		\$6.00 Sug	gested Contributior	1		
Sunday	Monday	Tuesday	wednesday	Thursday	Friday	Saturday
i toooi rationo	Mashed Potatoes Sauerkraut Gravy Green Beans Wheat Bread Cupcake * <i>Schuberts</i> is Day	CHICKEN TENDERS Baked Sweet Potatoes Romaine Salad w/oranges Peach Cobbler Hot Roll *IGA	topped with Creamy Whipped Potatoes and shredded Monterey Jack	Chili Crackers	CHICKEN 5 ENCHILADA CASSEROLE Spanish Rice Taco chips & Salsa Refried Beans Sangria (no alcohol) Orange Poke Cake */GA	2% Milk, Skim 6 Milk, Chocolate Milk, Juice, Iced Tea, Lemonade or Coffee included with meal
7	ROAST BEEF8Mashed Potatoes andGravyCreamed PeasWheat Bread	Green Salad Roasted Blended Vegetables Garlic Bread Fresh Fruit Salad *Breadeaux	Steamed Mixed Vegetables Lo-Mein ½ Egg Roll Crab Rangoon Doughnuts *China King	PULLED PORK 11 Shellroni Baked Beans Bun Fresh Fruit Ice Cream *IGA	BBQ CHICKEN12 Baked Potato Salad Garlic Bread Peach Pie *Schuberts	13
14	Gravy Buttered Corn	ARM ROAST 16 GRAVY Mashed Potatoes Carrots Wheat Bread White Cake/Chocolate Icing *IGA	BBQ RIBS 17 Twice Baked Potato Baked Beans Hot Roll Brownies *Schuberts	CHICKEN 18 PARMESAN/Buttered Noodles Sauteed Zucchini & Squash Caesar Salad Garlic Bread Ice Cream *Breadeaux	BBQ PORK 19 STEAK Potato Salad Baked Beans Wheat Bread Cinnamon Roll *Schuberts	20
	PORK Au gratin Potatoes Baked Beans Hamburger Bun Lemon Bites *Schuberts Passover Begins Earth Day	GRILLED CHICKENS BREAST Baked Potato Roasted Brussel Sprouts Hot Roll Chocolate Pudding *IGA	Bun Roasted Potatoes Corn Pickles Strawberry Jello Cake *IGA	PORK SAUSAGE 25 Mashed Potatoes Gravy Sauerkraut Green Beans w/bacon Cupcakes *Schuberts	FISH SANDWICH 26 Coleslaw Rye Bread Tartar Sauce Parsley Potatoes Cherry Pie/Ice Cream *IGA	27
	Mashed Potatoes	PORK/DRESSING 30 Gravy Buttered Peas Hot Roll Cherry Cobbler *IGA			L 2024 Township Services	

Funding for the Area Agency on Aging of Southwestern lilinois is received from the United States Administration on Aging and the lilinois Department on Aging. The Agency does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with State and Federal Statutes. If you feel you have been discriminated against, you have the right to file a complaint with the Agency by calling 618-222-2561 or 800-326-3221

Sunday	Monday Advisory Board 1 Meeting 1:00 pm	Tuesday BINGO 2 12:30PM QUILTING	Wednesday QUILTING 3 Blood Pressure 11:30 AM	Schnucks 4 Bread day Corn Hole 10 am Cardinals Opening	Friday BINGO 5 E 12:30PM	Saturday *Barb Scott CarolTerveer Carolyn Cleveland Richard Roeder
	YOGA 10AM *Carole Ashton Father Marvin Volk Gerald Robinson	*Billy McDaniel Mary Rettinghouse Randy Burk Randy Pierpoint	Panera Bread Goodies *Carol Holthaus Deb Mertz Faye Schilling	Day – Wear Cardinal		
*Gary Diedrich 7 Larry Lanham	YOGA 10AM 8 Ott's 4:30PM *Judy Sutter Leslie Sandheinrich	BINGO 9 12:30PM QUILTING *James Kelley	QUILTING 10 Blood Pressure 11:30 AM Art Dickerson 11 Panera Bread Goodies *George Gocheff Michael Yoch Rich Kwentus	Schnucks 11 Bread day Corn Hole 10 am AARP Income Tax By appt *Barb Hesch Sandy Drennan	*Glenn Schaefer	2 *Dave Albers 1; Dorothy Wolfbrandt Earl Doerr
*Charlotte Mehrtens 4 Karla Lippert Marianne Schaefer Sandy Steppig Vicki Pellmann	YOGA 10AM 15 *Gail Pfingsten Alice LaMastus Karen Yoch Kathleen Jones	BINGO 16 12:30PM QUILTING *Randy Becker Teddy Ford	QUILTING 17 Blood Pressure 11:30 AM Panera Bread Goodies LIHEAP Assistance 9am – 12pm *Barbara Ries Betty Lange Stanley Stoner	Bread day Corn Hole 10 am	BINGO 19 2:30PM Music with Shirley Schwartz and Earl Doerr *Don Pellmann	
*Joel Mueth 2	YOGA 10AM 22 *Julia Vahlkamp Passover Begins Earth Day	United Healt b23 Bingo 12:30 QUILTING *Ed Layton George Bundy	Blood Pressure 11:30 AM Panera Bread Goodies Out to Eat @ Cracker Barrel *Edna Ditch Administrative Professionals Day	LAND OF LINCOLN 25 Legal Servies 11:30 ½ Price Lunch Day Schnucks Bread day Corn Hole 10 am Crafts with Carol @ 10AM *Ralph Schneider Larry Miller	12:30 Garden 26 Place Computer and Tech Help 10:30 am *Judith Akers Sharon Range Daniel Wiskamp Terry Firnkes Arbor Day	*Demetria Westcott 2
28	YOGA 10AM 29 *Larry Schmeder	^{1st} Natl Bank 30 Waterloo BINGO 12:30PM QUILTING *Walter Golic Larry Lantz		pri Birth	202	24