

Serving The Millstadt Area Since 1983

Volume 12 - Number 5

Donated Quilts Leave Marlene Bruehl Legacy

We will be giving 2 Vintage Quilts away at our Bunco on June 16th. Tickets are 3 for \$2.00. We will also be selling tickets for our Regular Quilt Drawing to be held on June 17th. This raffle includes first prize – handmade quilt, second prize – porch swing and third prize \$25 Gift Certificate to IGA and handmade Afghan.





Judy Sutter and Judi Jacobs sorting

Terry and Ann Bruehl with one of Marlene's Quilts



We Remember

From Below The Tower



I wish it would warm up and we all want to be outside. This year Nancy Kostelac, Karen Witte, Kathy Albers, and I joined the Monday night Red Bud ladies league. We will miss playing locally on Monday evenings but will try to get there on Tuesdays or Wednesdays. The ladies in the league were very welcoming and we are excited to join them. Of course, the best part playing golf is the food afterwards.

Patty Evansco

I had a very nice Easter and hope you did also. My daughters and their families came over and we had a lunch. Don got the Honey Baked Ham, I made the Cheese Potatoes, Stephanie brought Parmesan and Candied Walnut Salad, Quentin made Deviled Eggs and Stacy made a Chocolate Dessert and a Coconut Dessert. Everything was delicious and of course we ate too much. Before lunch, we held our Annual Easter Egg Hunt. As the kids get older it becomes harder to find prizes to put into an Easter Egg, so we are pretty much down to different denominations of coins and dollars, but cash is always good. The golden egg was in a great place this year. We took the bulb out of the light on the patio wall and replaced it with the golden egg. It was so fun watching the kids stare right at the light and not figuring it out. Then suddenly, Sawyer realized it was the golden prize. He was excited to win, last year his sister Molly won.

I have been taking a Virtual Healthy Habits class. The class is given by Oasis, Inc. with a grant through Agesmart. The class has many interesting facts about nutrition. We are on Week 4 and so far, fruits and vegetables, grains and fibers, protein, and dairy foods have been covered and upcoming weeks include sugar, fat and salt. This is virtual so once a week there is a 2hour computer class (you can do on phone, tablet, or computer) and then a 1-hour session where you discuss the meal you prepared that week. The meals are very easy to fix, and they supply the food and all the necessary spices and condiments to prepare. The first two weeks I received 5 grocery bags from Insta-cart to get me started with preparing my weekly meals. Last week I was down to 3 bags of groceries. They gave me everything I would need to cook my recipes including salt, pepper, sugar, oils, fruit, etc. The first week I cooked Strawberry Pecan Salad with Grilled Chicken and Spiced Pears and Peaches for dessert. The second week I made Asian-Style Pork Lettuce Wraps and Pan-Seared Angel Food Cake with Strawberries and Pineapples. (This dessert was excellent). This week I make Chicken Meatball Sandwiches (Not real sure about ground chicken choice) and Homemade Applesauce for dessert (very good!). If you would like to be in this program, please call me and I will get your signed up.

In keeping with the Healthy Food theme this month, we had Operation Food Search come by and demonstrate some healthy snack dishes. We had Peanut Butter Banana "Ice Cream" and (Continued on page 3)

Add New Bingo Sponsor To Your Calendar

We are so fortunate here to have many Bingo sponsors that enjoy coming to call and bring such nice prizes to Bingo every Tuesday and Friday. Aenta/ CVS Pharmacy has joined the ranks of Bingo Sponsors. We are very grateful to fun they bring on the 4th Tuesday of each month. Welcome!

There is Bingo every Tuesday and Friday at 12:30 pm at Millstadt Township Senior Center. You are welcome to join us. There is no charge.





Barb Kwentus (L) and Lucille Reece (R) ready to start covering.

| Thank you Sandra M Bereitschaft Foundation For Grants to Purchase Meals on Wheels Containers January 2022 \$2,883.92 8,800 Containers April 2022 \$2586.42 7,200 Containers | | | | |
|--|-----------------|---|--|--|
| April 2022 Meal Report Carry-Outs 432 — Smithton 343 Home Delivered (Meals on Wheels) 2,140 Congregate (Dine In) 533 — Dining Out 38 Total Meals for April 3,486 | | | | |
| Carry-Outs Home Delive Congregate (Dine | red (Meals on V | nithton 418 Wheels) 2,258 - Dining Out 56 | | |

Sandra M. Bereitschaft Foundation

Donations to the SMBF may be sent to Post Office Box 41, Millstadt, IL 62260. All proceeds of the foundation support the Millstadt Township Meals on Wheels program.

The Foundations supports the MOWS program by purchasing the "Olivers" or the compartment serving plates used for all the meals delivered or picked-up at the Senior Center.

Thank-you to all everyone who supports the Meals on Wheels on Program. You keep the wheels moving!

Tributes And Memorials

Tribute and memorial gifts may be made to Millstadt Township Senior Services by calling (618) 476⁻-3731 or by mailing a check made payable to Millstadt Township Senior Services, 102 South Jefferson Street, Millstadt, IL 62260.



LOVE A SENIOR DAY

Belle~Clair FAIRGROUNDS & EXPO CENTER



LOVE A SENIOR DAY- ST. CLAIR COUNTY Let's celebrate older Americans in St. Clair County! Visit loveasenior.org/lasd to sign up! Contact: info@loveasenior.org

Free admission tickets May 1 from participating area businesses or online.

Accepting Vendors & Sponsors LOVEASENIOR.ORG/belleville Bring your business!! 200 South Belt E. Belleville, IL

10% vendor booth or sponsor discount with coupon code: fair22

Getting Your Affairs In Order

Spreading this information for those of you that don't have your affairs in order. Make sure all bank accounts have direct beneficiaries. The beneficiary need only go to the bank with your death certificate and an ID of their own.

TOD: Transfer On Death deed if you own a home. Completing this document and filing it with your county saves your heirs THOUSANDS. This document allows you to transfer ownership of your home to your designee. All they need to do is take their ID and your death certificate to the county building and the deed is signed over. Doing this will avoid the home having to go through probate.

Living Will: Allows one to put in writing exactly what you want done in the event you cannot speak for yourself when it comes to healthcare decisions

Durable Power of Attorney: Allows one to designate a person to make legal decisions if one is no longer competent to do so.

Power of Attorney for Healthcare: This document allows one to designate someone to make healthcare decisions for their person.

Last Will and Testament: Designates to whom personal belongings will go too.

Funeral Planning Declaration: allows one to say exactly one's wishes as far as disposition of the body and the services.

If the above documents are done, you can AVOID probate. If all the above is not done, you have to open an estate account at the bank. All money that doesn't have direct beneficiaries goes into this account. You will need an attorney to open the estate account. The attorney also has to publicize your passing in the newspaper or post publication at the county courthouse, to allow anyone to make a claim on your property. - **It's a complete PAIN**.

Make a list of all banks and account numbers, all investment institutions with account numbers, lists of credit cards, utility accounts, etc. Leave clear instructions as to how and when these things are paid. Make sure heirs knows where life insurance policies are located.

Make 100% sure SOMEONE knows your Apple ID, bank ID account logins and passwords!

Make sure you have titles for all vehicles, campers, etc!

MOST IMPORTANTLY!!! - Talk with those closest to you and make all your wishes **KNOWN**. Talk to those whom you've designated, as well as those close to you whom you did not designate. - Do this to explain why your decisions were made and to avoid any lingering questions or hurt feelings.

Hope this helps! Hope this lights a spark to encourage all your friends and family to take care of these things to make it easier for those we all leave behind!

My hope is that the above list at least helps you start an important conversation with your loved ones and an attorney that can help you complete all the necessary steps. Tomorrow is not promised.

MEMOIAL DAY OBSERVANCE

Memorial Day is a Federal Holiday Robserved on the last Monday of May to pay tribute to fallen soldiers. Take the time to honor someone you know who served in the military this Memorial Day.



Many of our local Veterans are honored on a display at the Millstadt Community Center. Stop by and honor those who have served our country.

It was an Illinois infantry General John Logan of the 1st Illinois Infantry in the Mexican-American war who was the founder of Memorial day.

On May 5, 1868, General John Logan who was National Commander of the Grand Army of the Republic who officially proclaimed it in his General Order No. 11. The Order proclaimed May 30th 1868 is designated for the purpose of decorating graves of comrades who died in defense of their country.

Thank You Senator Belt And Representative Greenwood!



Frances Dickneite (Center Right) and Lucille Lang (Center Left) accepting a donation from Representative Latoya Greenwood and Senator Chris Belt for the purchase of our new freezer. The new freezer was needed to accommodate the extra freezer meals that we are making daily in addition to our regular meals. In the last 6 months homebound participants received 3,337 frozen meals. In January we also added the option to receive 2 frozen meals for the weekend to all Meals on Wheels clients. These meals are made possible by a grant from the Department of Aging distributed by AgeSmart. This year we are planning on serving 40,000 meals. We have doubled this number since 2010. We receive many compliments on the food and service we provide from our clients and appreciate that we can help so many people.

L-R Millstadt Mayor Mike Todd, Illinois Senator Christopher Belt, Millstadt Township Senior Services participants Lucille Lang and Frances Dickneite, Millstadt Senior Center Director Patty Evansco and Illinois Representative Latoya Greenwood.

Under The Tower

(Continued from page 1)

Chilled Fruit Whip. The Chilled Fruit Whip was my favorite and even made a bowl to keep in refrigerator at home.

On Wednesday, April 20, 2022, the power went off at 10:30 am for about an hour. We had bowlers upstairs and some of them needed the elevator to get down, so I was hoping the power would come back on quickly. All our Meals on Wheels were wrapped, so that was a good thing. The Volunteers were here and packing them up to be delivered, so that went well. The phone kept working for about 10 minutes, then it cut off. Of course, we didn't have any computers, so I went to get my phone out of my purse, when I realized I had left it at home that morning. I only live down the street, so I was going to run home and get it, so we would have phone and computer access. Well things were going smoothly so far, but the only way into my house in by the garage door opener. So, I wouldn't be able to get into my house to get the telephone. Now I know you are wondering why I don't have keys to my house, but when we added the garage and breezeway, I'm sure we had keys, but we didn't need them because we always came in the garage. I used to have a key to the front door, but the storm door is locked so that wouldn't have helped me anyway. Years passed and I think the keys were out in the garage and I even looked for them once and couldn't find them. Even if I did find the keys the locks are probably so old the key wouldn't go in them anymore. I guess I will figure something out, at least I have until next time the power goes out and hopefully, I'll be in the house and not out.

Have a great May and I hope lots of sunshine shines on you!!





18th Annual Village-Wide Yard Sale Sponsored by: **Millstadt Historical Society**

Date: Saturday, May 7, 2022 Rain or Shine

Time: 8:00 a.m. – 1:00 p.m.

Registration forms available at:

millstadthistoricalsociety.org

Maps listing participants with ads will be available online beginning 5/6/22 at our website millstadthistoricalsociety.org and a limited number at the Community Center on the day of the event.

102 South Jefferson Street

FREE COFFEE

(8:00 a.m. - 10:00 a.m.)

Breakfast burritos, baked goods, beverages, brats, hamburgers, hot dogs and side dishes

served by Millstadt Historical Society available for purchase at Community Center.

All registered participating residents and businesses will display yellow markers in their yards!

For additional information, please contact: Marianne Schaefer at 476-3696, Sharon McNames 618/719-3570, or Kathy Albers 618/476-6185

Millstadt Village-Wide Yard Sale

Additional Registration forms available on our Website: millstadthistoricalsociety.org Millstadt Historical Society will sponsor its 18th Annual Village-Wide Yard Sale on Saturday, May 7, 2022, (rain or shine) from 8:00 a.m. to 1:00 p.m. For a \$10.00 fee each participant will benefit from event advertising and receive a yard sale indicator and a location mark on our map indicating where all participants will be located. We will be posting the map and ads on our website beginning 5/6 at millstadthistoricalsociety.org. A limited number of maps will also be given to potential customers at the Millstadt Community Center.

All participants will have the opportunity to advertise specific items to sell (i.e., baby clothes, sports equipment, furniture, plants, etc.) at **no additional cost**. 100 characters for advertising, plus address will be provided.

Please register by **May 1st to guarantee advertisement**. For additional information, please contact: Marianne Schaefer - 618/476-3696, Sharon McNames 618/719-3570, or Kathy Albers 618/476-6185. As a courtesy to our society, we request that you <u>do not sell food items</u> at the yard sales.

Pick up Participant packets on Friday, May 6th, at the Community Center between 7:30 p.m. and 8:45 p.m.

Retain top portion and return Registration Form Below

Name:

Address:

Phone:

Location description:

{nearest intersecting street; N, S, E, or W side of street, etc.} E-mail:

List of advertised items:

Please attach registration fee of \$10.00 payable to "Millstadt Historical Society" and mail to: Marianne Schaefer, 3911 Urbana Road, Millstadt, IL 62260 Optional: List of advertised items at no additional cost per participant. As a courtesy, we ask that you do not sell food items at your yard sale.

CONCORDIA UCC MONTHLY "BREAD & BLESSING" MEAL 2nd Thursday of Every Month, 4PM-6PM OPEN TO THE COMMUNITY

R.S.V.P. Necessary, Please Call 618-476-3377 By the Tuesday previous to the meal 7600 State Route 163, Belleville

No Charge for Meal

(Free will offerings are humbly accepted)

New Athens Bullpen Outing

Millstadt Township Senior Services have an exciting night at the Bullpen. The bus was at capacity with 15 participants including driver Charlie Todd. In addition, there were some that drove to meet up for the monthly dinner outing. This month the pick was the Bullpen Bar and Grill located in New Athens, Illinois. Everyone had a great time! The margaritas were delicious, and it was in a large glass for only \$4.50! Almost everyone had Aunt Bonnie's Spinach Salad with homemade poppy seed dressing. I don't know who Aunt Bonnie is but she can sure make a great spinach salad. I had the fried chicken, and it was very good. It said it would be 25 minutes, but I think our entire table of 15 had our food in less than 25 minutes. The service was great. We like it so well – we are going back again on Thursday, May 26th.

While we were there, we ran into two Millstadt Township Senior Services supporters John and Anna Crowe. The Crowe's are long time supporters and just recently donated a very prized donation, a Wii Sports Program along with the Wii2 exercise step. Also, a tidbit – Mr. Crowe is Erwin Herrmann's cousin. Erwin Herrmann is the father of our volunteer, Jean Colbert.



Millstadt Senior Center ladies out for the evening at New Athens Bullpen.



New Athens Bullpen restaurant.

Jack and Anna Marie Crowe of Freeburg with Millstadt seniors at New Athens Bullpen.

CONGREGATE DINING

We invite you to enjoy a deliciously prepared lunch.

The suggested donation for the meal is \$5.00, however each person is responsible for determining what he/she



can contribute as a suggested contribution. Persons under 60 years of age are required to pay the full cost of the meal (\$11.50). No one will be denied a meal due to lack of donation.

Millstadt Township

Senior Services is open: Monday through Friday 8:00 a.m. – 2:00 p.m. (Lunch is served at 12:00 Noon)





Millstadt Consolidate School Beta Club Donates Treats For Senior Center Volunteers



Millstadt Senior Center has always welcomed students from MCS Beta club to volunteer as well as Confirmation students from local churches, and National Honor Society members from Belleville West. Volunteers are the heartbeat of Millstadt Township Senior Services. We want our youth to become comfortable helping here and welcome them anytime. Our volunteers are the stars of the Senior Center and truly make us a Community Senior Center.

The Beta club recognized that April was Volunteer Appreciation Month and donated baskets of goodies for all volunteers at Millstadt Senior Center to enjoy. Our volunteers include Kitchen Helpers, Meals on Wheels Drivers, Office help, Quilters, Panera pickup, Newsletter, Drivers and Fundraiser organizers.

RECYCLING PROGRAM

Recycling continues the second Saturday of every month at the Township Garage on East Harrison Street. Volunteers will remove the recyclables, glass, cans, paper, cardboard and number 1 and 2 plastics from your vehicle from 8:00 am to 10:00 am. This program is available for all residents of Millstadt Township and the Village.



We have beautiful baby quilts (boys and girls) available for sale. Price Range \$35 - \$100

The guilters have been busy during the pandemic making some very cute baby quilts that would make a nice gift for a baby shower. Call or stop by the Sen. Center (618) 476-3731



The annual Trivia event for the Sandra M. Bereitschaft

Foundation will be held on October 15, 2022 at St. James Parish. Please reserve this date on your calendar.

Millstadt Red Heipsave **Cross Blood** Drive Schedule



May 4, 2022 July 6, 2022 Sep. 7. 2022 Nov. 16, 2022 3:00 pm – 8:00 pm St. James 3:00 pm - 8:00 pm St. James 3:00 pm – 8:00 pm St. James 3:00 pm - 8:00 pm V.F.W.

What's The Scoop

Treat Yourself On Wednesday, May 18th With A Road Trip To Oberweis Dairy. We Will Leave Shortly After Lunch At 12:45 Pm

Save Your Lunch Dessert For Later! Sign Up With **Maryanne At** The Center At (618) 476-3731





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MILLSTADT TOWNSHIP SENIOR SERVICES



QUILT RAFFLE June 17, 2022 At Senior Center

1st Prize - Handmade Queen Size Quilt 2nd Prize - Porch Swing **3rd Prize - Handmade Baby Quilt**

6 FOR

ΤΙϹΚΕΤS \$ 5 00

Available at the Center

Many tickets are being sold for our Quilt A Rama drawing on Dec. 23, 2021. The Quilt tops are Handmade and Hand Quilted Queen Sized Pieced Quilts.

Special Thanks To

Concordia Church - Floraville UCC Faith (The Way), Columbia **Millstadt Baptist Church St. James Catholic Church St. Michaels Catholic Church Trinity Lutheran Church** Zion Evangelical Church For Your Continued Support



Joe Goudey

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FARMERS MARKET

Spring is in bloom! Get ready for the opening of Millstadt Township Farmers Market on Friday May 13th, 3PM to 6PM at the VFW! If you are buying or selling garden plants or flowers, this is the place to be! As always, all vendors



are welcome. There are no vendor fees! Don't miss a fun time at this great community event. Please visit the VFW for their weekly Friday Fish Fry!

Bag Tournament Results

March 31, 2022 Session 1

- Scott and Ralph Schneider
- Norma Burleson and Dorothy Bagsby
- Kathy and Lucille Reece
- Thelma Short and Barbara Kwentus

March 31, 2022 Session 2 1

- Evelyn Weber and Vernon Wienhoff
- Doris Chaput and Scott
 - Carol Terveer and Ralph Schneider
 - Shirley Rinck and Barbara Kwentus
- Kathy and Lucille Reece

5 April 7, 2022

- Lucille Reece and Norma Burleson
- Barbara Kwentus and Evelyn Weber
- Shirley Rinck and Ralph Schneider
- Darlene Sandheinrich and Thelma Short
- Doris Chaput and Lil Tracy BA

5 April 14, 2022 1

- Ralph Schneider and Lil Tracy
- Dorothy Bagsby and Henry
- Thelma Short and Barbara Kwentus
- Vernon Wienhoff and Evelyn Weber
- Lucille Reece and Doris Chaput

5 April 21, 2022

- Ralph Schneider and Thelma Short
- Darlene Sandheinrich and Barbara Kwentus
- Henry Horschman and Lil Tracy
- Doris Chaput and Dorothy Bagsby
- Vernon Wienhoff and Evelyn Weber
- Toni Schneider and Lucille Reece

6 April 28, 2022

- 1 Lil Tracy and Evelyn Weber
- 2 Henry and Ralph Schneider
- 3 Darlene Sandheinrich and Lucille Reece
- 4 Thelma Short and Doris Chaput
- 5 Dorothy Bagsby and Barbara Kwentus



625 East Washington Millstadt, Illinois 62260 (618) 476-3161

Congratulations To The Winner Of The Jelly Bean Guessing Game Contest!

There were 323 jelly beans in the jar! Pat Oelrich strategically guessed 310 jelly beans in the jar. Pat won an IGA Gift Card. How do you win a Jellybean Guessing Contest? There are a few strategies you may use in calculating the number of jellybeans in

a jar.
You could guess, it's just a game. But you can remember that there are 930 jelly beans in a US gallon.

Pat Oelrich with her winning jelly benas

 You could calculate amount by volume. The approximate volume of one jelly bean is 3.375 cubic centimeters. But due to different shapes and sizes there is air space also in the jar. Then you multiple that by the volume of the jar – this is way over my head.

Smithton Meals

We will serve meals at Smithton Senior Center on Tuesdays from 11:00 am to 12:00 noon. If you are 60 years of age or older and would like to reserve a meal, **Please Call (618) 476-3731**. Menus will be available. Anyone over 60 is eligible to pick up meal at Millstadt center Monday thru Friday.



Another Successful AARP Tax Season Ends

At 1:30 pm on Wednesday, April 6^{th} the last Millstadt Senior Center tax client of the year was finished. The AARP Tax-Aide program volunteers were packing up their stuff and good-byes were said. We would see them back in 9 months for the next season.

This year AARP volunteers Pat Sharkey, Carmen Perkins , John Johnson, Stephanie and Stephen Sams, Wes Davis, Maryanne Conrad and Dawayne Sanders provided their services to 215 taxpayers. They saved these people \$54,250 in tax preparation fees and helped them get \$123,565 in Federal refunds.

The number of people coming here has been going down each year and we are hoping to get more people to come next year. The pandemic has kept many away and we are hoping they come back next year. We want to keep AARP coming and offering this free service.

Wii Bowling Apr.

| | 4/6/2022 | 4/13/2022 | 4/20/2022 | 4/27/2022 | Avg for th | e Mont |
|---------|----------|-----------|-----------|-----------|------------|-----------|
| Norma | 1246 | 719 | | | 218 | 1st Place |
| Thelma | 617 | 558 | 433 | 644 | 205 | 2nd Place |
| Rick | 614 | 585 | 412 | 618 | 203 | 3rd Place |
| Janet | 1174 | 603 | 336 | 573 | 192 | 4th Place |
| Dorothy | | 533 | 392 | 559 | 186 | 5th Place |
| Barb | 578 | Y | ••• | 532 | 185 | 6th Place |
| Lil | 458 | 495 | | 522 | 164 | 7th Place |
| | | | | | | |

Prizes will be awarded on May 17, 2022





New Athens, IL **Thursday, May 26th** 4:00 PM Call Center For Reservations 618-476-3731



2022 MEMBER

7

SENIOR NEWS



All Kitchen Volunteers Are Required To Complete The State Food Safety Food Safety Training

State Food Safety is providing free training for all Senior Center volunteers. This Disaster Relief Food Safety Training is **required** for all food handler volunteers. Please visit *https://www.statefoodsafety.com/CustomPortal/*

DisasterRelief#/ to complete the course and print out the certificate. If you are unable to do online by yourself, please let me know and we will set up a group time for all to do together. Thank you for all you do for the Senior Center. This training is very informative as well as interesting.



Creating Delicious Healthy Snacks

Emma Kelly, Community Nutrition Coordinator for Operation

Food Search and Oliva her assistant came to **Millstadt Senior Center** on Tuesday April 19th to demonstrate recipes for healthy snacks. It was fun to watch and we all got samples. They made **Peanut Butter Banana** "Ice Cream" and Chilled Fruit Whip. I liked the **Chilled Fruit Whip a lot** and I think you will too. I have included the recipe for you. Emma is coming back on May 17th to bring more yummy recipes for us to sample.



Chilled Fruit Whip

Ingredients:

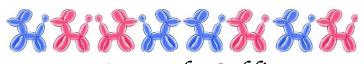
32 oz container of fat-free vanilla yogurt 1 container oflow-fat whipped topping, 8 oz 1 package of frozen strawberries or frozen mixed berries, thawed

Directions:

1) Combine all ingredients in a large bowl.

2) Serve immediately or cover and refrigerate until ready to serve.

| Servings | Serving size | Calories | Fat | Carbs |
|----------|--------------|----------|-----|-------|
| 12 | 6oz | 81 | lg | 15 g |



Free to the Public Come One Come All To **Our Family Outdoor Spring Festival** At Trinity Lutheran Church **Sun., May 15th** from 3 to 6 PM Hot Dogs and Chili with the Works Make-Your-Own Ice Cream Sundaes Outdoor Games - Face Painting Balloon Artist - Baby Animal Petting Zoo And Just Good Ol' Family Fun



Dates to Remember

May 8, Mother's Day.

May 14, Farmers Market at VFW parking lot from 3:00 pm-6:00 pm.

May 21, Farmers Market at VFW parking lot from 3:00-6:00 pm.

May 21-22, MillPond Maifest event. Music, brats, potato pancakes and beer.

May 22, Millstadt Water Tower half marathon.

May 28, Farmers Market at VFW parking lot. 3:00-6:00.

May 28, Millstadt Pool opens. Passes on sale at Village Hall.

May 30, Memoria Day. Senior Center Closed.

Library Archiving Newsletter

Did you miss an issue of "Senior Talk"? While we want you to be sure you see every issue of Senior Talk the Millstadt Library is now offering you an opportunity to catch up on all of our past issues.

Starting immediately, you can view past issues of Senior Talk since its first issue in September 2010. We are very happy and grateful that the Millstadt Library is archiving our newsletter.

Community Center & Park Pavilions Rental

8 If you are looking for a place to have an anniversary, baby, bridal or birthday party consider renting the 💐 Millstadt Community Center or a pavilion at the park. 8 Call the Village Hall at 476-1514 for rental information.



Memory Care, Independent and Assisted Living

- 24 hour on-site assistance from our employees
- Bathing, dressing and other essential needs
- Care providers you know and trust
- We are a fully licensed assisted living provider
- Memory Care available at Reflections
- Locally owned and managed

子合



Waterloo | Red Bud | Millstadt | Columbia

Reflections at Garden Place ~ Columbia

618-476-1440

www.gpliving.com

ddddddddddddddddddd Taste of Ott's Join us @ Ott's Tavern & Restaurant (20 E. Washington, Millstadt)

May Dinner

Spinach Salad with homemade croutons Grilled Chicken Breast, Sharfs Asparagus, Garlic Bread Stick, Rhubarb Tart

Monday, May 9th

At 4:30p.m. Enjoy great food, prizes, and fellowship! Suggested contribution \$5.00/meal RSVP to Senior Center (618) 476-3731 by May 8, 2022 (Limited to 50) Meal is subsidized by AgeSmart.

Must be 60 or over to attend.

St. Clair County Veteran's Commission

If you need information and assistance with claims to the Department of Veterans Affairs for benefits such as: pension benefits (veterans & widows), service-connected compensation, GI home loans, educational benefits, discharge upgrades and any other benefits sought by the veteran or family from the DVA call

618-277-0040 to make an appointment.



THANKS FOR OUR DONORS

MONETARY DONATIONS

Jim and Mary Eckert Estate Wilfred and Saundra Hoerr Earl and Sandy Mehrtens Lester and Joyce Waller David and Suzanne Haas (Sponsor Meals on Wheels participant for a month) Andrew Matecki Scott Shive Brenda Holifield Rebecca Dori Community Kindness (Donation for SMB Foundation) Ace Grease and Quail Club Men's Softball Team **Bob and Barb Louis** Lucille Reece US Again (Box on Millstadt IGA Parking Lot) John and Ann Crowe NORMAN SIMMONDS MEMORIALS Howard and Carol Anna **Robert and Janice Roenicke** South County Dodge Parts Department **Kenneth Rehg** DOROTHY EDMONDSON MEMORIALS Linda and Gary Weingarten Sherry Cates Gene and Marlene Herrmann James and Sandra Quain Ken and Christine Edmondson **GEAN WATSON MEMORIAL Rich and Norma Brune SIDE BY SIDE FREEZER** Senator Christopher Belt **Representative Latoya Greenwood OLIVER GRANTS (MOW Containers)** Sandra Marie Bereitschaft Foundation **OTHER NEEDED ITEMS** Medicaid Pharmacy (24 Cases of Ensure and Boost) 2 Rolls of Stamps (Don Mueller) Treats for Volunteers (MCS Beta Club) John and Anna Crowe (Wii Game) Lucille Reece (Bingo Prizes) Edgar and Sharon Stallman (Bingo Prizes) Joan Perry (Boost) Barbara Lay (Bowls) Carson Allen (Confirmation Project Items) AARP (Income Tax Preparation at Center) Marsha Davis (Dessert and Paper Plates) Doris Adams (Placemats for Tables) Berta Sheridan (Bingo Prizes) Al and Patty Schilling (Ziplocs for Meals on Wheels and Plates) Sandy and Dave Hankammer (Ziplocs for Meals on Wheels)

Confirmation Student At Zion Evangelical Church Helps Millstadt Senior Center



Confirmation student Carson Allen an eighth grader at Millstadt Consolidate School has spent the past few weeks collecting donations of goods and money to help Seniors in Millstadt through his Confirmation ministry. Part of the students' preparation for Confirmation involves community service projects. Carson addressed his congregation at a Sunday worship service and ask for their help in donating needed items for Millstadt Senior Center. He had an overwhelming response and was able to present baskets of items that included \$60 in money and donations of goods such as toiletries, socks, packaged treats, paper products and other needed items. Carson is the grandson of Donna Gaulrapp, who is a regular Meals on Wheels volunteer at Millstadt Senior Center and son of Marcia Twellman, who also volunteers at Millstadt Senior Center.

The experience of volunteering teaches students about the need in their own community and inspire them to do something good for people in need.





Edward Jones

While our location has changed, our commitment to providing face-to-face, personalized service for your financial needs is still the same.

We're pleased to announce our **new location.**

Effective 03/24/2022, our office is located at 3 Gemstone Drive, Millstadt IL.



BIBLE TALK

"Praying & Singing At Midnight"

"To Timothy my true son in the faith: Grace, mercy and peace from God the Father and Christ Jesus our Lord." (1st Timothy 1:2)

Paul begins his second missionary journey in Acts 16 accompanied by Silas and Timothy. What was Paul's plan for this trip? To find out, reread Acts 15:36. During this trip, he meets Timothy: "His son in the faith." All is going well: "So far the churches were strengthened in the faith and grew daily in numbers." (Acts 16:1-5) Acts 16: 6-10 explains the Holy Spirit kept Paul and his companions from preaching the word in the province of Asia. A brief note here: the previously established Christian churches they visited are in modern day Asia Minor. Confusing to us, but not to God. God had a plan, so off they go to Macedonia. (If you have a little extra time, look up the history of Macedonia. It is interesting reading). Macedonia was a Roman colony, yet no nation suffered more cruelty in the hands of the Roman's than Macedonia. Philippi was part of Macedonia.

Paul and his companions travel to Philippi and meet their first Christian convert in Macedonia, Lydia. She and her household were baptized by Paul and her home became the first Christian church in Europe. Paul mentions this church in twenty-three verses written in seven of his epistles (letters) included in the New Testament. Very important to Paul. He became the first pastor and visited the church at Philippi many times.

Chapter sixteen concludes with Paul and Silas being severely flogged and unjustly thrown into prison. As Roman citizens, they were entitled to a trial before being punished. This was Roman law. Whoops. A bit of explaining to be done by the Romans.

To put in simply, prayer was the reason for Paul's great success in spreading the Good News of Christ. He was in constant contact with the Lord and the Holy Spirit was actively involved in Paul's life of faith. During this time of Paul's darkest hours, he was: "Praying and Singing at Midnight." (Acts 16:25). As Paul and Silas sang, the prison doors were opened and they were freed, but they did not leave. As a result, the jailer and his entire household were converted to the faith. Amazing story!

After leaving the jail, Paul and Silas returned to Lydia's house. This too is an amazing story. Think about this. Lydia's house was the first Christian church in Europe and those who met there to worship and glorify God were in great peril. These and all other early Christians were persecuted for their faith, and many were put to death. Yet, the church continued to thrive through the centuries, eventually arriving to the shores of America.

We Christians must keep the faith alive. Prayer continues to be the most powerful force in the universe. Please keep the faith alive and please remember to pray!

May God's grace, mercy and peace be with you now and always. *Blessings, Pat Morris*



Operation Food Search

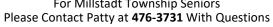
The Operation Food Search *Food Rescue Program* partners with Schnucks (and Dierbergs) to distribute food that is nutritious and edible but no longer able to be sold. Thanks to both Operation Food Search and the Belleville West Schnucks for our weekly Bread and Bakery Items



that the Senior Center receives on Tuesdays and Thursdays! Total monetary value of the donations we received during the month of March 2022 was \$713.00! *Thank You Schnucks!!*

Senior Transportation Program

Need a Ride to the Doctor, Bank Hairdresser, or Dentist? The Senior Center Offers the Only Form of Public Transportation for the Community This Service is Available for Persons 60 Years and Older and Their Caregivers A Suggested Donation Of \$2.00 For Transportation To and From Doctors, Dentists, Or Hair Appointments This Partially Covers the Actual Transportation Costs of \$5.95 For Each Time It Is Provided All donations are Confidential and Are Used To Maintain the Transportation Program For Millstadt Township Seniors





WE NOW HAVE BOTTLE WATER!

Land of Lincoln Legal Services

Will assist individuals of limited income age 60 and older with power of attorney for property and health care and simple last wills. Wednesdays, 9 a.m. to noon • By appointment only. Call 618-234-4410, ext. 7033 to make an appointment





Medicare-Medicaid Certified

A Drug-Free Facility

Freburg Concentrations Market Marketter Market Marketter Marketter

Bracebook www.freeburgcarecenter.com

SENIOR NEWS



Bake at 350 degrees for 45 minutes. Serve warm.

Senior Talk Available at These Locations

Pick-Up Your copy of the Monthly Senior Talk at One of The Following Millstadt Locations Melva's Family Hair Care 476-7933 Millstadt Barber Shop 476-7273 Millstadt IGA 476-3161 Millstadt Library 476-1887 Malissa Weber, FNP-C 476-3373 Millstadt Pharmacv 476-1701 Millstadt Village Hall 476-1514 Millstadt VFW 476-1180 St. James Catholic Church 476-3513 Trinity Lutheran Church 476-3101 Zion Évangelical Church 476-1778 Dr. Steve Knoernchild 476-3344 Concordia UCC 476-3377 St. Paul Church, Floraville 473-2285 Dr. Kevin Schmidt 476-3261 St Michaels Church – Paderborn 473-2798 First National Bank of Waterloo 476-3334 Caseys 476-7360 Associated Bank 476-3040 Michelle's Family Haircut Millstadt Garden Place 476-1404 Millstadt Baptist Church Lee's Home Center 476-1760 **Bonnie's Beauty Shop** Training Room Country Financial Schuberts **Divine Nail Salon** Bliss Floral Hoffen Funeral Home Smithton Village Hall Smithton Library Freeburg Township Freeburg Pharmacy Freeburg Library Country Mart, Freeburg 539-3163 New Athens Village Hall Bull Pen, New Athens Villas of Holly Brook, Belleville, IL Thank You For Providing This Service To Our Community

Notary Services Are Provided Free At The Senior Center

Senior Talk

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| | Receive the Newsletter i iptions are \$30.00 F Postage Increases (1 | Per Year Due To |
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| Phone: | | |
| Pleas | e Send This Form And | Your Check To: |

Millstadt Township Senior Services 102 South Jefferson Street, Millstadt, IL 62260 **Be Sure To Check Your Mailing Label For Your Subscription Expiration Date**

Thurs., June 16, 2022

Millstadt Township Senior Services will hold a Bunco Party at St. James Parish Center to raise money for our Meal program. In addition to Bunco we will have a Dessert Buffet for everyone to enjoy. Everyone wins a prize! Consider donating a prize or two valued at \$5.00 each & or a homemade delicious dessert. I realize there are many requests for your help and the

fundraisers are many. BUNGO I would appreciate any help you can give. BUNG our generosity you will be acknowledged i newsletter Senior Talk. w We Roll We Roll Thank you very much, Patty Evansco, Director

Chair Yoga In The Park Returns



April not only brings rain showers and daffodils blooming, but it also brings the return of chair Yoga at the pavilion across from the Millstadt School on Tuesday, April 19, at 10:00 am. An excellent class for seniors and beginners. Class will be held each Tuesday, weather permitting, same time, same place. Bring your own folding chair and a smile.

If you need more info contact Joyce Hermann at 618-980-2278. ddddddddddddddddddddddddd

000 **May Birthdays** 1 Richard Barthel

1 Orlou Burkemper 1 Sam Scearce **1** Gary Weingartner 2 Dave Muskopf 2 Anna Wilson **3 Richard Feazel 3** Helen Hildebrand **3 Betty Hines 3 David Scharf 4 Rose Gallego** 4 Jackie Jackson 4 Diane Kern 4 Maria Skidis **5 Joy Albert 6 Janet Lathrem 6 Linda Weingartner** 7 Kathleen Raitt 7 Earl Rogenberg 8 Howard Boller 9 Don Mertz **9 Janice Sheldon 10 Susan Sager 11 Karl Bangert** 11 John Morton **11 Evelyn Young** 12 Aaron Arras 12 Wayne Muskopf 13 Betty Duncan **13 Dorinda Tregoning 13 Vernon Wienhoff 15 Judith Guenther 15 Jane Kuester 16 David Drennan 16 Mildred Fleming**

16 Mary Ann Neff 17 Judy Bruehl **17 Virginia Capone 17 Richard McNally 17 Yvonne Phillips** 17 Al Range **17 Edith Robinson 18 Robert Halpin 18 Ronald Hausmann 19 Marilyn Braun** 20 Ronald Klein 20 Patricia Schmeder 21 Robert Hilmes 21 Larry Muskopf **21 Elizabeth Pluff** 23 Gloria Seibel 24 Charlene Faulbaum 24 Maxine Hood 25 Gerald Faris 26 Dorothy Bagsby 26 Suzanne Bundy 26 Sue Hucke 26 Betty McCombs 26 Charlotte Threlkeld 26 Audrey Tinoco 27 Robert Walker 28 Betty Bolt 28 Curt Gericke 28 Delores Long 29 Mary Hollenkamp **30 Shirley Rinck** 31 Donald Keck **31 Kermit Mueller 31 William Odum**

DRIVERS (8 HOURS) Charlie Todd **KITCHEN (326 HOURS)** Aaron Arras **Bob Louis** Brenda Holifield **Carol Terveer Charlene Faulbaum Chris Michael** Cindv Czech Colleen Costello Donna Gaulrapp Donna Hucke **Doris Chaput** Ed Luecking Fran Wagner **Frances Dickneite** Jaidyn Rist John Baltz Leon Lang Lillian Herling Madonna Stapf Marlou Eckert Marsha Nelson Mike Walter **Rich Brune** Sandy Hankammer MEALS ON WHEELS (201.5 HOURS) Aaron Arras Amia Scheibel **Barnie Jorns Becky Courtney Beth Kwentus Bob Louis** Cheryl Mueth **Cheryl Pierpoint** Chris Michael **Cindi Clements Cindy Czech** Dave Albers David Muskopf Don Kessler Don Pellman Donna Gaulrapp Donna Hucke **Faye Schilling** Fern Lunsford Fran Wagner Gerry Brenner Glenn Schaefer Izzy Scheibel Jackie Brenner Jackie McKay Jerry Kouleka John Morton

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Karen Witte Leon Lang Marianne Schaefer Marlou Eckert Marsha Davis Marylou Peter Mike Walter Millie Kouleka Mona Scheibel Nancy Kostelac Paula Burch **Randy Burk** Rich Kwentus **Ruth Morton** Sandy Hankammer Sandy Muskopf Scott Courtney Susan Sager Tracy Kessler Vicki Pellmann **NEWSLETTER (53 HOURS)** Don Mueller Jerry Schmitz **PANERA (16 HOURS) Dave Albers** Marlou Eckert Marsha Davis Sandy Dressler Michelle Hucke Karen Witte Charlie Todd **Beth Kwentus** Marsha Davis **QUILTING (60 HOURS) Beth Kwentus Doris Adams** Faye LaBrier JoAnn Clemens Judy Jacobs Judy Sutter Lois Potter **Teresa Barbier SMITHTON CENTER** (28 HOURS) Jerry Crosby **Kim Freeman** Nancy Freeman Pam Andrews Sharon Patterson **OFFICE (108 HOURS)** Maryanne Conrad **Doris Chaput** Jerry Schmitz Karen Witte Alyson Carroll

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VILLAGE OF MILLSTADT

MARCH 28, 2022

The meeting was called to order by Mike Todd, with the following trustees answering to roll call: Randy Burk, Mike Capell, Ray Famula, Mike French, Mark Todd, and Dustin Trankle. The Pledge of Allegiance was recited.

A motion was made by Ray Famula to approve the March 14th minutes. Mike Capell seconded the motion. The motion carried unanimously.

COMMITTEE ON ACCOUNTS: Mike Capell stated he reviewed the bills. Mike Capell made a motion to pay the bills. Ray Famula seconded the motion. The motion carried unanimously.

PUBLIC WORKS: WATER: Dustin Trankle stated the new water tower was not cleaned out as planned. There was a discrepancy with the actual level of water in the tank and the gauge reading. Scott Baltz is working with Illinois American and Brian to find a solution. Scott is also talking with Pittsburgh Tank Company to reschedule the cleaning.

STREETS, ALLEYS, AND SIDEWALKS: Randy Burk stated he and Scott Baltz are working on new projects in town. They are working on lining the sewer line on Lexington Street and West Harrison Street. ORDINANCES AND RESOLUTIONS: Mike French stated Resolution 22-02 is regarding Stonemark Development LLC and green space funds. When new developments come in, a set amount of space must be allocated for green space. Stonemark would like the money to be transferred to the Park Fund to be used in the parks. Mike French made a motion to approve Resolution 22-02 as presented.

Randy Burk seconded the motion. The motion carried unanimously. Mayor Todd clarified that the money was already given to the Village when the project was developed.

PARKS, POOL, AND RECREATION: Mark Todd stated the Village has sponsored a MSA team in previous years. Mark Todd made a motion to sponsor a Millstadt Sports Association team for 2022. Mike Capell seconded the motion. The motion carried unanimously. Mark stated Scott Baltz talked with the striping company and the pickleball court should be striped soon.

COMMUNITY CENTER: Ray Famula stated Today In St. Louis will be filming a segment on Thursday, March 31st at the Senior Center; they will be discussing how the center and the Village managed the pandemic. Ray stated the damaged freezer has been replaced and is in use. The Senior Center Board has decided that they will now be meeting quarterly.

PLANNING COMMISSION & ECONOMIC DEVELOPMENT: Mike French stated the next Planning Commission meeting will be held on Tuesday, April 19th.

PUBLIC SAFETY: FIRE DEPARTMENT – Dustin Trankle stated the annual Fire Department Bar-B-Que will be held the Saturday before Easter, April 16th.

OLD BUSINESS: Mayor Todd stated he, Tracy Holmes, and the department heads have the budget almost completed. They are just waiting on a few items. Mayor Todd stated he is waiting on TWM so that the sewer lining project on West Harrison Street and Lexington Drive can begin. Village engineer James Barganier will look into what is holding it up. Mayor Todd stated Straight Up Solar, who was getting the information together for a grant, did not get the information in time to apply for the grant for solar panels at the sewer plant. They are still going to get prices for the project in case it can continue to move forward. Ameren is still assisting the Village in getting more efficient blowers for the sewer plant. Mike French stated he is still working with Germann Brick to get a start date for the entrance signs.

NEW BUSINESS: Mayor Todd stated he, Tracy Holmes, and Mike Capell met with the insurance company that provides Village's liability insurance. After December they will not be providing everything the Village needs. Mayor Todd will be meeting with other Villages to consider creating a co-op for liability insurance. Mayor Todd stated he priced out rock for oil and chipping. He will

During The Month Of April Our Volunteers Donated **758** Hours To The Millstadt Senior Center If Paid at Minimum Wage, the Dollar Value Would be ^{\$}9,102 THANK YOU VERY MUCH This Program Would Not Be Possible Without Each Of You! For Your Dedication, In The Spirit Of Giving Please Remember To Report Your Volunteer Hours Would you like to join our group of Volunteers? Please Stop By The Center To Sign Up Or See Patty In The Office SOOOSOOOSOOOSOOOSOOSOOSOOS

get a committee together to decide which rock to use so that it can be budgeted into the motor fuel tax.

TREASURER'S REPORT: Tracy Holmes stated that the Treasurer's Report had been submitted. Randy Burk made a motion to approve the Treasurer's Report. Mike French seconded the motion. The motion carried unanimously. CLERK'S REPORT: Tracy Holmes stated that the Clerk's Report had been submitted. Mike French made a motion to approve the Clerk's Report. Mark Todd seconded the motion. The motion carried unanimously.

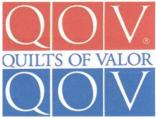
CITIZENS COMMENTS: Carol Gomric stated she would like the ordinance concerning no parking on Washington Street amended. Her son spoke to Tim at IDOT who told her the state had no issue with there being parking on Washington Street. Randy Burk stated that due to the approved engineering for the streetscape project changing the parking could jeopardize the future grants for the project. Michael Gomric stated she has lived in her house on West Washington Street since 1973 and has always been able to park on the street. Due to a fence the neighbor has put up she is unable to park in her driveway and exit her vehicle. The Village is keeping her from parking in front of her home. Discussion followed. Scott Baltz stated that according to the Federal Highway Administration the entire block must either have parking or no parking on the street; just allowing parking in front of Mrs. Gomric's home is not a possibility. Mr. Gomric stated they were advised by the Americans with Disabilities Act to file a complaint. Mayor Todd asked why she could not park in her driveway. Mrs. Gomric answered that because the neighbor put up a wooden privacy fence on the property line, she does not have enough room to fully open her car door. Years before there had been a chain link fence offset of the property line which still allowed for her to fully open her door. Building Commissioner Adam Romero stated he would look into the building application for the fence and will come take a look at the situation.

Resident Felix Erlenbusch stated he had a complaint about the condition of Mueller Lane. There are giant potholes that have been filled with rocks that are too large that then get swept off before the holes are filled. When the snow removal was last done, they took sod off his yard because they could not tell where the edge of the road was. When he talked with a worker while the entrances were being done at the Briar's, he was told it was not their responsibility. Mayor Todd stated he would have it looked into and will have the road patched up.

Resident Kevin Schmitt stated he is running for state representative for a new district that includes Millstadt and Millstadt Township. Anyone with questions can talk with him after the meeting is over.

Quilts of Valor

Each month, Millstadt Township Senior Services will nominate and hold presentation ceremonies for service members and veterans who have been touched by war. They are presented a comforting and healing Quilt of Valor. This



quilt is given regardless of the conflict, declared war or otherwise in which they served. These Quilts of Valor are lifetime awards, stitched with love, prayers, and healing thoughts.

These quilts are awarded by the "Stars of Honor/Illinois" chapter and sponsored by Warm N Cozy Quilt Shop in Columbia, Illinois.

Each quilt cost \$250 to complete. Your tax-deductible gift buys fabric for quilt tops, backing, and pays for batting and shipping. Contributions of any amount are appreciated. You can drop off your donations at Warm N Cozy Quilt Shop in Columbia, go to the Quilt of Valor website at QOVF.org and list Stars of Honor/ Illinois to keep your donation local, or mail directly to Dona Rector, Stars of Honor Group Leader at 5937 Saxtown Road, Millstadt Illinois 62260. If you have any questions, you may contact her at (618) 960-4778.

You are also welcomed to become a member of the Group. Members group sew, quilt, bind and present Quilts of Valor. Membership is \$10 a year and \$5 for an optional QOV pin. The local group is called Stars of Valor. To join visit the Quilts of Valor Foundation at QOVF.org or contact Dona Rector at the above number.

Anyone can nominate a service member by visiting the Quilts of Valor website at QOVF.org. The person nominated will be added to the QOV database and assigned to the appropriate group governing that area.

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Volunteer Opportunity

If you would like to volunteer to help as a meal site server or dishwasher at the Senior Center any day from 11:30-1:00 p.m. please contact Patty at (618) 476-3731.

Writer's Guidelines

One does not have to be a professional writer in order to submit articles to Senior Talk. All it takes is the desire to share your thoughts or feelings with the rest of us. Tell us about what matters to you. Share your his-tory, your fears, and your triumphs. There is a "Brag Corner," where you can tell others about your new car, or how your grandchild just graduated from Harvard, or about your prize-winning roses. Give us your recipe for deviled eggs or tell us how you stay married to the same person for 50 years!

It is best to keep the length of the article to no more than 500 words. We reserve the right to edit all materials. Be sure to include your name, address, and telephone number and email address, if you have one. Articles can be dropped off at the center, mailed, or emailed to seniorce@htc.net.

Gentle Chair Yoga Every Mon. & Fri.



Mon. & Fri. @ 10:00 am. (Instructor: Joyce Herrmann) Yoga can be a great way to exercise the aging body. In this gentle yoga class, students use a chair & Joyce helps to modify positions for

comfort & concerns. Please call 618-476-3731 to first-time register! No Charge! During the month of April, FRIDAY yoga will be held at Zion Church.



DO YOU NEED HELP?

The Millstadt Senior Center is here to provide essential services. If you are a senior in need:

- Call 618-476-3731.
- Weekly check in calls
- Fresh produce
- Grocery shopping
 Face Masks
- Free puzzles & books
- Tech assistance with ZOOM, Facebook

EVENT SUBMITTAL

 Local organizations wanting to submit flyers for current events to be published in the Senior Talk need to submit their information 2 weeks prior to the end of the month that they want their information printed.

TRANSPORTATION NOTICE

Due to the increased usage of the Senior Transportation Service and drive time, we will be doing Doctor appointments as follows:

*Belleville Doctors will be done on Mondays and Wednesdays from 8:00 am to 11:00 am

*Shiloh/O'Fallon Doctors will be done on Tuesdays and Thursdays from 8:00 am to 10:30 am.



How Do You Get A **New Medicare Card?**

If you misplace or lose your Medicare Card, please do not fret. The Millstadt Senior Center can have a

replacement Medicare card on its way to you within 5 minutes. This is a very easy and simple task and we are glad to help you with it. Call (618) 476-3731 if you have any questions.



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Ø Welcome to **Ö** amazonsmile Ð You shop. Amazon gives. Do you shop on Amazon? Now there is a new version of the company's website - smile.amazon.com - the

company will donate 0.5% of the purchase price to charity. Customers pick their charity through the new website and there are almost one million to choose from, including Sandra Marie Bereitschaft Foundation (supports Millstadt, Freeburg and Smithton Meals on Wheels program).

There is no cap on the amount Amazon will donate and almost every physical product sold by the company is eligible, which means tens of millions of items. Digital goods are not included, but that may come in the future. Everything else about the Amazon online shopping experience stays the same, including the shopping cart, wish lists and shipping options. The prices will also be the same, so these donations will suck some of the profit out of each sale Amazon makes through the program. Please be sure to sign up, shop and add "Sandra Marie Bereitschaft Foundation" as your designated charity. Thank you. http://smile.amazon.com

Township Supervisor Travis Jones Village Mayor Michael Todd Director Patty Evansco **Nutrition Staff** Sandy Sanders Transportation (Drivers) Ed Luecking Bob Louis Larry Schmeder **Richard Rist Executive Board** Charlie Todd. President James Palovich Mark Todd Ray Famula Randy Burk Randy Eckert **Advisory Council Members** John Baltz Carol Osick Darleen Sandheinrich Heather Erwin Kathy Schaefer Lillian Tracy Jerry Schmitz Pat Morris **Rich Brune** Barb Greene Editors Patty Evansco Marlou Eckert Don Mueller Mary Heberer Jerry Schmitz Judy Jacobs



Township Senior Services 102 South Jefferson St., Millstadt, IL 62260 Phone No. 618-476-3731 Fax No. 618-476-3921 email seniorce@htc.net

MISSION STATEMENT

The Millstadt Senior Center Is A Place Of **Opportunities, A Focal Point In Our Community** Where Services Support Positive Aging and Where Educational, Recreational and Cultural Programs Enrich The Lives Of Elders and The Community

Funding for (Grantee) is received from the United States Administration for Community Living, the Illinois Department on Aging, and the AgeSmart Community Resources. (Grantee) does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with State and Federal Statues. If you feel you have been discriminated against, you have the right to file a complaint with the AgeSmart Community Resources by calling 618-222-2561 or 800-326-3221

Mark your calendars now to attend the Millstadt Commercial Club Golf Scramble! The Millstadt Commercial Club Summer Golf Scramble is

scheduled for Saturday, June 4, 2022. Join us for the

Annual Scholarship Golf Scramble at Triple Lakes Golf Course, located 6942 Triple Lakes Road in Millstadt, Illinois. Shotgun start begins at 7:30 a.m. Lunch and refreshments (beer, soda, water) will be provided.

Attendance prizes will be given! The cost is \$70 a person, \$280 per team For information and registration contact Mike Todd (618) 616-5001,



Email millstadtcc@gmail.com or check https://www.facebook.com/millstadtcc/ for info or for late breaking info such as weather information. Here's the info again:

When: Saturday, June 4, 2022

Where: Triple Lakes Golf Course, 6942 Triple Lakes Road, Millstadt, Illinois

GOLF REGISTRATION & HOLE SPONSOR FORM

| NAME | ADDRESS | E-MAIL | COMPANY | PHONE |
|------|---------|--------|---------|-------|
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| | | | | |

SORRY, CANNOT ATTEND BUT PLEASE ACCEPT **MY DONATION OF \$** I WOULD LIKE TO BE A HOLE SPONSOR. ENCLOSED IS MY \$75/HOLE. **CHECKS SHOULD BE MADE PAYABLE TO:** MILLSTADT COMMERCIAL CLUB MAIL CHECK AND REGISTRATION TO MILLSTADT COMMERCIAL CLUB P O BOX 75, MILLSTADT, IL

"Seniors Come First" **Services Available**

Meals on Wheels One of the Center's most important programs, the Meals on Wheels program provides daily meals to people who have difficulty getting out of the house and/or cooking for themselves. Not only are we able to supply necessary food, but the driver delivering the meal is able to ascertain how the client is getting along and share some companionship. We have a number of folks dedicated to providing these services. They give freely of their time and energy to deliver the meals, make contact with the recipient and report back to the Center. The majority of the "regular" drivers volunteer one day per week and most have said it is highly rewarding for them.

Lunch Program Lunch is served Monday through Friday at 12 noon. You must be 60 years of age or older to qualify for this program. It is appreciated that if you want lunch you call the center by 3:00 pm in order to sign up for lunch on the following day. When you come in you may sign yourself up for the next day. If you like, you may sign up for the entire week or month. If you know that you can not make it and you have signed up, please call and let us know that you will not be here and tell us when you will be back for lunch. If you have any questions concerning the lunch

program please contact Patty Evansco at 476-3731. All Lunches Are Catered From the Millstadt IGA, China King, Breadeoux Pizza & Schuberts From Millstadt "The Center is a Great Place to Enjoy Yourself Through Fellowship & Celebrations With Seniors of Millstadt" Senior Information and Assistance provides information or help with services

and benefits to residents of Millstadt age 60 and over. We will also visit homebound seniors. If you need this service or would like to schedule a visit, call Millstadt Township Senior Center at 618-476-3731.

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MAY 2022

Aging Mastery Program

AgeSmart awarded a Grant to offer the Aging Mastery Program at Millstadt Township Senior Services! We are currently recruiting 30 Millstadt, Smithton, Freeburg and local residents age 55+ to participate in a 10-week educational FREE program. The goal of the program is to empower older adults to make and maintain small but impactful changes in their health behaviors. The training sessions will explore navigating longer lives, physical activity, sleep, healthy eating and hydration, financial fitness, medication management, advanced planning, healthy relationships, falls prevention, and community engagement! Participants will earn points for positive actions and rewards and... who doesn't like prizes???

Come to our AGING MASTERY PROGRAM Lighter Fare Luncheon-informational session on Tuesday, June 7th at 12:00pm.

Date: Tuesdays Jun 14th–Aug 16th Time: 10:00 a.m.–12:00 p.m. Ten sessions Location: Millstadt Township Senior Services 102 South Jefferson. Millstadt IL

R.S.V.P. Required: 618-476-3731

Make a Contribution

There are many ways to contribute to Millstadt Senior Center:

Gifts by Cash or Check

We accept gifts by cash or check by mail and in person. Include your name, address and phone number. Checks should be made payable to Millstadt Township Senior Services.

Memorial Gifts and Bequests

The Millstadt Senior Center is establishing an endowment fund of memorial gifts and bequests, to ensure the future of senior services in Millstadt.

We hope that you will remember the Center when planning your estate, or as a fitting means of honoring a departed friend or loved one.

All memorial gifts and bequests will be acknowledged in the Center's newsletter. If you would like to make a provision in your will, the following form is suggested:

I give, devise and bequeath to Millstadt Township Senior Services, a non-profit corporation, located on this date at 102 South Jefferson, Millstadt, Illinois 62260 the sum of \$ _____ (or the property, herewith described)

We Welcome Any Inquiries About Bequests, Please Call Us At (618) 476-3731

The Millstadt Senior Center Expresses Our Deepest Sympathy To The Family. Friends and Loved Ones Of



Zachery E. Causey **Doris** Holdener **Betty Mueller**



Betty M. Mueller, nee, Bryan, 88 years of Millstadt, IL, passed away on Saturday, April 2, 2022 at Memorial Hospital, Belleville, IL. She was born August 17, 1933, in Gorham, IL.

Betty was a home maker and care giver; member of Concordia United Church of Christ in Belleville, IL., she belonged to the Concordia Women's Guild and quilting circle of which she served as chairman at one



time and she belonged to the Memorial Hospital Auxiliary quilting group. Betty and Melvin loved to go square dancing.

and Melvin loved to go square dancing. A special thank you to her Concordia Church family for all the support and help they have provided. Surviving are her children, William (Sheri) Mueller, Ann (Robert) Lee and Ronald Mueller, her grandchildren, Anthony Mueller, Brandy (Derek) McClure, William Mueller, Matthew (Becky) Mueller, Christa (Bill) Wilkerson, Nikki (Wade) Trapp, Jay (Megan) Smith, Jamie Lee, Brian (Kate) Lee, Richard Lee and Brandon "Mueller" Siegfried, her sisters, Sue (Kent) Egner and Henrietta Youngblood, along with other relatives and friends.

She was preceded in death by her husband, Melvin Mueller, her sons, Donald Mueller, Wayne Mueller and David Mueller, her parents, Henry C. and Nora D., nee Davis, Bryan, her sisters, Myrtle (Clyde) Schluter, Joyce (Joe) Sullivan and Charlotte (Jerry) Toler, her brother, Lawrence Bryan, her brother-in-law, Max Youngblood and her granddaughter Toni Smith.

In lieu of customary remembrances, the family requests with gratitude that memorial contributions be directed to Concordia United Church of Christ 7600 State Route 163, Belleville, IL 62223 or to PTOEC (Parent Teacher Organization for Exceptional Children). Arrangements were handled by Leesman Funeral Home.

Doris Holdener

Doris A. Holdener, nee Roth, of Smithton, IL, born April 16, 1928, in Belleville, IL, died Tuesday, April 12, 2022, in St. Louis, MO

Doris worked at Belleville Pottery and Fellner's Dress Shop before getting married. She then moved to Smithton where she raised six children, while living on a grain and dairy farm with her husband, Tony. She was a parishioner of St. Michael's Catholic Church, Paderborn, IL, for over 65 years, was a member of the St. Michael's Sodality, and an



avid church quilter. She was also an election judge for 40 years, a 4-H Leader for 25 years, a charter member of the Floraville Home Extension, a charter member of the Belleville Sister Cities, and belonged to the Millstadt Over-50's Club and the Millstadt Sister Cities.

Doris was a terrific baker, having won many awards at the St. Clair County Fair, especially for her chiffon cake that was a delicious treat for all. She also made lots of homemade candy, including chocolate bunnies, peanut butter eggs, and heavenly hash for Easter, plus lots and lots of cookies for Christmas. She cared for her beautiful roses and flowers in her large yard, enjoyed doing crafts (ceramics and candle-making), and also loved to gamble and play cards, being part of the same card club for 60 years.

She was preceded in death by her husband of 65 years, Anthony "Tony" Holdener, Sr., whom she married on April 29, 1948, and who died on February 6, 2014; her parents, William F. and Rosella F., nee Bailey, Roth; stepfather, Walter Anstedt; daughter-in-law, Patricia Holdener; her brother and sister-in-law, William and Betty Roth; her sister and brother-in-law, Catherine and Sylvester Hempe; father-in-law and mother-in-law, Frederick Sr. and Ottilia Holdener; John and Pauline Brisk, Delmar and Catherine Thouvenot, Robert and Agnes Schmiskie.

Surviving are three sons, Anthony Jr. Holdener of Belleville, IL, William Sr. (JoAnn) Holdener of Millstadt, IL, and David Sr. (Janice) Holdener of Waterloo, IL; three daughters, Ann (Frank) Hart, Nancy (Louis) Dori and Marybeth (Brad Sr.) Smith, all of Smithton, IL; 14 grandchildren, Anthony III (Julie) Holdener, Timothy Holdener, William Jr. (Kalyn) Holdener, Heather (Jay III) Haines, Holly (Colin) Tracy, Jessica (Robert) Wachtel, David Jr. (Ekaterina) Holdener, Kyle (Jillian) Holdener, Lauren (Coty) Stief, Frank Hart, Dr. Amanda Hart (Anthony Teufel), Stephanie Hart, Shannen (Matthew) Helm, and Bradley Smith Jr.; 23 great-grandchildren, Anthony IV, Katherine, Cozette, William III, Nicholas, Maria, Addison, Callie Holdener, Jay IV and Callum Haines, Evelyn and Emma Tracy, Claire, Henry, August and Charles Wachtel, Barrett and Elizabeth Stief, Frank and Madison Hart, Charlotte and Anthony Teufel, and Averi Helm. Doris also leaves behind many nieces, nephews, and dear friends.

Doris will be dearly missed by all who knew and loved her. If you asked her how she was, she would say "mean as ever." But that just meant she was ready to have fun, enjoy your company, and occasionally have a margarita. Memorials may be made to St. Michael's Church cemetery fund. Arrangements were handled by Renner Funeral Home, Belleville, IL.

Smithton Library News

The Smithton Library offers Notary Services by appointment only. Please call 618-233-8057 to schedule an appointment.

sister CITIES ORGANIZATION Potato Pancakes and Brat Burgers Fundraiser for Millstadt

SPECIAL BEER RELEASES

LIVE MUSIC

MILLPOND

MAIFEST

In cooperation with Millpond Brewing & Incubator Millstadt Sister Cities will serve potato pancakes & brat burgers at Millpond Maifest

Saturday, May 21, 11 am – 8 pm Sunday, May 22, 11 am – 5 pm

Net proceeds from food sales at Millpond Maifest will be donated to: Millstadt Food Pantry Millstadt Library Building Fund Millstadt Union Fire Dept.\ Sandra M. Bereitschaft Foundation - Meals on Wheels

Zachery Causey

September 22, 1990 - April 23, 2022

Smithton, Illinois - Zachery Edward Causey, 31, of Smithton, IL, formerly of New Athens, IL, born September 22, 1990, in Belleville, IL, passed away on Saturday April 23, 2022. He was an electrical control specialist at Granite City Steel in Granite City, IL. Zach loved wood turning, gardening, astrology, star gazing and camping with his family. He tried his hand at making homemade wine and was very adept at intricately detailed arts and crafts.



FOOD

Zachery is survived by his parents - Mark Edward and Patricia Ann (Gillis) Causey of New Athens, IL, three children - Felicity Rose Causey, Daniel Edward Causey

and Lilly May Causey, one brother - Seth John Henry (Danielle Qualls) Causey of Waterloo, IL and by one sister - Emily Elizabeth (Chance Deitrich) Causey of New Athens, IL. He is also survived by his grandmother- "Mee-maw" Janice Causey, and by aunts, uncles and cousins.

In lieu of flowers, memorials in Zachery's honor are requested to be made to the family to go towards a trust fund being set up for his children - Felicity, Daniel and Lilly.

Condolences to the family may be expressed online at www.heilschuessler.com. Visitation: Friends and family will be gathering from 9 - 11 a.m. on Saturday April 30, 2022, at St. Agatha Catholic Church in New Athens, IL. Funeral: Mass of Christian Burial will be held at 11 a.m. on Saturday April 30, 2022, at St. Agatha Catholic Church in New Athens, IL with Fr. Von Deeke officiating. Burial will follow at Smithton-Franklin Cemetery in Smithton, IL. Heil-Schuessler Funeral Home in New Athens, IL is in charge of arrangements.