Serving The Millstadt Area Since 1983

Volume 12 - Number 7

Medicare Fraud Prevention

Medicare loses an estimated \$60 billion each year due to fraud, errors, and abuse. Every day, issues related to these concerning matters affect people across the country, often costing them money, time, and well-being. Medicare-related errors contribute to this annual loss even though errors can be honest health care billing mistakes. However, a pattern of errors committed by a physician or provider could be considered a red flag of potential fraud or abuse if not corrected.

When people steal from Medicare, it hurts us all and is big business for criminals. Some common examples of fraud or abuse could include:

- Charging for services or supplies that were not provided.
- Misrepresenting a diagnosis, a person's identity, the service provided, or other facts to justify payment.
- Prescribing or providing excessive or unnecessary tests and services.

Falling prey to consumer scams or health care fraud may mean that your Medicare number has been "compromised" as a result of medical identity theft. Theft from Medicare leaves less available funds for those needing services now as well as those needing Medicare in the future. The most effective way to stop fraud from occurring is to prevent it in the first place. Educating yourself and your loved ones on how to prevent Medicare fraud, errors, and abuse is the best place to start.

The three steps from the Senior Medicare Patrol Program (SMP) to stop fraud are **Prevent**, **Detect**, **Report**!

Prevent: Learn how to read your Medicare Summary Notice (MSN) or Explanation of Benefits (EOB) which are mailed quarterly.

Detect: When reviewing your MSN or EOB, look for services, products, or equipment you didn't receive, double charges, or items your doctor didn't order.

Report: Call or email your local SMP if you believe that you have experienced health care fraud, errors, or abuse or if you would like to request a My Health Care Tracker.

To receive Senior Medicare Patrol program services call 800-699-9043 or visit their website: https://www.ageoptions.org/illinois-senior-medicare-patrol/.



From Below The Tower



Patty Evansco

So many things have changed from how they used to be. We all need to be patient, flexible and kind. Remember to not sweat the little things and enjoy the moment even if it takes longer than it used to. Everyone is trying to manage with less staff, limited supply chain issues and so much more. We are just thankful that we can be with one another and share experiences again.

This month the Aging Mastery Program started at the Center. It is held on Tuesdays from 10 to Noon for the next 8 weeks. You can still join the group if you like. We have learned some interesting facts about aging. Did you know that the average man and woman today are expected to live respectively 20 to 25 active years after they retire at 65? We have truly been given the gift of time in our lives. What will you do with your time? The class is offered to help you increase your awareness of options available to you.

Everyone had a fun time at Bunco last month. We made over \$1,000 profit. This was great considering that since the COVID pandemic started this along with our spring BBQ have been the only fundraisers. We are looking forward to another Bunco in the fall and our Big Ole Bag and Jewelry Sale in the Spring. Thank you for your support.

Thank you to our Home Delivered Clients for returning our Satisfaction Survey. We received many positive responses including how good our food is and how great our volunteers are. Fried Chicken and Pork Steaks were listed as the favorite meals. There were several that said China King was a favorite. Broccoli seems to be the least favorite vegetable. We provided an additional 200 meals in May compared to April.

Most importantly, we love to honor all our volunteers. We will be holding special events during this year's Volunteer Appreciation Week. We will be celebrating all week long the week of July 18. We have fun giveaways, prizes, and treats. Each day we will have a different theme and volunteers will have a chance to spin the prize wheel for great giveaways. You do need to have volunteered with us during the 2021 year. If you are not certain if you qualify, please call the front desk at 618-476-3731.

If you have any questions regarding other issues, please give the Senior Center a call. You know my door is always open for you.

Patty

Thank You

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Sandra M Bereitschaft Foundation
Your Support Makes a Difference!

...so that no senior is left behind

The Sandra M Bereitschaft Foundation sponsored all Meals on Wheels (MOW) the week of May 23 through the 27th. This was a total of 557 meals delivered for a donation of \$2,785. What a great gift to our MOW clients.



Donation

Don Keck and his best friend Abby dropped off a donation check for Millstadt Senior Center. We will use his donation to help with the rising cost of our meals to seniors. Thank you Don and Abby!

Community Kindness

Community Kindness of Belleville has generously provided grants to the Sandra M. Bereitschaft Foundation for several years. Their quarterly grants of \$300 have provided funds to purchase the serving dishes for our Meals on Wheels (MOWs) clients. The MOWS program not only delivers meals but also provides a brief social contact and smile to our stay-at-home clients. Thank-you to all donors. If you would like to make a donation to the SMBF, our mailing address is Post Office Box 41, Millstadt, IL 62260.

New Medicare Enrollees Info

You have a 7-month window to sign up for Medicare.

- •3 months prior to your 65th birthday
- •The month of your 65th birthday
- •3 months after your 65th birthday

If you are already collecting Social Security, you will automatically be signed up to start Medicare on the month of your 65th birthday.

If you are not collecting Social Security, you will need to create a sign on and password with Social Security.

If you have already created your Social Security account, you will need to bring your sign on and password to your appointment. For more information, please contact the Millstadt Senior Center at 618/476-3731.

QUILT RAFFLE WINNERS

Mary Laurent of Belleville was lucky winner of the "Dresden Plate" quilt. The quilters did a wonderful job on this labor-intensive quilt. Anna Crowe of Freeburg won second prize a wooden porch swing and Rich Brune of Millstadt won the IGA Gift Card and Afghan.



Congratulations Porch Swing Winner

It is good to take a break from everyday routines and seek refuge in a book, casting a fishing rod, soaking in the sun, or swinging on a porch swing, Lucky is the family that enjoys a porch swing. Anne Crowe, winner of the Senior Center raffle Porch Swing commented on the following when she picked up her porch swing: It is something I totally enjoy! Of course, a breezy porch in the shade makes it all the better. When I visited my grandmother as a small child, we would swing on her porch and she would sit with her barefooted. apron on, Surrounded by the scent of gardenias, we would talk of faraway places. We dreamed aloud together on that old porch swing.



Sandra M. Bereitschaft Foundation

The SMBF relies on fund raisers and donations to support the MOWS program for Seniors in the Millstadt, Freeburg and the Smithton area.

Donations to the SMBF may be mailed to the Sandra M. Bereitschaft Foundation, Post Office Box 41, Millstadt, IL. Thank you for your support to our local MOWS program.

How To Get Help From Social Security

Although we encourage using our online services, if your clients can't complete their business online, they can call us toll-free at **1-800-772-1213**. Our phone lines are usually less busy before 10 a.m. and from 4 p.m. to 7 p.m. local time, and later in the week, or later in the month.

While appointments are **strongly recommended**, we continue to help people without one. An appointment reduces the wait time and ensures that your client knows what documents to bring, so we can help them in one visit. If your client needs to visit their local Social Security office without an appointment, we are here to help. Our offices tend to be less busy later in the day, later in the week, and later in the month.

To learn more about our safety measures and restrictions before visiting our offices, visit our webpage, How to Get Help from Social Security.



Tips For Senior Center

Thank you, Barbara Meadows, for the 2nd year in a row she has donated her tips received while working at Happy Days! Thank you to all her generous customers for their tips for Barb. This is the 2nd donation Barbara Meadows has made this year. We are very grateful and have used her donations to buy gifts and prizes to help encourage seniors to come in. This month we are sponsoring a Bunco afternoon at the Senior Center on July 19th. We hope you can join us. Sign up early there is only room for 24 players.

May 2022 Meal Report
Carry-Outs 444 — Smithton 371
Home Delivered (Meals on Wheels) 2,613
Congregate (Dine In) 508 — Dining Out 36
Total Meals for May 3,601

SNAP, MEDICAID & LIHEAP APPLICATIONS

Missy from AgeSmart will be here Wednesday, July 20, 2022 From 9:00 am to 11:00 am Call (618) 476-3731 for appointment

Millstadt Sister Cities Maifest Donations

On May 21 and 22 the Millstadt Sister Cities members prepared their famous potato pancakes and brat burgers for the patrons at the Millpond Brewing and Incubator for their annual Maifest event. The two day event raised \$3,200 which the Millstadt Sister Cities divided among the following local organizations; the Millstadt Library, Millstadt Union Fire Department, the Millstadt Food Pantry and the Sandra M. Bereitschaft Foundation, Meals on Wheels. Thank-you for the generosity of our Millstadt Sister Cities organization and their support of our local organizations.

BLOOD PRESSURE CHECKS

David Koch from Millstadt Ambulance Service is here every Wednesday at 11:30 am. Here David is checking Dorothy Bagsby's blood pressure.



MPD Police Youth Academy

The Millstadt Police Youth Academy will be held the week of July 18-22, 8:00-4:00, except on Friday when it will end at 1:00. The cost is \$60.00. The youth and police officers will engage in a variety of activities. The program is for youth ages 9-12 at the time of the academy. day. The academy is limited to 20 youth. Applications are available at the Police Department and at Millstadt Village Hall. The youth academy is a popular and interactive program and tends to fill up quickly!

Seniors Discuss Important Issues With Millstadt Police

People of all ages have opinions and concerns. Seniors are no exception. Once a month, Millstadt seniors invite the Millstadt Police Department to lunch. They chat about issues that matter to them, and Chief Alan Hucke gives an update of what is going on in Millstadt. Chief Hucke realizes that too often, our senior population is preyed upon by criminals and fraudsters. He builds trust so that seniors know they have someone they can talk to when they have questions or concerns.

Chief Hucke announced that the Millstadt Senior Police Academy would be back this fall under the direction of Officer Kevin Witschie.



L-R Chief Alan Hucke, Officer Kevin Witschie and Summer Intern

I Am Not Like You

I am not like you. You see the notes day to day, Without them I wouldn't know my way. I know you think it is just clutter, Without them my heart would flutter.

Where to go or what to do? I don't live my life like you. Each day is filled with undone things, I wish I could clear my mind and know All will be just fine.

I traveled back in time today And when I did I lost my way. So don't forget I'm not like you Sometimes I'm lost without a clue.

Dedicated to all that are living with memory loss. by Norma J. Burleson

Bunco is Back

The June 16th evening was warm but the dice were even warmer at St. James Parish. It has been two years but eightyfour players returned for a round of bunco, a wonderful dessert bar, 50-50



drawing, guilt raffles and attendance prices! Thank-you for all the volunteers and everyone who brought a dessert. The event raised \$1,069 for the Millstadt Township Senior Center.

Millstadt Red **Cross Blood** Drive

July 6, 2022 Sep. 7, 2022 Nov. 16, 2022



3:00 pm - 8:00 pm St. James 3:00 pm - 8:00 pm St. James 3:00 pm '- 8:00 pm V.F.W.

Senior Health Insurance Program New (S.H.I.P)

During the summer months, Medicare beneficiaries may find it beneficial to start preparing in advance for Medicare's annual enrollment period which begins October 15th and ends December 7th. In the fall, your drug plan or health plan will mail to you an Annual Notice of Change letter or "ANOC," which will outline all the changes that will be made to your plan beginning January 1st. Before you receive these letters, we recommend scheduling an appointment with your primary care physician to review any medications that you are taking. This is especially useful if you have medications prescribed by more than one doctor. You may want to discuss the effectiveness of the medications, the strength and dosage, and what alternatives are available. Having this conversation with your doctor at least annually will prevent you from taking medications that are no longer needed or no longer effective. You may also find it beneficial to talk to your pharmacist. This may also help you save money! If you would like to schedule an appointment, please call Millstadt Township Senior Services at (618) 476-3731 and we would be glad to help you.

Taste of Ott's

Join us @ Ott's Tavern & Restaurant

(20 E. Washington, Millstadt)

July Dinner Take Me Out To The Ball Game!

Brats "with all the fixins" (sauerkraut/grilled onions & 2 pepper medley) on a whole grain bun, French Fries, Homemade Vanilla Ice Cream sprinkled with caramel corn from Abe's Popcorn Shop in Belleville.

Monday, July 11th

Enjoy great food, prizes, and fellowship! Suggested contribution \$5.00/meal RSVP to Senior Center (618) 476-3731 by June 9, 2022

(Limited to 50) Meal is subsidized by AgeSmart. Must be 60 or over to attend.

Wear your Cardinal apparel or apparel of your favorite baseball team!



The cost of sending a birthday card will go up to \$0.60 on July 10, 2022. First class postage is increasing by \$.02 on

Beat the rush to the post office and

buy your "Forever" stamps for only \$.58 before July 10.



CONGREGATE DINING

We invite you to enjoy a deliciously prepared lunch.

The suggested donation for the meal is however each person is responsible for determining what he/she

can contribute as a suggested contribution. Persons under 60 years of age are required to pay the full cost of the meal (\$11.50). No one will be denied a meal due to lack of donation.

Millstadt **Township**

Senior Services is open:

Monday through Friday 8:00 a.m. - 2:00 p.m.(Lunch is served at 12:00 Noon) Transportation is available upon request. To make arrangements please call.





Millstadt Tin Man Half Marathon & 5K Race



Runners from ten states (Alaska, California, Colorado, Kansas, South Dakota, Arkansas, Florida, Kentucky, Missouri and Illinois) came to Millstadt on May 22 for the fourth annual Millstadt Tin Man Half Marathon and 5K races. Dave Bereda, from O'Fallon, IL, won the men's half marathon, while Sadie Smith, from Kirkwood, MO, won the women's. In the 5K races, Garrison Shindler, from Belleville, and Joanna Duncan, from St. Louis, were the winners. Proceeds from the races go towards the restoration of the Old Millstadt Water Tower. Work on the project is expected to begin in July.



Kim Atkins, left, and Betty Keller Timmer, were ready to sell baked goods at the Friends of the Old Millstadt Water Tower bake sale on June 18 at Millstadt IGA. Fifteen volunteers donated baked goods, making this the Friends' most successful bake sale. The Friends thank everyone who baked and bought at the sale.

CONCORDIA UCC MONTHLY "BREAD & BLESSING" MEAL 2nd Thursday of Every Month, 4PM-6PM OPEN TO THE COMMUNITY

R.S.V.P. Necessary, Please Call 618-476-3377

By the Tuesday previous to the meal 7600 State Route 163, Belleville

No Charge for Meal

(Free will offerings are humbly accepted)

VOLUNTEER APPRECIATION WEEK

July 18-22

క్కోం క్కోం క్కోం క్ఫోం క్ఫోం

Get a spin of the prize wheel!!

July 18 - Ice Cream Social @ 12:30 pm July 20 - Doughnut Day @ 9:00 am July 21 - Cupcake Day @ 9:00 am July 22 - Free Gift Card @ 9:00 am

We want to celebrate our 2021 Volunteers All Week Long! if you're not sure you have volunteered hours, call the Center at 618- 476-3731.

BUNCO

Tuesday, July 19th@ 1:00 PM \$3

The game will start promptly at 1:00 PM. This fun game is fast and easy. No experience necessary. Roll the dice to try and win cash prizes. Bunco is played at tables of four and is limited to 24 players. You do not have to pay at the time of sign up, but will pay on game day. Call (618) 476-3731 to save a seat.

Spring Closet Cleaning

Our annual Big Ole Bag and Jewelry sale will be held in **April 2023**.

- Remember to donate your gently used purses and
- jewelry to the Senior Center for the annual sale.

Urgent Need Volunteers!



Millstadt Senior Services
is in need of volunteers for
Meals on Wheels drivers in rural Millstadt areas!
Drivers are needed from
10:30 am - 12:30 pm

Deliver meals and a smile and also receive a delicious free meal on the day you deliver!

Call Patty at (618) 476-3731

Millstadt Police Present Scholarship

Police Chief Alan Hucke presented the 2022 D.A.R.E. scholarship to Elizabeth Tribout. Elizabeth is the daughter of Mary Beth and Denny Tribout and a graduate of MCS and Belleville West. Elizabeth will be an Agribusiness major at the University of Arkansas next fall.

Benefit Access

What you will need to bring when filing for benefit access:

You will need to bring your Social Security 1099, completed income tax forms and W2 forms (if you are filing prior to tax day, April 15, you will need last year's 1099 and taxes and as such after tax day, April 15, you will need your current year 1099 and taxes), as well as your spouse's information. If you do not file taxes, you will need to sign a paper when you have your application submitted. Benefit Access requirements:

Age

- you must be 65 years of age or older by December 31 of the current year; or
- you must be 16 years of age or older and totally disabled before January 1 of this year.

NOTE: "Person with a disability" means a person unable to engage in any substantial gainful activity by reason of a medically determinable physical or mental impairment which can be expected to result in death or has lasted or can be expected to last for a continuous period of not less than 12 months.

2. Residency

- you must live in Illinois at the time you file your application.
- 3. Income Limit Eligibility for the License Plate discount and/or Ride Free Transit Card: (Income limit increase effective 1/1/2020.)

Your total income last year must be less than

- \$33,562 for a 1 person household (yourself only); or
- \$44,533 for a 2 person household (yourself and your spouse, or yourself and one Qualified Additional Resident); or
- \$55,500 for a 3 person household (yourself, your spouse and one Qualified Additional Resident, or yourself and two Qualified Additional Residents). NOTE: You must include your spouse's income if married and living together on December 31 of last year. If your spouse died last year, you would file as single and claim only your income. Do NOT include the income of a Qualified Additional Resident.

Eligibility is good for two years under the Benefit Access Program. The two-year period starts the date your application is approved. You may file again beginning 90 days before your eligibility expires.

Who qualifies as disabled?

To qualify as disabled, you must be at least 16 years of age prior to January 1 of the current year and be determined totally and permanently disabled from one of the following:

- Social Security Administration (Get Your Social Security Benefit Verification Online with mySocialsecurity), or
- Veterans Administration, or
- Civil Service, or
- Railroad Retirement,

or have one of the following:

- a Class 2 disability card from the Illinois Secretary of State's office, or
- a completed Physician's Statement that meets the total disability criteria established by the Social Security Administration.

Who is a Qualified Additional Resident?

A Qualified Additional Resident is an individual, other than your spouse,

- who lived with you in the same residence last year and this year up to the time you file your Benefit Access Application; and
- for whom you, or you and your spouse, provided more than half of that person's total financial support last year; and
- who is not or should not be filing a separate Benefit Access Application. Qualified Additional Residents are not eligible for benefits.

What if I am NOT a U.S. citizen?

You do not have to be a U.S. citizen to qualify for a license plate discount or ride free transit card. However, you must have a Social Security number to fill out a Benefit Access Application. In the case of a married couple both individuals must have their own Social Security number. Qualified Additional Residents must also have their own Social Security number.

What if I am married?

- If you are married and you and your spouse lived together on December 31 of ast year, you must complete one Benefit Access Application and report your total combined income. Your spouse cannot apply separately.
- If one or both of you resided in a nursing home, you should each complete a separate Benefit Access Application.
- If you and your spouse were permanently separated on December 31 of last year and are living at different addresses, you may each complete a separate Benefit Access Application, but may be required to prove that you are not living together by sending us legal separation papers from the court, divorce papers or a US1040 for each, indicating separate addresses.
- If you are a surviving spouse as of December 31 of last year, then you should file as single using only your income from last year.



Bag Tournament Results

June 2, 2022

- 1 Norma Burleson and Thelma Short
- 2 Barb Knewitz and Toni Schneider
- 3 Shirley Rinck and Lil Tracy
- 4 Dorothy Bagsby and Darlene Sandheinrich

June 9, 2022

- 1 Norma Burleson and Thelma Short
- 2 Ralph Schneider and Henry Horshman
- 3 Dorothy Bagsby and Darleen Sandheinrich
- 4 Barb Knewitz and Vernon Weinhoff June 16, 2022
- 1 Ralph Schneider and Henry Horshman
- 2 Barb Knewitz and Thelma Short
- 3 Darleen Sandheinrich and Lil Tracv
- 4 Dorothy Bagsby and Norma Burleson

June 23, 2022

- 1 Henry Horshman and Vernon Weinhoff
- 2 Norman Burleson and Darleen Sandheinrich
- 3 Joyce Duarte and Toni Schneider
- 3 Ralph Schneider and Dorothy Bagsby
- 5 Lil Tracy and Thelma Short





Save The Date

Have some family time with Movies in the Park.

July 15, Friday, Encanto

September 9, Friday, Luca

Smithton Meals

We will serve meals at Smithton Senior Center on Tuesdays from 11:00 am to 12:00 noon. If you are 60 years of age or older and would like to reserve a meal, Please Call (618) 476-3731. Menus will be available. Anyone over 60 is eligible to pick up meal at Millstadt center Monday thru Friday.

Rummy Club **213 Games**

Frances Dickneite 55
Henry Horsman 54
Loren Steele 52
Brenda Holifield 30
Lucille Lang 22



We Need More Rummy Players

– Please Come And Join In At
9:00 am Weekdays.

DIVINE NAIL SALON

735 West Washington Street –87 Millstadt, Illinois` (618) 476-6275

Monday thru Saturday 10:00 am - 7:00 pm Walk-ins Welcome Closed Sundays

Manicures, Pedicures, Full Set and Fills for Acrylic, Gel, Dip Nail Enhancements, Waxing

15% Off Seniors (60+) Must Have Coupon

Expert Repair - Professional Installation

High Efficiency Systems

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Millstadt. IL

(618) 476-9604





Beware of Scammers

Scammers are still out there just looking for a way to get your personal information and use that to gain access to your computer.

Criminals will pose as a technology representative and offer to "fix" non-existent computer issues by gaining access to your computer remotely.

Be careful when sending any cash, gift cards or wire money to people you do not know.

Remember, if anyone calls you and asks for any sensitive information or money, just **HANG UP!**

Construction scammers are also out there. Be sure you have a contract outlining the exact work to be done and when payment is due. Do not make a final payment until you are satisfied all the work has been completed and correctly.

Wii Bowling June

	6/1/2022	6/8/2022	6/15/2022	6/22/2022	Average for the Month
Norma Burleson	1202	1381	611	1280	213
Janet Pauketat	1143	1193	1165	1102	192
Thelma Short	501	635		584	191
Lil Tracy	572		519		182
Dorothy Bagsby	529	1067	579	534	181

Diming Out



Hecker, IL

Thursday, July 28th

Call Center For Reservations 618-476-3731





Benefiting Millstadt VFW Post 7980

AUGUST 27, 2022 | 10:00 AM - 9:00 PM

200 S. Veterans Drive Millstadt, IL 62260

Contact Doreen Musial to reserve your spot via text (618.978.1905) or email (scrapbooking4heroes@gmail.com)

\$ 30 per person

Make checks out to: VFW Post 7980 Mail to: Doreen Musial 20 Morgan Lake Drive Millstadt, IL 62260



RECYCLING

8 AM TO 10 AM

2nd SATURDAY OF **EACH MONTH**

AT TOWNSHIP SHED ON EAST HARRISON STREET

All Kitchen Volunteers Are Required To Complete The State Food Safety **Food Safety Training**

State Food Safety is providing free training for all Senior Center volunteers. This Disaster Relief Food Safety Training is required for all food handler volunteers. Please visit

https://www.statefoodsafety.com/CustomPortal/

DisasterRelief#/ to complete the course and print out the certificate. If you are unable to do online by yourself, please let me know and we will set up a group time for all to do together. Thank you for all you do for the Senior Center. This training is very informative as well as interesting.

New Things To Do At The Senior Center

Coloring Club - Mondays at 10:30 a.m. upstairs at Millstadt Senior Center. Get out of the house and enjoy the company of others while having some fun coloring. Coloring books are not just for kids! Adult coloring has been shown to help reduce stress, boost mental clarity, exercise fine motor skills, and help train the brain to focus and generate a creative mindset. Bring your own coloring supplies or use ours.

Handiwork Group – Fridays at 10:00 a.m. upstairs at Millstadt Senior Center. Bring your own knitting, quilting, crocheting or cross-stitch project and enjoy the company of other talented members. This is a great way to make new friends.



The annual Trivia event for the Sandra M. Bereitschaft Foundation will be held on October 15, 2022 at St. James Parish. Please reserve this date on your calendar.

Sandra M. Bereitschaft Foundation Meals on Wheels



Saturday, October 15, 2022

St. James Parish Center 423 W. Madison St. Millstadt, IL

Doors Open at 6:30pm, Trivia begins at 7:00pm \$15 per Player, 6 to 8 Players (10 Mulligans included)

Bring Your Own Food and Drinks (Alcoholic Beverages allowed for over-21 guests)

50/50 Drawing and Attendance Prizes Silent Auction and Raffle Available

Cash Prizes awarded to top 3 teams!

Please Call Patty Evansco @ Millstadt Senior Center 618-476-3731 or email MealsonwheelsSMBF@qmail.com to reserve your Table!

Board Members: Jim Bereitschaft, Jamie Bereitschaft, Jean Colbert, Eileen Doerr, Tina Doerr, Marlou Eckert, Patty Evansco, Debbie Mertz, Megan Knop, Janet Mueller, and Karen Witte

□ Raffle	e tickets	(Need	not be	present	to win

- ☐ \$100 Round Sponsor
- Basket Donations
- ☐ Other \$



Checks should be made payable to SMB Foundation and mailed in the enclosed selfaddressed envelope. Credit card payments will be accepted.

100% of all donations go to the Foundation.
The Sandra M. Bereitschaft Foundation is tax-exempt, not-for-profit organization as described in Section 501 (c) (3) of the IRS Code. All donations are tax deductible to the extent allowed by law. Identification Number 46-3030687

Dates to Remember

July 4, Fourth of July, Senior Center Closed

July 6, Blood Drive, St. James

July 15, Farmers Market at VFW Parking lot; 3:00-6:00 pm. Look for tomatoes, potatoes, eggs and more.

July 18, National Ice Cream Day. Enjoy some at Happy Days. **July 22**, Farmers Market at VFW Parking lot; 3:00-6:00 pm. Look for fresh baked goods, jams, seasonal vegetables.

July 29, Farmers Market at VFW Parking lot; 3:00-6:00 pm.

Free COVID-19 Tests

The Government is offering a third round of free Covid-19 test kits. To order them please visit: https://www.covid.gov/tests. Medicare will also pay up to 8 Covid-19 test kits. Be aware of scams that try to get you to click on a link to order kits. Never give personal information, including your Medicare number to anyone who calls you. Make sure you are ordering FDA approved test kits by going to a trustworthy pharmacy or retailer.

Community Center & Park Pavilions Rental

\$\frac{1}{2}\frac{1}\frac{1}{2}\f

If you are looking for a place to have an anniversary, baby, bridal or birthday party consider renting the Millstadt Community Center or a pavilion at the park. Call the Village Hall at 476-1514 for rental information.



Memory Care, Independent and Assisted Living

- 24 hour on-site assistance from our employees
- Bathing, dressing and other essential needs
- Care providers you know and trust
- We are a fully licensed assisted living provider
- Memory Care available at Reflections
- Locally owned and managed



Waterloo | Red Bud | Millstadt | Columbia

Reflections at Garden Place ~ Columbia

www.gpliving.com

618-476-1440

We Live Here. We Care Here.

Mahjong Classes

Want to learn how to play? We are looking for someone interested in teaching Mahjong at Millstadt Senior Center and starting a weekly session. If you are interested please contact Patty Evansco at (618) 476-3731.



Library Archiving Newsletter

Did you miss an issue of "Senior Talk"? While we want you to be sure you see every issue of Senior Talk the Millstadt Library is now offering you an opportunity to catch up on all of our past issues.

Starting immediately, you can view past issues of Senior Talk since its first issue in September 2010. We are very happy and grateful that the Millstadt Library is archiving our newsletter.

St. Clair County Veteran's Commission

If you need information and assistance with claims to the Department of Veterans Affairs for benefits such as: pension benefits (veterans & widows), service-connected compensation, GI home loans, educational benefits, discharge upgrades and any other benefits sought by the veteran or family from the DVA call 618-277-0040 to make an appointment.

Special Thanks To

Concordia Church - Floraville UCC
The Way Church, Columbia
St. James Catholic Church
St. Michaels Catholic Church
Trinity Lutheran Church
Zion Evangelical Church
For Your Continued Support



Castle Maintenance, LLC

"we treat you and your home like royalty"

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The Operation Food Search Food Rescue Program partners with Schnucks (and Dierbergs) to distribute food that is nutritious and edible but no longer able to be sold. Thanks to both Operation Food Search and the Belleville West Schnucks for our weekly Bread and Bakery Items



that the Senior Center receives on Tuesdays and Thursdays! Total monetary value of the donations we received during the month of May 2022 was \$527.00! *Thank You Schnucks!!*

Aluminum Cans

Donate Your Aluminum Cans To The Senior CenterContact
Patty Evansco at **476-3731**



THANKS FOR OUR DONORS

MONETARY DONATIONS

Millstadt Sister Cities to SMB Foundation Shirley Baltz Bob and Barb Louis Don Keck

IN MEMORY OF NORMAN SIMMONDS

Kevin Noerper Cherri Loehr

Lois Potter

IN MEMORY OF PAT SCHAEFER

Bruce Schaefer

RECYCLING CANS

Ralph and Kathy Schaefer

TECH ASSISTANCE

Mile Capell

SPONSOR FEED THE SENIORS MEALS ON WHEELS

David and Suzanne Haas Sandra M. Bereitschaft Foundation

OTHER NEEDED DONATED

Joan Perry (Ensure)

Doris Adams (Homemade Hot Pads)

Barb and Bob Louis (Kitchen Supplies)

Debbie Spencer (Sewing Supplies)

Sacred Heart Dupo

(Sewing Supplies in Memory Of Irene McWhorter)

BINGO SPONSORS

CVS Pharmacy (Lana)
Garden Place

Otts

First National Bank of Waterloo

Peach Sherbet

A simple two ingredient recipe just in time for peach season in Southern Illinois

6 large peaches

1 cup sweetened condensed milk
Peel and slice the peached, freeze
until firm. Blend with condensed
milk, in small batches if necessary,
until creamy and smooth.

Eat immediately soft-serve-style, or freeze in a loaf pan for up to 3 days.

Tech Time Drop-In Tech Help Friday, July 29th @ 10:30 am Free of Charge

Having trouble navigating your laptop, iPhone, Android, or other device? Come in to get some help from our tech expert Mike Capell.





Earn 5% on your Purchases!

Details in store or call
618-476-1760

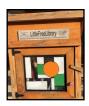
Bus Rider Reminder

All Ride Reservations
Should Be Made Through
The Office *Please Do Not Tell Bus Drivers Your Appointments Thank You*

Bible Study At Senior Center An informal Bible study will be offered at the Millstadt Senior Center, on the 2nd and 4th Mondays @ 10 AM This Is A Non-Denominational Study And All Are Welcome, Regardless Of Religious Background, And There Is No Cost

Little Free Library

Newsletters now available in the Little Library located in front of Millstadt Township Senior Services at the Community Center.





Your financial partner throughout your life.



Jeff PratlFinancial Advisor
3 Gemstone Drive
Millstadt, IL 62260
618-476-7216

MKT-5894K-A-A1 AECSPAD

BIBLE TALK

Heroes and Friends

On June 5, 2022, Christians around the world celebrated Pentecost Sunday to commentate the descent of the Holy Spirit on the Apostles. As we continue the study of the book of Acts (of the Apostles), we need to pause and reflect as to how the Holy Spirit enabled them to boldly go against the norm and organize the Christian Church. This was neither a simple nor an easy task. Where would we be this two thousand plus year later, if not for those who came before? Jesus was all about relationships. He calls his friends to community (both men and women) treating each of us with equal respect, dignity, and love. No favorites! In fact, Jesus's attitude towards women is noticeably reflected in the new Christian Church.

Our study begins today with Acts Chapter 18. (Please read the chapter before going further as I would like to share my comments with you after you are introduced to Paul's companions. Just bits and pieces to help you understand how much they were actively "in community" with Paul to help him spread the Good News "To the ends of the earth." (Acts13:47).

As we begin Paul has arrived in Corinth, a wealthy, strategic trade center in Greece; populated by Romans, Egyptians, Greeks, and Asians. A Gospel message heard in Corinth was likely to spread to the ends of the earth! Here he meets Aquila and his wife Priscilla, and a friendship developed which will last their entire lives. The couple bravely hosted a house-church in their home. (1Corinthians 16:9) and likely did so wherever they traveled. Priscilla was one of the first Christian converts. "Throughout their lives Aquila and Priscilla treated each other as equal partners in the marriage and they stand as an example as to what Christian marriages are and can be through Christ." Anon

Paul stayed with them in their home about eighteen months.

The couple also nurtured Apollos in the ministry of Christ Jesus. Apollos was an Evangelist, church leader and a friend of Paul. Paul speaking of Apollos said: "I planted the seed, Apollos watered it, but God made it grow." (1 Corinthians 3:6). The last mention in the Bible of Apollos is written in Paul's letter to Titus. Titus 3:13. Look it up! Why did Paul shave his head? Because he had a vow. According to Jewish law, if a man vows to the Lord or swears an oath to obligate himself if by a pledge, he must not break his word; he must do everything he has promised." (Numbers 30:12). "One night the Lord spoke to Paul in a vision: Do not be afraid......for I am with you." (Acts 18:9-11). Due to his encounter with the Lord on his way to Damascus, he understood he too was to preach the Good News, THE GREAT COMMISSION: "Go and make disciples of all nations." (Matthew28:18-20). "In the presence of contemporary life, we often fail to learn from those who have gone before us." Rev. Dr. Gary Chapman. Hmmm? I have so much more I would like to add, but, out of space. Maybe next time? Blessings to all and thank you. Pat Morris.



Buck Moon

July's full Buck Moon is coming up, rising after sunset on Wednesday, July 13. This will be the biggest and brightest supermoon of the year! The full Moon in July is called the Buck Moon because the antlers of male deer (bucks) are in full-growth mode at this time. Bucks shed and regrow their antlers each year, producing a larger and more impressive set as the years go by.

July's full Buck Moon orbits closer to Earth than any other full Moon this year, making it the biggest and rightest supermoon of 2022! While a supermoon is technically bigger and brighter than a regular full Moon, it only appears about 7% larger, which can be an imperceptible difference to the human eye, depending on other conditions. Nonetheless, it's fun to know that the full Moon you're looking at is the closest, biggest, and brightest of the year.



Land of Lincoln Legal Services

Will assist individuals of limited income age 60 and older with power of attorney for property and health care and simple last wills. • By appointment only. Call 618-398-0958, ext. 2224 to make an appointment

The Taste of Mexico . . . In Millstadt!

Your



Facebook www.freeburgcarecenter.com

Make a Contribution

There are many ways to contribute to Millstadt Senior Center:

Gifts by Cash or Check

We accept gifts by cash or check by mail and in person. Include your name, address and phone number. Checks should be made payable to Millstadt Township Senior Services.

Memorial Gifts and Bequests

The Millstadt Senior Center is establishing an endowment fund of memorial gifts and bequests, to ensure the future of senior services in Millstadt.

We hope that you will remember the Center when planning your estate, or as a fitting means of honoring a departed friend or loved one.

All memorial gifts and bequests will be acknowledged in the Center's newsletter. If you would like to make a provision in your will, the following form is suggested:

I give, devise and bequeath to Millstadt Township Senior Services, a non-profit corporation, located on this date at 102 South Jefferson, Millstadt, Illinois 62260 the sum of (or the property, herewith described)

We Welcome Any Inquiries About Bequests, Please Call Us At (618) 476-3731















St. James Ladies CCW Millstadt, IL is sponsoring a Quilt-A-Rama





Tickets are \$25.00 each.



One Queen Quilt each month in 2022 vill be given away. Drawing to be held the 1st Monday of each month. Winning ticket is returned to barrel!

For Tickets Contact: Kathy Gass - CCW Pres./St. James Parish 405 W. Madison Millstadt, IL 62260

(618) 971-6208











Senior Talk Available at These Locations

Pick-Up Your copy of the Monthly Senior Talk at One of The Following Millstadt Locations Melva's Family Hair Care 476-7933 Millstadt Barber Shop 476-7273 Millstadt IGA 476-3161 Millstadt Library 476-1887 Malissa Weber, FNP-C 476-3373 Millstadt Pharmacy 476-1701 Millstadt Village Hall 476-1514 Millstadt VFW 476-1180 St. James Catholic Church 476-3513 Trinity Lutheran Church 476-3101 Zion Évangelical Church 476-1778 Dr. Steve Knoernchild 476-3344 Concordia UCC 476-337 St. Paul Church, Floraville 473-2285 Dr. Kevin Schmidt 476-3261 St Michaels Church - Paderborn 473-2798 First National Bank of Waterloo 476-3334 Caseys 476-7360 Associated Bank 476-3040 Michelle's Family Haircut Millstadt Garden Place 476-1404 Lee's Home Center 476-1760 **Bonnie's Beauty Shop** Training Room Country Financial Schuberts **Divine Nail Salon Bliss Floral Hoffen Funeral Home** Smithton Village Hall **Smithton Library** Freeburg Township Freeburg Pharmacy Freeburg Library Country Mart, Freeburg 539-3163 New Athens Village Hall **Bull Pen, New Athens** Villas of Holly Brook, Belleville, IL

Notary Services Are Provided Free At The Senior Center

Thank You For Providing This Service To Our Community

Senior Ta

Receive the Newsletter in the Mail! Subscriptions are \$30.00 Per Year Due To Postage Increases (12 Issues)

Name:	
Address:	
City:	
State:	Zip:
Phone:	

Please Send This Form And Your Check To: Millstadt Township Senior Services 102 South Jefferson Street, Millstadt, IL 62260 *Be Sure To Check Your Mailing Label For Your Subscription Expiration Date **

Fabric Grab Coming

The Millstadt Senior Center is planning a new fundraiser and your invited to participate, donate and help. Call your neighbors, fellow crafters and sewers to



sift through all their fabric scraps, used sewing machines, unfinished quilts, and other supplies they would like to donate to our sale. We will sort everything and set out on folding tables in our building at 102 South Jefferson Street, on Saturday, August 27 from 9:00 am to 2:00 pm.

Senior Transportation Program

Need a Ride to the Doctor, Bank, Hairdresser, or Dentist? The Senior Center Offers the Only Form of Public Transportation for the Community

This Service is Available for Persons 60 Years and Older and Their Caregivers

A Suggested Donation Of \$2.00 For Transportation To and From Doctors, Dentists, Or Hair Appointments This Partially Covers the Actual Transportation Costs of \$5.95

For Each Time It Is Provided

All donations are Confidential and Are Used To Maintain the Transportation Program For Millstadt Township Seniors Please Contact Patty at 476-3731 With Questions

July Birthdays

- 1 Carolyn McGuire 2 Marilyn Beil
- **3 Connie Derousse**
- 3 Harold Foster
- 3 Weldon Harber
- 3 Donald Mueller
- **4 Paul Fournie**
- 4 Kenny Weilbacher
- **5 Vernon Mueller**
- **6 Gary Hammel**
- 6 Barbara Sparkman
- 7 Kenneth Frierdich
- 7 Rosemary Jelinek
- 8 Judy Agne
- 8 Marsha Arlt
- **8 Evelyn Edmiston**
- 9 George Hasenstab
- 9 George Mokriakow
- 10 Mary Stinebrook
- 11 Pat Morris
- 11 Tracy Nelson
- 12 Linda Harber
- 12 Helen Menner
- 13 Mary Ann Krausz
- 15 Joseph Burch
- 15 Charles Fahey
- 15 Betty Fuehne
- 15 David Lindauer
- 15 Dedria Rongey
- 16 Cindy Bertelsman 16 Sandra Pannier
- 17 Alice Young
- 18 Diana Wright

- 21 Robert Louis 21 James Ralano
- 21 Lawrence Schaefer 22 Lionel Bagsby

19 Robert Simpson

20 Marlene Powers

20 John Baltz

- 22 Richard Potter
- 22 Loren Steele
- 23 Rob Buehler
- 23 Margaret Denning
- 23 Davey Lunsford
- 23 Sharon Patterson
- 24 Jon Dahm
- 24 Betty Hasenstab
- 24Barbara Louis
- 24 Marilee Tedrick
- 24 John Vallero
- 25 Jovita Johns
- 25 Eleanor Louveau
- 26 Pamela Andrew
- 26 Paula Muskopf
- 27 Jacqueline Ralano
- 27 Dennis Wright
- 28 Tina Weller
- 29 Linda Whelan
- 29 Donna Whitney
- 30 Robert Bolt
- 30 Eileen Doerr
- 30 Ronald Joshu
- 30 Sandy Muskopf
- 30 Susan Sager

Volunteers

Drivers (15 Hours)

Dave Albers Marsha Davis Sandy Dressler Marlou Eckert **Beth Kwentus**

Kitchen (305 Hours)

Charlie Todd **Aaron Arras** John Baltz Rich Brune Colleen Costello Cindy Czech Frances Dickneite Charlene Faulbaum Donna Gaulrapp Brenda Holifield Marlou Eckert Donna Hucke Chris Michael Leon Lang **Ed Luecking** Marsha Nelson Carol Seibert Madonna Stapf Mary Stephens **Carol Terveer**

Kathy Wolf Meals on Wheels (176 Hours)

Fran Wagner

Mike Walter

Dave Albers **Aaron Arras** Jackie Brenner Paula Burch Randy Burk **Becky Courtney Scott Courtney** Cindy Czech Marsha Davis Marlou Eckert Donna Gaulrapp Lori Gaulrapp Jill Halpin Sandy Hankammer

Joyce Herman Donna Hucke Barnie Jorns Don Kessler Tracy Kessler Nancy Kostelac Millie Koudelka **Beth Kwentus**

Carrie Kwentus **Rich Kwentus** Leon Lang Jackie McKay Fern Lunsford Chris Michael John Morton Ruth Morton Cheryl Mueth David Muskopf Sandy Muskopf Vicki Pellmann Marylou Peter Cheryl Pierpoint Susan Sager Linda Wuertz Tom Wuertz Karen Witte Newsletter

(44 hours)

Gary Diedrich Kathy Diedrich Marlou Eckert Pat Morris Don Mueller Kathy Schaefer

Quilting (52 Hours)

Doris Adams Teresa Barbier JoAnn Clemens **Judy Jacobs Beth Kwentus** Fave LaBrier Carol Osick Lois Potter Judy Sutter

Smithton (34 Hours)

Pam Andrews Jerry Crosby Julie Cosby Kim Freeman Nancy Freeman Shelby Mehrtens Sharon Patterson Carmen Schwartz William Schwartz **Bob Stumpf** Barbara Villiger

Office (84 Hours)

Doris Chaput Jean Colbert Maryanne Conrad Kathy Schaefer

VILLAGE OF MILLSTADT

MAY 23, 2022

The meeting was called to order by Mike Todd, with the following trustees answering to roll call: Randy Burk, Mike Capell, Ray Famula, Mike French, Mark Todd, and Dustin Trankle. The Pledge of Allegiance was recited.

A motion was made by Mike Capell to approve the May 9th minutes. Ray Famula seconded the motion. The motion carried unanimously.

COMMITTEE ON ACCOUNTS: Mike Capell stated he reviewed the bills. Mike Capell made a motion to pay the bills. Mike French seconded the motion. The motion carried unanimously.

PUBLIC WORKS: WATER: Dustin Trankle stated the new water tower had been cleaned.

STREETS, ALLEYS, AND SIDEWALKS: Randy Burk stated the ITEP grant will be taking applications this fall. Mayor Todd stated he talked to them about the status of the grant that was already applied for. The information should be out in the next month or month and a half.

ORDINANCES AND RESOLUTIONS: Mike French stated Resolution 22-04 is for Maintenance Under the Illinois Highway Code. It is for the motor fuel tax. It is for the amount of \$188,150.02. Mike French made a motion to approve Resolution 22-04 as presented. Randy Burk seconded the motion. The motion carried unanimously.

PARKS, POOL, AND RECREATION: Mark Todd stated the pool is getting ready to open Memorial Day weekend. Mayor Todd added that Scott Baltz and Pool Manager Jennifer Haas have been having issues with the pump but think they have it figured out. They are trying to get a representative from Midwest Pool to come train Jennifer on the pump. Mark stated the sod is in at Tuffy Mueth Field. They are going to try to get sod down tomorrow on Diamond 1. There will be a Park Board meeting following the Village Board meeting.

CEMETERY: Ray Famula stated at the last meeting there was discussion concerning damaged stones on the bridges into the cemetery. Scott Baltz took a look at them and straightened them back out. Ray stated Mike French informed him that the eagle scout project of cataloging the grave sites is ready to get underway. It may take more time than originally thought.

COMMUNITY CENTER: Ray Famula stated there will be an elevator inspection on Thursday, May 26th. The Sandra M. Bereitschaft fund will be sponsoring the next delivered meals. The next Community Center Executive Board meeting will be on Tuesday, June 21st.

PLANNING COMMISSION & ECONOMIC DEVELOPMENT: Mike French stated the next Planning Commission meeting is

YYYYYYYYYYYYYYYYY

Our Volunteers Donated 710 Hours To

The Millstadt Senior Center
If Paid at Minimum Wage, the
Dollar Value Would be \$8,520

THANK YOU VERY MUCH
This Program Would Not Be Possible Without Each Of You!
For Your Dedication, In The Spirit Of Giving
Please Remember To Report Your Volunteer Hours
Would you like to join our group of Volunteers?

Please Stop By The Center To Sign Up Or See Patty In The Office

OOOOOOOOOOOO

scheduled for Tuesday, June 21st.

PUBLIC SAFETY: POLICE DEPARTMENT — Police Chief Alan Hucke presented the 2022 D.A.R.E. scholarship to Elizabeth Tribout. The money for the scholarship is raised from the D.A.R.E. to Run for BackStoppers 5k/10k and the essays are judged anonymously. Elizabeth is the daughter of Mary Beth and Denny Tribout. She is a graduate of MCS and Belleville West High School. She will be an Agribusiness major at the University of Arkansas in the fall.

Chief Hucke stated the annual D.A.R.E. to Run for BackStoppers 5k/10k will be held this year on Saturday, November 5th.

OLD BUSINESS: Mayor Todd stated he, Mike French, and Tracy Holmes will be having a meeting about liability insurance for the Village. Tracy went to a co-op meeting to get information about joining the co-op. This option is to stay with the same insurance the Village currently provides but with a different broker.

Mayor Todd stated he and Tracy have been working for two years on a grant for lining the Coachlite sewer line. He was recently informed that the Village was awarded that grant.

Mayor Todd stated there were two bids for the sewer lining project on West Harrison Street and Lexington Drive. The low bid was from Insituform Technologies USA, LLC for \$279,978.70. Village Engineer James Barganier stated Scott Baltz and Vicky from TWM went over the project and everything sounds good. Ray Famula made a motion to accept the bid from Insituform Technologies USA, LLC for \$279,978.70, pending a review of the bid. Randy Burk seconded the motion. The motion carried unanimously. Mayor Todd stated the Village has received the first installment of the grant money for this project. The grant is for \$500,000 from American Rescue Plan. The first installment was for \$260,000. Tracy stated the second installment should be coming in July.

Mayor Todd stated the tuck pointing has been finished on the Police Department building. They need a few dry days in a row to come back and seal it. Mayor Todd asked if Tom's Building and Repair has scheduled the inside work. Adam Romero stated they told him they should be able to start the week of May 30th.

NEW BUSINESS: Lyle Haas from the Millstadt Commercial Club presented the Village with a check for \$15,000 from their annual Wing Fling. The money will be going towards the work done on Diamond 1 and Tuffy Mueth Field.

Mayor Todd read the list of Appointments for 2022 – 2023. Randy Burk made a motion to approve the list of Appointments. Ray Famula seconded the motion. The motion carried unanimously.

Mayor Todd read the Committee Assignments for 2022 – 2023. Mike French made a motion to approve the Committee Assignments. Mark Todd seconded the motion. The motion carried unanimously.

TREASURER'S REPORT: Tracy Holmes stated that the Treasurer's Report had been submitted. Ray Famula made a motion to approve the Treasurer's Report. Mike Capell seconded the motion. The motion carried unanimously.

CLERK'S REPORT: Tracy Holmes stated that the Clerk's Report had been submitted. Mike French made a motion to approve the Clerk's Report. Dustin Trankle seconded the motion. The motion carried unanimously.

Chair Yoga In The Park

Join us for a Chair Yoga session in the park, across from the school, bring your own chair and a smile. The one-hour sessions are held each Tuesday.

Note: Yoga in the park is in addition to the Monday 10:00 chair Yoga at the Senior Center.

For more information contact Joyce Hermann at 618-980-2278.



Cherry Cobbler

Fresh or frozen cherries may be used in this recipe.

- 3 tablespoons butter, melted
- 1 cup all purpose flour
- 1 teaspoon baking powder
- ¼ teaspoon salt
- ½ cup milk
- 1 cup white sugar
- 1 tablespoon cornstarch
- 1 cup boiling water
- 3 ½ cups cherries, pitted
- 34 cup white sugar

Mix ¾ cup sugar, butter, flour, salt, baking powder, and milk together. Place cherries in the bottom of a 9 inch square pan. Spread dough over cherries.

In a small bowl, combine 1 cup sugar and cornstarch. Stir in boiling water. Pour mixture over the dough.

Bake at 350 degrees for 45 minutes. Serve warm.

DID YOU SIGN IN?

Knowing who is at lunch at the Center is important for a number of reasons. First of all it's good to keep track so if someone isn't there for a few days we can contact them to make sure everything is ok. Second, when you sign in and are registered we are able to submit your name to receive our grant money to help pay for the meals. A way to look at it is that if you aren't registered and signed in we can't send a bill for your lunch to the Area Agency on Aging.

Your Help in This Matter is Greatly Appreciated



Quilts of Valor

Each month, Millstadt Township Senior Services will nominate and hold presentation ceremonies for service members and veterans who have been



touched by war. They are presented a comforting and healing Quilt of Valor. This quilt is given regardless of the conflict, declared war or otherwise in which they served. These Quilts of Valor are lifetime awards, stitched with love, prayers, and healing thoughts.

These quilts are awarded by the "Stars of Honor/Illinois" chapter and sponsored by Warm N Cozy Quilt Shop in Columbia, Illinois.

Each quilt cost \$250 to complete. Your tax-deductible gift buys fabric for quilt tops, backing, and pays for batting and shipping. Contributions of any amount are appreciated. You can drop off your donations at Warm N Cozy Quilt Shop in Columbia, go to the Quilt of Valor website at QOVF.org and list Stars of Honor/Illinois to keep your donation local, or mail directly to Dona Rector, Stars of Honor Group Leader at 5937 Saxtown Road, Millstadt Illinois 62260. If you have any questions, you may contact her at (618) 960-4778.

You are also welcomed to become a member of the Group. Members group sew, quilt, bind and present Quilts of Valor. Membership is \$10 a year and \$5 for an optional QOV pin. The local group is called Stars of Valor. To join visit the Quilts of Valor Foundation at QOVF.org or contact Dona Rector at the above number.

Anyone can nominate a service member by visiting the Quilts of Valor website at QOVF.org. The person nominated will be added to the QOV database and assigned to the appropriate group governing that area.

55 or Better?



Join your friends in our Classic 55 Club!

- Fun Group Trips and Outings
- ❖ Interest-Bearing Checking
- ❖ FREE Classic 55 checks
- ❖ Bi-Monthly Newsletter
- Great Social Activities



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Friendly, energetic people for these positions at our farm!

Cashiers, Tractor drivers, Ride Attendants & more



Scan QR Code or apply online @eckerts.com

Notary Services Are Provided Free At The Senior Center

Writer's Guidelines

One does not have to be a professional writer in order to submit articles to Senior Talk. All it takes is the desire to share your thoughts or feelings with the rest of us. Tell us about what matters to you. Share your his-tory, your fears, and your triumphs. There is a "Brag Corner," where you can tell others about your new car, or how your grandchild just graduated from Harvard, or about your prize-winning roses. Give us your recipe for deviled eggs or tell us how you stay married to the same person for 50 years!

It is best to keep the length of the article to no more than 500 words. We reserve the right to edit all materials. Be sure to include your name, address, and telephone number and email address, if you have one. Articles can be dropped off at the center, mailed, or emailed to seniorce@htc.net.

Gentle Chair Yoga Every Mon. & Fri.

Mon. & Fri. @ 10:00 am. (Instructor: Joyce Herrmann) Yoga can be a great way to exercise the aging body. In this gentle yoga class, students use a chair & Joyce helps to modify positions for comfort & concerns. Please call 618-476-3731 to first-time register! No Charge!



Bingo Prizes Cookies/Sugar Free Cookies Kleenex — Liquid Soap **Little Debbies — Lifesavers Lotion** — **Body Wash Grab Bag Bingo Surprise Gifts** Canned soup — Crackers—Chips 16 Oz. Plastic Cups **Plastic Forks Fold Over Sandwich Bags**

DO YOU NEED HELP?

The Millstadt Senior Center is here to provide essential services. If you are a senior in need: Call 618-476-3731.

- · Weekly check in calls
- Fresh produce
- Grocery shopping
- Face Masks

- Free puzzles & books
- Tech assistance with ZOOM, Facebook

EVENT SUBMITT

Local organizations wanting to submit flyers for current events to be published in the Senior Talk need to submit their information 2 weeks prior to the end of the month that they want their information printed.

TRANSPORTATION NOTICE

Due to the increased usage of the Senior Transportation Service and drive time, we will be doing Doctor appointments as

*Belleville Doctors will be done on Mondays and Wednesdays from 8:00 am to 11:00 am

*Shiloh/O'Fallon Doctors will be done on Tuesdays and Thursdays from 8:00 am to 10:30 am.

Please schedule future appointments accordingly.

Smithton Library News

The Smithton Library offers Notary Services by appointment only. Please call 618-233-8057 to schedule an appointment.





Millstadt VFW Post 7980

200 Veterans Drive

Dine In or Take Out-618-476-1180

\$

How Do You Get A **New Medicare Card?**

If you misplace or lose your Medicare Card, please do not fret. The Millstadt Senior Center can have a replacement Medicare card on its way to you within 5 minutes. This is a very easy and simple task and we are glad to help you with it. Call (618) 476-3731 if you





Do you shop on Amazon? Now there is a new version of the company's website – smile.amazon.com – the company will donate 0.5% of the purchase price to charity. Customers pick their charity through the new website and there are almost one million to choose from, including Sandra Marie Bereitschaft Foundation (supports Millstadt, Freeburg and Smithton Meals on Wheels program).

There is no cap on the amount Amazon will donate and almost every physical product sold by the company is eligible, which means tens of millions of items. Digital goods are not included, but that may come in the future. Everything else about the Amazon online shopping experience stays the same, including the shopping cart, wish lists and shipping options. The prices will also be the same, so these donations will suck some of the profit out of each sale Amazon makes through the program. Please be sure to sign up, shop and add "Sandra Marie Bereitschaft Foundation" as your designated charity. Thank you. http://smile.amazon.com

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Aging Mastery Program

AgeSmart awarded a Grant to offer the Aging Mastery Program at Millstadt Township Senior Services! We are currently recruiting 30 Millstadt, Smithton, Freeburg and local residents age 55+ to participate in a 10-week educational FREE program. The goal of the program is to empower older adults to make and maintain small but impactful changes in their health behaviors. The training sessions will explore navigating longer lives, physical activity, sleep, healthy eating and hydration, financial fitness, medication management, advanced planning, healthy relationships, falls prevention, and community engagement! Participants will earn points for positive actions and rewards and... who doesn't like prizes???

Come to our AGING MASTERY PROGRAM Lighter Fare Luncheon-informational session on Tuesday, June 7th 12:00pm.

Date: Tuesdays Jun 14th-Aug 16th Time: 10:00 a.m.-12:00 p.m. Ten sessions **Location**: Millstadt Township Senior Services 102 South Jefferson, Millstadt IL

R.S.V.P. Required: 618-476-3731



Township Supervisor Travis Jones Village Mayor Michael Todd Director Patty Evansco **Nutrition Staff** Sandy Sanders
Transportation (Drivers) Ed Luecking **Bob Louis** Larry Schmeder **Executive Board** Charlie Todd, President James Palovich Mark Todd

Ray Famula Randy Burk Randy Eckert **Advisory Council Members**

John Baltz Carol Osick Darleen Sandheinrich Heather Erwin Kathy Schaefer Lillian Tracy Jerry Schmitz Pat Morris Rich Brune Barb Greene **Editors** Patty Evansco Marlou Eckert Don Mueller Mary Heberer

Jerry Schmitz

Judy Jacobs

Pat Morris



Township Senior Services 102 South Jefferson St., Millstadt, IL 62260 Phone No. 618-476-3731 Fax No. **618-476-3921** email seniorce@htc.net

MISSION STATEMENT

The Millstadt Senior Center Is A Place Of Opportunities, A Focal Point In Our Community Where Services Support Positive Aging and Where Educational, Recreational and Cultural Programs Enrich The Lives Of Elders and The Community

Funding for (Grantee) is received from the United States Administration for Community Living, the Illinois Department on Aging, and the AgeSmart Community Resources. (Grantee) does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with State and Federal Statues. If you feel you have been discriminated against, you have the right to file a complaint with the AgeSmart Community Resources by calling

618-222-2561 or 800-326-3221

"Seniors Come First" **Services Available**

Meals on Wheels One of the Center's most important programs, the Meals on Wheels program provides daily meals to people who have difficulty getting out of the house and/or cooking for themselves. Not only are we able to supply necessary food, but the driver delivering the meal is able to ascertain how the client is getting along and share some companionship. We have a number of folks dedicated to providing these services. They give freely of their time and energy to deliver the meals, make contact with the recipient and report back to the Center. The majority of the "regular" drivers volunteer one day per week and most have said it is highly rewarding for them.

Lunch Program Lunch is served Monday through Friday at 12 noon. You must be 60 years of age or older to qualify for this program. It is appreciated that if you want lunch you call the center by 3:00 pm in order to sign up for lunch on the following day. When you come in you may sign yourself up for the next day. If you like, you may sign up for the entire week or month. If you know that you can not make it and you have signed up, please call and let us know that you will not be here and tell us when you will be back for lunch. If you have any questions concerning the lunch program please contact Patty Evansco at 476-3731.

All Lunches Are Catered From the Millstadt IGA, China King, Breadeoux Pizza & Schuberts From Millstadt "The Center is a Great Place to Enjoy Yourself Through Fellowship & Celebrations With Seniors of Millstadt"

Senior Information and Assistance provides information or help with services and benefits to residents of Millstadt age 60 and over. We will also visit homebound seniors. If you need this service or would like to schedule a visit, call Millstadt Township Senior Center at 618-476-3731.

IULY 2022

Read All About It!

Summer Reading and Activity Program
- June 13 to July 23
- Join us for 6 full weeks of reading and activities including crafts, "field trips," a activities including crafts, "field trips," a community scavenger hunt, an escape room, and of course, prizes! - Visit http://www.millstadt-library.org/summer-reading-2022 for more information and the full event calendar! - Game-a-Thons every Monday - Field Trips every Thursday (RSVP please!) - Children's Afternoon Storytime Mondays at 2 nm.

p.m. - Special Local Author Story Times July 5 and July 19 from 12 p.m. to 2 p.m. - Summer Movies July 2 and July 1 - Local Author Adult Story Time on July 7 - Pokémon Ice Cream Party on July 23 - Join us all day for Pokemon fun to end

- Starting at 10 a.m. we'll have some

- Starting at Ju. am. we'l nave some Pokémon games to play.
- 11:00 a.m. we'll watch Pokemon: The First Movie (Rated G and running for 1 hr 42 min)
- After, we'll have Ice Cream and do our Prize Drawings! (SRAP participants do not have to he present to win!)

be present to win!)

4th of July Movie
- Saturday, July 2, at 11 a.m.
- 1776

Genealogy and History with John Mier
-Thursday, July 21, at 6 p.m.
-Learn more about Fold3 and how to research
and write memorials for World War II Veterans
-visit https://www.fold3.com/ to learn more
about their mission

Knitting & Crochet Night

- 5:30 p.m. to 7:30 p.m.

<u>Crafternoons</u>
- Every Tuesday at 4:00 p.m.
- Join us for crafts and activities.

Children's Story Time
- EVERY Wednesday at 11:00 a.m.

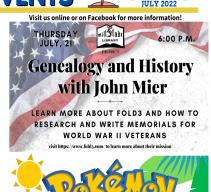
Wild Explorer's Club
- Every Third Wed.
- July 20 from 4 p.m. to 5 p.m.
- Learn more at www.millstadt-library.org/wildexplorersclub

Card Craft Make and Take!
- All Month, pick up a card kit made by Mary
Lou's Stampin' Up and Follow along with a
video post on FB in July.

Book Club - Saturday, July 30 from 10:30 a.m. to 11:30

a.m. - The Noel Letters by Richard Paul Evans

115 West Laurel Street 618-476-1887 @MillstadtLibrary on Facebook www.millstadt-library.org





Weekly Participation Prizes:

CASEY'S GENERAL STORE LEE'S HOME CENTER
NATIONAL MUSEUM OF TRANSPORTATION
XTREME PAINTBALL PARK THE MAGIC HOUSE

Raffle Prizes, Community Scavenger Hunt, and Field Trip Participants!

BLISS FLORAL ^< HAPPY DAYS^< BREADEAUX^<
MILLSTADT IGA^< MILLPOND BREWING^<*
MILLSTADT PHARMACY" OTT'S TAVERN AND FISH STAND^< SPIKE'S PUBLIC HOUSE^<
XTREME PAINTBALL PARK"< RAE AND JAMES^<* CENTRAL BANK<* TIFFANY'S BEAUTY BARA LIVE OAK^ SMOKIN' K'SA REINHARDT'S^

SCHUBERT'S SMOKEHOUSE^< 1ST NATIONAL BANK OF ASSOCIATED BANK TITO'S^ MILLSTADT VILLAGE HALL< **BANKERS AUTO PARTS AND** SUPPLY WATERMILL INC. HARTMANN'S TURF & TRACTOR

MILLSTADT CARPET AND HOME CIRCLE K< COUNTRY FINANCIALS MILLSTADT TOWNSHIP SENIOR SERVICES<

476 SHOWROOM<

ATKINS' ACRES EDUCATIONAL GIFT CARD PRIZEA | FIELD TRIP SPONSOR* | DONATED PRIZES"
SCAVENGER HUNT PARTICIPANT <

The Millstadt Senior Center Expresses Our Oeepest Sympathy To The Family, Friends and Loved Ones Of



William Anderson Nancy Caponi Geraldine Keim Helen Mueller Patricia Schaefer Gary Schwoebel

Helen Mueller

Helen R. Mueller, nee Mehrmann, 83 years old of Millstadt, IL, passed away on Saturday, June 25, 2022 at Freeburg Care Center, Freeburg, IL. She was born February 9, 1939, in Floraville, IL.

Helen graduated from Deaconess School of Nursing and worked as a registered nurse until her retirement. Her husband Marty and her also owned and operated Millstadt Carpet for 25 years until 2000 when their son, Scott took over the family business. Helen was a member of Concordia United Church of



Christ in Belleville, IL., Concordia Women's Guild, the Shriner's Women's Auxiliary and the Memorial Hospital Ladies Auxiliary, she was an active quilter at Concordia United Church of Christ, Memorial Hospital and at home. She also loved to swim at the YMCA.

She loved attending her grandchildren's sporting events, dance, cheerleading, baseball, basketball, football and bowling.

Surviving are her husband of 62 years that she married on September 17, 1960, Vernon "Marty" C. Mueller of Millstadt, IL, her daughter, Mary Beth (Kurt) Pellmann, her son, Scott (Angela) Mueller, her grandchildren, Alex (Paige) Pellmann, Alyssa (Luke) Andres, Chandler Mueller, Brylee Mueller & Amariss Mueller, her great granddaughter, Tessa Pellmann and a great grandson due in October of 2022, her sister, Mary Weldele of Millstadt, IL, her sister-in-law, Dianne Mehrmann of Millstadt, IL, her brother-in-law, Dennis Garland of Freeburg, IL, along with other relatives and friends. She was preceded in death by her parents, Emil & Mildred, nee Kleber, Mehrmann, her sisters, Ethel Mae Mehrmann, Elvera Mrozinski & Evelyn Garland, her brother, Robert Mehrmann and her brother-in-law, Joseph Weldele.

The family would like to express their gratitude for the exceptional care Helen received from all of the staff at Freeburg Care Center and the staff from Hospice of Southern Illinois. In lieu of customary remembrances, the family requests with gratitude that memorial contributions be directed to Concordia United Church of Christ in Belleville, IL., Shriner's Hospital or Hospice of Southern Illinois. Arrangements were handled by Leesman Funeral Home.

Geraldine Keim

Geraldine "Geri" Marie Keim, 80 years of Millstadt, IL, passed away on Monday, June 27, 2022 at Freeburg Care Center in Freeburg, IL. She was born September 1, 1941, in East St. Louis, IL.

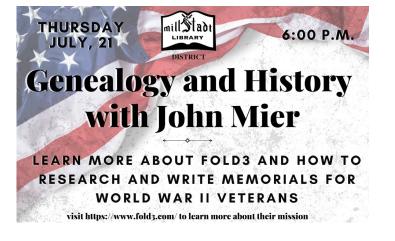
Geri began her career working for the Southern Rail Road. She worked as an LPN at Scott Air Force Base and later worked for St. Elizabeth's Hospital. She finished her career working as a chaplain at St. Elizabeth's Hospital. Geri was a member of St. James Catholic Church in Millstadt, IL.



Surviving are her husband of 58 years, Ronald Keim, her children, Allan (Janice) Keim, Jennifer (Kevin) Stumpf, David (Danielle) Keim and Theresa (Bruce) Pickert, her grandchildren, Jennifer (Ray) Frame, Matthew (Jennifer) Stumpf, Derrick (Katelyn) Stumpf, Lanette Stumpf, Samantha Keim, Kelsey Reynolds and Drew Reynolds, her great grandchildren, Blake & Haley Frame, Elliott Stumpf, Paityn & Jaxson Stumpf and Caiden Clark, her sister, Mary Loretta Nottmeier, and sister-in-law, Mary Fredrick. She is also survived by nieces, nephews, along with other relatives and friends.

She was preceded in death by her parents, Clarence and Irene, nee Strauss, Fredrick, her mother-in-law, Esther Keim-Vogel, her brother, Robert Fredrick, her sister-in-law, Bernice (Richard) Fichter and her brother-in-law, Walter (Dorothy) Keim.

In lieu of customary remembrances, the family requests with gratitude that memorial contributions be directed to Poor Clare's Monastery of Our Lady of Mercy, 300 N. 6th Street, Belleville, IL. 62223. Arrangements were handled by Leesman Funeral Home in Millstadt, IL.



William Anderson

William H. Anderson, Sr., of Smithton, Illinois, passed away on Saturday, May 28, 2022, at Freeburg Care Center at the age of 95. Bill was born on Saturday, August 28, 1926, in Caseyville, Illinois. He was raised and worked on the farm owned by his grandpa and uncles. He was a World War II veteran serving in Japan and Panama. Bill worked at Illinois Central Railroad until his retirement in 1986.



He was preceded in death by his wife of 56 years

Sophia, granddaughter Alaina Jacobs, daughter-in-law Velda Anderson and mother Blanche Anderson.

Bill is survived by three sons and a daughter, Thomas Anderson of Hoyleton, Illinois.

Joseph (Marilyn) McMahon of Grand Prairie, Texas; William (Cathy) Anderson, Jr., of Belleville, Illinois; and Elaine (Eric) Jacobs of Freeburg, Illinois. Six grandchildren Sam (Susan) McMahon, Nathan (Jennifer) McMahon, William (Sarah) Anderson III, Andrew Anderson, Kyle (Stephanie McDaniel) Anderson, Kinzi Anderson. Five great-grandchildren Gabby Anderson, Liam Anderson, Sophia Anderson, Alex Anderson, and Nora McMahon.

Bill was a great dad, grandpa, and great grandpa. He was a hard worker and was always available to help us in any way he could. He had a delightful sense of humor and was an animal lover, especially cats. Bill was dearly loved and will truly be missed.

We want to thank the Freeburg Care Center staff for the love, compassion and exceptional care they provided to Bill.

Per his wishes there will not be any service. He will be interred at Jefferson Barracks National Cemetery.

Anyone wishing to honor his memory may make donations to Belleville Humane

Nancy Caponi

Nancy Mabel Caponi, nee Watland, 82 years of Millstadt, IL, passed away on Friday, June 17, 2022 at Woodlands of Arnold in Arnold, MO. Nancy was born April 23, 1940, in East St. Louis, IL.

Nancy was an active member of Zion Evangelical Church in Millstadt, IL. She was in the first graduating class at BAC for nursing. She had worked at St. Elizabeth's Hospital and Memorial Hospital in Belleville. She was a lifetime member of the ladies auxiliary at Memorial Hospital, a member of the Civic Club and a volunteer for years at the Millstadt Library.



Surviving are her husband of 59 years whom she married on June 23, 1962, Saverio "Tony" Caponi, her sons, Kirk (Janelle) Caponi and Eric (Susan) Caponi, her grandchildren, Dominic & Angelo Caponi, Katie, Sara & Lucy Caponi, her sisters, Irma Knapp and Deanna Middaugh, her brothers-in-law, Peter Caponi and Michael Caponi, she is also survived by nieces & nephews along with other relatives and friends.

She was preceded in death by her parents, Maynard and Mabel, nee Mueller, Watland, her brother, Charles Watland and her brothers-in-laws, Bill Knapp & Bruce Middaugh;

In lieu of customary remembrances, the family requests with gratitude that memorial contributions be directed to Millstadt Library, 115 W. Laurel St., Millstadt, IL. 62260 or to the Alzheimer's Association of St. Louis 9370 Olive Street Rd., St. Louis, MO 63132 . Arrangements were handled by Leesman Funeral Home.

Senior Center Menu & Senior Talk On Line

Township Website: millstadttownship.org.

Click on Senior Svcs (located on the left-hand side of the page).

Listing of Senior Center Items will appear.

Click on the item you would like to view.

Village of Millstadt Website: villageofmillstadt.org. Double click on "Find it Fast" (located on the right-hand side of the

Click on "S" or scroll down to "S"

and click on the Senior Center Item you would like to view.

Tributes And Memorials

Tribute and memorial gifts may be made to Millstadt Township Senior Services by calling (618) 476'-3731 or by mailing a check made payable to Millstadt Township Senior Services, 102 South Jefferson Street, Millstadt, IL 62260.

Patricia Schaefer

Patricia A. Schaefer, nee Martin, 84, of Belleville, IL, born September 10, 1937, in Belleville, IL, died Sunday, May 29, 2022, at her residence.

Mrs. Schaefer had worked as a Cytotechnologist and retired from Quest Diagnostics.

Pat was known for her love of Christmas and kept her Christmas tree and decorations up year-round. Her Christmas lights could often be seen through her window in the middle of June.

She also loved music and took organ and piano

lessons through her adult years. She favored playing hymns and of course, Christmas music. Another interest of Pat's was quilting, having dedicated an entire bedroom to her fabric and sewing machines. She never sold her quilts but got more joy out of giving them away. She was also a part of a quilting circle at the Millstadt Senior Center.

Pat also found the joy of traveling, her most memorable trip being snowmobiling in Yellowstone National Park in winter.

Pat was a member of the Philanthropic Educational Organization (PEO), providing educational opportunities for female students worldwide.

She was preceded in death by her husband, Robert E. Schaefer; her parents, William and Theresa, nee Rosen, Martin; and a brother, Charles Paul Martin. Surviving are two sons, Paul (Barb) Schaefer, and Thomas (Marilyn) Schaefer; a daughter, Debra (Jeff) Spencer; grandchildren; and great-grandchildren.

Memorials may be made to the P.E.O. at https://donations.peointernational.org/ peo-donation-psa. Arrangements were handled by Renner Funeral Home,

Gary Schwoebel

Gary Schwoebel, 66, of Belleville, IL, born Sunday. August 28, 1955, in East Saint Louis, IL, passed away from a heart attack and entered his heavenly home on Sunday, June 5, 2022, at Memorial Hospital in Belleville, IL, surrounded by his loving family.

He graduated from Belleville West High School, Belleville Area College and McKendree College with a Social Studies degree in secondary education. Gary was a member of St. Matthew United Methodist Church and a board member and supervisory committee member of Catholic and Community Credit Union.



He was employed as the site manager at Weyerhaeuser ` where he was known as "Garv in Dairv".

Gary was a people person and was comfortable talking to anyone, no matter their age. He always made people feel happier! Gary loved stock car races, car restoration TV shows, Barrett-Jackson Auctions and keeping his cars spotless. He was a sports fan and always attended Belleville West football and basketball

Gary also loved animals, especially his four-legged children - dogs and horses. Even in death, Gary chose to provide others with the gift of life by choosing organ donation.

He was preceded in death by his parents, Gene and Rose Mary, nee Rayburn, Schwoebel; father-in-law and mother-in-law, Durrel "Buster" and Shirley Naumann; brothers-in-law, Douglas Naumann and Keith Naumann and sister-inlaw, Michelle Schwoebel.

Gary is survived by his loving wife, Lynn Naumann Schwoebel, whom he married on May 4, 1979. He is also survived by his four-legged children, Sasha and Sarge; brothers, David (Keadron) Schwoebel and Michael (Karen) Schwoebel; brother-in -law, Kent Naumann; nieces, Brittany (Matthew) Fennell, Ashley (Christopher) Rogers, Courtney Schwoebel, Ashley Higgs, Paige Schwoebel, Kalynn Schwoebel and Emily (Ashley) Eckhardt; nephew, Cole (Erik) Williams; great nephew, Logan Fennell and great nieces, Maggie Rogers, Emily Rogers and Evan Grace Eckhardt. He will be deeply missed by all who knew and loved him.

Memorials may be made to St. Matthew Video Department, Belleville Area Humane Society, Belleville West Athletic Fund or donors choice.

Arrangements were handled by Kurrus Funeral Home in Belleville, Illinois.



Frank and Elle Heiligenstein, Owners

Affordable Funeral **And Cremation Services With Dignity**

We Accept Pre-Arrangement Transfers