

Quilt Raffle Winners

On June 18th, Millstadt Township Senior Services drew a winner for its Bi-Annual Quilt Raffle to benefit the Center. The first prize quilt was handmade and donated by Marlene Bruehl. The Senior Center quilters are usually hard at work all year setting and quilting the raffle quilts. Their efforts support programs at the Senior Center throughout the year. This year, New Athens resident and volunteer, **Dedria Rongey**, was shocked when she got the phone call while on vacation she had won the beautiful quilt. The second-place prize was a beautiful cross stitched Noah's Ark baby quilt and went to **Dorothy Thomas** of Smithton, who will be meeting her new great grandson on Tuesday, I bet I know what his gift will be! Lucy Hitsman, who began volunteering this year at the Millstadt Senior Center won third prize which was a Black and Decker Toaster Oven. Thank you for your support by purchasing tickets. A profit of \$680 was made from the raffle. The Center has made a total of \$13,407 on the quilt raffle since 2010. Thank you, Quilters, and Embroiders!!

Drive By Celebrations

We would like to share pictures of your drive-by celebrations held during the COVID 19 pandemic. Birthdays, graduations, weddings, etc. E-mail your event or bring a picture in to the Senior Center. The email address is seniorce@htc.net. Please provide the names of those shown in the picture.

(L-R) Charli Coppernoll, 12 and Hannah Sternau 12



JT Milton, Age 10 and Alyssa Sternau, Age 10

From Below The Tower

JMJ



Patty Evansco

Did you notice the MJM on top of my letter this month? I attended St Cyril's Catholic Grade School in East St Louis. The Franciscan nuns taught us to write "MJM" on top of all our school papers. It stands for "Jesus, Mary and Joseph". Writing this is a form of prayer in which we offer all we do to Jesus and the

Holy Family. The practice encouraged our devotion to the Holy Family. In my case, I am not sure if it worked, but I needed help writing Under the Tower this month so I thought I would ask them for help.

Many people have asked me when the Millstadt Senior Center will open congregate dining. As the Illinois Dept. on Aging moves forward discussing possible reopening of services, we all stress that our most important driving principle is maintaining the health, safety, and welfare of our clients. With that said, the Department on Aging has recommended that we NOT open our dining room at this time. We will keep you informed, and we will continue curbside/ to go orders and Meals on Wheels. If you have any further questions, please call me at 618-476-3731.

As June began, I anxiously awaited the start of my vacation. We had planned a golf vacation starting with dinner at Corkey's in Memphis, Tennessee. Corkey's has great bar-b-que, and we got there only to find the dining room closed. However, we were able to take a carryout and ended up eating in our hotel which was nice. The pulled pork was worth the drive. There is a wine store up the street from Corkey's and they carry my favorite vino, Fess Parker's Riesling. We stopped there and I bought a case to take home with me, since I had not been able to find it locally. A great start to a vacation - pulled pork and wine.

The next morning, we got up early and began the next leg of our trip to Gulfport, Mississippi. It took six and half hours to get there because I had decided to drink eight ounces of water an hour. We had to stop five times. When we finally pulled into Gulfport, I had never seen so many outlet malls, stores, restaurants,

Continued on Page 2

Emergency Relief For Households Across The State

COVID-19 has put additional stresses and financial burdens on households and families across Illinois. The Pritzker Administration, in partnership with the Illinois Department of Commerce and Economic Opportunity (DCEO), is leveraging federal CARES Act funds in the State's 2021 budget to expand assistance and eligibility to serve more families with emergency relief programs as part of the new Help Illinois Families initiative. See the attached flyer and/or go to www.helpillinoisfamilies.com for more information.

Under The Tower

Continued from Page 1

and traffic. I began to feel a little COVID nervous with all the people and congestion. We stayed at the Island View Hotel. Our room was in an adjacent building across the street and right on the gulf. What a beautiful view, but the beach was closed. I do not know if it was because of COVID or the storm they had a week earlier, but I got to see it and it was breathtaking. There were people from everywhere and no one was wearing a mask or social distancing. I became worried and just wanted to be safe. We had a tee time the next day to play golf at the Wind Dance Country Club. As things turned out we did not make it to the Country Club. We decided to get back in the car and drive back to Tunica, Mississippi where we had a wonderful rest of our vacation. I played golf at the Tunica National and River Bend Golf Courses and was happy to find that the courses were not crowded. Tunica was like a ghost town, and I was glad to feel safe again. I went to an Outlet Mall and found many good buys. Next we went to Fitz's Casino, and I won a \$1000! We found a restaurant off the beaten path "The Hollywood" and it was like going back in time. There was only one other occupied table. It was a great peaceful vacation. As hectic as these last few months have been, I enjoyed the quiet time. A few days later at Millstadt IGA, I was standing in line and noticed on their wine shelf Fess Parker Riesling Wine. Can you believe it? *Have a great July!*

Patty

Senior Director Patty
Evansco at The
Hollywood Restaurant in
Mississippi



Nutrition Vouchers Available For Senior Citizens Senior Farmers Market Nutrition Program



The Senior Farmers Market Nutrition Program (SFMNP) provides low-income seniors with coupons that can be exchanged for eligible

foods (fruits, vegetables, honey, and fresh-cut herbs) at farmers' markets, roadside stands, and community-supported agriculture programs.

Eligibility Guidelines/Household size:

- Individual – \$1,967.00 Monthly
- Couple – \$2,658.00 Monthly

Senior citizen must be at least 60 years old. **All vouchers are valid through November 30th. Program vouchers are given out from June – September** but participants will need to check with their farmers' market to determine how late in the season each one will be open as market dates differ. Seniors are eligible for 1 voucher per year. Vouchers are first come first serve. For more information contact Patty Evansco at (618) 476-3731 or seniorce@htc.net.

1st National Bank of Waterloo

The First National Bank of Waterloo recently donated \$500.00 to the Sandra M. Bereitschaft Foundation. This has been a very interesting time in all our lives both at home and at work. We especially are appreciative of all donations at this time to continue our support of the Millstadt Township Meals on Wheels program. The donation will be used to ensure MOWS will be available to qualifying seniors in need to of a meal. Thank-you for your donation.

Sandra M. Bereitschaft Foundation

For the past several months all meals served from the Millstadt Township Senior Center have been served in take-out containers called "Olivers". Some days 120 meals are delivered by MOWS volunteer drivers or meals maybe pre-ordered and picked-up at the Senior Center. The meal containers can be a significant cost when 2000 are used each month. The Sandra M. Bereitschaft Foundation recently donated \$1,600 to the Millstadt Senior Center for the purchase of "Olivers". The SMBF relies on fund raisers and donations to support the MOWS program for Seniors in the Millstadt, Freeburg and the Smithton area. Donations to the SMBF may be mailed to the Sandra M. Bereitschaft Foundation, Post Office Box 41, Millstadt, IL. Thank-you for your support to our local MOWS program.

COVID 19-2020 Style

The year 2020 and COVID-19 will forever be linked together and written and discussed for as long as history will exist. And why not? Think how our lives have changed since March 2020.

Imagine no more "Kiss Cams" at sporting events. No more spitting in baseball, along with no crying according to Tom Hanks in "A League of Their Own". How will vendors serve their customers? With a six-foot passing server? Third base coaches will face a new challenge of flashing signs without touching their face.

Schools may operate on a split schedule with some students attending Monday, Wednesday, Friday others Tuesday and Thursday and then alternate the following week. Some classes may be held on-line. Grocery shopping has changed from 3-4 times a week to once every 2-3 weeks. More shopping is done on-line and food delivery services and drive-through windows are now everywhere. Want a donut, drive through and get a dozen to go.

Don't dress for work, Zoom instead or Skype or whatever does not require clothing from the waist down. Fuzzy slippers were also optional.

Longer hair has come back in style. Not necessarily because a new style was wanted but hair stylists were viewed as non-essential for almost 3 months.

Baking has become a new passion for some. Flour and yeast in many stores were hard to find for several weeks. Homemade bread and pizza dough became specialties for those wanting to test their culinary skills.

How has Millstadt, or more specifically zip code 62260, fared during this pandemic? On June 27 the Illinois Department of Public Health reported 215 were tested for the virus and 13 were reported having been infected. With a population of 7,290 reported in zip code 62260 that reflects a testing rate of less than 3%. The important number is the number of deaths reported, zero.

Many of us are still staying close to home and wearing a mask when out in public. This is not going away for a while, so let's be safe. Wear a mask and wash your hands. It's that simple.

Sanitizing Station

This month we received a new "Sanitizing Station" from AgeSmart Community Resources. This station is a sanitary way to help prevent the spread of germs and sanitize the hands of people around you. The hand sanitizing station is equipped with non-alcoholic hand sanitizer that kills germs within 30 seconds. This station will be used as you enter our building through the front door. It will be stationed inside the front door. Our policy is to screen everyone that enters the building. After their screening everyone is required to hand sanitize and have their temperature taken. If you have a temperature over 100 degrees you will not be allowed to enter the building. These procedures are to protect you as well as others. Thank you AgeSmart for this gift.



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Tuesday through Sundays 9:30 am – 7:00 pm
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15% Off Seniors (60+) Must Have Coupon

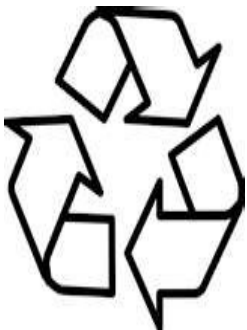


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102 SOUTH JEFFERSON – MILLSTADT IL

FRIDAY, OCT. 9, 2020

9:00 AM TO 12:00 AM

CALL FOR YOUR APPOINTMENT (618) 476-3731

**Notary Services Are Provided
Free At The Senior Center**



Clothing Donations

Is it time to clean-out closets to make room for those Christmas gifts you know you'll be getting? Clothing items may be donated to the Senior Center Thrift Store located on the second floor of the Community Center. Gently used clothing items are also for sale. Donations for items are requested to support Senior Center activities and the Meals on Wheels program. Remember your clothing items may also be donated to the collection box at the IGA parking lot will add to the proceeds IGA collects and donates to the Senior Center. With the help of your donations 20,000 meals were served to Seniors in Millstadt Township last year.

Beat The Social Distancing Blues... Let's Play Meals On Wheels Bingo!

Each day you will receive 12 BINGO numbers that have been drawn at the Senior Center. Match the numbers to the numbers on your card daily. When you have coverall, give the card to your Meals on Wheels driver and the next day your gift will arrive and everyone else will receive a new card to start over with.



You may use your pen or pencil to mark the numbers because this is a disposal card and will only be used for 1 game.

Millstadt Township Senior Services MEALS ON WHEELS

Instructions for "Fresh" Meals

We hope you enjoy these fresh tasting meals. Our Meals on Wheels are specially prepared to be fresh, safe, and nutritionally balanced for you. The meals provide 1/3 of your daily nutritional needs. The meal is kept warm until delivered to your door, so you don't have to eat it immediately. You may place the meal in the refrigerator and eat it when it is convenient for you.

Please follow directions for reheating in a microwave oven or in your regular conventional oven. Additional foods, such as bread or roll, fruit, dessert and milk, do not need to be reheated and come in a separate package. The label includes the packaging date.

INSTRUCTIONS

- REFRIGERATE the fresh meal as soon as it arrives, unless you plan to eat it immediately.
- When HEATING, vent the plastic sections with a fork or pull back the corner of each food section to vent. CAUTION! Steam will be HOT!

- To heat in a MICROWAVE: Heat the meal for 2-3 minutes on high or until the food reaches 165 degrees. (Begin with two minutes and increase the time if needed.)

- To heat in a CONVENTIONAL OVEN: Place the meal on a cookie sheet in the middle of the oven. Heat at 350 degrees for 15 to 20 minutes.

CAUTION: NEVER use a toaster oven to heat your Meals on Wheels

We strive to bring you the highest quality services. If you WILL NOT be home to receive your meal, or have any questions or concerns please call 618-476-3731.

Bread Wrappers



Volunteers Evelyn Weber (Left) and Carl Terveer (Right) help wrap bread for daily Carry Out and Meals on Wheels daily.



Meals on Wheels volunteer Marianne Schaefer (left) and Carol Terveer (right) load Marianne's car for delivery.



Calling All Mask Makers

Would you like to help the Senior Center help the Millstadt Community? Well here is your chance. If you would like to sew

homemade masks, we could surely use them. We have 2 groups that can use your help.

First, we would like to give each of our seniors a mask so that when they begin going out of their houses, they are protected at the store, doctor's office and other places where there could be exposed.

Second, on behalf of the Senior Center we would like to give a homemade mask to the workers at our local businesses in Millstadt that have worked hard these past weeks. This would not only protect them, but us also when we shop or eat there.

We have lots of material at the Center and would be willing to let you pick out for the masks you would like to sew for us. Please call me and I will set up appointment for you to pick up. Thank you all very much for making our community what is.

How blessed we are to live in such a giving community.

POSTPONED

Big Old Bag & Jewelry Sale

The 10th annual Big Old Bag & Jewelry Sale has been postponed until the Fall. This fund-raising event benefits the Millstadt Meals on Wheels program. We will have a great selection of purses and jewelry, so be ready to shop this Fall! Watch for updates in the monthly Senior Talk.

Millstadt Farmers Market

This year the Millstadt Farmers Market is hosting a larger variety of vendors than ever before. You have a choice of brown eggs, white eggs and even duck eggs. Homemade baked goods, including breads and homemade canned goods are also available. Tomatoes should be ripe and ready for the July Farmers Markets Fridays. Plants and vegetables from beets to zucchinis may also be available. Come early for the best selection. The Farmers Market is open every Friday from 3:00-6:00 pm at the Millstadt VFW.



Our Center may be closed to the public, but we still have volunteers helping with the services we are providing the community and in many other ways! We have volunteers making reassurance calls to vulnerable seniors in our community. We have volunteers who pack and seal the meals to be prepared for delivery and pickup every day. Our Meals on Wheels program has volunteers deliver meal boxes Monday through Friday. Volunteers hand out meals for curbside pickup every day. We also have drivers taking seniors to doctor appointments and to the grocery store. Our crafters are still working hard making masks for the Center. We also have volunteers going shopping and delivering goods to seniors. Our gardener has been prepping and planting the beds for the growing season. Some of our staff and their families have been volunteering by packing care packages and sewing masks, too! Finally, our newsletter proofers have helped proof the newsletters from home.

We are thankful for the many ways our volunteers are helping our Center in this difficult time.



MEALS ON WHEELS AMERICA
2020 MEMBER

Smithton Meals

We will have packaged meals available for pick up at Smithton Senior Center on Tuesdays from 11:00 am to 12:00 noon. If you are 60 years of age or older and would like to reserve a meal, **Please Call (618) 476-3731**. Menus will be available. Anyone over 60 is eligible to pick up meal at Millstadt center any day of the week.



Dates to Remember

July 10, Farmers Market at VFW Parking lot; 3-6:00 pm.

July 17, Farmers Market at VFW Parking lot; 3:00-6:00 pm.

July 24, Farmers Market at VFW Parking lot; 3:00-6:00 pm.

August 7, Farmers Market at VFW Parking lot; 3:00-6:00 pm.

August 14, Farmers Market at VFW Parking lot; 3:00-6:00 pm.

Local Homecoming events have been cancelled in Millstadt and Waterloo. Monroe County Fair has also been cancelled for 2020.

You Matter! Get Counted!

Look for the 2020 census. It should arrive soon if it hasn't already. It is vitally important that you get counted.

You can complete the census the traditional way, on paper, or for the first time ever, you have the option to complete the census online. CSC is committed to helping you complete the census regardless of how you choose to do so.

We are hoping to re-schedule our information and help sessions. Stay tuned for more information. However, please feel free to call us with any questions or if you need assistance!



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RECYCLING PROGRAM

Recycling continues the first Saturday of every month at the Township Garage on East Harrison Street. Volunteers will remove the recyclables, glass, cans, paper, cardboard and number 1 and 2 plastics from your vehicle from 8:00 am to 10:00 am. This program is available for all residents of Millstadt Township and the Village.

During The Month of June

Our Volunteers Donated **679** Hours To

The Millstadt Senior Center

If Paid at Minimum Wage, the

Dollar Value Would be **\$6,785**

THANK YOU VERY MUCH

This Program Would Not Be Possible Without Each Of You!

For Your Dedication, In The Spirit Of Giving

Please Remember To Report Your Volunteer Hours

Would you like to join our group of Volunteers?

Please Stop By The Center To Sign Up

Or See Patty In The Office

Urgent Need Volunteers!



**Millstadt Senior Services
is in need of volunteer**

**Meals on Wheels drivers in rural
Millstadt areas!**

**Drivers are needed from
10:30 am - 12:30 pm**

**Deliver meals and a smile and also receive a
delicious free meal on the day you deliver!**

Call Patty at (618) 476-3731

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Office (23.5 hours)

Alena Schaltenbrand

Jack Kramer

Jean Colbert

Kathy Schaefer

Lucy Hitsman

Drivers (27.5 hours)

Bob Braun

Bob Louis

Charlie Todd

Marlou

Rich Kwentus

Richard Rist

Telephone Assurance (12.5 hours)

Jack Kramer

Smithton(40 hours)

Linda Lanham

Pam Andrews

Nancy Freeman

Mike Walter

Julie Crosby

Kim Freeman

Dede Rongey

Sharon Patterson

Pat Schmeder

Thrift Store(4 hours)

Eileen Doerr

Care Packages (2 hrs)

Lucy Hitsman

Newsletter (42 hours)

Don Mueller

Judi Jacobs

Kathy Schaefer

Gary Diedrich

Kathy Diedrich

Marlou Eckert

Mary Heberer

Meals on Wheels

(213.5 hours)

Barnie Jorns

Becky Courtney

Beth Kwentus

Bob Braun

Bob Louis

Carol Osick

C'rlie Todd

Cheryl Mueth

Cheryl Pierpoint

Donna Gaulrapp

Elle Heiligenstein

Faye Schilling

Fern Lundsford

George Mokrikow

JoAnn Pisel

John Morton

Judi Guenther

Judy Richards

Karen Witte

Kathy Weygandt

Lawrence Osick

Lois Potter

Mandi Carroll

Marianne Schaefer

Marilyn Braun

Marlou Eckert

Marsha Davis

Marylou Peter

Michelle Rist

Nancy Kostelac

Peggy Mokrikow

Randy Burk

Rich Kwentus

Richard Rist

Ruth Morton

Scott Courtney

Susan Sager

Kitchen Workers

(311.5 hours)

Bob Braun

Bob Louis

Carol Terveer

Colleen Costello

Doris Chaput

Evelyn Lucu

Evelyn Weber

Fran Wagner

Karen Wagner

Katelyn Womack

Kim Oplet

Lois Potter

Marilyn Braun

Marlou Eckert

Marylou Peter

Michelle Rist

Mike Walter

Rich McNally

Richard Rist

Happy 34th Birthday Colleen

Veteran volunteer Colleen Costello celebrated her 34th Birthday working at Millstadt Township Senior Services helping others. Colleen has volunteered for the past ten years. She was coming every Monday, Wednesday, and Friday until the pandemic and then she began coming every day. Colleen usually arrives at the Center around



8:30 am on her bike. The sun is not always shining and there have been days when we are surprised by her arrival by bike when it is raining, windy or cold outside. There have been rare occasions when her dad, Alan has brought her. She starts her day by counting out the containers that will be needed for lunches and then works the line filling the containers with food for the meals. During the pandemic she announces when the carry out people arrive and delivers the meal to the door or their car. She helps Meals on Wheels volunteers pack up for their deliveries and when they come back, she oversees sanitizing the coolers and containers used. Colleen loves horses and worked at a horse farm two days a week before the pandemic. The other volunteers honored her on her birthday with a cake and presents. Colleen wrote a thank you note and said the party made her feel happy. She has volunteered 181 days since the pandemic began March 12, 2020. Colleen is a Godsend to us, and everyone loves her. Happy Birthday Colleen!

DO YOU NEED HELP?

The Millstadt Senior Center is here to provide essential services. If you are a senior in need: Call 618-476-3731

- Weekly check in calls
- Fresh produce
- Grocery shopping
- Face Masks
- Free puzzles & books
- Tech assistance with ZOOM, Facebook

Age Smart has required that all volunteers for the Millstadt Community Center undergo a background check, this is a condition of the Grant that is received by the Center. These checks are done to protect not only our clients but our volunteers and employees as well.

Please provide copies of your drivers license by July 31. If you do not have a printer at home the Center will be happy to make a copy for you.

The Background checks will be completed by the Millstadt Police Department.



**625 East Washington
Millstadt, Illinois 62260
(618) 476-3161**



Are You a Family Caregiver Caring for an Older Adult?

You May Qualify for Financial Assistance.

This Program is For you If you are:

- A caregiver over age 18.
- AND provide in-home care to individuals who are 60 years old or under 60 with Alzheimer's disease or related disorder.

Eligible caregivers are provided with funds to help meet needs that are essential to provide care for the older person.

Allowable expenses include:

Home modifications, adaptive equipment, transportation, adult day care, etc.

Funding is limited. Priority is given to the individuals with greatest economic and social need.



To learn more, please call 618-222-2561.

Visit our website www.AgeSmart.org to learn about other programs and services that help you Age Well Your Way!

Notice Of Postponed Event

Due to the COVID-19 Pandemic, the Millstadt Historical Society regrets that we will be unable to reschedule our 17th Millstadt Village-Wide Yard Sale for the Fall of this year. We anticipate having our regularly scheduled sale on Saturday, May 1, 2021. We thank you for your continued support and look forward to our event in 2021.

Bible Study At Senior Center

An informal Bible study will be offered at the Millstadt Senior Center, on the **2nd and 4th**

POSTPONED



This Is A Non-Denominational Study And All Are Welcome, Regardless Of Religious Background, And There Is No Cost

Senior Transportation Program

***Need a Ride to the Doctor, Bank
Hairdresser, or Dentist?***

**The Senior Center Offers the Only Form of Public
Transportation for the Community**

This Service is Available for Persons 60 Years and
Older and Their Caregivers

***A Suggested Donation Of \$2.00 For
Transportation To and From Doctors, Dentists,
Or Hair Appointments***

**This Partially Covers the Actual Transportation
Costs of \$5.95**

For Each Time It Is Provided

All donations are Confidential and Are Used
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Volunteer Spotlight



Meals on Wheels volunteer Donna Gaulrapp with her grand-daughters Katelyn and Emily along with Millstadt Township Board member Charlie Todd. Donna and her grand-daughters have delivered meals 25 days since the COVID-19 pandemic began. Donna and her crew are always ready to deliver any day they are called upon. Charlie Todd drives the van and helps deliver meals once a week. He has worked for free over 60 days since the pandemic began. Charlie is also president of Millstadt Township Senior Services Executive Board.

For many volunteering for Meals on Wheels has become their "second career."

"We really appreciate them because they are always there to help out," said Patty Evansco, Millstadt Senior Center director. "If I need an extra driver, they step up"

They do it because there's more to Meals on Wheels than just delivering food, Patty said.

"Our volunteers truly believe Meals on Wheels isn't just about food," she said. "They have met so many special seniors doing this."

The service also has a higher meaning to homebound seniors. It gives them someone to talk to and watch out for them.

To volunteer, call the Meals on Wheels call 618-476-3731. If you or someone you know is in need of assistance through the Meals on Wheels program, call 618-476-3731. Participants must be over the age of 60, living alone and home-bound.

Tributes And Memorials

Tribute and memorial gifts may be made to Millstadt Township Senior Services by calling (618) 476-3731 or by mailing a check made payable to Millstadt Township Senior Services, 102 South Jefferson Street, Millstadt, IL 62260.

Wish List

Stand up Freezer
 Clorox Spray
 Large Paper Plates
 New Large Cooler for Meals on Wheels
 Small Cooler for Meals on Wheels
 Ziploc Bags (Quart/Gallon)
 Pump Hand Sanitizer
 Clorox Wipes
 Sanitizing Wipes
 Face Masks For
 Home Delivery Volunteers
 Latex Gloves For Kitchen Workers

MILLSTADT TOWNSHIP SENIOR SERVICES



QUILT RAFFLE Dec. 18, 2020

At Senior Center

- 1. Prize - Handmade Queen Size Quilt
- 2. Prize - Handmade Baby Quilt
- 3rd Prize - \$25 Gift Card to IGA

TICKETS \$ **1⁰⁰** 6 FOR \$ **5⁰⁰**

Available at the Center

Many tickets are being sold for our Quilt A Rama drawing on Dec. 18, 2020. The Quilt tops are Handmade and Hand Quilted Queen Sized Pieced Quilts.

Tax Preparation Assistance

It is unclear at this point when the tax preparation appointments will be rescheduled. The new deadline to file both State and Federal income tax is July 15. If we can work with AARP tax preparation volunteers and the IRS to offer appointments, we will let you know.

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TRANSPORTATION NOTICE

Effective January 1, 2020

Due to the increased usage of the Senior Transportation Service and drive time, we will be doing Doctor appointments as follows:

***Belleville Doctors** will be done on Mondays and Wednesdays from 8:00 am to 11:00 am

***Shiloh/O'Fallon Doctors** will be done on Tuesdays and Thursdays from 8:00 am to 10:30 am

Please schedule future appointments accordingly.

THANKS FOR OUR DONORS

June 2020 Mask Makers (1,170 Masks to date)

Jovita Johns
Mary Lou Peter
JoAnn Trinity
Barbara Meadows
Kim Oplet
Dwight Hight
Darla Klaus
Peggy Walsh

Monetary Donations – Used To Help Purchase Personal Protection Equipment And Supplement Program

Jim and Sharon Range
First National Bank of Waterloo
Thelma Short
Shirley Baltz
John Kramer
Judi Jacobs

Sandra M Bereitschaft Foundation Donations

Grant for Oliver Packaging for Meals on Wheels
\$1,692

First National Bank of Waterloo
In Memory of Cecilia Helfrich

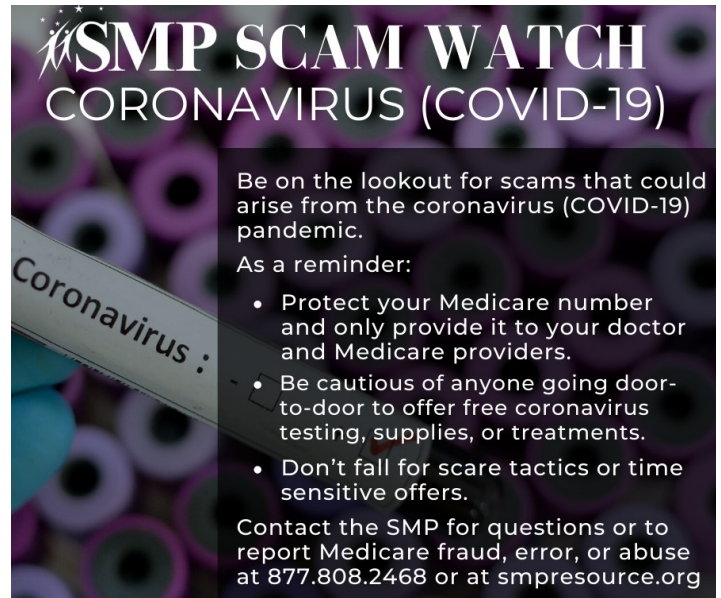
MaryLou Peter
Kitchen Supplies
Mary Heberer

Personal Protection Supplies
Millstadt Police Department
Millstadt Ambulance Service
AgeSmart Community Resources

Land of Lincoln Legal Services

Will assist individuals of limited income age 60 and older with power of attorney for property and health care and simple last wills.

Wednesdays, 9 a.m. to noon • By appointment only
Call 618-234-4410, ext. 7033 to make an appointment



SMP SCAM WATCH

CORONAVIRUS (COVID-19)

Be on the lookout for scams that could arise from the coronavirus (COVID-19) pandemic.

As a reminder:

- Protect your Medicare number and only provide it to your doctor and Medicare providers.
- Be cautious of anyone going door-to-door to offer free coronavirus testing, supplies, or treatments.
- Don't fall for scare tactics or time sensitive offers.

Contact the SMP for questions or to report Medicare fraud, error, or abuse at 877.808.2468 or at smpresource.org




Take Charge of Your Health

Thursdays, July 2- August 13 | 1:00-3:30pm | ZOOM | FREE

Join Oasis for Living a Healthy Life with Chronic Conditions!

This six-session, interactive workshop is designed to empower adults who are living with chronic conditions like heart disease, arthritis, diabetes, depression, emphysema and other health conditions. Participants will discover strategies to improve their quality of life while managing the symptoms of their conditions. All participants will receive a free informational book and CD. Light refreshments will be provided.

The goals of this program include:

- Learning to problem-solve and set health-related goals
- Understanding important foods to incorporate into your diet
- Starting or maintaining an exercise program
- Improving communication with family, friends and doctors
- Creating a personal self-management program

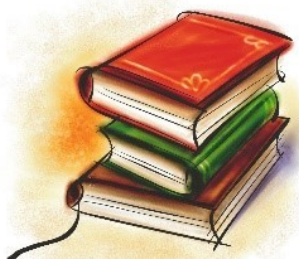
For more information or to register, please call 314.266.9693



Program Location Address:
ZOOM Virtual Class

Little Free Library

How do you get to know a community or neighborhood? Walk around, eat at the local restaurants, visit the ice cream shop. One more way to get a glimpse of the people who live there: Visit its Little Free Library to see which books the residents put in the library to share and inspire. The nonprofit, which is celebrating its 10th anniversary this year, has libraries in 91 countries and has shared 120 million books since its inception. Visit Millstadt's own Little Free Library at 102 S. Jefferson Street, in front of the Millstadt Community Center, and discover another side of the people who live here.



Bus Rider Reminder
All Ride Reservations Should Be Made Through The Office Please
Do Not Tell Bus Drivers Your Appointments Thank You

D & D Solutions

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WE NOW HAVE BOTTLE WATER!

EMERGENCY RELIEF FOR HOUSEHOLDS ACROSS THE STATE

COVID-19 has put additional stresses and financial burdens on households and families across Illinois. The Pritzker Administration, in partnership with the Illinois Department of Commerce and Economic Opportunity (DCEO), is leveraging federal CARES Act funds in the State's 2021 budget to expand assistance and eligibility to serve more families with emergency relief programs as part of the new Help Illinois Families initiative.



More assistance for more needs

Help Illinois Families expands on the existing Low-Income Home Energy Assistance Program (LIHEAP) and Community Services Block Program (CSBG). If you meet the income requirements and submit your application, you may be eligible for emergency assistance to cover the costs of utility bills, rent, temporary shelter, food, and other household necessities.



LIHEAP helps eligible low-income households pay for home energy services. This includes assistance with heating, gas, propane and electricity. More information on services available in your region can be found by visiting your Local Administering Agency (LAA) page.

CSBG offers Illinoisans an opportunity to receive support for an array of essential services including rent assistance, food, temporary shelter, medicine and more. Check your local Community Action Agency (CAA) page for a list of available services near you.

Assistance to more Illinois individuals and families

New eligibility thresholds make Help Illinois Families available to more individuals and families, in response to the bigger challenges many are facing due to COVID-19. But the program will still be available to all current qualifying low-income households, regardless of how COVID-19 has affected them.

An easy online pre-application process

A new online pre-application form makes the process faster and easy. It lets you determine your eligibility and start the application process remotely. All applications will be reviewed on a first-come, first-served basis. Read on to find out if you might be eligible, and to start the application process.

Application dates and deadlines

Expanded LIHEAP assistance and eligibility applies to applications for the 2021 financial year. These open on July 27, 2020. Applications for the 2020 financial year are available until June 30, 2020, but these do not feature the expanded assistance and eligibility.

CSBG applications are available year-round. The expanded assistance and eligibility already applies to all CSBG applications.

SENIOR TALK

Receive the Newsletter in the Mail!
Subscriptions are \$30.00 Per Year
Due To Postage Increases (12 Issues)

Name: _____

Address: _____

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State: _____ Zip: _____

Phone: _____

Please Send This Form And Your Check To:
Millstadt Township Senior Services
 102 South Jefferson Street
 Millstadt, IL 62260

****Be Sure To Check Your Mailing Label For Your Subscription Expiration Date****

Am I eligible?

If you need help with basic household amenities covered by the programs mentioned above and believe that you may be income-eligible, please review the following before submitting an application:

1. Is my household income within 200% of federal poverty level? If your household's combined income for the 30 days prior to application (gross income for all household members, before taxes are deducted) is at or below 200% of the federal poverty level as shown in the chart below, you may be eligible to receive assistance.

Family Size (total number in household)	30-Day Gross Income Total to Meet Eligibility
1	\$2,127
2	\$2,873
3	\$3,620
4	\$4,367

Add \$747 monthly income per person above 4 people.

2. What documentation do I need to prove eligibility? For each household member, please have the following documents ready to confirm eligibility with your LAA or CAA: social security card; proof of income over last 30 days through paystub, check or copy of check showing fixed income amount (e.g. SSA, VA, DHS benefits) or other proof of documentation for any income source; and utility bill if seeking utility bill assistance or lease if seeking rental assistance.

Start your application!

If you believe you are eligible and do NOT need assistance from a live agent, it's time to start your pre-application form online. Start by visiting helpillinoisfamilies.com to identify your county which will route you to the pre-application form linked to the CAA or LAA servicing your county. If you need assistance with completing and submitting your application, contact the call center at 1-833-711-0374 for live support. The call center will provide translation services in English, Spanish, and other languages if necessary and TDD services for callers with hearing impediments.

Check pre-application status

After your pre-application form has been submitted, your LAA or CAA will contact you as quickly as possible to confirm eligibility and determine the amount of your LIHEAP and/or CSBG benefit. Please keep in mind the volume of requests is very large given the impact of COVID-19 and it may take longer for your application to be processed. Applications will be processed in order of when the application is received - check status with your local CAA or LAA.

Help Illinois Families

is administered by DCEO's Office of Community Assistance. DCEO manages three federal programs: Low-Income Home Energy Assistance Program (LIHEAP), Community Services Block Grant Program (CSBG), and the Illinois Home Weatherization Assistance Program (IHWPAP).



Little Free Library

The Little Free Library, which looks like a giant bird house, is located in front of the Community Center and is open 24 hours a day. Donations of books may also be made at the library. It is based upon the theory that a borrower may take a book, read it, then return the book for others to enjoy. Books of kinds and for all age groups are available in the library. Stop by select a book or leave one for someone else to enjoy. Copies of the Newsletter are also in there.

Sheet Pan Pancakes

Any left-over pancake squares can be frozen individually in plastic wrap and place in a large zip lock freezer bag. May be frozen for up to two months. To reheat: unwrap from plastic and heat in microwave on High for 30-45 seconds.

- 1 $\frac{3}{4}$ cups all- purpose flour
- 2 Tbsp. granulated sugar
- 1 $\frac{1}{2}$ tsp. baking powder
- 1 $\frac{1}{4}$ tsp. kosher salt
- 1 tsp baking soda
- 2 cups whole buttermilk
- 2 large eggs
- $\frac{1}{2}$ tsp. vanilla
- 4 Tbsp. butter, melted
- 1 $\frac{1}{2}$ cps slice fresh strawberries

1. Preheat oven to 350 degrees. Stir together flour, sugar, baking powder, salt and baking soda in large bowl. Whisk together buttermilk, eggs and vanilla in a medium bowl. Gradually stir buttermilk mixture into flour mixture. Gently stir in the melted butter. Do not overmix, the batter will be lumpy.

2. Pour batter into lightly greased 15 x 10-inch rimmed baking sheet. Bake in preheated oven 7 minutes; sprinkle evenly with strawberries. Continue baking until golden brown and a wooden pick inserted into thickest part comes out clean 15-18 additional minutes.

Other toppings could be substituted for strawberries for example; blueberries, semisweet chocolate chips with almonds; raspberries and powdered sugar; or thinly sliced apples with cinnamon and pecans. Add your own toppings or divide the pancake into halves or quarters and select a different topping for each section.

Special Thanks to

**Concordia Church
Floraville UCC
Immaculate Conception - Centreville
Millstadt Baptist Church
St. James Catholic Church
St. Michaels Catholic Church
Trinity Lutheran Church
Zion Evangelical Church
For Your Continued Support**



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Fresh 'n' Cool A/C

Tune-up Service \$10 Off

Offer Expires 12/30/20

- Inspection of Hoses, Lines, Condenser, Compressor & Vent Temperature Output
- Top-Off A/C system
- with R-134a/Freon
- Install synthetic compressor oil
- Install tracer dye
- Clean & Deodorize ventilation system

Four (4) Wheel Alignment

\$20 Off

Offer Expires 12/30/20

- Perform alignment
- Check camber, caster, front & rear toe in
- Inspect tires for wear
- Check all steering & suspension components for wear & tear
- **Additional parts & vehicles requiring camber, caster shims extra*

Fuel System Service

\$10 Off

Offer Expires 12/30/20

- Cleans fuel injectors
- Cleans throttle body
- Cleans plenum and air intake
- Cleans intake valves and ports
- Removes combustion chamber deposits
- Corrects balance of fuel and air in system

Headlight Restoration Service \$20 Off

Offer Expires 12/30/20

- Removes scratches & discoloration
- Includes new, long-lasting protective layer

Cooling System Service & Fluid Exchange \$20 Off

Offer Expires 12/30/20

- Clean contaminants from cooling system
- Remove rust, scale & corrosion from cooling system fins
- Clean rust from coolant lines
- Replenish depleted coolant additives

Transmission System Service & Fluid Exchange \$20 Off

Offer Expires 12/30/20

- Dissolves & suspends deposits
- Removes all old fluid
- Installs new automatic transmission fluid
- Fortifies new fluid with seal conditioners, oxidation inhibitors & shift improvers

All offers are only valid at Quick Lane at Mertz Ford. See service advisor for details. Offer cannot be combined with any other offer.



summer

reading

@ millstadt library

dates: 7/6 - 8/15

ONLINE!

PRIZES EVERY WEEK!

AGES PRE-K TO ADULT

FREE FOR EVERYONE!

3 Reading Groups:

- Children: Pre - K through 5th grade
- Teens/YA: 6th - 12th grade
- Adult: 18 +

Two Themes:

- Children: Dig Deeper
- Teens & Adults: Imagine Your Story

Fun Tomato Facts



Fruit or vegetable: Here are a few more interesting facts about how tomatoes might fit into your summer menu.

*Tomatoes are actually a fruit and vegetable! By botanical definition, a tomato is considered a fruit. Nutritionally, it's classified as a vegetable.

*The USDA counts some 25,000 different tomato varieties, including hybrids such as Early Girl, which ripens early in the season, and heirlooms such as Cherokee Purple, named for its color.

*Tomatoes offer health benefits including vitamin C, potassium, fiber and beta-carotene, which the body converts to vitamin A.

*On average, Americans eat nearly 30 pounds of tomatoes per person per year.

Stop by the Millstadt Farmers Market on Friday's at the VFW parking lot. From 3:00-6:00 pm you can visit with local vendors and farmers and pick-out your own locally grown tomatoes. What's better than a BLT with fresh tomatoes and bacon.

Millstadt Red Cross Blood Drive Schedule

Help save a Life! GIVE BLOOD



July 9, 2020

September 10, 2020

November 5, 2020

3:00 pm – 8:00 pm St James

3:30 pm – 8:00 pm MCS

3:30 pm – 8:00 pm MCS

WRITER'S GUIDELINES

One does not have to be a professional writer in order to submit articles to Senior Talk. All it takes is the desire to share your thoughts or feelings with the rest of us. Tell us about what matters to you. Share your history, your fears, and your triumphs. There is a "Brag Corner," where you can tell others about your new car, or how your grandchild just graduated from Harvard, or about your prize-winning roses. Give us your recipe for deviled eggs or tell us how you stay married to the same person for 50 years!

It is best to keep the length of the article to no more than 500 words. We reserve the right to edit all materials. Be sure to include your name, address, and telephone number and email address, if you have one.

Articles can be dropped off at the center, mailed, or emailed to seniorce@htc.net

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618-476-1135 Home

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bglaeser@hotmail.com




Covid-19 Reopening Procedures And Summer Reading

The Millstadt Library's number one priority is to provide access to materials and resources you need to accomplish your goals. In order to do so, we also have to take your health and safety into account.

During pandemic times, we have to listen to all of the governing bodies set before us; the American Library Association, the Illinois Library Association, Illinois Heartland Library System, St. Clair County Health Department and the State of Illinois. These organizations put forward their best guidelines for the overall health and well-being of our patrons.

According to their guidelines, we have prepared our own best interpretations in how best to serve you. Even if we're unable to provide physical materials for check-out or our other physical resources.

During Phase 3 of Restore Illinois, the library is closed to patrons except for limited "by appointment" situations. Below is the information you need to know in using our Curbside services during Phase 3.

Curbside Pick-Up Rules/Regulations for Patrons

- Phase 3 Limited Hours: M-Th 12 p.m. – 2 p.m. and 6 p.m. – 8 p.m. | F-S 11 a.m. to 1 p.m. | Sunday: Closed
- Books, audiobooks, CDs, DVDs and magazines can be ordered through curbside pickup.
- Complete the curbside pickup order by placing a hold through your library account, which can be accessed at www.millstadt-library.org at Your Account, found under bookmarks. Be sure to limit items by "My Library."
- - OR - by calling 476-1887. Orders can be placed at any time.
- Temporary library cards are available to residents who live in the Village on our website.
- Families should place orders together. There is a limit of 10 items per card.
- Please visit our website for more information.
- Requests for specific items can be made, but they may not be available during this time. Library staff are happy to select different items based on your preferences.

When Illinois goes into Phase 4 of Restore Illinois, the library will resume to regular hours, but will follow CDC guidelines to the effect of only allowing six people into the library at a time, having six-foot designated areas, a mandatory mask policy and the continuation of quarantining materials.

Please keep in mind that all materials available will only be items from the Millstadt Library until the aforementioned governing bodies are able to continue interlibrary material sharing. Thank you for your continued support and as always, if you have any questions, comments or concerns, please let us know. This is YOUR library.



Are you celebrating a Special Birthday or Anniversary or have a Special announcement? Please send us a photo and information. Our readers would love for

you to share with us. Please email to seniorce@htc.net or drop off at Senior Center.

55 or Better?



Join your friends in our Classic 55 Club!

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- ❖ Interest-Bearing Checking
- ❖ FREE Classic 55 checks
- ❖ Bi-Monthly Newsletter
- ❖ Great Social Activities



www.fnbwaterloo.com

Senior Talk Available at These Locations

Pick-Up Your copy of the Monthly Senior Talk at One of The Following Millstadt Locations

- Melva's Family Hair Care 476-7933
- Millstadt Barber Shop 476-7273
- Millstadt IGA 476-3161
- Millstadt Library 476-1887
- Dr. Carla Samson 476-3373
- Millstadt Pharmacy 476-1701
- Millstadt Village Hall 476-1514
- Millstadt VFW 476-1180
- Mertz Motors (618) 476-3051
- St. James Catholic Church 476-3513
- Trinity Lutheran Church 476-3101
- Zion Evangelical Church 476-1778
- Dr. Steve Knoernchild 476-3344
- Concordia UCC 476-3377
- St. Paul Church, Floraville 473-2285
- Dr. Kevin Schmidt 476-3261
- St Michaels Church – Paderborn 473-2798
- First National Bank of Waterloo 476-3334
- Caseys 476-7360
- Associated Bank 476-3040
- Michelle's Family Haircut
- Millstadt Garden Place 476-1404
- Millstadt Baptist Church
- Lee's Home Center 476-1760
- Bonnie's Beauty Shop
- Training Room
- Handy Feed
- Country Financial
- Schuberts
- Coffee Mill Café 476-6540
- Divine Nail Salon
- Bliss Floral
- Hoffen Funeral Home
- Smithton Village Hall
- Smithton Library
- Freeburg Township
- Freeburg Pharmacy
- Freeburg Library
- Country Mart—Freeburg 539-3163

Thank You For Providing This Service To Our Community

July Birthdays

2 Marilyn Beil	21 Raejeanne Lotz
2 Clara Lindhorst	21 Robert Louis
2 Margene Wachtel	21 Glenda Lovell
3 Richard Chadeayne	21 John Mulkey
3 Donald Mueller	21 Richard Potter
4 Naty Brown	21 Lawrence Schaefer
4 Dorothy Edmison	22 Lionel Bagsby
4 Pat Glass	22 Glenna Rodenberg
5 Marsha Williams	22 Loren Steele
7 Michael Conrad	23 Margaret Denning
7 Kenneth Friedrich	23 Lunsford, Davey
7 Ronald Jelinek	23 Sharon Patterson
7 Carolyn McCullough	23 Lorraine Westerheide
8 Judy Agne	24 Jon Dahm
9 George Mokriakow	24 Barbara Louis
10 Mary Stinebrook	24 Marilee Tedrick
11 Diane Giedemann	25 Jovita Johns
11 Loris Morris	25 Eleanor Louveau
11 Tracy Nelson	25 Mary Stevens
11 Nancy Rosales	27 Carol Marq
12 Helen Menner	27 Bill Stumpf
13 Beverly Hollerbach	27 Dolores Wild
13 Mary Ann Krausz	27 Dennis Wright
15 Charles Fahey	29 Carol Moffitt
15 Dedria Rongey	29 Linda Whelan
16 Cindy Bertelsman	30 Robert Bolt
16 Joanne Showmaker	30 Eileen Doerr
16 Marcella Waeltz	30 Ronald Joshu
18 Robert Hardy	30 Sandy Muskopf
19 Doris Radesky	30 Margaret Robinson
19 Robert Simpson	30 Susan Sager

Village Of Millstadt

JUNE 8, 2020 7:00 P.M.

The meeting was called to order by Mike Todd, with the following trustees answering to roll call: Randy Burk, Mike Capell, Ray Famula, Mike French, Al Lehr, and Mark Todd. The Pledge of Allegiance was recited. A motion was made by Mike French to approve the May 26th minutes. Ray Famula seconded the motion. The motion carried unanimously.

COMMUNICATIONS OR CORRESPONDENCE: none COMMITTEE ON ACCOUNTS: Mike Capell stated he reviewed the bills. Mike Capell made a motion to pay the bills. Mark Todd seconded the motion. The motion carried unanimously. PUBLIC WORKS: SEWER: Al Lehr stated he had talked with Brian; everything is running fine at the sewer plant. He is pressing sludge and doing general maintenance.

WATER: Al Lehr stated Brian had to replace a bearing in one of the pump houses. Scott Baltz stated he signed a contract for \$1,990 to have both water towers inspected. REFUSE: Tracy Holmes stated trash pick up has been horrible the last two weeks. She talked to the Waste Management manager last week and was told that there is so much trash they can't keep up and are behind. She asked them to call the office or send an email if they know pick up is going to be late so that the office can let residents know. Tracy stated they haven't been picking up a third of the town when they're supposed to.

STREETS, ALLEYS AND SIDEWALKS: Randy Burk stated he met with Scott Baltz about some issues in town. They agreed some work needs to be done on East Mill Street. Scott stated he talked with Hank's Excavating and they are planning on finishing up with oil and chipping on the 500 block of West Laurel Street by Friday, June 12th, weather permitting. PUBLIC BUILDINGS, MAINTENANCE, AND EQUIPMENT: Scott Baltz stated Geissler should be done with the Police Station roof by Friday, June 12th, weather permitting.

ORDINANCES AND RESOLUTIONS: none ANNEXATIONS: Mayor Todd stated he and Scott Baltz talked to the property owner on Veterans Drive. They are just waiting to get their land deal recorded to be able to move forward with the annexation.

PARKS, POOL AND RECREATION: Mayor Todd stated he will be on a conference call with St. Clair County on Tuesday, June 9th and will hopefully know more about opening the pool.

CEMETERY: Ray Famula stated a grave marker had been bumped out of position and they are working on replacing it.

COMMUNITY CENTER: Ray Famula stated George Blaha resigned from the Executive Board. He is not sure if the Township will replace him. Ray clarified that Senior Center Director Patty Evansco had asked if the Senior Center staff qualified for the payroll protection program. Ray also clarified that Patty had applied for a few grants; the minutes from the previous Village Board meeting stated she had been awarded those grants.

PUBLIC SAFETY: Police Department – Police Chief Alan Hucke stated the IEPA had released guidelines for opening public pools at the end of the previous week. Mayor Todd stated he had asked St. Clair County but hadn't been given an answer yet. Emergency Service and Disaster Agency – none Fire Department – none 3 BUILDING COMMISSIONER: Adam Romero stated he has submitted the updated fee schedule. There are some buildings and garages that will be demolished by the end of June. Adam stated there will be a Zoning Board meeting on Tuesday, June 23rd. There are hearings for variances and special use permits on the agenda.

OLD BUSINESS: Mayor Todd stated new Police Officer Jacob Fowler will be sworn in at the Village Board meeting on July 13th. Mayor Todd stated he received a letter back concerning the CDBG grant for the 200 block of East Laurel Street. The Village was denied the grant. Randy Burk added that this does not affect this year's grant for work on the end of West Laurel Street.

NEW BUSINESS: Mayor Todd stated he, Randy Burk, and Adam Romero met with someone wanting to possibly put in a new development for villas or smaller homes for elderly residents. This is just the first step and they would still need to go before the Planning Commission and Zoning Board. Randy Burk stated the Streetscape project is ready to go. He asked Mayor Todd if it would be ok to start contacting the residents that the Village would need easements from. Mayor Todd told him to go ahead and start trying to set up meetings. Randy added that if the easements are in on time the bids for the project could go out in Spring 2021.

ADJOURNMENT: Al Lehr made a motion to adjourn the general Village Board meeting and was seconded by Ray Famula. The motion carried unanimously.

YOUR LIBRARY

The Taste of Mexico . . . In Millstadt!



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Monday	Small Margaritas \$3.50 27 oz. Margaritas \$6.00
Tuesday	Domestic Beer \$2.00
Wednesday	Mexican Beer \$3.00
Thursday	Small Margaritas \$3.50 27 oz. Margaritas \$6.00
Fri., Sat. & Sun.	44 oz. Cadillac Margaritas \$13.50

\$10 Buckets of Domestic Beer Everyday!

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Buy Any Lunch or Dinner Entree plus 2 Drinks & Receive the 2nd Entree of Equal or Lesser 50% Off With Coupon.

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717 W. Washington, Millstadt, IL 62260
618.476.6223

HOURS:
Mon – Thurs: 11am – 9pm
Fri & Sat: 11am – 10pm

Flower of the Month



– Larkspur

Many flowers got their names from their colors, but the larkspur takes its from an animal. The flower's scientific name, *delphinium*, is derived from the Greek word for dolphin, *delphis*. As the larkspur begins to bloom, its petals form graceful arches and curve in a bottle-like shape, resembling the nose of this joyful marine mammal. Larkspurs of all colors are thought to symbolize feelings of lightness and an open heart.

Filling Time #4

Time to switch word games! Enough of those “---nyms.”

Lets just take the plain old alphabet (A, B, C, etc.). Then, name one item of clothing beginning with each letter. Sounds easy. A- Apron/ B- Bib/ C- ? Can you name two articles of clothing for each letter?

Now that we are getting out more, this will not take too much time. I am still trying to find a second item for some letters! Keep faith. P.S. Did anyone name a piece of clothing for “X”? *By Judy Jacobs*

Immunity

“Not susceptible to a particular disease.”

As a child, I was part of the grade school children herd who shared measles, the mumps, then chicken pox with other previously unexposed children. Upon recovery, I became an immune member of the herd. Nowadays, infants get periodic vaccinations, develop immunity to various viruses, and melt into the herd. Herd immunity!

Until a new virus comes along. Then, a herd member contracts the new virus and succumbs- or, recovers to become a founding member of a new herd immunity. As the new viral disease works its way into/ through the herd, scientists ply their trade to develop a new vaccine specific for this virus.

Covid-19 is the newer virus on the block. A “herdsman” may attempt to distance his herd from the virus by no outside contacts, stay apart, wear protection. A vaccine will come. Or, the “herdsman” may allow his herd to mingle and be exposed to the virus; live life; the strong will survive/prevail. Either way, some outliers usually manage to infiltrate the “distant” herd and infection occurs.

Today, some nations chose “distance” and pursue a vaccine. Some chose to mingle and allow the disease to naturally occur while pursuing a vaccine. Either way, the herd seeks immunity.

P.S. Did you know that when applied to people, the words drove, herd, and pack may have a contemptuous connotation? *By Judy Jacobs*

Fruits Of July

This month, you'll find a bounty of fresh fruit in gardens, grocery stores, and farmer's markets near you. Among the many juicy beauties at the peak of ripeness in July are apricots, cantaloupe, mangoes, blueberries, blackberries, kiwi, raspberries, plums, and peaches. Cucumbers, tomatoes, and avocados (which are all technically fruits) are especially good in July as well.

What's Lucky in July?

Lucky Color: Gold

Lucky Animal: Panther

Lucky Letters: V and H

Lucky Day: Thursday

Lucky Plant: Violet

Sofia Vergara (actress) – July 10, 1972

Julio Cesar Chavez (boxer) – July 12, 1962

Bernice Abbott (photographer) – July 17, 1898

Maya Rudolph (comedienne) – July 27, 1972

Emily Brontë (writer) – July 30, 1818

Subscription To Senior Talk

- Tired of fighting the lines at local businesses for the latest copy of Senior Talk? To have a copy delivered to your mailbox for the next year, make a \$500.00 donation to the Sandra M. Bereitschaft Foundation, Meals on Wheels program and receive a free one year subscription to Senior Talk. A subscription to the newsletter also makes a great birthday gift.

"a place for your special event"

The Showroom

216 W Laurel, Millstadt, IL 62260



Call Don at (618) 406-9207 for rental information



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Make a Contribution

There are many ways to contribute to Millstadt Senior Center:

Gifts by Cash or Check

We accept gifts by cash or check by mail and in person. Include your name, address and phone number. Checks should be made payable to Millstadt Township Senior Services.

Memorial Gifts and Bequests

The Millstadt Senior Center is establishing an endowment fund of memorial gifts and bequests, to ensure the future of senior services in Millstadt.

We hope that you will remember the Center when planning your estate, or as a fitting means of honoring a departed friend or loved one.

All memorial gifts and bequests will be acknowledged in the Center's newsletter. If you would like to make a provision in your will, the following form is suggested:

I give, devise and bequeath to Millstadt Township Senior Services, a non-profit corporation, located on this date at 102 South Jefferson, Millstadt, Illinois 62260 the sum of \$ _____ (or the property, herewith described)

**We Welcome Any Inquiries About Bequests,
Please Call Us At (618) 476-3731**

Aluminum Cans

**Donate Your Aluminum Cans
To The Senior Center**

Contact

Patty Evansco at 476-3731



Do you shop on Amazon? Now there is a new version of the company's website – smile.amazon.com – the company will donate 0.5% of the purchase price to charity. Customers pick their charity through the new website and there are almost one million to choose from, including Sandra Marie Bereitschaft Foundation (supports Millstadt, Freeburg and Smithton Meals on Wheels program).

There is no cap on the amount Amazon will donate and almost every physical product sold by the company is eligible, which means tens of millions of items. Digital goods are not included, but that may come in the future.

Everything else about the Amazon online shopping experience stays the same, including the shopping cart, wish lists and shipping options. The prices will also be the same, so these donations will suck some of the profit out of each sale Amazon makes through the program.

Please be sure to sign up, shop and add "Sandra Marie Bereitschaft Foundation" as your designated charity.

Thank you. <http://smile.amazon.com>

"We make a living by what we get, but we make a life by what we give." – Winston Churchill

Township Supervisor

Denise Blaha

Village Mayor

Michael Todd

Director

Patty Evansco

Nutrition Staff

Sandy Sanders

Transportation (Drivers)

Ed Luecking

Executive Board

Charlie Todd, President

James Palovich

Al Lehr

Mark Todd

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Barb Greene

Editors

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Marlou Eckert

Don Mueller

Janet Mueller

Jerry Schmitz

Judy Jacobs



Township Senior Services

102 South Jefferson St., Millstadt, IL 62260

Phone No. **618-476-3731**

Fax No. **618-476-3921**

email seniorce@htc.net

MISSION STATEMENT

The Millstadt Senior Center Is A Place Of Opportunities, A Focal Point In Our Community Where Services Support Positive Aging and Where Educational, Recreational and Cultural Programs Enrich The Lives Of Elders and The Community

Funding for (Grantee) is received from the United States Administration for Community Living, the Illinois Department on Aging, and the AgeSmart Community Resources. (Grantee) does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with State and Federal Statutes. If you feel you have been discriminated against, you have the right to file a complaint with the AgeSmart Community Resources by calling **618-222-2561 or 800-326-3221**

"Seniors Come First" Services Available

Meals on Wheels One of the Center's most important programs, the Meals on Wheels program provides daily meals to people who have difficulty getting out of the house and/or cooking for themselves. Not only are we able to supply necessary food, but the driver delivering the meal is able to ascertain how the client is getting along and share some companionship. We have a number of folks dedicated to providing these services. They give freely of their time and energy to deliver the meals, make contact with the recipient and report back to the Center. The majority of the "regular" drivers volunteer one day per week and most have said it is highly rewarding for them.

Lunch Program Lunch is served Monday through Friday at 12 noon. You must be 60 years of age or older to qualify for this program. It is appreciated that if you want lunch you call the center by 3:00 pm in order to sign up for lunch on the following day. When you come in you may sign yourself up for the next day. If you like, you may sign up for the entire week or month. If you know that you can not make it and you have signed up, please call and let us know that you will not be here and tell us when you will be back for lunch. If you have any questions concerning the lunch program please contact Patty Evansco at **476-3731**.

**All Lunches Are Catered From the Millstadt IGA,
China King And Breadeoux Pizza From Millstadt**

**"The Center is a Great Place to Enjoy Yourself
Through Fellowship And Celebrations With Other
Seniors of Millstadt"**

Senior Information and Assistance provides information or help with services and benefits to residents of Millstadt age 60 and over. We will also visit homebound seniors. If you need this service or would like to schedule a visit, call Millstadt Township Senior Center at **618-476-3731**.



Porch Sale Coming

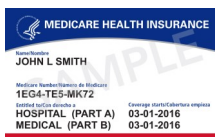
We are packed to the brim upstairs with Thrift Store merchandise. During the quarantine time many folks have been cleaning out closets, cabinets, and anything else they can find. We have acquired some mighty fine merchandise and anxious to move it out on the porch. Our holdup however is the elevator. It broke about a month ago and we are in process of getting bids to repair and hope to have it working by the end of the month. As soon as we can, we are going to open our "Thrift Porch". Our Thrift Porch will be open everyday and offer a variety of merchandise for your shopping enjoyment. Please watch for signs.

Millstadt Senior Center Meals Report June 2020

0	Congregate Meals (Served in Center)
832	Curbside Meals (Millstadt)
340	Curbside Meals (Smithton Center)
1,172	Total Congregate Curbside Meals
1,727	Meals on Wheels Delivered
14	Two Way Rides
53	Average Curbside Congregate Clients Per Day
79	Average Meals on Wheels Clients Per Day
\$3.05	Average Contribution Received
\$4.50	Suggested Donation

How Do You Get A New Medicare Card?

If you misplace or lose your Medicare Card, please do not fret. The Millstadt Senior Center can have a replacement Medicare card on its way to you within 5 minutes. This is a very easy and simple task and we are glad to help you with it. Call (618) 476-3731 if you have any questions.



Community Center & Park Pavilions Rental

If you are looking for a place to have an anniversary, baby, bridal or birthday party consider renting the Millstadt Community Center or a pavilion at the park. Call the Village Hall at 476-1514 for rental information.



Tuesdays, Aug 11-Sep 22 | 10:00-12:30pm | ZOOM | FREE

Join St. Louis Oasis for Better Choices, Better Health - Diabetes!

This six-session, interactive workshop is designed to help individuals manage the challenges of living with diabetes. All participants will receive a free informational book and CD. Light refreshments will be provided.

The goals of this program include:

- Learning to monitor and manage blood sugar
- Understanding important foods to incorporate into your diet
- Starting or maintaining an exercise program
- Improving communication with family, friends and doctors
- Creating a personal self-management program
- Learning to problem-solve and set health-related goals

For more information or to register, please call 314.266.9693



Program Location Address:
ZOOM Virtual C163031

*The Millstadt Senior Center
Expresses Our Deepest
Sympathy To The Family,
Friends and Loved Ones Of*

Patricia DuBois
Gregory Hamilton
Raymond Joseph
Tom McNaughton

Thomas McNaughton

Thomas M. McNaughton, 62 years of Millstadt, IL, passed away on June 22, 2020 at his home in Millstadt, IL.

He was born October 20, 1957, in East St. Louis, IL.

Tom served in the US Army and most recently worked as a porter for Schnucks.

Surviving are his fiancé, Patricia Haukap; his four brothers, Don (Kathy) McNaughton, Eugene (Rise Morrison) L. McNaughton, Gerald (Hilary Desmand) R. McNaughton, Robert (Robin) J. McNaughton, Jr.; his sister, Laura A. Grueninger; Chris Haukap; and numerous nieces and nephews, along with other relatives and friends.

He was preceded in death by his father, Robert J. McNaughton his mother, Eleanor Jane, nee Godfrey, McNaughton. His wishes were to be cremated. No public services.



Gregory Hamilton

Gregory Louis Hamilton, 52, of Columbia, IL. Born February 14, 1968 in Belleville, IL, passed away Monday June 1, 2020 peacefully at his home with his loving family. Greg was a self-employed master carpenter and exceptional designer of homes. He excelled in high end remodeling and his attention to details was exquisite. His career started as a young boy building homes with his dad, Everett Hamilton. Greg will be remembered by his love for life which was full of interests that included racecars, camping, boating, fishing, jeeping and the care he took of his beautiful home and yard. He above all loved watching his children's involvement in sports and spending time with them and Kathy. His sense of humor and need for fun was who he was. Greg's family was his constant light and strength. They shared a lot of laughter and fun because of his wonderful personality. They have a love of God and belief in him that never faltered.

Greg was survived by his wife of nearly 30 years Kathleen, nee, Mulconnery, Hamilton. 3 children, Cory Hamilton (Mallory Warnecke), Nicholas Hamilton and Colene Hamilton (Niklas Brodacki) of Columbia, IL.

He was son of Everett and Judy, nee Range, Hamilton of Columbia, IL. 5 siblings, Kim (Gary) Konkkel, Millstadt, IL. Douglas (Kara LeChien) Hamilton, Belleville, IL. Karen (Jeffrey) Lautz, Glen Carbon, IL. Susan (Stefan) Christian, Columbia IL, and Christina Hamilton, Columbia, IL. Father-in-law Lawrence Mulconnery, Belleville, IL., Mother-in-law Mary, nee Sakalauskas, Mulconnery, St Petersburg, FL., Sister-in-law Diane (Dean) Lawrence, Waterloo, IL. The following nieces and nephews. Jacob (Alyssa) Konkkel, Joshua Konkkel, Kathryn Konkkel, Nathan Konkkel, Maria Hamilton, Joseph Hamilton, Noah Hamilton, Emily Lautz, Madeline Lautz, Eliot Christian, Avner Christian, Maylin Hamilton, Cole (Lauren) Lawrence and Jack Lawrence. Great Nephew Dartagnan Konkkel. Many Aunts, Uncles, Cousins and close friends. We were blessed to have Greg in our lives and he will be deeply missed.

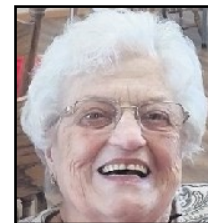
Proceeded in Death by Paternal Grandparents: Robert and Dorothy Hamilton, Maternal Grandparents: Arthur and Mildred Range, Paternal Grandparents: Lawrence T and Ada Mae Mulconnery, Maternal Grandparents: Jonas and Anele Sakalauskas, and nephew Marlon O. Christian.

Memorials may be mailed to Braun Family Funeral Home 265 Quarry Rd. Columbia, IL. 62236. Please make donations out to Kathleen Hamilton on behalf of Retah McPherson Ministry. A private celebration of life with immediate family will be held.



Patricia DuBois

Patricia Ann DuBois, 80 years, of Belleville, IL, passed away on June 15, 2020 at Memorial Hospital, Belleville, IL. She was born March 27, 1940, in Granite City, IL. Pat had attended Winstanley Baptist Church in Fairview Heights, IL, was a former member of the Order of the Eastern Star, and The Red Hats Society. She was a member of Zion Evangelical Church where she has served as church organist for several years. Pat loved playing bingo every moment she could. Surviving are three sons, Kelly Fuchs, Richard (Karen) Fuchs, and Russell (Shannon) Fuchs; three step-sons, Roger DuBois, Jr., Mark DuBois, and Shaun DuBois; grandchildren, Seairra (Zachary) Little, Destiny Fuchs, Gabrielle Fuchs, Sierra (Justin) Dertinger, Sarina (Matt) Feuerbach; and Owen Emil Fuchs; three step-grandsons, Matthew DuBois, Nicholas DuBois, and Brandon DuBois; great-grandchildren, Adaline Rose Fuchs, Vahn and Kaylin Feuerbach; sister, Catherine (Joe) Drennan; niece, Jennifer Drennan; nephew, Steven (Cheryl) Drennan, along with other relatives and friends. She was preceded in death by her husband, Roger R. DuBois; her parents, Allen and Olivia, nee Strauss, Robertson, and an infant daughter, Sue Ann Fuchs. In lieu of customary remembrances, the family requests with gratitude that memorial contributions be directed to: St. Jude Children's Research Hospital, 501 St. Jude Pl., Memphis, TN, 38105. For more information, please access our website, www.leesmanfuneralhome.com. Arrangements were handled by Leesman Funeral Home - Millstadt, IL. Service: Due to the current Covid-19 restrictions, private family graveside services will be held in the Jefferson Barracks National Cemetery, St. Louis, MO. Leesman Funeral Home



Raymond Joseph

Raymond R. Joseph, 85 years, of Columbia, IL, passed away on June 22, 2020 at Integrity Health Care of Columbia, Columbia, IL. He was born June 7, 1935, in Columbia, IL, son of the late Edwin H., Sr., and Lulu, nee Kissel, Joseph. He was married to the late Lynne, nee Thompson, Joseph. They were married October 8, 1983, in Columbia, IL. She had passed away March 1, 1996.

Raymond was a member of St. Paul United Church of Christ, Columbia, IL, and Columbia Blue Lodge #474 A.F. & A.M. He had retired from Weyerhaeuser as an operator, and was a long time area farmer. Surviving are his nieces and nephews, special friend, Diane Rice, close friends, Earl (Carol) Reichert, along with other relatives and friends. He was also preceded in death by his sisters, Loretta Dohrman, and Eleanora Helfrich, along with two brothers, Edwin Joseph, Irwin E. Joseph.

Due to the Covid-19 restrictions, all services will be private. Interment will follow in the Kolmer Memorial Cemetery, Waterloo, IL.

In lieu of customary remembrances, the family requests with gratitude that memorial contributions be directed to: Shriner's Hospital for Children, 4400 Clayton Ave., St. Louis, MO, 63110, or, St. Paul United Church of Christ, 127 N. St. Paul, Columbia, IL, 62236. For more information, please access our website, www.leesmanfuneralhome.com. Lawlor Funeral Home, Columbia, IL, handled arrangements.

