

BUNCO RAISES \$1,000!

On September 21, 108 Bunco players raised \$1,000 for the Millstadt Senior Center. The weather was hot and so were the dice as players enjoyed an evening of Bunco, desserts, and attendance prizes. Everyone went home with a prize and a fun evening spent with friends and family. Players attended from Belleville, Columbia, New Athens, Okawville, Waterloo and points west. Darleen Sandheinrich and her team of "Bunco Babes" volunteers including Sheila Campe, Bonnie Mueller, Shirley Rinck, Carol Osick, Ruth Wilman, Ron "Fuzzy" Eckert, Eileen Doerr and Janet Mueller, Rosemary Matthews, Marlou Eckert and many others, including the 8th grade class at St. James for setting-up and taking down the tables and chairs. In addition, we have a wonderful group of bakers and dessert makers that provide tables full of delicious cakes, pies, cream puffs, cookies and fruit bowls. Thank-you to all the local businesses and individuals donation prizes for the attendance prizes and supporting the Millstadt Senior Center. We hope to see everyone back for the Spring Bunco, at St. James.

Grants Awarded to Sandra M. Bereitschaft Foundation

St. Clement Community Foundation recently award the Sandra M. Bereitschaft Foundation a grant of \$300.00 for the purchase of paper to advertise the Senior Center's monthly menu in our newsletter and promote the Meals on Wheels program in the area covered by the former St. Clement's Hospital area of New Athens, Floraville and Paderborn. We would like to thank the St. Clement Community Foundation for supporting the Sandra M. Bereitschaft Foundation and the local Meals on Wheels Program. St. Clement's Foundation provides grants for programs in the area formerly supported by St. Clement's Hospital in Red Bud.

Community Kindness in Belleville awarded a grant to the Sandra M. Bereitschaft Foundation of \$300.00 per quarter. The Sandra M. Bereitschaft has been very fortunate in applying and receiving these awards. With the financial assistance from these grants the Millstadt Senior Center has not raised the price of price of meals from the current \$4.50 since October 2012 and continues to provide hot nutritious meals delivered to seniors five days a week. Please support the Community Kindness thrift store located on East Main in Belleville by donating or purchasing items from their store.

From Below The Tower



Patty Evansco

It has been a very quick and busy month. We had 834 volunteer hours in September. There is no way we would be able to run this place with you. Your help is greatly appreciated. Our Illinois Department of Transportation audit went very well and thank you for your understanding

during the time I got ready for that. We had another successful Bunco night with \$1000 profit. Today we had Corn Hole, Leesman Funeral ½ price day and the monthly Police visit and I was trying to finish my part of newsletter, run my grandson's trombone to Freeburg and then run someone to beauty shop and pick up another and bring to center (those were my breaks and enjoyed getting out of building on such a nice day). I always hear people talking about going to the nursing home, well did you know that 96% of the senior population lives independent or independent with the help of programs like Meals on Wheels. Only 4% actually ever live in a long- term care facility. Also, I was reading that in Illinois, 70.2% of the age 60+ population have NO disability, I see lots here like that and bet the rate is even higher in Millstadt because of mobile and social we all are. I got a feeling October is going to be a busy as September with Flu Shots, Open Enrollment and Halloween. Oh well..have fun and hold on.

Patty

Happy Halloween

You're Invited

Learn More About Medicare Benefits

Join Us For A Presentation To Learn More About Medicare Options And Changes Taking Place With Medicare A,B,C and D. Light Snacks and Coffee Will Be Provided.

We Hope To See You There!

Thursday, October 12, 2017

1:00pm – 3:00 pm

Millstadt Township Senior Center

**102 South Jefferson Street
Millstadt, IL 62260**

Hosted by Patty Evansco (618) 476-3731

Blood Pressure Screening



Millstadt Ambulance offers free Blood Pressure Screening on Wednesdays at 11:30 am. Karen of the Millstadt Ambulance recently was here to take them. Operation Manager David Koch is very concerned about the senior's health and encourages everyone to have their blood pressure checked on regular basis.

Millstadt Township News

Thank you!

Sept 2nd recycling, Millstadt Optimist Volunteers Pete Hensel, Dave Albers, Mike French, Patty French, Judy Davinroy, Jeff Biermann, Marie Lewis, Rudy Davinroy, and Wayne Muskopf along with the the Township Trustees Jim Palovick, Ron Eckert, George Blaha, Hwy Comm. Stan Jarvis, Supervisor Denise Blaha and Bert Huckle collected 1.69 tons of material that will not go to a landfill.

Congressman Mike Bost has donated an American flag that was flown over the Capitol to Millstadt Township. Millstadt Township, in conjunction with the Millstadt Fire Dept., is providing, free of charge, reflective house number signs.

Contact the Fire Dept. at 476-1234 for details to acquire a sign. Limited quantity is available.

Just to clarify, Millstadt Township and Millstadt Township Road District are two separate entities. The Township is run by a Supervisor and 4 Trustees. The Road District is run by the Highway Commissioner. If you have a road problem, question or concern call the Road District. If you don't get satisfaction call the Township, we have no power over the Highway Commissioner but it can go on record and in his file.

Need to get rid of an old TV:

*Ralph's Recycling 3968 State Rt. 3, Red Bud 618-282-4400

*CJD E-Cycling 5257 Illinois 157, Edwardsville 618-659-9006

Fees will apply depending on size. Between \$5-\$25

Ralph Schneider found another place to take an old TV,

Monroe County Recycling Center, 901 Illinois Ave, Waterloo, IL.

Millstadt Township Officials Trustees - Charles Todd, George Blaha, Ronald Eckert, Jim Palovick, Hy. Commissioner - Stanley Jarvis Clerk - Cathy Hotz Gaby, Supervisor - Denise M Blaha. 820 South Jefferson, (618)476-1207

Millstadt



HOMETOWN PROUD

**625 East Washington
Millstadt, Illinois 62260
(618) 476-3161**

***Millstadt Township Board Meeting
August 1, 2017***

No General Assistance Cases for the month.

September 9 - Food Drive Raises \$2400

The second area Food Drive for the Millstadt Food Pantry raised \$2400 at the four-way stop and collected over 900 non-perishable items. Especially helpful were all the donations of paper products. Thank-you everyone who made a donation. The Food Drive was coordinated by Amanda Wegner and raised even more money than her first Food Drive last year. **Thank-you Amanda!**

Medicare Information

Open enrollment for Medicare Part D runs from Oct. 16 to Dec. 7. SHIP specialist Patty Evansco will present



"What's New with Medicare" in the Senior Center on Thursday, Oct. 12, from 1 to 3. This program will contain useful information for all Medicare beneficiaries, particularly those seniors new to Medicare. Advance registration is not required.

Beginning on Tuesday, October 17, she will meet one-on-one with individuals in the senior center regarding the Medicare Part D prescription drug program. Appointments are available between 1:00 pm and 3:00 pm on Tuesdays in Millstadt and 1:00 pm – 3:00 pm on Thursdays at the Freeburg Township building for any Medicare beneficiary who has Medicare Part A or Part B or both. November is the time to get the help you need to choose or change your prescription drug plan. It is strongly recommended that you review your plan annually as plan coverage and drug costs often change for the coming year. In order to attend these Tuesday and Thursday sessions, you must schedule an appointment by calling Millstadt at (618) 476-3731 or Freeburg Township at (618) 539-5545.




Are you celebrating a Special Birthday or Anniversary or have a Special Announcement? Please send us a photo and information. Our

readers would love for you to share with us. Please email to seniorce@htc.net or drop off at Senior Center.

Celebrating 80th Birthday




Celebrating their 80th Birthday included: Front Row: (L -R) Janet Heil, Betty Stark and Norma Burlesman, 2nd Row (L-R) Pat Morris, Betty Schranz, Ralph Schneider and Elmer Sandheinrich



MILLSTADT LIBRARY

The Millstadt Library in addition to books, offers audio books, videos, large print books, computers, and copy services. Residents of the Village are eligible for a library card.


Contact the Millstadt Library at 476-1887, if you have any questions.



Bible Study At Senior Center

An informal Bible study will be offered at the Millstadt Senior Center, on the **2nd and 4th Monday at 10:00 am.**

This Is A Non-Denominational Study And All Are Welcome, Regardless Of Religious Background, And There Is No Cost





Glaeser HMR

Home Maintenance and Repair

Brad Glaeser

Owner

618-719-5952 cell
618-476-1135 Home

Millstadt, IL 62260

"No Job Is Too Small"





"Avon" Bingo



Robin Krauth hosts "Avon" Bingo the 3rd Friday of each month. On September 22nd Robin mom, Cathy Krauth calls Bingo while Robin displays prizes. Dot Edmison is trying to make her decision on what to pick.

Fruity Puzzle



Evelyn Lucy and Columbia Delong put this 500 piece puzzle together recently on Puzzle Wednesdays. Please feel free join they always looking for extra hands.

Community Center & Park Pavilions Rental

If you are looking for a place to have a graduation, baby, bridal or birthday party consider renting the Millstadt Community Center or a pavilion at the park. Call the Village Hall at 476-1514 for rental information.



The family of Senior Center employee Larry Sanders and wife Rose Sanders is proud to announce the birth of great-granddaughter Hallie Fay Sanders. Hallie, born Aug. 21, is the daughter of Kyle and Lauren Sanders of Homer Glen Ill., near Chicago. She is the granddaughter of Norm and and Chris Sanders of Millstadt.

October Farmers Market

The Millstadt Farmers Market will continue into October on Friday the 3rd from 3:00-6:00 pm, with a variety of vendors including kettle corn, locally grown produce, jewelry and clothing items. This year included some 20 different vendors from throughout the area. A special trunk or treat event will be at the Millstadt Farmers Market on Friday, **October 20**, from 3:00-6:00 pm. Candy and treats will be handed out to youngsters and Seniors are invited to view the costumes and hand out candy, as well. We hope to see a variety of Halloween costumes and a lot more treats than tricks.



**Notary Services Are Provided
Free At The Senior Center**

7th Annual "D.A.R.E. To Run For BackStoppers"



The 7th Annual "D.A.R.E. to Run for BackStoppers" will be held Saturday, November 4th, 9:00 a.m. at the Liederkrantz Park. This has become a great event that brings runners and walker from all over the St. Louis area.

Listed below are the links to our registration form, on-line registration form, and FaceBook event page. We are also looking for a few more event sponsors, or those wishing to donate attendance prizes. Any questions should be referred to Lt. Alan Hucke, at ahucke@millstadtpolice.org.

http://www.millstadtpolice.org/docs/2017_race_form.pdf

[http://www.active.com/millstadt-il/running/distance-running-races/7th-annual-d-a-r-e-to-run-for-backstoppers-5k-10k-and-kids-fun-run-2017?int=](http://www.active.com/millstadt-il/running/distance-running-races/7th-annual-d-a-r-e-to-run-for-backstoppers-5k-10k-and-kids-fun-run-2017?int=running-races/7th-annual-d-a-r-e-to-run-for-backstoppers-5k-10k-and-kids-fun-run-2017?int=)

<https://www.facebook.com/7th-Annual-DARE-to-Run-for-BackStoppers-5k10k-Kids-Fun-Run-171262036676711/?ref=bookmarks>

For full details, [view this message on the web](#)

MILLSTADT TOWNSHIP



QUILT RAFFLE December 22, 2017

At Senior Center

1. Prize - Handmade Queen Size Quilt
2. prize - Christmas Tree Skirt
3. prize - Handmade Baby Quilt

TICKETS \$1⁰⁰ 6 FOR \$5⁰⁰

Available at the Center

Many tickets are being sold for our Quilt A Rama drawing on Dec 22, 2017. The Quilt tops are Handmade and Hand Quilted Queen Sized Pieced Quilt and if it were in Branson it would most likely sell for \$1000. Be sure to get your tickets.

6 Ways to Improve Your Day

Doing these six things before 9:00 AM could improve your day, try a few of these to see if it works as an attitude adjustment or just helps make your day a little less stressful.

1. Go for a walk. This will give a boost of energy and doesn't cost you a thing, except maybe a pair of walking shoes.
2. Make your bed. It's not just about throwing covers over the pillows. Plump the pillows and do it right. This will give you a sense of accomplishment and will set the tone for the rest of the day.
3. Drink water, its cheap and its good for you. The loss of fluids during the night can lead to dehydration which can make you feel dizzy, faint or confused. Start the day with a big glass of water to ensure your body is hydrated and your mind stays sharp.
4. Read from a book to help reduce stress and set the mood for the day.
5. Write down "Three Good Things". These should be something that went well for you the day or night before. Reflect on the good things to improve your attitude and share the positive vibes with family and friends.
6. Get some caffeine. It doesn't have to be Starbucks, but the caffeine can keep you more alert for the rest of the morning.

Help Save Our Landlines

Call AARP

Illinois Telecom Hotline

1-800-220-5552.

Tell your legislators to reject Senate Bill 1381 and House Bill 2691.

PENNYWISE THRIFT SHOP

**Located Upstairs
At The Millstadt
Township Senior Center**

Clothes, Shoes, Household and Holiday
Open Monday, Thursday, Friday
9:00 am – 2:00 pm

How is a Corn Maze Made?

In the spring, the corn is planted in the field in a grid pattern. The entire field is planted with corn. When the corn is about 6" tall, the maze pattern is mowed out. Where the maze pattern has been mowed, a weed killer is sprayed to keep the corn and weeds from growing the rest of the season. Later in the fall when everyone has made it out of the maze successfully, the corn is harvested, usually for animal feed, and the field is tilled under until the next spring.



Core Physical Medicine

Dr Heafner was here to talk about their outpatient rehabilitation center that she recently opened in Millstadt.

Big & Easy Pumpkin Cake

Great fall treat for a large gathering.

15 oz. canned pumpkin
3 eggs
1/3 cup sugar
1/3 cup vegetable oil
1 18 oz. pkg. yellow cake mix
1 Tbsp. pumpkin pie spices
1 tsp nutmeg

FROSTING:
16 oz. vanilla frosting
3 oz. cream cheese

Preheat oven to 350 degrees F. In a large bowl, combine pumpkin, eggs, sugar and oil; mix well. Add cake mix and spices. Pour into a greased and floured 15 by 10 jelly roll pan. Bake for 25-30 minutes. Cool completely before frosting.

FROSTING: Combine vanilla frosting and cream cheese, beating until creamy. Frost cake and store in refrigerator.



Trivia Night For Sandra M Bereitschaft Foundation

Jeopardy fan? Quizzo enthusiast? Come test your trivia skills at St James Parish Center on **Saturday, October 21, 2017!** Questions will be general knowledge -- so anyone can be an expert. Bring a team or make new friends. Prizes will be awarded to the first, second and third place teams!

Open to adults 16 and older. Limit 8. For Reservations call Patty at 618-476-3731 or email seniorce@htc.net Raffle tickets available from Senior Center or Foundation Board Members.

Sandra M. Bereitschaft Meals on Wheels Foundation

\$5⁰⁰ 3 For \$10⁰⁰

First Prize: \$500.00 Southwest Airline Voucher

Second Prize: 50" HDTV

Third Prize: Hand made Quilt

Fourth Prize: Lottery Tree

Fifth Prize: \$100 Value Taste of Millstadt Gift Cards

The drawing will take place at the Sandra M Bereitschaft Meals on Wheels Trivia Night Fundraiser on

Millstadt VFW Post 7980

618-476-1180

CLUBROOM HOURS

Monday & Thursday 6:30pm - ?

Tuesday-Wednesday-Friday 11am - ?

KITCHEN HOURS

Monday-Closed - Taco Tuesday 11am- 8pm

Wednesday 11am- 4pm

Fried Chicken Buffet 4 - 8pm-2nd and 4th Wednesday only

Thursday Closed - Fish Fry Friday 11- 8pm

The Post is available to schedule meetings/events throughout the week & weekends – call or message us on Facebook, our Event Coordinator, Brandy Redwine would be happy to assist you

Halloween Costume Time

October is the time for Halloween candy and finding or making a costume for a party or trick or treating. Check out the Thrift Store located on the second floor of the Community Center for a collection of clothing, scarves, hats, shoes, everything for a one-of-a-kind costume with a little imagination and face paint.

Think zombies, witches, political leaders, gangsters, astronauts and whatever else you always wanted to dress up as. Prices are reasonable and the shop is open from 9:00-2:00 daily.



Foodbank The Commodity Supplemental Food Program (CSFP) is a supplemental food source for seniors age 60 and older who fall within 130% of the federal poverty guidelines—seniors may participate in this program while also receiving food assistance via food pantries, meals on wheels, and/or SNAP (food stamps). The Foodbank partners with an organization that elects to administer the CSFP boxes to qualified seniors. Millstadt Township Senior Services would receive a once a month free delivery of free boxes to be distributed to the seniors signed up for the program; each box contains about 16 shelf stable items, plus cheese. The program does require some administrative work including, application sign up and verification of seniors, maintenance of sign-in sheets, and re-certification of participants that may be conducted verbally every 6 months.

If you are interested in signing up for this program and fit into the income guidelines below, please contact Patty

Persons 60 Years and Older
130 percent of the Federal Poverty Income Guidelines
amounts valid from April 2015 until further notice

Family Size	Annual	Monthly	Weekly
1	\$15,301	\$1,276	\$295
2	\$20,709	\$1,726	\$399
3	\$26,117	\$2,177	\$503
4	\$31,525	\$2,628	\$607
5	\$36,933	\$3,078	\$711
6	\$42,341	\$3,529	\$815
7	\$47,749	\$3,980	\$919
8	\$53,157	\$4,430	\$1023
Each additional family member	Plus \$5,408	Plus \$451	Plus \$104

Aluminum Cans

**Donate Your Aluminum Cans
To The Senior Center**

Contact

Patty Evansco at **476-3731**



Library Archiving Newsletter

Did you miss an issue of "Senior Talk"? While we want you to be sure you see every issue of Senior Talk the Millstadt Library is now offering you an opportunity to catch up on all of our past issues.

Starting immediately, you can view past issues of Senior Talk since its first issue in September 2010. We are very happy and grateful that the Millstadt Library is archiving our newsletter.

Senior Talk Available at These Locations

**Pick-Up Your copy of the Monthly Senior Talk at One of
The Following Millstadt Locations**

Melva's Family Hair Care 476-7933

Millstadt Barber Shop 476-7273

Millstadt IGA 476-3161

Millstadt Library 476-1887

Dr. Carla Samson 476-3373

Millstadt Pharmacy 476-1701

Millstadt Village Hall 476-1514

Millstadt VFW 476-1180

Shirley's Beauty Shop 476-9494

St. James Catholic Church 476-3513

Trinity Lutheran Church 476-3101

Zion Evangelical Church 476-1778

Dr. Steve Knoernchild 476-3344

Concordia UCC 476-3377

St. Paul Church, Floraville 473-2285

Dr. Kevin Schmidt 476-3261

St Michaels Church – Paderborn 473-2798

First National Bank of Waterloo 476-3334

Caseys 476-7360

Associated Bank 476-3040

Michelle's Family Haircut

Millstadt Garden Place

Millstadt Baptist Church

Lee's Home Center 476-1760

Bonnie's Beauty Shop

Training Room

Handy Feed

Country Financial

Schuberts

Thank You For Providing This Service To Our Community

Concerned about interest rates? Let's talk.



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Have You had a Shingles Shot?

2/3's of us over 65 have not had a shingles shot. We're good about getting flu shots, but still nearly one in three between the ages of 65-74 skipped the shot last flu season. But, the shingles shot is the most neglected inoculation. This shot reduces the risk of getting a viral disease that can cause skin to become painful and blistered, plus fever, headache, fatigue and sensitivity to light.

The vaccine is recommended for adults 60 and older. This includes anyone who has already had shingles. Most insurance policies will cover the shot.

Keep your sleeve rolled-up, while you're at the doctor's office, have them check your vaccination record. If you have not had a tetanus shot in the past 10 years, you are due to have one of them.

Reduce your risk of illness and complications that can be prevented by vaccines check your immunization record with your doctor on your next visit.

Police Department Report

Millstadt Police Department is investigating the recovery of a possible stolen snow blower. If anyone is missing a snow blower, please contact the Millstadt Police Department. Update: Owner of snow blower has been found. Thanks to everyone for providing information on this case.

Millstadt Red Cross Blood Drive Schedule



November 9, 2017	3:30 pm – 8:00 pm	MCS
January 11, 2018	3:30 pm – 8:00 pm	MCS
March 8, 2018	3:30 pm – 8:00 pm	MCS
May 10, 2018	3:00 pm – 8:00 pm	St. James
July 12, 2018	3:00 pm – 8:00 pm	St. James

GARDENERS WANTED



Spring is here and for those of you with gardens please consider planting an extra row or some extra plants to help our local people have fresh vegetables available. The Community Center porch tables will be available for extra produce to share with our seniors and anyone needing fresh produce. St. Vincent De Paul is sponsoring this extra produce program and ensuring the extra lettuce, radishes, peppers and tomatoes are shared with those in need.

Save the Dates!

October 21, 2017, Trivia at St. James Parish for the Sandra M. Bereitschaft Foundation for the Meals on Wheels program.

February 10, 2018, Annual Sandra M. Bereitschaft Dinner at Mertz's Ford.

Senior Talk Available on Internet

The Village of Millstadt web site has a variety of information available including the most recent copy of the Senior Talk newsletter, scheduled events for the Village, and copies of the Senior Menu and Activity sheet. Type in the following internet address, www.villageofmillstadt.org. This should bring up the main page of the Village's web site, on the left side of the screen click on Community Center/Senior Center. On the next page, click on the latest edition of Senior Talk which will include the menu and activity sheet for the month.

WRITER'S GUIDELINES

One does not have to be a professional writer in order to submit articles to Senior Talk. All it takes is the desire to share your thoughts or feelings with the rest of us. Tell us about what matters to you. Share your his-tory, your fears, and your triumphs. There is a "Brag Corner," where you can tell others about your new car, or how your grandchild just graduated from Harvard, or about your prize-winning roses. Give us your recipe for deviled eggs or tell us how you stay married to the same person for 50 years!

It is best to keep the length of the article to no more than 500 words. We reserve the right to edit all materials. Be sure to include your name, address, and telephone number and email address, if you have one.

Articles can be dropped off at the center, mailed, or emailed to seniorce@htc.net



Millstadt VFW Post 7980
200 Veterans Drive, Millstadt, Illinois

Annual Turkey Day 2017

Meat Raffle and Turkey Dinner

SUNDAY, NOVEMBER 19
Doors Open at 10 a.m.

Meat Raffle Starts at 11:00a.m.
And Runs Throughout The day
\$1 Canned Beer All Day

Post Auxiliary Turkey Dinner
11:00 am - 3.00 pm
Adults \$12 Ages 5-11 \$6 4 & under Free





We Can Recycle



Since January 1, 2017 Alan Analla and Darleen Slovinski have taken 491 lbs of cans for recycling receiving a total of \$178.33.

In 2016 we collected 1,137 lbs of aluminum cans. Last year we were able to provide prizes for

the Christmas Raffle, Hot Dog Roast and prizes, buy lots of Bingo prizes and ice. We are very grateful to Darleen and Alan for their hard work in being able to provide us with the "extras" we would not be able to afford. Keep drinking and saving those cans. This is fantastic!!! Thank you

**"The Racket" Movie Is Available
For Free Overnight/Over
Weekend Viewing At
Millstadt Township Senior Services
Compliments of
Rose Marie Fitzgerald**

millstadt
Chamber Of Commerce

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High Efficiency Systems
Excellent Warranties**

**Residential
Commercial**

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Millstadt, IL

(618) 476-9604



Special Thanks to
**Concordia Church
Immaculate Conception - Centreville
St. James Catholic Church
Trinity Lutheran Church
Zion Evangelical Church
Millstadt Baptist Church**
For Your Continued Support

Senior Transportation Program

***Need a Ride to the Doctor, Bank
Hairdresser, or Dentist?***

**The Senior Center Offers the Only Form of Public
Transportation for the Community**

This Service is Available for Persons 60 Years and
Older and Their Caregivers

***A Suggested Donation Of \$2.00 For
Transportation To and From Doctors, Dentists,
Or Hair Appointments***

**This Partially Covers the Actual Transportation
Costs of \$5.95**

For Each Time It Is Provided

All donations are Confidential and Are Used

To Maintain the Transportation Program

For Millstadt Township Seniors

Please Contact Patty at 476-3731 With Questions

DID YOU SIGN IN?

Knowing who is at lunch at the Center is important for a number of reasons. First of all it's good to keep track so if someone isn't there for a few days we can contact them to make sure everything is ok. Second, when you sign in and are registered we are able to submit your name to receive our grant money to help pay for the meals. A way to look at it is that if you aren't registered and signed in we can't send a bill for your lunch to the Area Agency on Aging.



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Millstadt Township Senior Center Honors Volunteers 780 Hours

Senior students from Belleville West High School National Honor Society were honored on September 19, 2017 at the monthly meeting of the Millstadt Senior Center Executive board. Each student was presented a Certificate of Appreciation for their "highly esteemed contribution the Summer of 2017 in helping with Meals on Wheels, Senior Activities, Noon Lunch, Monthly Newsletter, Special Events, Senior Socializing and helping with Fundraisers". They also received a Gift Certificate for St. Louis Bread Company "Thanking them a Latte for all they did for us".

This summer these students have been caught doing something nice. After getting to know each of them, although we had trouble getting their names straight we realize that their acts of kindness this summer were

natural acts rather than "put on". We are confident that none of them will be needing a sticker to remind them to be kind and generous in their lives. The folks they have met and helped this summer didn't expect or even ask for their kindness, but they gave it to them anyway. Their presence at Millstadt Senior Center is very much appreciated and for all they did whether it was just a smile to brighten someone's day or helping to load or unload something. We wish them all the best of luck as they get ready to begin the best times of their lives as they go off to college.



Abby Richardson accepts a certificate and gift from Board President Charles Todd and Board Member Ray Famula. Other board members in background include Ron (Fuzzy) Eckert, Al Lehr and George Blaha.



(L-R) Austin Valerius, Justin Koderhandt, Conor Odum, Addison Hanusek, Anna Gualdoni, Abby Richardson and Gabby Holmes. (Absent was Kelly Kulig, Melanie Kulig, Kaylee Hanger, Sarah Hayden, Abby Hobbs and Andrew Winkelman.

**You're Invited
To Zion's
WURSTMARKT
Saturday,
Nov. 11, 2017**

3:00 - 7:00 PM

Zion Evangelical Church

117 W. White Street
Millstadt, Illinois
Church Office 618-476-1778

Dinner Featuring:

Pork Sausage, all the trimmings, dessert & drink

Dine in or Carry Outs

Adults and carry-outs \$10.00

Children 5-12 \$5.00



SAVE THE TOWER



Classic Car Show

Saturday, October 21, 2017

11 a.m. -- 3 p.m.

* For the Ladies . . .
(Premier Designs
Jewelry)

* Food & Beverages
* 50-50 Drawing

Millstadt
Mertz Ford Parking Lot
100 East Washington
Millstadt, IL 62260



REGISTRATION 9:30 - 11 a.m.

Entry Fee \$20.00 Custom Trophies

Proceeds to Benefit
Old Millstadt Water Tower

Music by
Best Sounds Entertainment

Farmers Market Coupon

Starting July 10, \$25 coupons will be available for use between July 10 and Oct. 31 for purchases from an eligible vendor (red and white signs).

To qualify for the coupon, you must:

Be 60 years or older

Meet income guidelines (available at the market)

To receive these coupons, go to the market of your choice with your ID and be ready to complete the application. You will then receive the coupons to use at the following markets.

Belleville Old Town Market, corner of 1st and Main, Saturdays, 7:30 a.m.-noon

Swansea Farmers Market, 2801 N. Illinois (Rural King parking lot), Thursdays, 11 a.m.-3 p.m.

East Side PHD, 638 N. 20th St., East St. Louis, Thursdays, 8 a.m.-1 p.m.

Fairview Heights, location TBA

Call AgeSmart Community Resources at 618-222-2561

Free Amplified Phones

The Illinois Telecommunication Access Corporation is a program that provides a FREE amplified telephone to people who are hard of hearing, late deafened, deaf, deaf-blind, or speech disabled.

Eligibility requirements for an ITAC amplified phone:

Legal Illinois resident

Any age/any income

Certified by a Licensed Family Physician or audiologist

GREAT NEWS! RECENT NEW CHANGES NOW ALLOW FOR A NEW AMPLIFIED PHONE:

Once every three years

Those with cellphones are now eligible for a free amplifier

For information to receive a free amplified phone, call 618-234-4410, ext. 7024 or 7012.

Land of Lincoln Legal Services

Will assist individuals of limited income age 60 and older with power of attorney for property and health care and simple last wills.

Wednesdays, 9 a.m. to noon • By appointment only

Call 618-234-4410, ext. 7033 to make an appointment

Serving Veterans of St. Clair County

Mondays • 9 a.m. to noon • By appointment only

Call 618-234-4410, ext. 7033 to make an appointment. Information and assistance with claims to the Department of Veterans Affairs or benefits such as pension benefits (veterans & widows), service connected compensation, GI home loans, educational benefits, discharge upgrades and any other benefits sought by the veteran or family from the DVA.

Friends Gear Up for Third Annual Classic Car Show

Saturday October 21 will see classic cars of all ages and styles coming to Millstadt for the third annual Classic Car Show at Mertz Ford, 100 East Washington.

Friends of the Old Millstadt Water Tower will again be hosting the show. Registration is from 9:30 – 11 a.m., and the show runs from 11 a.m. – 3 p.m. The entry fee is \$20 per vehicle. Registrants will receive a newly designed tee shirt, a dash plaque, car show booklet, and some vehicle related items. Six trophies will be awarded this year.

New this year will be a booth from Premier Designs Jewelry. Joyce Korobey, the local Premier Designs rep, will be donating a portion of her sales at the show to the Friends. Another new addition will be a performance by the Premier Academy of Dance at approximately 1:30.

Bob and Sherry Habermehl, of Best Sounds Entertainment, will be back with everyone's favorite tunes. Also returning is the bake sale, featuring pies from some local award winning bakers.

"Last year, we had 66 vehicles registered. We're hoping to have 100 this year," explained Betty Keller Timmer, Friends' president. She added, "Anyone who enjoys seeing classic cars is welcome to stop by, visit, and grab something to eat."

Melva Way, Car Show chairman, invited everyone to "Just come on out, have some fun, eat some food, in a hometown atmosphere".

The Friends have been steadily working to achieve their goal of \$200,000 for the restoration of the Old Millstadt Water Tower, Millstadt's most visible landmark. As of the end of September, they are at approximately 30% of the target.

One of the more popular fund raisers, the collecting of IGA bar codes, will be ending soon. "IGA has notified us that the program will end on December 1. Everything must be in their office by that date," Keller Timmer stated. "We have been one of the top participants, having submitted 18,000 bar codes as of the end of September. Unfortunately, not many organizations chose to participate, which is why IGA is stopping the program."

The Friends, however, are continuing to pursue other activities. They are still collecting used inkjet cartridges. "Please bring your used cartridges to Millstadt IGA. We'll collect them, and ship them to a recycler," said Keller Timmer.

The next event is Restaurant Day at Los Tres Potrillos, 548 East Washington, on November 7. Flyers will be available at Millstadt IGA prior to that day, and must accompany you in order for the Friends to receive a donation from Los Tres.

Bus Rider Reminder

**All Ride Reservations Should Be Made Through The Office Please
Do Not Tell Bus Drivers Your**

Large item recycling at Millstadt Township

We Do Not Accept Televisions and Computer



Monitors
**Thank You
Supervisor
Denise Blaha**



Flu Shots

October 6

9:00 am – 11:00am

Subscription to Senior Talk

Tired of fighting the lines at local businesses for the latest copy of Senior Talk? To have a copy delivered to your mailbox for the next year, make a \$100.00 donation to the Sandra M. Bereitschaft Foundation, Meals on Wheels program and receive a free one year subscription to Senior Talk. A subscription to the newsletter also makes a great birthday gift.

Dominoes & Rummy Club



Sept. 2017
535 Games



Frances Dickneite	236	Gloria Kettler	111
Jane Evans	172	Ethel Guetterman	16

Come Join Us Anytime!

Help The Tin Man While Shopping At Millstadt IGA

Clip The Bar Codes From IGA
Products And Return To



LEE'S
Home Center

ALWAYS ON THE LEVEL

BestREWARDS

Join. Earn. Save.

Earn 5% on your Purchases!
Details in store or call
618-476-1760



Falls Free® Debunking the Myths of
Older Adult Falls
National Council on Aging

Many people think falls are a normal part of aging. The truth is, they're not. Most falls can be prevented—and you have the power to reduce your risk.

Exercising, managing your medications, having your vision checked, and making your living environment safer are all steps you can take to prevent a fall.

Every year on the first day of fall, we celebrate National Falls Prevention Awareness Day to bring attention to this growing public health issue. To promote greater awareness and understanding here are 10 common myths—and the reality—about older adult falls:

Myth 1: Falling happens to other people, not to me.

Reality: Many people think, "It won't happen to me." But the truth is that 1 in 3 older adults—about 12 million—fall every year in the U.S.

Myth 2: Falling is something normal that happens as you get older.

Reality: Falling is not a normal part of aging. Strength and balance exercises, managing your medications, having your vision checked and making your living environment safer are all steps you can take to prevent a fall.

Myth 3: If I limit my activity, I won't fall.

Reality: Some people believe that the best way to prevent falls is to stay at home and limit activity. Not true. Performing physical activities will actually help you stay independent, as your strength and range of motion benefit from remaining active. Social activities are also good for your overall health.

Myth 4: As long as I stay at home, I can avoid falling.

Reality: Over half of all falls take place at home. Inspect your home for fall risks. Fix simple but serious hazards such as clutter, throw rugs, and poor lighting. Make simple home modifications, such as adding grab bars in the bathroom, a second handrail on stairs, and a non-slip paint on outdoor steps.

Myth 5: Muscle strength and flexibility can't be regained.

Reality: While we do lose muscle as we age, exercise can partially restore strength and flexibility. It's never too late to start an exercise program. Even if you've been a "couch potato" your whole life, becoming active now will benefit you in many ways—including protection from falls.

Myth 6: Taking medication doesn't increase my risk of falling.

Reality: Taking any medication may increase your risk of falling. Medications affect people in many different ways and can sometimes make you dizzy or sleepy. Be careful when starting a new medication. Talk to your health care provider about potential side effects or interactions of your medications.

Myth 7: I don't need to get my vision checked every year.

Reality: Vision is another key risk factor for falls. Aging is associated with some forms of vision loss that increase risk of falling and injury. People with vision problems are more than twice as likely to fall as those without visual impairment. Have your eyes checked at least once a year and update your eyeglasses. For those with low vision there are programs and assistive devices that can help. Ask your optometrist for a referral.

Myth 8: Using a walker or cane will make me more dependent.

Reality: Walking aids are very important in helping many older adults maintain or improve their mobility. However, make sure you use these devices safely. Have a physical therapist fit the walker or cane to you and instruct you in its safe use.

Myth 9: I don't need to talk to family members or my health care provider if I'm concerned about my risk of falling. I don't want to alarm them, and I want to keep my independence.

Reality: Fall prevention is a team effort. Bring it up with your doctor, family, and anyone else who is in a position to help. They want to help you maintain your mobility and reduce your risk of falling.

Myth 10: I don't need to talk to my parent, spouse, or other older adult if I'm concerned about their risk of falling. It will hurt their feelings, and it's none of my business.

Reality: Let them know about your concerns and offer support to help them maintain the highest degree of independence possible. There are many things you can do, including removing hazards in the home, finding a fall prevention program in the community, or setting up a vision exam.

Learn more about falls prevention at www.ncoa.org/FallsPrevention.

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SHIP Corner



Millstadt Township Senior Center is a sponsoring agency for Senior Health Insurance Program help and we recently received our 2018 updated Manual. During the coming months I will be sharing with you some information that I feel is important and informational.

Organization and Administration of the SHIP Program: SHIP was initiated in July of 1988 by the Illinois Department of Insurance in response to the needs of Illinois' senior citizens regarding their health insurance. In April of 2013, under Executive Order by the Governor, SHIP was transferred to the Illinois Department on Aging.

The organizational structure of SHIP consists of:

- The **Illinois Department on Aging**, which provides initial training, continuing education and ongoing support of SHIP counselors;
- The **sponsoring organization (Millstadt Township Senior Services)**, which provides coordinators, office space and office support services;
- The **coordinator (Patty Evansco)**, who is responsible for the administrative aspects of the SHIP program, which include publicizing SHIP services, recruiting volunteers, scheduling counseling sessions and responding to counselors' needs; and
- Counselor Patty Evansco meets with clients individually to provide objective information about health insurance, advocacy assistance, or referral if appropriate.

The state is divided geographically into four separate SHIP regions: Cook County, Northern Illinois, Central Illinois and Southern Illinois. Within each region, counselors are organized in to units that serve a specific geographic area, usually designated by counties.



Kevin Cadagin
Principal
kevin@cadprofg.com
www.cadprofg.com

Securities and advisory services through Commonwealth Financial Network, Member FINRA/SIPC, a Registered Investment Adviser. Fixed insurance products and services offered by Cadagin-Prosser Financial Group, Inc.

Glen Carbon Office
6 Ginger Creek Parkway
Glen Carbon, IL 62034
Tel 618-656-0006

Millstadt Office
500 S. Illinois Street
Millstadt, IL 62260
Tel 618-476-6133

Toll-Free 888-656-0009
Fax 618-656-0007



October Out to Dinner Dreamland Palace Ltd.

Foster Pond (4 Miles west of Waterloo)

October 25, 2017

Leaving Senior Center at 4:00 pm – Dinner at 5:00 pm



October Birthdays

1 John Kalbfleisch	19 Betty Mueller
2 Gregory Krieg	20 Maryanne Conrad
3 Gloria Kettler	21 Barbara Henry
3 Elmer Sandheinrich	21 Marlene Herrmann
6 Peggy Mokriakow	22 Eileen Goetter
8 Fern Seiber	26 Doris Evansco
14 Hollis Denning	29 Adam Mernick
15 Larry Stewart	30 John Meadows
16 Edwina Bogacki	30 Ada Stoll
18 Arlene Huwer	



Dates to Remember

October 6, Flu Shots
October 6, Porch Sale
October 9, Columbus Day
October 12, Medicare
October 21, Trivia for Sandra M. Bereitschaft Foundation, St. James Parish, 7:00 pm.
October 22, Millstadt Optimists Chili Cook-Off at Liederkrantz Park.
October 31, Halloween.
November 4, D.A.R.E. Run for Life, contact Lt. Alan Hucke at ahucke@millstadtpolice.org. for more information.

Donate 2 Canned Goods To Help Millstadt Food Pantry And Receive A Handmade Ornament



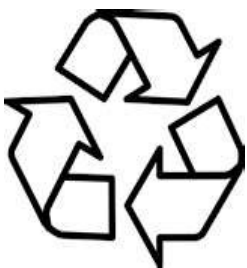
Millstadt resident Tom Venier is busy carving. He will be decorating the Millstadt Senior Center Christmas tree with his hand carved Christmas ornaments.

When you bring in (2) canned goods to the Senior Center you will receive your choice of a beautiful hand carved Christmas ornament. These ornaments are of exceptional quality and probably worth nearly \$30 each retail. The tree will be and ornaments in place by December 1, 2017.



Millstadt Village Board Meeting August 28, 2017

Trustee Kurt Pellmann resigned as Village Trustee. Mayor Todd thanked him for his years of service.



RECYCLING

8 AM TO 10 AM

**1ST SATURDAY OF
EACH MONTH**

AT TOWNSHIP SHED ON
EAST HARRISON STREET

SENIOR TALK

Receive the Newsletter in the Mail!

**Subscriptions are \$25.00 Per Year
Due To Postage Increases (12 Issues)**

Name: _____

Address: _____

City: _____


State: _____ Zip: _____

Phone: _____

**Please Send This Form And Your Check To:
Millstadt Township Senior Services**

102 South Jefferson Street
Millstadt, IL 62260

****Be Sure To Check Your Mailing Label For
Your Subscription Expiration Date****



Clothing Donations

Is it time to clean-out closets to make room for those Christmas gifts you know you'll be getting? Clothing items may be donated to the Senior Center Thrift Store located on the second floor of the Community Center. Gently used clothing items are also for sale. Donations for items are requested to support Senior Center activities and the Meals on Wheels program. Remember your clothing items may also be donated to the collection box at the IGA parking lot will add to the proceeds IGA collects and donates to the Senior Center. With the help of your donations 20,000 meals were served to Seniors in Millstadt Township last year.

On A Bun Run



(L-R) Mark Linnemann and Bob Chastain (alias two of the Three Stooges Gardeners) brought seniors plenty of free buns for hamburgers. As you may know if you only have one or two in your household and you want to have hamburgers or anything on bun you have to buy at least a package of 8. Then you have 6 left over. Leftover buns can be a problem. If you freeze them, they usually get freezer burnt and taste funny or put them in the drawer and they get moldy. So the answer is just not to buy them and do without, so when we get a free package of buns, that is a real treat. Thank you very much Commercial Club for the free buns!

Smithton Library News

The Smithton Library is offering a Beginning Genealogy Class on Thursday, November 9, at 1:00. If you want to explore your family history, but have no idea where to begin, this class may be for you. You will learn about the places to research both on-line and in print. This a free one hour event. Space is limited to 6 participants so call and register today. You may reserve your seat by calling 618-233-8057.

Millstadt Senior Walking Club

September Days Walked

Frances Dickneite	18
Rich Chadeayne	18
Columbia Delong	16
Dot Edmondson	7
Bertha Rodgers	6

Welcome to
amazon smile

You shop. Amazon gives.

Do you shop on Amazon? Now there is a new version of the company's website – smile.amazon.com – the company will donate 0.5% of the purchase price to charity. Customers pick their charity through the new website and there are almost one million to choose from, including Sandra Marie Bereitschaft Foundation (supports Millstadt, Freeburg and Smithton Meals on Wheels program).

There is no cap on the amount Amazon will donate and almost every physical product sold by the company is eligible, which means tens of millions of items. Digital goods are not included, but that may come in the future.

Everything else about the Amazon online shopping experience stays the same, including the shopping cart, wish lists and shipping options. The prices will also be the same, so these donations will suck some of the profit out of each sale Amazon makes through the program.

Please be sure to sign up, shop and add "Sandra Marie Bereitschaft Foundation" as your designated charity. Thank you. <http://smile.amazon.com>



Memory Care, Independent and Assisted Living

- 24 hour on-site assistance from our employees
- Bathing, dressing and other essential needs
- Care providers you know and trust
- We are a fully licensed assisted living provider
- Memory Care available at Reflections
- Locally owned and managed


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Waterloo | Red Bud | Millstadt | Columbia

Reflections at Garden Place ~ Columbia



www.gpliving.com

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- ❖ FREE Classic 55 checks
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- ❖ Great Social Activities



You're Invited!

The Millstadt Library, 115 W Laurel, is inviting everyone to our First Annual Holiday Open House on **Thursday, December 7, 2017**, from 5:00 pm to 8:00 pm, together a Library Card Sign-Up Drawing.



By signing up or renewing a time-appropriate card, your name will be entered for drawing. There will be (2) adult drawing for \$25 IGA gift cards and (2) youth drawings for \$25 Bredeaux gift cards.

For those who already have a library card and bring a friend who signs up for a card, you and your friend will be entered in the drawings. The drawing entries will begin on November 16th, 2017 and the winners will be announced during the Open House on December 7th, 2017 at 7:30 pm. You do not need to be present to win.

There will also be an attendance prize drawing for all you attend the Open House.

Coffee, Water and a Hot Chocolate Bar as well as light refreshments such as cookies will be available during the Open House.

Libraries are changing, come see what your library has to offer!

PORCH SALE

Millstadt Senior Center

October 6th

8:00 am – 1:00 pm



KITCHEN

Toni Schneider
Shirley Rinck
Doris Chaput
Darlene Sandheinrich
Norma Burlesman
Ralph Schneider
Lucille Reese
Columbia DeLong
Betty Stark
Lil Tracy
Collen Costello
Fern Seiber
Frances Dickneite
Charlie Worden
Barb Louis

MEALS ON WHEELS

Carol Osick
Larry Osick
Marsha Davis
Cindy Bertelsman
Linda Kilhoffer
Sandra Muskopf
Nancy Kostelac
Cheryl Mueth
Susan Sager
Marylou Peter
Peggy MaKriakow
Cheryl Pierpoint

NEWSLETTER

Don Mueller
Jerry Schmitz
Kathy Schaeffer
Marlou Eckert

OFFICE

Jeannie Colbert
Orville Mueller
MaryAnne Conrad

RECYCLING

Bert Huckle

THRIFT SHOP

Eileen Doerr
Janet Mueller
Marlou Eckert

BUNCO

Bonnie Mueller
Carol Osick
Darlene Sandheinrich
Doris Chaput
Happy Days
Joyce Waller
Marlou Eckert
Rosemary Mathews
Janet Mueller
Ruth Herrmann
Shelia Campe
Ruth Wilman
Carol Terveer
Shirley Rinck
St. James Catholic Church
Subway

Jack Kramer
Walter and Helen Menner

Toni Schneider

QUILTERS

Pat Morris
Lois Potter
Doris Adams
Teresa Barbier
Joann Pisel
Beth Kwentus
Pat Schaeffer
Rosemary Mathews
Judy Sutter
JoAnn Clemens
Mary Alice Schmitz



**Join Us For
Ring Toss**
**4th Monday Of
Month**
10:00 am
**Sponsored By
Millstadt Pharmacy**

During The Month of Sept.

Our Volunteers Donated **834** Hours To
The Millstadt Senior Center
If Paid at Minimum Wage, the
Dollar Value Would be **\$6,880**

THANK YOU

For Your Dedication, In The Spirit Of Giving
Please Remember To Report Your Volunteer Hours
Would you like to join our group of Volunteers?

THANKS FOR OUR DONORS

In Memory of Dorothy Keck

David Keck

In Memory of David Chadeayne

Richard Chadeayne

Sandra M Bereitschaft Foundation

In Memory of Susanne Demarse

Tom and Doreen Baltz

Scott and Julia Baltz and Family

Todd and Kelly Baltz and Family

Cindy Hayes

Community Kindness (Grant)

Trivia Sponsors

Hudson Tree Service

Mertz Motors

Mark and Deb Germann

Linnemann Gun Shop

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Kitchen Supplies, Bingo, and Bunco

Helen and Walter Menner

Joyce Korobey

Robin Krauth and Cathy Krauth

Darleen Sandheinrich

Mary Ann Conrad

Custom Marble

Joyce Waller

Jack Kramer

Edward Jones

Scott Credit Union

Happy Days

Jack Kramer

Ken Friedrich

Country Financial

Elmer & Darleen Sandheinrich

Dianne Haas

Barb Louis

Evelyn Weber

Carol Terveer

Janet Mueller

Marlou Eckert

Eileen Doerr

Shirley Rinck

Carol Osick

Rosie Mathews

Ruth Wilman

Shelia Campe

Bonnie Mueller

Ken Friedrich

Judy Butzinger

Jennifer Calhoun

Barb and Bob Louis

Dianne Haas

Dot Edmondson

Shirley Joshu

Thelma Short

Custom Marble

IMPACT DAY

HOPE Christian Church will be in the
Dupo/Columbia/Millstadt/Red Bud/
Waterloo/Valmeyer areas on:

SUNDAY, OCT. 29, 2017

from 12:30 - 4:30 p.m.

As a senior, do you have a project that you need help with?
In-door or Out-door Cleaning/Painting/Yard Work/Shopping/
Handyman Work/Organizing

To schedule a project, call Carol Turnquist at 618-939-9089.
HOPE Christian Church, 9273 Coach Stop Rd., Columbia, IL,
618-939-9089, www.hopeforhim.com



D & D Solutions

Home Services

Your Water Softener Store

530 E Washington St.

Millstadt, IL. 62260

618-334-7239 or 618-580-9889

Hellenbrand
Authorized Dealer



WE NOW HAVE BOTTLE WATER!

RECYCLING PROGRAM

Recycling continues the first Saturday of every month at the Township Garage on East Harrison Street. Volunteers will remove the recyclables, glass, cans, paper, cardboard and number 1 and 2 plastics from your vehicle from 8:00 am to 10:00 am. This program is available for all residents of Millstadt Township and the Village.

Make a Contribution

There are many ways to contribute to Millstadt Senior Center:

Gifts by Cash or Check

We accept gifts by cash or check by mail and in person. Include your name, address and phone number. Checks should be made payable to Millstadt Township Senior Services.

Memorial Gifts and Bequests

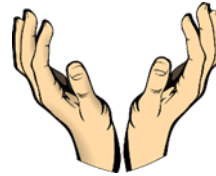
The Millstadt Senior Center is establishing an endowment fund of memorial gifts and bequests, to ensure the future of senior services in Millstadt.

We hope that you will remember the Center when planning your estate, or as a fitting means of honoring a departed friend or loved one.

All memorial gifts and bequests will be acknowledged in the Center's newsletter. If you would like to make a provision in your will, the following form is suggested:

I give, devise and bequeath to Millstadt Township Senior Services, a non-profit corporation, located on this date at 102 South Jefferson, Millstadt, Illinois 62260 the sum of \$ _____ (or the property, herewith described)

**We Welcome Any Inquiries About Bequests,
Please Call Us At (618) 476-3731**



GRIEF SUPPORT GROUP

**Sponsored by St. Clair County Office on Aging
And 708 Mental Health Board**

**Meets Monthly Third Monday of each Month
10 to 11:30 am**

**201 North Church Street
Belleville, IL 62220**

**Facilitated by
Family Hospice Heartlinks Grief Center
Please call us if you have any questions
234-4410, ext 7056**

Laminating Tuesdays

If you need something laminated please stop by on Tuesdays and we would be glad to laminate for you free of charge.



Central Illinois' #1 Senior Care Insurers

Derek R. Schuett
Licensed Agent

- Medicare Prescription Drug Plans (Part D)
- Medicare Supplement Plans
- Medicare Advantage Plans (Part C)
- Under 65 Health Insurance
- Long Term Care Insurance
- Life Insurance/Final Expense
- Annuities
- 401K/IRA Rollover

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www.illianainsurance.com

Township Supervisor
Denise Blaha
Village Mayor
Michael Todd
Director
Patty Evansco
Nutrition Staff
Rachel Feazel
Transportation (Drivers)
Ed Luecking
Robert Braun
Larry Sanders
Sandy Sanders
Executive Board
Charlie Todd, President
Ronald Eckert
Al Lehr
Mark Todd
Ray Famula
Advisory Council Members
John Baltz
Allen Analla
Betty Stark
Carol Osick
Darleen Sandheinrich
Don Ortmann
Kathy Schaefer
Lillian Tracy
Randy Burk
Pat Morris
Rich Brune
Editors
Patty Evansco
Marlou Eckert
Don Mueller
Janet Mueller
Jerry Schmitz
Judy Jacobs



Township Senior Services
102 South Jefferson St., Millstadt, IL 62260
Phone No. **618-476-3731**
Fax No. **618-476-3921**
email seniorce@htc.net

MISSION STATEMENT

The Millstadt Senior Center Is A Place Of Opportunities, A Focal Point In Our Community Where Services Support Positive Aging and Where Educational, Recreational and Cultural Programs Enrich The Lives Of Elders and The Community

Funding for (Grantee) is received from the United States Administration for Community Living, the Illinois Department on Aging, and the AgeSmart Community Resources. (Grantee) does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with State and Federal Statutes. If you feel you have been discriminated against, you have the right to file a complaint with the AgeSmart Community Resources by calling **618-222-2561 or 800-326-3221**

"Seniors Come First" Services Available

Meals on Wheels One of the Center's most important programs, the Meals on Wheels program provides daily meals to people who have difficulty getting out of the house and/or cooking for themselves. Not only are we able to supply necessary food, but the driver delivering the meal is able to ascertain how the client is getting along and share some companionship. We have a number of folks dedicated to providing these services. They give freely of their time and energy to deliver the meals, make contact with the recipient and report back to the Center. The majority of the "regular" drivers volunteer one day per week and most have said it is highly rewarding for them.

Lunch Program Lunch is served Monday through Friday at 12 noon. You must be 60 years of age or older to qualify for this program. It is appreciated that if you want lunch you call the center by 3:00 pm in order to sign up for lunch on the following day. When you come in you may sign yourself up for the next day. If you like, you may sign up for the entire week or month. If you know that you can not make it and you have signed up, please call and let us know that you will not be here and tell us when you will be back for lunch. If you have any questions concerning the lunch program please contact Patty Evansco at **476-3731**.

**All Lunches Are Catered From the Millstadt IGA,
China King And Breadeoux Pizza From Millstadt
"The Center is a Great Place to Enjoy Yourself
Through Fellowship And Celebrations With Other
Seniors of Millstadt"**

Senior Information and Assistance provides information or help with services and benefits to residents of Millstadt age 60 and over. We will also visit homebound seniors. If you need this service or would like to schedule a visit, call Millstadt Township Senior Center at **618-476-3731**.

Mums The Word



Mums The Word – At the Corn Hole game on September 28th, 2017 the big prize was a choice of these 10 beautiful Mums. The top scorers for Thursday included 1st Place – Elmer Sandheinrich, 2nd Place – Larry Hucke and 3rd Place – Columbia Delong. 4th thru 10th in order was Betty Schranz, Toni Schneider, Darleen Sandheinrich, Don Ortmann, Ralph Schneider. Mary Ann Conrad and Evelyn Weber. Thank you all very much for playing each week everyone really has an enjoyable time.



Wish List

Sugar Free Snacks
Sugar Free Juices
Ream of Colored Paper (8 ½ x 11)
Dawn Dishwashing Soap
Cascade Dishwasher Soap
Crackers
Nutrition Bars
Spray Cleaner for Tables
(Bleach based)
New Digital Camera (Ours Broke)
Thank You Very Much For Always Thinking
Of Us And All Your Donations



October Van Trips

October 2 K-Mart 9:00 AM

October 16 Waterloo Walmart 9:00 AM

Call the Senior Center to register for the trips at (618) 476-3731. Trip schedule may be subject to change.

16th Annual Concordia Church Dinner Auction



PARTY TIME -



GREASE IS THE THEME

Saturday, October 14, 2017

At The Quail Club, Belleville, IL

Doors Open at 6:00 P.M.

Please Make Reservations by
October 5, 2017

Tables are reserved in the
Order reservations are
received

Cost \$25 per person*

***Dinner Included**

Cash Bar Is Available

Come dressed as your
favorite
Grease Character
(Optional)

Silent Auction
6:00-8:00 P.M.
Oral Auction 8:00 P.M.

Cut here and return portion below

Please return to: Concordia U.C.C.
7600 State Rd. 163 Belleville, IL. 62223

Amount Enclosed _____

Email Address _____ Group _____

Name: _____

Name of Guests (Up to 8-10 Guests per table)	(Up to 8-10 Guests per table)
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

(You do not have to have a complete table in order to make reservation.)
 Cash, check, debit and credit card* will be accepted. *All debit & credit cards
 will be subject to a Surcharge of 3% of total purchase price.

Leesman Funeral Home Hosts ½ Price Meal At Senior Center

On Thursday September 28, 2017 aftercare specialist Jim Jarvis gave a presentation for the Millstadt Senior Center on How to get Your Affairs in Order. He explained how Medicaid can affect your funeral costs and even mentioned how the cost of publishing your obituary has risen from \$90 to \$400 in just a few short years. Some of the questions you should think about are:



Score the following for each: No (1 point) Yes (5 points)

Not Sure (3 points) See how you do at the end.

1. Have I made pre plans with a funeral home
2. Is there one person in this world (at least) who clearly knows if something happened to me tonight, they would be in charge of my final arrangements tomorrow?
3. If something happened to me tonight, do I know (am I sure) who legal "next of kin" is?
4. Do I know that my legal next of kin can decide whether I am cremated, buried or entombed (despite (not knowing) my wishes) if I have not made pre arrangements?
5. Have I discussed my final arrangements with my family? Do they have a clear idea of my wishes?
6. If something happened to me tonight, is my next of kin prepared financially to pay for my funeral and/or cremate arrangements in full within the next 24-28 hours?
7. If something happened to me tonight, is my next of kin aware that they would need to pay for my funeral and/or cremation arrangements in the next 24-48 hours?
8. Am I aware that a funeral service and/or cremation service with some of celebration of my life would cost between \$2,000 and \$10,000?
9. I would hope that my family and/or friends would host some type of funeral service and/or celebration of life in the next week if something were to happen to me tonight.
10. There are some meaningful and poignant contributions and/or achievements, as well as some special qualities I have, that I hope will be remembered, through funeral services, a celebration of life and also in my newspaper tribute.

50 points – Excellent – You're well prepared

35-49 points – OK – But you need to talk to an expert

1-34 points – Not so good

Mary Ann Hagler

Mary Ann Hagler, 82, of Millstadt, Ill., born July 10, 1935, in East St. Louis, Ill., she passed away September 19, 2017, at her home in Millstadt. Mary Ann had obtained her BSN in nursing at the Missouri Baptist School of Nursing and worked as a nurse for many years at Memorial Convalescent Center, Belleville, Ill. In her free time she loved to tend her flower and vegetable garden as well as getting lost in a good mystery novel. In addition to her parents, Chalmer and Gertrude, nee Titter, Castiller; Mary Ann was preceded in death by a brother, John "Terry" Castiller.

She is survived by her long time friend, Jo Ann Miller, of Millstadt; her daughter, Ann (John) Wilson, of Vienna, Va.; her grandchildren, Nicole Benuzzi, Port Charlotte, Fla., John Wilson and Robert Wilson, both of Vienna, Va.; dear friends, Julia Fry of Fayetteville, Ill. and Dolores Miller, of Millstadt; "Special Friends" Quincie and Sammie; as well as nieces, nephews, and many other friends.



William Santanello

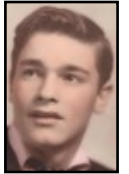
William "Bill" H. Santanello Sr., 79, of Millstadt passed away Wednesday, September 6, 2017 at Memorial Hospital in Belleville, Ill.

He was born April 9, 1938 in East St. Louis, Ill., a son of Dr. William "Doc" M. and Pauline (nee Schlau) Santanello. He married Bonnie Karban.

Bill was a member of the Local 1 SIUE, he worked 44 years with the Fairmount race track. He was the owner and operator of Santanello's Italian Restaurant and Oltimer Inn and Santanello Oltimer. Bill earned 135 points in a new TAC record in 1958. He was a sports fanatic and enjoyed playing cards.

He was preceded in death by his parents, Dr. William "Doc" Santanello and Pauline K. (nee Schlau) Santanello.

Surviving are his wife, Bonnie (nee Karban) Santanello; daughter, Terri (Rick) Dambacher; sons, Bill (Valerie) Santanello, and Brooks Santanello; three grandchildren, Ricky Dambacher, Derek Santanello, and Logan Santanello; great-grandchild, Alayna Santanello; sisters, Vickie (Jay) Erwin, and Cathy Santanello; brothers, Dick (Brenda) Santanello, Bob (Rita) Santanello, and Joe (Barb) Santanello; and many nieces, nephews, and other relatives family and friends.



Margie Crain

Margie M. Crain, 94, of Columbia, Ill., formerly of Millstadt, Ill., died Tuesday, September 26, 2017. Visitation from 4 to 8 p.m. Sunday and again from 9 to 9:45 a.m. Monday at the funeral home. Mass of Christian Burial 10 a.m. Monday at St. James Catholic Church, Millstadt, Ill. Interment in Mt. Carmel Catholic Cemetery, Belleville. Creason Funeral Home, Millstadt, Ill.

**The Millstadt
Senior Center
Expresses Our Deepest
Sympathy To The Family,**



**Mary Ann Hagler
Bill Santanello
Betty Szewczyk
Joan Touchette
Margie Crain**