

Christmas Celebration



Members of the Zion Evangelical Kitchen Band under the direction of Eileen and Earl Doerr (rear) entertained at the Annual Christmas Brunch. The group included (L-R) Marlene Bruehl, Janet Mueller, Dorothy Wolfmeier, Eileen Peter, Evelyn Lucy, Janet Pauketat, Helen Vigna and Marge Watchel. They did a great job with their instruments, singing and jokes. Dorothy Wolfmeier sang a solo of Adle vice.



Norah and Maggie Mueller helping Grandma Janet Mueller with her Kitchen Band duties.



Lots of Secret Santa gifts are waiting to be loaded and delivered to the Meals on Wheels clients. Garden Place did a great job in filling requests from Meals on Wheels Recipients in Millstadt, Freeburg and Smithton as well at other Centers in Waterloo, Red Bud and Columbia. Thank you!

From Below The Tower



Patty Evansco

The beginning of December began with that same stomach ache I had in November. I had been under pretty much stress lately so I had assumed it was nothing more than that and it would pass. I went home from work on Wednesday November 30th and went to bed and by the following evening I was getting a ride in the Millstadt Ambulance to Memorial

Hospital. Yes, my gall bladder was attacking me and so I was given antibiotics and they removed on Saturday morning. As soon as the surgery was over the stomach ache was gone. I was very happy! Recovery was easy and I returned to work the following Wednesday as good as new. It was good to be back at work everyone is so good to me there. Then as if that wasn't enough excitement I was the lucky recipient of a "Surprise 60th Birthday" on Saturday the 10th. The back room at TR's was full of all my friends and family. Yes I am blessed and very grateful to be alive at 60 years old, have such great friends and family and don't even notice I'm missing a gall bladder.

The last week of December two people very dear to me passed away. Paula Potter and Debbie Reynolds. Paula and I spend nearly every week together for 30 years. Every Tuesday night Paula helped me with PSR and many nights, Paula was in charge and did a great job. Paula always had my back no matter what was going on. Sometimes I would be running late and Paula would have all the doors open and ready for PSR business and other times if we had handouts or were collecting for something Paula kept it all organized. There were even some years when I didn't have a teacher and Paula would substitute until I found someone. She just was always ready to help wherever she was needed and many times you didn't even have to ask her, she knew just what needed to be done. If one of the kids would be sick Paula would make sure their parents were called or if someone was being a little rambunctious Paula would have them sit in a chair until they settled down. Paula was truly our PSR Angel and I know she will always be remembered by all the kids that passed through every Tuesday night.

And who isn't going to miss Debbie Reynolds we loved watching her movies. I can remember getting the TV Guide and scanning for her movies so we could watch them no matter what time they were on.

Have a good month and may all of you have a Wonderful and Prosperous 2017.

Patty Evansco

Santa Brings Special Gift For Senior Center



Santa Claus came to visit the Senior Center on Friday, December 23, 2016 and delivered a \$500 donation from the Knights of Columbus Council 4741 in Millstadt. The Senior Center had recently received another gift of \$250. Thank you Knights of Columbus. We will be using these funds to offset the cost of our meals for Meals on Wheels as well as Congregate Meals this winter. During the winter our clients often have higher medical and medicine costs and are unable to pay full price for their meals and with your help we can continue to serve everyone.

Zion Evangelical Women's Fellowship

A December \$200 donation from the Zion Evangelical Women's Fellowship brought lots of smiles to Senior Center Director Patty Evansco and Women's Fellowship President and Former Senior Center Director Charlotte Mehrtens. "The Women's Fellowship has been very generous and supportive to our Center" said Patty Evansco. I'm always happy to see Charlotte she opened a whole new life to me.



2017 Youth Ambassadors

This year five local youth were selected to participate in the Millstadt Sister Cities youth exchange program. They will spend a month in Gross-Bieberau, Germany and five youth from Gross-Bieberau will visit Millstadt for month.

Millstadt Sister Cities recently announced the following students as 2017 Youth Ambassadors: Elle Doerr, daughter of Dan and Tina Doerr; Sarah Glaeser, daughter of Scott Glaeser and Nancy Glaeser; Maxwell Juhas, son of Kevin and Traci Juhas; Sam Rosenkranz, son of Adam and Kara Rosenkranz; Joseph Watson, son of Becky Watson and Troy Keiser.

Quilt Winner Announced

Lil Tracy was the First Place winner of the beautiful yellow, black, gray and white quilt. Then Lil Tracy's



name was drawn again for the Second Place prize of a Puppy Dog baby quilt. The Third Place Prize was a Christmas Wall hanging and it went to Doris Chaput. Lil was so happy with

her prize that she declined the 2nd place prize requesting that we draw another winner and then Allen Analla was the winner. Both Alan and Lil have been regular ticket purchasers often buying tickets once a week. Thank you all for your ticket purchases and our next quilt will be drawing will be in June and that quilt is very beautiful also and we expect to sell many tickets. This Quilt Raffle we sold \$709 worth of tickets.

Millstadt Township Highway Supervisor Brings Early Christmas Presents

Stanley Jarvis brought delicious Florida oranges for everyone to enjoy. Stanley is a regular visitor at the Center. He said he notices that there's always someone to talk to at the Senior Center and that some folks enjoy using the exercise bike or just sitting and reading or working on crossword puzzles. Thank you, Stanley,



Weihnachtsfest Raffle Winners

Following are the raffle prize winners at the December 4, 2016 Weihnachtsfest: Harry Wolf, Waterloo, 40" Samsung Smart TV; Jennifer Drennan, Millstadt, Blues\Hockey tickets, donated by Brian and Liz Baltz; Mike End, South St. Louis County, \$100 cash donated by an anonymous Sister Cities member; Beth Hagarty, O'Fallon, IL \$50.00 Schuberts Smokehouse certificate donated by David Kossina; Linda Harvell, Collinsville, IL 25.00 IGA Gift Card; Clayton Browning, Millstadt, Santa Figurine. Congratulations to all the raffle winners. Thank-you to everyone who helped make the 2016 Weihnachtsfest a huge success.



Great Job Rachel Feazel and Diane Sale and Everyone That Helps Us Maintain Our High Standards Of Cleanliness.

We recently received a score of 100 percent on our Bi-Annual Inspection by the St Clair County Health Department. We have always received 100%, except for that one time! A time we will never forget and we got a 98% because the dumpster lid was open. Oh well, if that is the worst thing that happens to us we are in very good shape.

Big Ole Bag & Jewelry Sale

Mark your calendar now. The two day sale is set for Friday evening, April 28 and Saturday, April 29, 2017. Donations of purses, jewelry and scarves may be made at the Community Center. This is always a popular event and all the funds raised are donated to the Senior Center to support activities for the seniors.

MILLSTADT TOWNSHIP SENIOR SERVICES



QUILT RAFFLE June 16, 2017

At Senior Center

- 1st Prize - Handmade Queen Size Quilt
- 2nd prize - Christmas Tree Skirt
- 3rd prize - Handmade Baby Quilt

TICKETS \$1⁰⁰ 6 FOR \$5⁰⁰

Available at the Center

Many tickets are being sold for our Quilt A Rama drawing on Dec.24, 2016. The Quilt tops are Handmade and Hand Quilted Queen Sized Pieced Quilt and if it were in Branson it would most likely sell for \$1000. Be sure to get your tickets.

Millstadt Township News

Thanks to the Millstadt Chamber of Commerce members. Phyllis Schaefer, Gary Schaefer, Mike French, Todd Groesch, Dennis Meile, Ashley Reeder and Deb Germann for their hard work at the Dec 3 recycling. 1.99 tons of materials were collected.

On Jan 7 we are looking forward to working with the Beta Club from MCS.

Special thanks to Fuzzy Eckert, Stan Jarvis, Bert Hucke and George Blaha for always showing up to help on recycling day.

In the upcoming year we have June and July openings for volunteer groups to help at recycling. Call Supervisor Denise Blaha (618)476-1207 to sign up or with any questions.

As always, the large appliance drop-off is still available behind the Township Office at 820 South Jefferson. Any questions call (618)476-1207. We do not accept TV's or Computer Monitors.

There is a listing of what is accepted at the drop off site.

Santa was at the Township with a total of 41 kids visiting him.

Happy New Year from Millstadt Township.

Trustees – Orville Mueller, Charles Todd, George Blaha, Ronald Eckert

Hy. Commissioner – Stanley Jarvis

Clerk –

Cathy Hotz Gaby

Supervisor –

Denise M Blaha

**HAPPY
HOLIDAYS**

Large item recycling at
Millstadt Township
We Do Not Accept Televisions and Computer
Monitors



**Thank You
Supervisor
Denise Blaha**



THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE

**PENNYWISE
THRIFT SHOP**

Located Upstairs
At The Millstadt
Township Senior Center

Clothes, Shoes, Household and Holiday
Open Monday, Thursday, Friday
9:00 am – 2:00 pm

THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE THE THRIFT STORE



Cabin Fever Re-

Open to all Ladies of the Com-

Saturday, January 21st

9:00 - 2:00 PM

Zion Evangelical Church

117 W White St

476-1778

\$10 - includes continental



Start the New Year treating yourself to a day just for you!

- Nutrition and fitness- exercises for all ages (many that you can do sitting down); foods that are good and HEALTHY
- Spiritual Growth - Connect and conquer; helping others through the giving of your time and self
- Defense - techniques/ tips to protect your-



Reservations due by January 16th

Please send check (payable to Sisters in Faith) to:

Linda Hopfinger • 23 Danube • Millstadt, IL 62260

618-476-7744 • dlmshop@msn.com

In case of inclement weather money will be fully refunded

Save This Date!

February 11, 2017 Second Annual Sandra M. Bereitschaft Foundation dinner.

Aluminum Cans

Donate Your Aluminum Cans
To The Senior Center

Contact

Patty Evansco at 476-3731



Elaine And Bob Morris Riding The Senior Bus

Elaine and Bob Morris dropped in to bring treats for all the Meals on Wheels clients that Elaine and Marsha Teliczan had made. The "two" elves



(Elaine and Marsha) are responsible for all those special surprises at Christmas, Easter and Halloween. Very good job ladies and thank you very much for your thoughtfulness!

Before the couple left, Bob presented me with a check for the Senior Center. We will also use these funds to cover the cost of the meals we were short last year due to budget cuts and rising costs. Thank you very much!!!!



Thank
You For
The Nice
Surprise!

Millstadt Red Cross Blood Drive Schedule

January 5, 2017	4:00 pm – 8:00 pm	MCS
March 2, 2017	4:00 pm – 8:00 pm	MCS
May 11, 2017	3:00 pm – 8:00 pm	St James
July 13, 2017	3:00 pm – 8:00 pm	St James
September 7, 2017	4:00 pm – 8:00 pm	MCS
November 9, 2017	4:00 pm – 8:00 pm	MCS



2017 FISH FRY SEASON

At Millstadt Sportsmen's Club

Every Friday - Jan. 13, 2017 Thru

April 14, 2017 - 4:00 - 8:00 pm

Eat In or Carry Outs - 476-1891

22 Cal. Indoor Meat Shoots

2nd Sundays In Jan., Feb., Mar. 12:00 Start



Community Center & Park Pavilions Rental

If you are looking for a place to have a graduation, baby, bridal or birthday party consider renting the Millstadt Community Center or a pavilion at the park. Call the Village Hall at 476-1514 for rental information.



MILLSTADT TOWNSHIP SENIOR SERVICES FESTIVE POINSETTIA TOUR & TEA



(L-R) Lil Tracy, Pat Morris, Bertha Rodgers, Mary Anne Conrad, Barbara Knewitz, Doris Steiger, Rich Chadeayne, Thelma Short, Betty Krupp, Gloria Kettler, Rosemary Mathews, Norma Bursleson, Mary Alice Schmitz, Patty Evansco, Betty Stark and Linda Stewart.

On Tuesday, December 13, 2016 sixteen Millstadt seniors visited the Millstadt Gardens for an exclusive tour lead by Greenhouse professional gardener and manager Ruth Snover. We met the Greenhouse founder, Mr. Norwin Heimos as tooled around on his golf cart. The tour included the state-of-the-art facility and we marveled in a sea of nearly 100,000 poinsettias. We learned firsthand how they grow and care for these classic holiday favorites before we receive them in our homes. After the tour we all received a special poinsettia.



We all boarded the bus to enjoy tea and cookies compliments of Lee's Home Center. Barb, Mary and Jennifer all greeted us as we stepped off the bus and entered the store. They directed us to a "Tea Room" made up in the middle of the store. There were nicely covered tables with snowman trays of cookies on them and a beautiful decorated buffet table of assorted teas, simmering tea pot, more cookies and beautiful pottery tea cups for each of us.

Thank You Floraville Community Grange 1918



In December Floraville Community Grange 1918 presented donations to the Millstadt Food Pantry and Millstadt Senior Center.

The Senior Center served 17,927 meals last year. The total cost to produce and deliver each meal is \$11.81 with grants, local government support, client contributions, donations and fund raisers we were short the cost of 758 meals. This is due to grant shortages and clients that are unable to pay full price for their meals. Through the generosity of the Grange we will be able to help cover these costs.

Head –em Up - - Drive-em Out - -

"No lazy days for you, young man. Your cousin's husband needs drovers. And, I have hired you on. Get your kit together."

Such were a mother's words to her 13 year old son about 1911. And, of course, he gathered his kit and walked down the lane to join the drovers. A cattle/horse trader in Southern Illinois always needed help getting a herd to the stockyards. The trader supplied the drovers with mounts – mules or donkeys, but seldom horseflesh (riding lessons were not part of the deal).

Cattle were not herded/driven very fast - did not want to run the meat off them. During the day, the several drovers kept the herd plodding onward and convinced stragglers not to stray. At night, shifts of drovers kept the cattle in their make-shift corral on fields near the roadway, while others got some sleep. In the morning, they broke camp and headed the cattle northward again.

Drovers "ate dust" as they urged the cattle onward. Creeks would be forded. Roadway bridges were great for crossing rivers – especially the Kaskaskia. Moving the herd meant cracking whips over their heads and into their flanks to steer the steers the correct direction. (Shades of "Rawhide.") The grown-ups (men) had a rifle or shotgun along – mainly to scare off foxes, roaming dogs or wolves, or . . . especially at night when the herd was bedded down.

Three or four days and nights riding and camping out on the trail could get interesting. But, eventually, the herd moved through E. St. Louis and on north to the stockyards. END OF THE TRAIL!

Sounds like a "cool" way to earn summer money! The CATCH?

Mother got the money to help the family finances. She signed son up to ride out again.

By Judy Jacobs

Come One, Come All To Our Quarter Auction!!!

**Thursday, January 26th
At**

Columbus Club

114 W. Oak

Millstadt, IL

**\$10.00 Entry Fee Gets You A Paddle To Bid
On Auction Items**

Light Refreshments And

A Cool Swag Bag

Cash Bar Available

**A Portion Of The Proceeds Will Benefit The Millstadt
Senior Center And Food Pantry**

**Plus You Can Earn Additional Paddles To Bid
With When You Bring Canned Goods That
Night**

Any Questions Or

To Reserve Your Spot You Can Call Or

Text Janet At 618-623-8841 Or

Joyce At 618-593-5312

Doors Open At 6:00 PM

2017 New Year's Resolutions

Let's begin by reviewing how well we did on the resolutions we made back in 2016. Remember them? Most likely not. Resolutions are promises a person makes to do an act of self-improvement. In 2016 did you:

- * **Laugh more often;**
- * **Eat more fresh foods;**
- * **Read a poem;**
- * **Drink less alcohol;**
- * **Think positive;**
- * **Complain less;**
- * **Say something nice about someone;**
- * **Write a letter to a friend or relative;**

How did you do? You can always start with a new plan or list of resolutions for 2017. Don't put this off another day.

Millstadt Civic Club Presents Annual High Tea

Wear your favorite hat and attend in style! The ladies of the **Millstadt Civic Club** cordially invite you to the annual High Tea fundraiser on Saturday, January 28, at Zion Evangelical Church, located at 117 W. White St. in Millstadt. Doors will open at 11:30 a.m.

The event will feature an assortment of teas from around the world, as well as delicious treats prepared and served by members of the club.

Tickets for the High Tea cost just \$20. Reservations and pre-payment are required by contacting 618-580-8146 or TXMLHL@yahoo.com. When making your reservation, please indicate how many will be in your group.

All proceeds from ticket sales go directly to the Millstadt Civic Club's community projects and scholarship fund.

For more information about the event, please visit Millstadt Civic Club on Facebook at <http://facebook.com/millstadtcivicclub>.

Perfect Potato Soup

1 large potato per person
¼ c. celery per person, diced
¼ c. onion per person, diced
¼ c. carrot per person, diced
1 slice thin bacon per person.
Cut into 1 inch pieces.



¼ c. milk per person
½ c. low sodium chicken broth per person
Peel and dice potatoes boil just until soft, drain water. Cook bacon until crisp remove most of grease, add onion, carrot, and celery to pan cook 3-5 minutes. Add potatoes, milk, chicken broth and salt & pepper to taste. Allow the soup to cook over medium-high heat for 5-10 minutes. Remove half to 2/3 of the soup and blend in batches in a blender/food processor until completely smooth. Soup is hot! Allow to cool before blending, if possible.
Serve in bowls garnished with parsley, grated cheese, or crisp bacon pieces.

millStadt
Chamber Of Commerce

"Making Connections For Millstadt Business"

Special Thanks to
Concordia Church
Immaculate Conception - Centreville
St. James Catholic Church
Trinity Lutheran Church
Zion Evangelical Church
Millstadt Baptist Church
For Your Continued Support

Senior Transportation Program

*Need a Ride to the Doctor, Bank
Hairdresser, or Dentist?*

**The Senior Center Offers the Only Form of Public
Transportation for the Community**

This Service is Available for Persons 60 Years and
Older and Their Caregivers

**A Suggested Donation Of \$2.00 For
Transportation To and From Doctors, Dentists, Or
Hair Appointments**

**This Partially Covers the Actual Transportation
Costs of \$5.95**

For Each Time It Is Provided

All donations are Confidential and Are Used
To Maintain the Transportation Program
For Millstadt Township Seniors
Please Contact Patty at **476-3731** With Questions

DID YOU SIGN IN?

Knowing who is at lunch at the Center is important for a number of reasons. First of all it's good to keep track so if someone isn't there for a few days we can contact them to make sure everything is ok. Second, when you sign in and are registered we are able to submit your name to receive our grant money to help pay for the meals. A way to look at it is that if you aren't registered and signed in we can't send a bill for your lunch to the Area Agency on Aging.



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"we treat you and your home like royalty"

Joe Goudey

Custom Cabinetry • Home Improvements

Experienced • Insured • Knowledgeable
18 W Laurel, Millstadt, IL 62260 • (618) 791-6235

The WORK of Christmas Begins

The Quakers have a lovely prayer appropriate for this time of year:

When the song of the angels is stilled,
When the star in the sky is gone,
When the kings and princes are home,
When the shepherds are back with their flocks,
The work of Christmas begins.

To feed the hungry, to release the prisoner,
To rebuild the nations, to clothe the poor,
To bring peace among brothers and sisters,
To make music in the heart.

Leftovers

Millstadt Township Senior Services does not accept donations of leftover perishable food (e.g., from corporate or social events). Please contact St Vincent DePaul (Joe Hubbard) at 618-540-8951 instead. We are very grateful for thinking of us, but in accordance with Agesmart regulation we must have control of all food served from preparation to delivery.

Village of Millstadt

November 21, Trustee Meeting

Former Beil Trucking building on S. Kossuth was torn down and property leveled. It will probably be put up for sale.

Tax levy for real estate in Village limits for fiscal year May 1, 2017-April 30, 2018 will provide \$706,352 for the village. This is an increase of 4.9%.

Bus Rider Reminder

**All Ride Reservations Should Be
Made Through The Office Please
Do Not Tell Bus Drivers Your**



LEE'S Home Center
ALWAYS ON THE LEVEL

BestREWARDS™
Join. Earn. Save.

Earn 5% on your Purchases !
Details in store or call
618-476-1760

Did You Know?

January 24 is beer can appreciation day? This day celebrates the day in 1935 when beer was first sold in cans. A lot of people collect beer cans and are careful to open the can from the bottom, empty it (of course they drink the beer), then wash and dry the can for their collection. This hobby allows one to enjoy the contents and the container!

January 29 is National Puzzle day. This day honors puzzles of all sizes, shapes, and forms. Crossword puzzles are the most common. Sudoku a number puzzle, is the most common puzzle rage. Puzzles are a favorite pastime of millions of people. Some people like the challenge of completing them and others like to keep their mind sharp and learn new words.

Subscription to Senior Talk

Tired of fighting the lines at local businesses for the latest copy of Senior Talk? To have a copy delivered to your mailbox for the next year, make a \$100.00 donation to the Sandra M. Bereitschaft Foundation, Meals on Wheels program and receive a free one year subscription to Senior Talk. A subscription to the newsletter also makes a great birthday gift.

Wish List

- Solo Cups
- Paper Towels
- Decaf Coffee, Coffee Cups, Sugar, Creamers, Sugar Substitute, Stirrers, Decaf Tea
- Lipton Tea Bags (Gallon Size)
- Country Time Lemonade
 - (Large Canister)
- Pharmacy Gift Cards
- Gallon Size Ziploc Bags
 - Dessert Plates
- Subscription to Belleville News Democrat for Center
- Steel Mesh Scrubbers for kitchen
 - Ziploc Containers
 - White Card Stock paper

WRITER'S GUIDELINES

One does not have to be a professional writer in order to submit articles to Senior Talk. All it takes is the desire to share your thoughts or feelings with the rest of us. Tell us about what matters to you. Share your his-tory, your fears, and your triumphs. There is a "Brag Corner," where you can tell others about your new car, or how your grandchild just graduated from Harvard, or about your prize-winning roses. Give us your recipe for deviled eggs or tell us how you stay married to the same person for 50 years!

It is best to keep the length of the article to no more than 500 words. We reserve the right to edit all materials. Be sure to include your name, address, and telephone number and email address, if you have one.

Articles can be dropped off at the center, mailed, or emailed to seniorce@htc.net

SHIP Corner

Millstadt Township Senior Center is a sponsoring agency for Senior Health Insurance Program help and we recently received our 2016 updated Manual. During the coming months I will be sharing with you some information that I feel is important and informational.

Organization and Administration of the SHIP Program:

SHIP was initiated in July of 1988 by the Illinois Department of Insurance in response to the needs of Illinois' senior citizens regarding their health insurance. In April of 2013, under Executive Order by the Governor, SHIP was transferred to the Illinois Department on Aging.

The organizational structure of SHIP consists of:

- The **Illinois Department on Aging**, which provides initial training, continuing education and ongoing support of SHIP counselors;
- The **sponsoring organization (Millstadt Township Senior Services)**, which provides coordinators, office space and office support services;
- The **coordinator (Patty Evansco)**, who is responsible for the administrative aspects of the SHIP program, which include publicizing SHIP services, recruiting volunteers, scheduling counseling sessions and responding to counselors' needs; and
- Counselor Patty Evansco meets with clients individually to provide objective information about health insurance, advocacy assistance, or referral if appropriate.

The state is divided geographically into four separate SHIP regions: Cook County, Northern Illinois, Central Illinois and Southern Illinois. Within each region, counselors are organized in to units that serve a specific geographic area, usually designated by counties.



Foodbank The Commodity Supplemental Food Program (CSFP) is a supplemental food source for seniors age 60 and older who fall within 130% of the federal poverty guidelines—seniors may participate in this program while also receiving food assistance via food pantries, meals on wheels, and/or SNAP (food stamps). The Foodbank partners with an organization that elects to administer the CSFP boxes to qualified seniors. Millstadt Township Senior Services would receive a once a month free delivery of free boxes to be distributed to the seniors signed up for the program; each box contains about 16 shelf stable items, plus cheese. The program does require some administrative work including, application sign up and verification of seniors, maintenance of sign-in sheets, and re-certification of participants that may be conducted verbally every 6 months.

If you are interested in signing up for this program and fit into the income guidelines below, please contact Patty Evansco at 46-3731 for an appointment.

Persons 60 Years and Older
130 percent of the Federal Poverty Income Guidelines
amounts valid from April 2015 until further notice

Family Size	Annual	Monthly	Weekly
1	\$15,301	\$1,276	\$295
2	\$20,709	\$1,726	\$399
3	\$26,117	\$2,177	\$503
4	\$31,525	\$2,628	\$607
5	\$36,933	\$3,078	\$711
6	\$42,341	\$3,529	\$815
7	\$47,749	\$3,980	\$919
8	\$53,157	\$4,430	\$1023
Each additional family member	Plus \$5,408	Plus \$451	Plus \$104

Dates to Remember

January 1, New Year's Day.

January 2, Senior Center Closed.

January 10, Free Chili with the Mayor at the Community Center 4:00-7:00.

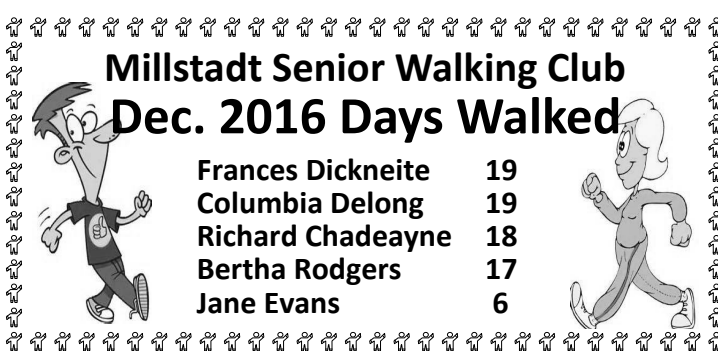
January 21, Fireman's Dance, VFW.

January 21, Cabin Fever Retreat, for all ladies, at Zion church, \$10.00. Contact Linda Hopfinger, 476-7744.

January 28, Brewfest & Chicken wing Fling, VFW \$25.00 admission.

Millstadt Senior Walking Club Dec. 2016 Days Walked

Frances Dickneite	19
Columbia Delong	19
Richard Chadeayne	18
Bertha Rodgers	17
Jane Evans	6



Big Ole Bag and Jewelry Sale



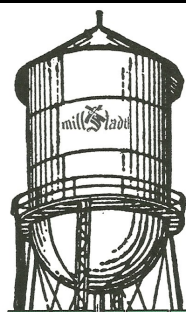
Mark your calendar now for the sixth annual Big Ole Bag Jewelry sale April 28 and April 29, 2017. Donations of purses and jewelry may be made at the Community Center. Watch for further information on the Saturday sale and the Friday evening sale event. Your donations and purchases of purses and jewelry support the Meals on Wheels program for Millstadt Township.

Words To Live By

Personality has the power to open many doors, but character keeps them open.

Help The Tin Man While Shopping At Millstadt IGA

Clip The Bar Codes From IGA Products And Return To



Bowl-a-thon Fundraiser

Check-in starts at 6pm
Bowling starts at 7pm

**Saturday,
January 14**

FRIENDS of the
Old Millstadt Water Tower 

Scotch Doubles:
Play as a pair!

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
NO TAP	BONUS	PAYDAY	SOUR GRAPES	PAYDAY	MULL	SUPER SOUR	NO TAP	BONUS	MULL	NO TAP	BONUS	NO TAP	MULL	SOUR GRAPES	BONUS	SOUR GRAPES	MULL	PAYDAY	BONUS
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
PAYDAY	NO TAP	SOUR GRAPES	NO TAP	BONUS	MULL	SOUR GRAPES	MULL	SUPER SOUR	NO TAP	SOUR GRAPES	MULL	BONUS	PAYDAY	PAYDAY	ENG. (HAWK)	MULL	BONUS	SUPER SOUR	ENG. (HAWK)

Bring a partner or we will match you up!

Every frame is a new challenge!

\$20 per person
includes shoe rental
and attendance prizes.
Contact Betty to register:
618-476-7326
millstadttinman@gmail.com

**Save the Tower!
Have some fun!**

Bel-Air Bowl
200 S. Belt West, Belleville



BREAKFAST with SANTA

Thank you to the following businesses for supporting
our Breakfast with Santa.
~The Millstadt Community Choir~

Ashley Reeder,
Country Financial
Castle Maintenance, LLC
CMI-Custom Marble Inc.
Creason-Edwards & Cimarolli
First National Bank of Waterloo
French Holiday Lighting
George Weis Co.
Germann Brick
Happy Days
Industrial Tools & Machinery
Kleinschmidt Landscape
Maintenance, Inc.
Lee's Home Center
Matthew J. Kelly, DDS
Mertz Ford
Millstadt Chamber of Commerce

Millstadt Civic Club
Millstadt Commercial Club
Millstadt IGA
Millstadt Optimist
Millstadt Pharmacy
Millstadt Sister Cities
Millstadt Sportsmen's Club
Millstadt Township
Mon-Clair Animal Hospital
Moore Asphalt, Inc.
Philip M Acker, DDS
Quail Club
Schaller Auction Service
Scott Credit Union
Tom's Building & Repair, Inc.
West End Tavern



Millstadt Pharmacy and Unique Gift Shop

Your Hometown Pharmacy, with hometown care

Hometown Pharmacy Provides

- Drive Thru
- On Duty Pharmacist
- All Insurances Welcome
- FREE Delivery within area
- Weekly planners available

Unique Gift Shop

- Seasonal Items • Cardinals Section
- Scarves • Purses and more!

120 W. Washington • 476-1701

Save The Date

February 11, 2017 will be the date for the second annual **Sandra M. Bereitschaft Foundation Dinner**. Please mark your 2017 calendar now for this special dinner and night at Mertz's Showroom.

At the first dinner over 135 people enjoyed the dinner, entertainment and refreshments. Don't miss the next one.

Clothing Donations

Is it time to clean-out closets to make room for those Christmas gifts you know you'll be getting? Clothing items may be donated to the Senior Center Thrift Store located on the second floor of the Community Center. Gently used clothing items are also for sale. Donations for items are requested to support Senior Center activities and the Meals on Wheels program. Remember your clothing items may also be donated to the collection box at the IGA parking lot will add to the proceeds IGA collects and donates to the Senior Center. With the help of your donations 20,000 meals were served to Seniors in Millstadt Township last year.



55 or Better?

Join your friends in our Classic 55 Club!

- ❖ Fun Group Trips and Outings
- ❖ Interest-Bearing Checking
- ❖ FREE Classic 55 checks
- ❖ Bi-Monthly Newsletter
- ❖ Great Social Activities



www.fnbwaterloo.com

Welcome to
amazonsmile

You shop. Amazon gives.

Do you shop on Amazon? Now there is a new version of the company's website – smile.amazon.com – the company will donate 0.5% of the purchase price to charity. Customers pick their charity through the new website and there are almost one million to choose from, including Sandra Marie Bereitschaft Foundation (supports Millstadt, Freeburg and Smithton Meals on Wheels program).

There is no cap on the amount Amazon will donate and almost every physical product sold by the company is eligible, which means tens of millions of items. Digital goods are not included, but that may come in the future.

Everything else about the Amazon online shopping experience stays the same, including the shopping cart, wish lists and shipping options. The prices will also be the same, so these donations will suck some of the profit out of each sale Amazon makes through the program.

Please be sure to sign up, shop and add "Sandra Marie Bereitschaft Foundation" as your designated charity.

Thank you. <http://smile.amazon.com>



Memory Care, Independent and Assisted Living

- 24 hour on-site assistance from our employees
- Bathing, dressing and other essential needs
- Care providers you know and trust
- We are a fully licensed assisted living provider
- Memory Care available at Reflections
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Garden Place
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Waterloo | Red Bud | Millstadt | Columbia

Reflections at Garden Place ~ Columbia



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We Live Here. We Care Here.

IMPORTANT NOTICE!!!!!!

SENIORS (60 or older) - HEATING ASSISTANCE MONTHLY INCOME LEVEL

ONE PERSON - \$1,471.00
TWO PERSONS - \$1,991.00



***MUST HAVE COPIES OF**
(WE CAN MAKE COPIES FOR YOU IF NEEDED)
PHOTO ID- SOCIAL SECURITY CARD
MEDICARE CARD
PUBLIC AID MEDICAL CARD
(BOTH SIDES)
ALL MONTHLY NET INCOME
(VERIFICATION MUST INCLUDE DATES & NAME)
MOST RECENT POWER BILL (ALL PAGES)
MOST RECENT RENT BILL IF
APPLICABLE
MILLSTADT TOWNSHIP
SENIOR SERVICES

Make an appointment **(618) 476-3731**

Bible Study At Senior Center

An informal Bible study will be offered at the Millstadt Senior Center, on the 2nd and 4th
Monday at 10:00 am.



This Is A Non-Denominational Study And All Are Welcome, Regardless Of Religious Background, And There Is No Cost

Police Report

December 16, Police took a report of criminal damage to the women's restroom at Tuffy Mueth Field. A stall door was damaged and the diaper changing station.



P.O. Box 376, Greenville, Illinois 62246

Contact: Jan Eyman (BCHS Quilt Show Committee) (618) 326-7343

Quilt Block Contest Invites Entries For 2017

Quilters of all ages and skill levels are encouraged to participate in the Bond County Historical Society's Annual Quilt Block Contest. Whether you're a new hobby quilter or a veteran quilting professional, challenge yourself with creativity in the 2017 block theme, "County Fair"!

Quilt block entries illustrating the theme "County Fair" can be constructed using any method (piecing, appliqué, embroidery, etc), but construction should be visible from the back. Blocks will be judged on correct size, color coordination, design, workmanship, and adaptation of theme. Categories are Adults; Children ages 5-8; ages 9-12; and ages 13-18. Prizes will be awarded to first, second, and third place in each category.

Completed quilt blocks are due February 25, 2017. Official Contest Rules and Entry Forms are available at the HSHS Holy Family Hospital Auxiliary Thrift Shop in Greenville, Illinois and online at www.bondcountyhistorical.org.

Blocks will be exhibited at the 15th Annual Bond County Historical Society Quilt Show on Saturday, March 18, 2017, at the Greenville Free Methodist Church. For more information, call Jan at (618) 326-7343.

MILLSTADT LIBRARY

The Millstadt Library in addition to books, offers audio books, videos, large print books, computers, and copy services. Residents of the Village are eligible for a library card.

Contact the Millstadt Library at 476-1887, if you have any questions.

Glaeser HMR

Home Maintenance and Repair

Brad Glaeser

Owner

618-719-5952 cell

618-476-1135 Home
Millstadt, IL 62260

"No Job Is Too Small"

bglaeser@Hotmail.com





Are you celebrating a Special Birthday or Anniversary or have a Special Announcement? Please send us a photo and information. Our

readers would love for you to share with us. Please email to seniorce@htc.net or drop off at Senior Center.



*Senior Talk Available at These Locations
Pick-Up Your copy of the Monthly Senior Talk at One of
The Following Millstadt Locations*

Melva's Family Hair Care 476-7933

Millstadt Barber Shop 476-7273

Millstadt IGA 476-3161

Millstadt Library 476-1887

Dr. Carla Samson 476-3373

Millstadt Pharmacy 476-1701

Millstadt Village Hall 476-1514

Shirley's Beauty Shop 476-9494

St. James Catholic Church 476-3513

Trinity Lutheran Church 476-3101

Zion Evangelical Church 476-1778

Dr. Steve Knoernchild 476-3344

Concordia UCC 476-3377

St. Paul Church, Floraville 473-2285

Dr. Kevin Schmidt 476-3261

St Michaels Church – Paderborn 473-2798

First National Bank of Waterloo 476-3334

Caseys 476-7360

Associated Bank 476-3040

Michelle's Family Haircut

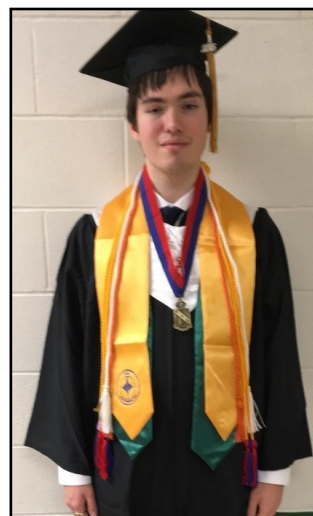
Millstadt Garden Place

Millstadt Baptist Church

Lee's Home Center 476-1760

Thank You For Providing This Service To Our Community

We are proud to report that one of our former volunteers, Brian Travis Helfrich has graduated from Missouri University at Rolla. He received a Bachelor of Science in Electrical Engineering with an emphases in Power and Energy, Circuits and Electronics, and Computer Engineering and a minor in Mathematics. He graduated Summa Cum Laude on Saturday, December 17, 2016. He is the son of Gary and Debbie Helfrich of Millstadt. Along with the excitement of graduation they also were in and out of the weekend ice storm



During The Month of Dec.

Our Volunteers Donated **396** Hours To

The Millstadt Senior Center

If Paid at Minimum Wage, the Dollar Value Would be **\$3,267**

THANK YOU

For Your Dedication, In The Spirit Of Giving
Please Remember To Report Your Volunteer Hours
Would you like to join our group of Volunteers?

Millstadt



**HOMETOWN
PROUD**

**625 East Washington
Millstadt, Illinois 62260
(618) 476-3161**



Hospice
OF SOUTHERN ILLINOIS, INC.



Monthly Grief Support Group

Red Bud, IL.

Third Wednesday

of each month

3:00 p.m. - 4:30 p.m.

Garden Place
Senior Living
351 Lockwood Drive
Red Bud, IL.

For more information call the Bereavement Department
618-235-1703 * www.hospice.org

Dominoes & Rummy Club



Dec. 2016
566 Games



Gloria Kettler	253	Betty Krupp	28
Frances Dickneite	247	Evelyn Lucy	8
Jane Evans	30		

Millstadt Fireman's Dance

Saturday,

Jan. 21st.

8:00 pm-Midnight

Doors open at 7:00

VFW HALL

Featuring

FREE FALL

Tickets are Enclosed

*The Millstadt
Senior Center
Expresses Our Deepest
Sympathy To The Family.*



Earl Scharf
Helen A. Bechtel
Kevin Creek
Marlene Anne Horn
Natalie Thom
Paula Potter
Robert Tyler Jr.
Verrel Powell
Frances Mann



Blood Pressure

David Koch

Bowling

Rick Coleman

Barb Louis

Dot Edmondson

Exercise

Kathy DeMond

Kitchen

Lil Tracy

Jane Evans

Ralph Schneider

Norma Burlesman

Toni Schneider

Jenny Mueth

Linda Hoepfinger

Columbia DeLong

Bertha Rodgers

Darlene Sandheinrich

Shirley Rinck

Doris Chaput

Frances Dickneite

Betty Stark

Fern Seiber

Collen Costello

Charlie Worden

Meals on Wheels

Nancy Kostelac

Cheryl Mueth

Susan Sager

Allen Analla

Darlene Slovinski

Sandra Muskopf

Karen Witte

Lindy Knysak

Carol Osick

Larry Osick

Charlie Mueth

David Scharf

Debbie Scharf

Marylou Peter

Gary Huver

Debbie Mertz

Peggy MaKriakow

Quilter

Rosemary Mathews

Lois Potter

Judy Sutter

Pat Morris

Doris Adams

Christy Lehr

JoAnn Clemens

Teresa Barbier

Mary Alice Schmitz

Ruth Fritinger

Joann Pisel

Marlene Hermann

Marlene Harzin

Beth Kwentus

Pat Schaeffer

MaryLou Kochmann

Jeannie Colbert

Judy Jacobs

Carol Osick

Kathy Weygandt

Office

Marlou Eckert

Janet Mueller

Orville Mueller

Maryann Conrad

Jeannie Colbert

Cathy Grandcolas

Latter Day Saints

Missionary's

Newsletter

Don Mueller

Jerry Schmitz

Newsletter/Bulletin

Board

Kathy Schaeffer

THANKS FOR OUR DONORS

December Quilt Donation

Waterloo Sewing Ladies

Monetary Donations

Bob and Barb Louis

Orville Mueller

James Bereitschaft

(SMB - In Memory of Kevin Creek)

Floraville Community Grange 1918

Leslie and Kay Mehrstens

Zion Evangelical Women's Fellowship

Susan Sager

Monroe County Electric Cooperative

Community Kindness

(SMB Foundation)

Ralph and Marilyn Beil

(SMB Foundation)

Robert & Elaine Morris

SMB Trivia Night Donors

Donations Dept, Panera, LLC

Jim Bereitschaft

Liese's Lumber - Lenny Colbert

Casey's General Store

Rural King

Culligans

Happy Days

David and Sandy Muskopf

Charlie and Cheryl Mueth

Nancy Marlen

Mr & Mrs Ron Schaefer

Karen Witte

Ken and Paula Farley

Lindy and Steve Knysak

Jim Bereitschaft

First National Bank of Waterloo

Custom Marble

Jim Bereitschaft

Marlou and Mark

Jean and Kevin Colbert

Millstadt IGA

Ott's Tavern

Reinhardt's Resturant

Knotty Pines

Jennifer Oplt

SMB Trivia Night Sponsors (\$100 +)

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Slobomb/Livingston Group

Country Financial

Henry J Gasser

Collin's and Sons Flooring

Germann Brick Contractors

Mon-Clair Animal Hospital

Moore Asphalt Inc.

Shay Roofing Inc.

Hudson Tree Service

George Weber Chevrolet

Mike & Patti French

Diener Carpentry

Schubert's Smokehouse

Bingo and Attendance Prizes

Marlene Herrmann

Lucille Reese

Jeanette Roth

Martha Holzum

Christmas Giveaway Donations

Shirley Rinck

Carol Terveer

Brenda Goudey (Poinsettias)

Allie and Al Owens

Kitchen Items

Lil Tracy and Richard Chadeayne

(Lemonade)

Carol Terveer

Norm Stoll

Recycling

Alan Analla and Darleen Slovinski

Senior Talk Sponsors

Allie and Al Owens

Lee's Home Center

Other Items

Tom Venier

Linda Kronk

Wilbur Stifler

Bob Stumpf

Sue Quente

Millstadt Greenhouse

Marsha Teliczan (MOW Treats)

Elaine Morris (MOW Treats)

Garden Place (MOW Secret Santa Gifts)

Santa Pictures



Norma Burleson giving Santa her list.



Marge Watchel and Santa

Shoes For Strays



No, stray dogs and cats are not really in need of shoes, however, Helping Strays is collecting gently used shoes to benefit the adoptable pets in their care. First National Bank of Waterloo will be collecting shoes through September 30 at any of their banking centers. All shoe sizes welcome!

January Birthdays

- | | |
|--------------------|----------------------|
| 1 Kathy Demond | 18 Jean Colbert |
| Mabel Hamilton | Arlene Wickell |
| Betty Kreher | 19 Ralph Buehler |
| 2 Shirley Baltz | Edward Mccullough |
| Norman Nesbit | Charles Pruitt |
| 2 Bobby Wheat | 23 Doris Adams |
| 4 Donald Feazel | 25 Kathy Demond |
| 5 Linda Hoepfinger | Elmer Hettenhausen |
| 8 Peter Caponi | 26 Mary Ann Sinclair |
| 10 Albert Downs | 28 Teresa Barbier |
| Frances Dickneite | 29 John Mclaughlin |
| Judith Kingston | Margie Mclaughlin |
| 15 Carlene Kempf | 31 Columbia Delong |
| 16 Daniel Hulliung | |

SENIOR TALK

Receive the Newsletter in the Mail!

Subscriptions are \$25.00 Per Year Due To Postage Increases (12issues)

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Please Send This Form And Your Check To:
Millstadt Township Senior Services
 102 South Jefferson Street
 Millstadt, IL 62260

****Be Sure To Check Your Mailing Label For Your Subscription Expiration Date****



RECYCLING

8 AM TO 10 AM

1ST SATURDAY OF EACH MONTH

AT TOWNSHIP SHED ON
 EAST HARRISON STREET

ALLIE'S GROUP PRESENTS

Albuquerque & Santa Fe

LAND of ENCHANTMENT

INCREDIBLE PRICE INCLUDES:

Motorcoach transportation

6 nights lodging including 4 consecutive nights in the Albuquerque area

10 meals: 6 breakfasts and 4 dinners

GUIDED TOUR OF SANTA FE

Visit to the NEW MEXICO VETERANS' MEMORIAL

GUIDED TOUR OF ACOMA PUEBLO also known as SKY CITY

Ride on the SANDIA PEAK TRAMWAY

Visit to OLD TOWN ALBUQUERQUE

For more pictures, video and information visit:

www.GroupTrips.com/AlliesGroup

\$585 *

7 DAYS 6 NIGHTS

PER PERSON, DOUBLE OCCUPANCY

(Mon - Sun)

May

1 - 7, 2017

**Departure: Columbia Market Place, 300 Columbia Center, Columbia, IL @ 8 am,
then Commuter Lot, I-270 Exit 3, Gravois Rd, St. Louis, MO @ 8:45 am**

Day 1: Depart your group's location in a spacious, video and restroom equipped motorcoach, enjoying the great scenery along the way. Then, settle into a comfortable en route hotel for a good night's rest.

Day 2: Start your day with Continental Breakfast before departing for your beautiful destination, the "Land of Enchantment." Upon arrival, enjoy a relaxing Dinner and check into your Albuquerque area hotel for a four night stay.

Day 3: After enjoying a Continental breakfast, visit ACOMA PUEBLO, a hilltop village also known as SKY CITY, which has been home to Native Americans for over 900 continuous years. You will enjoy a GUIDED TOUR of this ancient village, where they still live simply in a lifestyle that dates back centuries. Tour their "San Esteban del Rey" mission, and browse their authentic crafts and food offerings. Then, depart for the NEW MEXICO VETERANS' MEMORIAL, an expansive, brand-new memorial honoring many aspects of Veterans' experiences and sacrifices. Tonight, enjoy Dinner and Entertainment.

Day 4: Today, after a Continental Breakfast, depart for the legendary city of SANTA FE, where artistry and beautiful Southwestern architecture surround you. You will enjoy a GUIDED TOUR of SANTA FE. This afternoon you will visit the vibrant SANTA FE PLAZA, where artisans sell their own handmade works, amidst Santa Fe's most historic sites. See the grandeur of the SAINT FRANCIS CATHEDRAL. Enjoy Dinner before returning to your hotel this evening.

Day 5: After enjoying a Continental Breakfast, begin your day in the beautiful SCULPTURE GARDENS at the ALBUQUERQUE MUSEUM - and inside, learn a brief history of the city. Then visit OLD TOWN ALBUQUERQUE, a historic area with old Southwestern charm, where unique shops and cafés abound. Next, you will gently soar over the mountains in the SANDIA PEAK TRAMWAY. The enclosed tramway takes you 2 miles up to the stunning mountain peak, to see one of the most beautiful views in all of New Mexico. Tonight, enjoy a relaxing Dinner before returning to your hotel for the evening.

Day 6: Enjoy a Continental Breakfast before leaving for the American Quarter Horse Hall of Fame & Museum in Amarillo, TX. This evening, relax at your en route hotel.

Day 7: Today after enjoying a Continental Breakfast, you will depart for home... a perfect time to chat with your friends about all the fun things you've done, the great sights you've seen, and where your next group trip will take you!

ADD PEACE OF MIND TO YOUR TRIP...

With the Travel Confidence® Protection Plan if you have to unexpectedly cancel or cut your plans short. See back for details...

\$75 Due Upon Signing. *Price per person, based on double occupancy. Add \$180 for single occupancy.

Final Payment Due: 2/22/2017



St Francis Cathedral in Santa Fe



Native Southwestern Culture and Crafts



Breathtaking Views of the Sandia Mountains



New Mexico Veterans' Memorial

FOR INFORMATION & RESERVATIONS CONTACT:

Allie Owens @ (618) 281-9765

RECYCLING PROGRAM

Recycling continues the first Saturday of every month at the Township Garage on East Harrison Street. Volunteers will remove the recyclables, glass, cans, paper, cardboard and number 1 and 2 plastics from your vehicle from 8:00 am to 10:00 am. This program is available for all residents of Millstadt Township and the Village.

Make a Contribution

There are many ways to contribute to Millstadt Senior Center:

Gifts by Cash or Check

We accept gifts by cash or check by mail and in person. Include your name, address and phone number. Checks should be made payable to Millstadt Township Senior Services.

Memorial Gifts and Bequests

The Millstadt Senior Center is establishing an endowment fund of memorial gifts and bequests, to ensure the future of senior services in Millstadt.

We hope that you will remember the Center when planning your estate, or as a fitting means of honoring a departed friend or loved one.

All memorial gifts and bequests will be acknowledged in the Center's newsletter. If you would like to make a provision in your will, the following form is suggested:

I give, devise and bequeath to Millstadt Township Senior Services, a non-profit corporation, located on this date at 102 South Jefferson, Millstadt, Illinois 62260 the sum of \$ _____ (or the property, herewith described)

**We Welcome Any Inquiries About Bequests,
Please Call Us At (618) 476-3731**



GRIEF SUPPORT GROUP

**Sponsored by St. Clair County Office on Aging
And 708 Mental Health Board**

**Meets Monthly Third Monday of each Month
10 to 11:30 am**

**201 North Church Street
Belleville, IL 62220**

**Facilitated by
Family Hospice Heartlinks Grief Center
Please call us if you have any questions
234-4410, ext 7056**



Laminating Tuesdays

If you need something laminated please stop by on Tuesdays and we would be glad to laminate for you free of charge.



Central Illinois' #1 Senior Care Insurers

Derek R. Schuett
Licensed Agent

- Medicare Prescription Drug Plans (Part D)
- Medicare Supplement Plans
- Medicare Advantage Plans (Part C)
- Under 65 Health Insurance
- Long Term Care Insurance
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- Annuities
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Village Mayor

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Director

Patty Evansco

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Randy Burk

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Patty Evansco

Marlou Eckert

Don Mueller

Janet Mueller

Jerry Schmitz

Judy Jacobs



Township Senior Services

102 South Jefferson St., Millstadt, IL 62260

Phone No. **618-476-3731**

Fax No. **618-476-3921**

email seniorce@htc.net

MISSION STATEMENT

The Millstadt Senior Center is A Place Of Opportunities, A Focal Point In Our Community Where Services Support Positive Aging and Where Educational, Recreational and Cultural Programs Enrich The Lives Of Elders and The Community

Funding for (Grantee) is received from the United States Administration for Community Living, the Illinois Department on Aging, and the AgeSmart Community Resources. (Grantee) does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with State and Federal Statutes. If you feel you have been discriminated against, you have the right to file a complaint with the AgeSmart Community Resources by calling **618-222-2561 or 800-326-3221**

"Seniors Come First" Services Available

Meals on Wheels One of the Center's most important programs, the Meals on Wheels program provides daily meals to people who have difficulty getting out of the house and/or cooking for themselves. Not only are we able to supply necessary food, but the driver delivering the meal is able to ascertain how the client is getting along and share some companionship. We have a number of folks dedicated to providing these services. They give freely of their time and energy to deliver the meals, make contact with the recipient and report back to the Center. The majority of the "regular" drivers volunteer one day per week and most have said it is highly rewarding for them.

Lunch Program Lunch is served Monday through Friday at 12 noon. You must be 60 years of age or older to qualify for this program. It is appreciated that if you want lunch you call the center by 3:00 pm in order to sign up for lunch on the following day. When you come in you may sign yourself up for the next day. If you like, you may sign up for the entire week or month. If you know that you can not make it and you have signed up, please call and let us know that you will not be here and tell us when you will be back for lunch. If you have any questions concerning the lunch program please contact Patty Evansco at **476-3731**.

**All Lunches Are Catered From the Millstadt IGA,
China King And
Bredeaux Pizza From Millstadt**

**"The Center is a Great Place to Enjoy Yourself
Through Fellowship And Celebrations With Other
Seniors of Millstadt"**

Senior Information and Assistance provides information or help with services and benefits to residents of Millstadt age 60 and over. We will also visit

Earl Scharf

Earl Scharf, 82, of Millstadt, Ill., born Jan. 5, 1934 in Stookey Township, Ill., passed away surrounded by his loving family, Sunday, Nov. 27, 2016 at his residence.

Earl proudly served his country in the Army. He loved to go fishing, build things, and spending time with his family and the family dog Hunter. Earl enjoyed watching the St. Louis Cardinals. He retired from Parks College.

Earl was a lifelong member of Concordia U.C.C.

He was preceded in death by his wife of 54 years, Sandra, nee Briggs, Scharf; son Brian Scharf; his parents, Alfred Sr. and Henrietta, nee Haas, Scharf; mother and father-in-law, Tracy and Estelle Briggs; siblings, Florence (Ralph) Vogt, Hilda Scharf, Alfred Scharf Jr., Leroy (Doris) Scharf, and Elvira Scharf.

Surviving are his children, Linda Beshar, Steve Scharf, Ed (Lisa) Scharf, and Susan (Mike) Schwarz; grandchildren, Brittany Beshar, Brandon, Mallory, Jordan Scharf, Lindsay, Kyle, Nick Scharf and Breanne Schwarz; great-granddaughter, Marilyn Scharf; and extended family.

Kevin Creek



Kevin D. Creek, 63, of Millstadt, Ill., born Friday, Oct. 9, 1953, in East St. Louis, Ill., passed away on Thursday, Dec. 8, 2016 at St. Elizabeth Hospital in Belleville, Ill.

Kevin was a retired Auto Sales Manager. He was a member of St. Matthew United Methodist Church in Belleville, Illinois and a member of L.U.T.C.F.

He was preceded in death by his father, Rev.

Thomas D. Creek; father-in-law, Raymond T. Swancutt; and mother-in-law, Doris L. Swancutt.

Surviving are his wife, Glenna R., nee Swancutt, Creek of Millstadt, Ill.; children, Kelly L. (Todd) Baltz of Millstadt, Ill., and Mandy E. Creek of Millstadt, Ill.; mother, Juanita, nee Hubert, Creek of Swansea, Ill.; brothers, David (Peggy) Creek of Lee Summit, Mo., and Terry (Paula) Creek of Belleville, Ill.; sister-in-law, Deborah S. Swancutt of Columbia, Ill.; grandchildren, Karson R. Baltz, and Finley M. Baltz; nieces and nephews; granddogs, Koda and Charlie; and many beloved friends.

Verrel Powell



Verrell R. Powell, 95 formerly of Bertran, Mo., died Nov. 14, 2016, at Red Bud Regional Hospital in Red Bud, Ill.

Born Aug. 8, 1921, in Tanner, Mo., to the late Orla Lee and Jennettia (Edmondson) Fansler, she was a member of several Baptist Churches in the Sikeston area and had worked for International Shoe Factory and had been a cook for the Sikeston Public School District before retiring.

She was married to Charlie Baugher, who preceded her in death. She later married Charles Hartzell who preceded her in death; then married Arthur "Jack" Powell, who also preceded her in death.

Survivors include: one son, Rick Hartzell of Huachuca City, Ariz., two daughters, Nancy Hurt of Shawnee, Kan., and Linda Bacon of Millstadt; one stepson, Calvin Powell of Lee's Summit, Mo.; two stepdaughters, Vera Shultz of Hazelwood, Mo., and Faye Elliot of Charleston, Mo. One sister, Darlene Moore of Pickerington, Ohio; and numerous grandchildren, great-grandchildren and great great grandchildren.

In addition to her three husbands and parents, she was preceded in death by one stepson, Arlen Powell.

Marlene Anne Horn



Marlene Anne Horn, nee Hausmann, 68, of Millstadt, Ill., born May 4, 1948, in Belleville, Ill., died Monday, Dec. 19, 2016, as the result of an automobile accident.

Mrs. Horn was employed at St. Paul's Senior Community Center, Belleville, Ill. She was an avid

loyal Costco shopper.

She was preceded in death by her parents, Anthony Peter and Irma Elizabeth, nee Jacobi, Hausmann.

Surviving are her daughter, Rita (Fred) Peet of Belleville, Ill.; son, Rodney Rednour (Amber Smith) of Marissa, Ill.; five grandchildren, Kayla Ord, Ryan Ord, Rylie Rednour, Jordan Rednour, and Chas Rednour; her former daughter-in-law, Karla Rednour of Marissa, Ill.; a sister, Rita Armstutz of Belleville, Ill.; three brothers, Roger Hausmann of Waterloo, Ill., Ronald Hausmann of Smithton, Ill., and Mike Welsh of Kansas City, Mo.; and nieces and nephews, Valerie, nee Armstutz, Blank, Roger Hausmann Jr., Daniel Hausmann, Andrew Hausmann, and Lisa Hausmann.

Robert Tyler Jr.



Robert E. Tyler Jr., 68, of Millstadt, Ill, born June 9, 1948 in Murphysboro, Ill., died Tuesday, Dec. 6, 2016 in Fenton, Mo.

Mr. Tyler was a retired Locomotive Engineer for the railroad and was a member of the BLE Local 42. The joy of Robert's life was living for his family.

Mr. Tyler was preceded in death by his parents, Robert E. Sr. and Helen, nee Rains, Tyler.

Surviving are his wife of 47 years, Kathleen, nee Levin, daughter, Angela (Randy) Tenholder, sons, Rob Tyler, Richard (Martha) Tyler, Ryan (Catherine) Tyler, sister, Carline (Jerry) Jung, grandchildren, Abigail Martens, Randy and Rodney Tenholder, Andrew, Benjamin, and Caleb Tyler, Joseph, Emma, and Louis Tyler. Robert is also survived by many other nieces, nephews, family and friends.

Natalie Thom



Natalie Kay Thom, 4, of Millstadt, Ill., born, July 15, 2012 in Everett, Wash., passed away on Monday, Dec. 19, 2016 at Mercy Hospital in Creve Coeur, Mo.

Natalie is survived by her parents, Jeremy and Brooke Thom; sister, Hayden Thom; grandparents,

Jeffrey and Tamara Thom and Kathleen (Rick Williamson) Brewer; great-grandparents, Gilbert and Dorothy Brewer, Robert Thom and Geraldine Smith; aunts, Angela (Jesse McKenzie) Sherman, Carly (Tim) Zilber; favorite cousin, Rebecca Williams; and aunts Danielle and Lauren Thom.

To honor Natalie's life the family requests that for everyone wear bright colors to her service of celebration. Natalie's favorite color was purple. Memorials may be made to the Pediatric Brain Tumor Foundation, Friends of Kids with cancer or to St. Louis Children's Hospital.

Helen A. Bechtel

Helen A. Bechtel, nee Wessel, 92, died on Friday, December 9, 2016.

Beloved mother of James (Gayle Kny) Bechtel and Charles (Martha) Bechtel; dear grandmother of Molly Bechtel, Julie (Andy) Hill and the late Chris Bechtel; dear great-grandmother of Jenna and Erica Hill; dear great-great-grandmother of Ari Sears; dear sister of Bernard (Pat) Wessel, Louis (Nancy) Wessel, Janet Isom and the late Dorothy Friedman, Geraldine Eads, Maurice Wessel and Jim Wessel; dear aunt, great-aunt, cousin and dear friend to many.

A celebration of Helen's life will be held at Millstadt Illinois Senior Center from noon to 4 p.m. on Sunday, April 30, 2017 (Contact James Bechtel on his Facebook page for further questions.)

Memory Tips

1. Write things down or have someone help you write them down.
2. Use a day planner, address book, calendar, or electronic planner to remember phone numbers, dates, and appointments.
3. Ask for help. Ask your friends or family to help you remember important things. Ask people to repeat what they have said.
4. Keep a notepad by the phone to write down information and messages.
5. Make a daily schedule and keep it the same.
6. Use a checklist for your housework and daily schedule. Check things off so you know when you have done them.
7. Link important information with things that you already know or that are important to you.
8. Use a daily/weekly pill box to keep track of medications. Use written reminders or alarms for medicine.
9. Write down questions that you want to ask your doctor before your appointment. Bring a pen and notepad to write down important information from your doctor.
10. Use timers and alarms when cooking and doing other housework.

Tips to Improve Your Memory

Memory loss is common as people get older. Doing brain exercises can help your memory. Here are some ways to help your brain get exercise.

1. Solve a crossword or a Sudoku puzzle.
2. Read a book, the newspaper, or a magazine
3. Play cards or other games with friends
4. Take up a new hobby like painting, gardening, or scrapbooking
5. Keep a daily journal or make a memory scrapbook
6. Go to a lecture
7. Learn more about using a computer
8. Play brain games online (use a website like www.Lumosity.com)

Exercise your body is also important in helping your memory. Make time to exercise your brain and your body every day.

Paula Potter



Paula Marie Potter, 55, of Millstadt, Ill., born Nov. 26, 1961 in East St. Louis, Ill., died Tues., Dec. 20, 2016 at St. Louis University Hospital in St. Louis, Mo.

Paula was a caregiver in home health care and a member of St. James Catholic Church.

She was preceded in death by her grandparents.

Surviving are her son, Justin (Chelsea) Potter of Collinsville, Ill.; her mother, Lois Potter of Millstadt, Ill.; her father, Richard Potter of Freeburg, Ill.; her brothers, Richard Potter of Fenton, Mo., John Potter of Columbia, Ill. and Mark Potter of Millstadt, Ill.; her sisters, Jodi Potter-Barker of Belleville, Ill. and Nicole Potter of Columbia, Ill.; her granddaughter, Joslynn Potter of Collinsville, Ill.; her good neighbor and friend, Connie; aunts, uncles, cousins, nieces, nephews and many friends.

Memorials may be made to the Society of St. Vincent De Paul.

Frances Mann

Frances M. Mann, nee Mehrtens, 71, of Waterloo, Ill., born Oct. 29, 1945, in East St. Louis, Ill., passed away Monday, December 19, 2016, at Oak Hill in Waterloo, Ill.

Frances was a homemaker. She was a member of Zion Evangelical Church in Millstadt, Ill.

She was preceded in death by her parents, Otto & Helen, nee Brookshire, Mehrtens; brother, Robert Mehrtens and sister, Beverly Steinquist.

She is survived by her brother, Ray Mehrtens; brother-in-law, Ronald Steinquist and other relatives and friends.

Frances' family would like to thank Rebecca and her staff at Oak Hill for their loving care they have given to her the past several years.

Memorials may be made to the donor's choice.

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