, and Keaton Shryock, a sister, Doris Elliott of Energy, IL; and nieces and nephews.

Memorials may be made to First Christian Church, Belleville, IL. Arrangements were handled by George Renner & Sons Funeral Home, Belleville, IL.



Marlene Bruehl

Marlene M. Bruehl, nee Seibert, age 89, of Millstadt, IL born February 11, 1933 in Belleville, IL passed away on February 12, 2022

When Marlene was a young girl, she loved to tap dance and often received encores for her performances. Additionally, she was a majorette with school bands for many years. Marlene married her high school sweetheart, Wilbert H. Bruehl, on March 8, 1952, and she found great joy in raising 3 children together. She also worked at an insurance agency and Scott AFB for 13 years. Marlene was a devoted grandmother who delighted in watching her two grandchildren grow. She also treasured holidays spent with her extended family. In her later years, Marlene brought smiles to many as an active member of the Millstadt Kitchen Band and a regular at local bingo events and Senior Center activities.

Marlene was preceded in death by her husband, Wilbert H. Bruehl, their two daughters Lynn and Sharon, her parents Paul Sr. and Arline Seibert, nee Klemme, and her brothers Edward and Paul Jr

Marlene is survived by her son Terry Bruehl of Atlanta, GA, daughter-in-law Ann, grandchildren Elizabeth and William, and many nieces, nephews and friends

Memorials may be made to the American Cancer Society. Arrangements were handled by Leesman Funeral Home, Millstadt, IL



Lillian Mueller

Lillian E. Mueller, nee Hucce, 99, of Smithton, IL, born March 19, 1922, in Millstadt, IL, died Monday, January 31, 2022, at Garden Place, Millstadt, IL.

Mrs. Mueller retired from Landshire Foods after more than 20 years of service. She was a member of St. John the Baptist Catholic Church, Smithton, IL. Lillian loved gardening and adored her pet cats.

She was preceded in death by her husband of 61 years, Earl T. Mueller, whom she married on April 23, 1947, and who died on May 27, 2008; her parents, Joseph and Cecilla, nee Hankammer, Hucce; and a sister, Aurelia (Clyde) Mueller.

She is survived by a son, Keith (Vicki) Mueller of Belleville, IL; and nieces and nephews.



Eileen Goetter

Eileen A. Goetter, nee Lehr, 88, of Belleville, IL, born October 22, 1933, in Belleville, IL, died Thursday, February 3, 2022, at St. Elizabeth's Hospital, O'Fallon, IL.

Mrs. Goetter was active in the Smithton and Millstadt Senior Centers, and she belonged to the Red Hat Society. She enjoyed bingo and bowling, and especially spending time with family including her grandchildren and great-grandchildren.

Eileen was preceded in death by her parents, Christian and Edna, nee Roehrig, Lehr; and a sister, Betty Nolte.

She is survived by her husband, William "Bill" James Goetter; two daughters, Robin (Frank) Curtis and Sharon (Henry) Ludwig; three grandchildren, Lori (Chris) Locke, Daniel Curtis, and Curt Lindauer IV; five great-grandchildren, Caleb Locke, Jaime Locke, Curt Lindauer V, Maverick Lindauer, and Axel Lindauer; and a brother, Christ (Kathy) Lehr.

Memorials may be made to the Michael J. Fox Foundation for Parkinson's Research and to the American Heart Association. Arrangements were handled by George Renner & Sons Funeral Home, Belleville, IL.



The Millstadt Senior Center Expresses Our Deepest Sympathy To The Family, Friends and Loved Ones Of

Marlene Bruehl
Columbia Delong
Mary Eckert
Eileen Goetter
Annette Klein
Esther Koldehoff
Lillian Mueller
Gene Procasky
Eugene Rodemich
Peggy Shyrock

Columbia Delong

Columbia Delong, 87, of Millstadt, IL, passed away on Wednesday January 26, 2022 in Belleville, IL. Born on January 31, 1934 in Kermit, WV, she was the daughter of Julius and Eula Collins, nee Messer and they precede her in death. Columbia was also preceded in death by her husband, Jack Delong, her daughter, Sharon Delong and her sisters; Helen Lusher, Gladys Badnell, Arizona Stischok and Barbara Collins.

Columbia married her husband, Jack Delong in 1954 in Ohio. Columbia and Jack raised 3 daughters and an adopted son. During her working years, she was employed by Hancock Elementary School in St. Louis, MO as a cook and crossing guard. In her spare time, Columbia enjoyed crocheting, quilting and working puzzles. She was a devoted wife, mother, sister, grandmother and great-grandmother. Her greatest joy was spending time with her family. She took care of everyone and had a huge, loving heart. She will be deeply missed by all who knew and loved her.

Left to cherish her memory are her children; Rosa Nemeč of Doniphan, MO, Karen (David) Monterusso of Millstadt, IL and Jack Delong, Jr. of Ohio, her grandchildren; Nicole O'Bryan, Ashley O'Bryan, Amanda (Henry) Birkner, Stacy Nemeč, Lisa Nemeč, Tori (Robert) Hensley and Julio Nemeč; her great-grandchildren; Landyn Brown, Aubrey Brown, Amber Nemeč and Emanuel Nemeč in addition to extended family and many beloved friends.

Memorial contributions may be made to the Millstadt Senior Center. Arrangements were handled by Hoffen Funeral Home, Millstadt, IL.

Annette Klein

Annette Marie Klein, 62, of Waterloo, IL, passed away at her home on Wednesday January 26, 2022. Born on February 25, 1959, in Red Bud, IL, she was the daughter of Victor M. Klein, Sr and Christy Klein-Lehr, nee Kehrer. Annette was preceded in death by her father, her paternal grandparents, Frank and Helen Klein and her maternal grandparents, Pat and Bert Kehrer, Sr.



Annette graduated from Freeburg Community High School, class of 1977. She then earned her Bachelor of Science in Nursing from Deaconess School of Nursing and later earned her Master of Business Administration from Fontbonne University. Annette loved her career as a Registered Nurse and gave loving care to her patients for 42 years. In her spare time, Annette enjoyed horses and caring for her beloved cats, Whiskey and Sunshine. She loved the outdoors and especially her country home. Annette was the beloved aunt of Travis and Noah and was a devoted daughter, sister and dear friend to many. Annette was a member of St. Michael's Catholic Church in Paderborn, IL. Annette will be deeply missed by all who knew and loved her.

Left to cherish her memory is her mother, Christy Klein-Lehr, nee Kehrer, her step-father, Al Lehr, her siblings; Victor M. (Nancy Lombardo) Klein, Jr., Kathleen (Mark) Blair, Dean S. (Mary Ann) Klein, her stepsisters; Linda Lehr and Lori (Kevin) Hennes; her nieces and nephews: Travis (fiancé Vanessa Azaro) Schaller, Noah Klein, Cindy (Nathan) Nobe, Sam (Collins) Thomas, Nicholas (Emilye) Lombardo, Christopher (Alison) Lombardo, Anthony (girlfriend Paige) Lombardo, Ryan Blair, Zach Hennes, Jake Hennes, Alexandria Hennes and 6 great-nieces and nephews in addition to many aunts, uncles, cousins, extended family and countless beloved friends.

Memorial contributions may be made to St. Michael's Catholic Cemetery Fund. Hoffen Funeral Home in Millstadt, IL handled the arrangements.

Mary Eckert

Librarian. This one word describes the life of Mary Catharine Eckert, nee Meyer. Mary loved the Millstadt Library and devoted her life to it. As a member of the Millstadt Civic Club, she was one of the core founders that started the Millstadt Library in the early 1960's.



Mary was born on September 9, 1936 in Belleville, IL. She married the love of her life, James Oliver Eckert on June 22, 1957. Together they built their home in the country surrounded by trees and wildlife. Deer found a safe haven on their sanctuary. Mary enjoyed watching the wildlife activity from her kitchen window.

Mary is survived by her brother-in-law, Earl Eckert, her nieces and nephews; Marlou Eckert (Mark Raeber), Royann Touchette (James Touchette), Randy Eckert (Donna Eckert), Diane Kern (Ken Kern), and Nancy Eckert (Glen Eckert), Gordon Meyer III (Jean) and Debbie Perez (David Perez) and sister-in-law Norma Meyer, many great-nieces and nephews and great great-nieces and nephews.

She was preceded in death by her husband James, her parents, Gordon and Leda Meyer, a brother, Gordon Meyer, Jr., and stepsisters, Frances and Alta Lee, nephews Glen Eckert (2015) and James Touchette (Oct. 2020) and niece Tracy Meyer.

Mary was an active member of Zion Evangelical Church in Millstadt and a past member of the Millstadt Civic Club and Floraville Grange.

Memorial contributions may be made to Zion Evangelical Church in Millstadt, IL. Hoffen Funeral Home handled the arrangements.

Esther Koldehoff

Esther F. Koldehoff August 23, 1924 - February 1, 2022 Millstadt, Illinois - Esther F. Koldehoff, 97, of Millstadt, Illinois passed away on Tuesday, February 1, 2022. She was born in Carrollton, Illinois on August 23, 1924.



She is preceded in death by her parents, John and Freida (Wolf) Van Buren, sister, Florence Veit, brother, Harvey Van Buren, and brother, Norman Van Buren

Esther is survived by her husband of 71 years of marriage, Herman Koldehoff of Millstadt, Illinois, daughter, Brenda Hanson of Marlton, New Jersey, daughter, Rhonda Koldehoff of Belleville, Illinois, son, Brad Koldehoff of Sherman, Illinois, granddaughter, Beth Williams and great-grandchildren, Makai Patterson and Mariah Williams of Marlton, New Jersey. She was a home maker and welcomed anyone who visited her home with kindness and hospitality.

Esther and her husband owned and operated Cottonwood Lakes, a local fishing business, from 1965 to 2016.

Esther dedicated her life to her family, community and church. She was a long-time member and actively involved in her church, Trinity Lutheran, in Millstadt, Illinois. She lived her Christian faith, through her willingness to help others. She was an excellent cook and baker.

Memorials may be made to Trinity Lutheran Church, Millstadt, Illinois or to Hospice of Southern Illinois.

RECYCLING PROGRAM

Recycling continues the second Saturday of every month at the Township Garage on East Harrison Street. Volunteers will remove the recyclables, glass, cans, paper, cardboard and number 1 and 2 plastics from your vehicle from 8:00 am to 10:00 am. This program is available for all residents of Millstadt Township and the Village.