

Sandra M Bereitschaft Presents \$7,000 To Millstadt Township Senior Services Meals On Wheels Program



Sandra M. Bereitschaft Foundation Board of Directors (L-R) Debbie Mertz, President Jim Bereitschaft, Secretary Jamie Bereitschaft, Millstadt Township Senior Services Director Patty Evansco, Treasurer Marlou Eckert, Eileen Doerr, Jean Colbert, Janet Mueller and Tina Doerr.

The Sandra M. Bereitschaft Foundation held their 4th Annual Dinner on Saturday February 9, 2019 at Mertz Motors in Millstadt, Illinois. Mertz's showroom was transformed into a glamorous and sparkling showstopper! The centerpieces featured flowers and candles that added glistening starlight all around the room.

The Sandra M. Bereitschaft Foundation and Family have supported Millstadt, Smithton and Freeburg Home Delivered Meal programs since 2015, awarding and donating more than \$35,000 throughout the past years.

The Foundation presented a check for \$7,000 at the Annual Dinner to Millstadt Township Senior Services. For nearly 5 years, the Foundation has listened to both the needs of our community and to the wishes of their donors, leading us to focus on the health and wellness of senior citizens in the in the community. The local Meals on Wheels program is crucial to seniors in this community, and we're grateful to have the Sandra M. Bereitschaft Foundation as a supporter.

From Below The Tower



Patty Evansco

Is it cold enough for you? It is for me, and certainly look forward to spring. Also, I appreciate your patience with all the snow and cold weather we've had. It causes havoc on our transportation and Meals on Wheels services. I hope things will start to warm up, but what

do I know! Just make sure you are careful and keep winter safety in mind until Mother Nature decides she's ready to warm up. I wanted to point out another event that takes place during this time of the year, "The 3rd Annual Sandra M Bereitschaft Foundation" dinner. Every year it seems to get better and if you have never been this is truly a wonderful evening. I want to thank all our many volunteers who help us every day without your commitment and support, this program would not be possible.

THANK YOU!

Patty

Happy Valentine's Day

Spring Forward – Daylight Savings Time

Spring Forward
DAYLIGHT SAVING TIME

Set Your Clocks Ahead 1 Hour Before You go To Bed, On Saturday, March 9th

Volunteer Spotlight: Jeanie Colbert

For nine years, Jeanie has logged nearly 4,000 hours of data entry at the nutrition site. In addition to her work at the Senior Center, Jean holds a seat on the Board of Directors for the Sandra M Bereitschaft Foundation. Please thank her for a job well done.

What is your favorite part about volunteering at the Millstadt Senior Center?

The community involvement and support.

What is a surprising thing people might not know about you?

I drove a school bus for St James Catholic Youth Organization from Illinois to Florida twice with 25 high school students.

What is your favorite food dish?

Anything Italian

What is something you have always wanted to do?

If time travel was possible, I'd want to go back and visit with my grandparents to see what their life was like.

When you are having a bad day, what do you do to make yourself feel better?

Go for a nice walk.

If you could travel anywhere in the world, where would it be?

I'd like to go back to Germany.

What is your favorite animal on the planet?

A Horse!

What is your cure for hiccups?

Take a drink of water.

What is the food you dislike the most?

A bowl of oatmeal

Free Tax Return Preparation by AARP

This year we will offer free tax preparation by the AARP programs. IRS certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals. Call (618) 476-3731 to schedule an appointment. You must bring a social security card and a photo ID for all adults on the return, and all relevant tax documentation. If you have last year's return, please bring that as well.

2019 TAX REPARATION DATES 8:30 AM – 1:30 PM

February 13 April 3

February 14 April 4

February 21 April 10

February 28 April 11

March 7

March 13

March 14

March 21

March 28



Volunteers Brave Minus 6 Degrees Temperature To Deliver Meals On Wheels



Gary Huwer and Karen Witte pack coolers for delivery trip.

It was full speed ahead Wednesday, January 30th, as Meals on Wheels for Millstadt Senior Center hit the road.

Nancy Kostelac, Cheryl Mueth, Karen Witte and Gary Huwer, trudged through the snow and chilling temperatures to deliver food to area seniors.

Meals on Wheels agencies across the area shut down but organizers for Millstadt wanted to get meals out on Wednesday knowing what Thursday could bring – and it did.

Nancy Kostelac and Cheryl Mueth said the client's were happy to see them and a little surprised that they were out. They were very appreciative, and them smiling is making it that much more rewarding," they said.

Karen Witte and Gary Huwer not only provided meals but also wellness checks to older adults throughout Millstadt and Stookey Townships.

Millstadt delivers shelf-ready, staple meals in case of an emergency like this when services aren't available.

Director Patty Evansco said that many recipients live alone, so it's essential that we go and check on them when the weather is bad. Our service does so much more than just deliver nutrition to the homebound. Our volunteers provide a crucial safety check and a few minutes of conversation with our clients.

Millstadt delivers between 40 and 50 home deliveries a day.

Volunteers Needed For BBQ

We are looking for volunteers with a few free hours on February 23 to help in the Community Center preparing and packaging take-out meals for the annual Senior Center BBQ. No experience necessary! Helpers are needed from about 9:00 am to 2:00 pm. If your New Year's Resolution was to volunteer or help someone in the community, here is your chance. Call Patty at 476-3731 to volunteer at the February 23, BBQ.



Millstadt Farmers' Market

By now the ground hog has made his prediction for spring's arrival and the seed catalogs have been reviewed and orders placed in hope of an early spring with less rain and more sunshine. Randy Eckert has made his prediction that the Millstadt Farmers' Market will return for the 5th year at the Millstadt VFW parking lot, directly off Washington Street. The market will be open on Friday's from 3:00-6:00 pm and will open once spring produce is ready. Vendors, please note, this is the only free vendor market in the area. No fees are collected from vendors to sell their produce or products. For additional information on the Millstadt Farmers' Market contact Randy at 618-476-3037 or e-mail saxtown@wisperhome.com.

Walk In Our Senior Walk Path Tuesday, Thursdays, And Fridays.

10 laps = 1/4 mile. Grab your friends or walk alone! If you want us to keep a card on file so you



Out to Eat Ruby Tuesdays Wed., Feb. 20th 4:30 pm



2019 Chinese New Year-Year Of The Pig Celebration Friday, Feb. 8, 12:00 PM

Join us at the 1st annual Chinese New Year Celebration! There will be Chinese Foods, and opportunities to learn and experience the culture and find out what the year of the Pig symbolizes. As an Older American's Act funded program, there is an opportunity for participants to make a voluntary, confidential suggested donation of \$4.50 toward the cost of the lunch and program. Please reserve your seat by calling the Senior Center at (618) 476-3731 by Fri., Feb. 1. Space is limited.



Calling All Walkers



(L-R) Dot Edmison, Gloria Kettler, Frances Dickneite and Betty Schranz stop in to say hi while on their "inside" walk.

Being active is the secret to staying healthy, and walking is one of the easiest and least expensive ways to get moving. So how about joining a walking group? It's a great way to get exercise into your day and build stronger relationships with family, neighbors or co-workers.

Simply walking 30 minutes every day can have a great impact on health. Frequent, brisk walks can boost your brain power, make you more productive and lower health care costs by reducing a wide range of health risks. Join these walkers on Tuesdays, Thursdays and Friday mornings at 9:00 am. Rain or Shine.



Millstadt Senior Walking Club

Jan. Days Walked

Frances Dickneite	3 days
Dot Edmison	3 days



9th Annual Big Ole Bag & Jewelry Sale

The ninth annual Big Old Bag and Jewelry Sale will have a special pre-sale wine and cheese party on Friday, April 26 from 5:00 pm to 7:00 pm. Enjoy some cheese, wine, and soft drinks and have the opportunity to purchase gently used purses, jewelry and scarves at very special prices. On Saturday, April 27, the doors to the Community Center will open at 8:00 am all the remaining items will be for sale until 1:00 pm. Donations of all purses and jewelry are accepted at the Community Center. All proceeds from the Friday and Saturday sales benefit the Millstadt Senior Center.



Feb 18—Target 9:00 am

Call the Senior Center to register for the trips at (618) 476-3731. Trip schedule may be subject to change.

Bible Study At Senior Center

An informal Bible study will be offered at the Millstadt Senior Center, on the **2nd and 4th**

Monday at 10:00 am.

This Is A Non-Denominational Study And All Are Welcome, Regardless Of Religious Background, And There Is No Cost



Community Quilt



Doris Adams, JoAnn Clemens and Pat Morris are working on the "Community Quilt". This pink and white embroidered block quilt was donated by Diane Kern. The quilt top was marked by Diane and Gladys Mehrmann, Patty Evansco added the points to the edges of the quilt and with the help of Jean Colbert set the quilt in the frame. Can you see why we are calling this quilt the "Community Quilt"? Quilters are needed to complete the "Community Quilt" for the June raffle held at the Community Center to benefit the Senior Center. New quilters are always welcome. Quilters usually can be found quilting on Wednesday morning. No appointment is necessary. Raffle tickets are available for purchase for a chance to win the "Community Quilt".

AARP Smart Driver Program



The AARP Smart Driver Program is the nation's first and largest course for drivers age 50 and over. You'll learn defensive driving techniques, and how to operate your vehicle safely in today's environment. You'll also learn how to accommodate common age-related changes in vision, hearing and reaction time. After completing the course, you may be eligible to receive an insurance discount, so consult your agent for details.

MONROE COUNTY FARM BUREAU

TUE MAR 19, 2019 8:30 AM - 12:30 PM

WED MAR 20, 2019 8:30 AM - 12:30 PM

Course Information: Instructor Joel Hillyard

Duration 8 Hours

Address 901 Illinois Avenue, Waterloo IL 62298-1142

Register by calling (618) 939-6197



2019 FISH FRY SEASON

**At Millstadt Sportsmen's Club
Thru April 19, 2019**

4:00 - 8:00 pm

Eat In or Carry Outs - 476-1891

22 Cal. Indoor Meat Shoots

2nd Sundays In Jan., Feb., Mar. 12:00 Start

Sandra M. Bereitschaft Foundation



The Sandra M. Bereitschaft Foundation was founded in 2014 to honor the memory of Sandra who delivered over 1,000 Meals on Wheels to clients. Since 2014 the SMBF

has provided funding for the MOWS containers, paper for menus and the Newsletter, stamps and envelopes.

During the past year the SMBF stepped up to purchase meal warmers for the MOWS drivers to ensure the meals delivered are hot and meet food safety requirements. In addition, at Christmas each MOWS client and driver received a \$25.00 IGA gift card from the SMBF.

The only objective of the SMBF is to promote and sustain the Millstadt Senior Center Program for years to come.

The SMBF welcomes all donations and supports the MOWS program through its annual Trivia Night in October and SMBF Dinner held each February. Thank -you to all our donators and supporters!

Library Archiving Newsletter

Did you miss an issue of "Senior Talk"? While we want you to be sure you see every issue of Senior Talk the Millstadt Library is now offering you an opportunity to catch up on all of our past issues.

Starting immediately, you can view past issues of Senior Talk since its first issue in September 2010. We are very happy and grateful that the Millstadt Library is archiving our newsletter.

Bag Tournaments Results

January 3, 2019

- 1st Toni Schneider/Betty Schranz
- 2nd Ralph Schneider/Larry Huckle
- 3rd Norma Burleson/Darleen Sandheinrich

January 10, 2019

- 1st Barbara Knewitz/Betty Schranz
- 2nd Norma Burleson/Don Jelinek
- 3rd Ralph Schneider/Toni Schneider

January 17, 2019

- 1st Toni Schneider/Evelyn Weber
- 2nd Barbara Knewitz/Carol Terveer
- 3rd Darleen Sanheinrich/Norma Burleson

January 24, 2019

- 1st Carol Terveer/Darleen Sandheinrich
- 2nd Barbara Knewitz/Larry Huckle
- 3rd Norma Burleson/Toni Schneider

2019 Youth Ambassadors



The Millstadt Sister City organization recently announced the selection of their 2019 Youth Ambassadors, Sophia Biehl, daughter of Jill and Robert Biehl and Devin Tucker, son of Sarah and Ryan Tucker. As part of the exchange program, Sophia and Devin will spend a month in Gross-Bieberau, Germany, the Sister City to Millstadt. Sophia and Devin will be matched with youths from Gross-Bieberau and they will in turn spend a month in Millstadt with Sophia and Devin.

Are You Interested In Learning To Play Different Cards Games?

Evelyn Lucy is organizing a Learning "Card Club" on Tuesdays from 1:00 pm to 3:00 pm. She will be teaching how to play the game Canasta. If you would like to sign up please contact the Senior Center at 476-3731.



Millstadt



HOMETOWN PROUD

**625 East Washington
Millstadt, Illinois 62260
(618) 476-3161**

Millstadt Farmers' Market Supports Senior Center

For the fifth year, Randy Eckert, presented a donation of \$232.00 to Patty Evansco for the Millstadt Senior Center. The money was raised through donations by vendors and purchasers. All you truck farmers and gardeners with green houses or green thumbs, start your seed trays and hope spring comes early and with a dry spell of weather. Sharpen your tools, tune-up the tillers and prepare the good earth for a season of growing and harvesting fresh produce to sell at the local farmers market. Help save a little of our environment, support the Senior Center and purchase fresh, locally grown produce. See you Fridays at the VFW parking lot.

Rummy Club Jan. 2019 490 Games

Card Game Wins

Frances Dickneite	176
Gloria Kettler	168
Jean Siegfried	146



We Need More Rummy Players – Please Come And Join In At 9:00 am Weekdays.

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Join your friends in our Classic 55 Club!

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- ❖ Interest-Bearing Checking
- ❖ FREE Classic 55 checks
- ❖ Bi-Monthly Newsletter
- ❖ Great Social Activities



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During The Month of Jan.
Our Volunteers Donated **765** Hours To **The Millstadt Senior Center**
If Paid at Minimum Wage, the Dollar Value Would be **\$5,622**
THANK YOU
For Your Dedication, In The Spirit Of Giving
Please Remember To Report Your Volunteer Hours
Would you like to join our group of Volunteers?
Please Stop By The Center To Sign Up
Or See Patty In The Office



Join Us For Ring Toss

3rd Monday Of Month

10:00 am

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618-476-1760

Baked Goods Wanted

Baked goods, cakes cookies and pies, are needed for the February 23, BBQ and bake sale at the Community Center. Please bring your donated baked goods to the Community Center on Saturday morning or Friday. All proceeds from the BBQ and Bake Sale go to supporting the Millstadt Township Senior Center. Please mark your calendar now for this annual event. Bring your baked goods and take home an order or two of BBQ pork steak, chicken, ribs or brats.



Saturday, Feb. 23, 2019

11 A.M. Til???

MILLSTADT SENIOR CENTER

102 South Jefferson Street, Millstadt, IL

**Pork Steaks -- Brats
1/4 Chicken -- Ribs**

(Ribs Must Be Pre-Ordered) 618-476-3731

Sides - Potato Salad - Cole Slaw - Baked Beans
PLATES AND SANDWICHES AVAILABLE

Carry Outs Only Baked Goods Also Available

Proceeds to Benefit

Millstadt, Freeburg & Smithton Meals on Wheels

Dates to Remember

February 14, Valentine's Day

February 23, BBQ at Community Center, 11:00 to?

March 6, Ash Wednesday

March 9, Trivia and Silent Auction, St. James Parish Center for the Old Millstadt Water Tower.

March 10, Daylight Savings Time begins; move your clock ahead one hour.

March 17, St. Patrick's Day

Community Center & Park Pavilions Rental

If you are looking for a place to have an anniversary, baby, bridal or birthday party consider renting the Millstadt Community Center or a pavilion at the park. Call the Village Hall at 476-1514 for rental information.



Kevin Cadagin
Principal

kevin@cadprofg.com
www.cadprofg.com

Securities and advisory services through Commonwealth Financial Network,
Member FINRA/SIPC, a Registered Investment Adviser. Fixed insurance products and
services offered by Cadagin-Prosser Financial Group, Inc.

Glen Carbon Office
6 Ginger Creek Parkway
Glen Carbon, IL 62034
Tel 618-656-0006

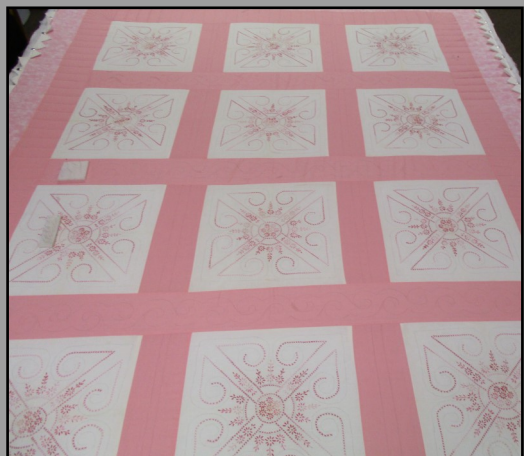
Millstadt Office
500 S. Illinois Street
Millstadt, IL 62260
Tel 618-476-6133

Toll-Free 888-656-0009
Fax 618-656-0007

FEBRUARY BIRTHDAYS

2 Raymond Dohrman	13 Mary Helen Collins
Joan Jackson	14 Joellen Bollman
3 Helen Szakzcsi	Rose Rivot
4 Richard Bergkoetter	15 James Kostelac
Barbara Burch	16 Judy Butzinger
Mary Lou Peter	Ken Schaefer
Robert Schmierbach	17 Maybelle Debourge
6 Georgia Bruehl	19 Eileen Brovan
Gweneth Niehaus	David Krueger
7 Thelma Short	Rhonda Rowe
8 Mary Nation	20 Marcella Klein
Jeanette Roth	Glenda Skidis
Constance Schaefer	Robert Walker
9 Helen Mueller	21 Myra Sims
10 Kimberly Griffin	22 Margie Kish
Jeanette Roth	Ollie Welmon
11 Marlene Bruehl	24 Wayne Little
Wanda Wheat	Bob Scharf
12 Jake Feazel	27 Mildred Eggemeyer
Sally Neff	29 Bonnie Jackson
Karen Rhoda	Lucille Reese

MILLSTADT TOWNSHIP SENIOR SERVICES



QUILT RAFFLE JUNE 21, 2019

At Senior Center

- 1st Prize - Handmade Queen Size Quilt
- 2nd Prize - Handmade Baby Quilt
- 3rd Prize - Afghan

TICKETS \$1⁰⁰ **6 FOR \$5⁰⁰**

Available at the Center

Many tickets are being sold for our Quilt A Rama drawing on June 21, 2019. The Quilt tops are Handmade and Hand Quilted Queen Sized Pieced Quilts.

Aluminum Cans

*Donate Your Aluminum Cans
To The Senior Center*

Contact

Patty Evansco at 476-3731



Illinois Benefit Access

Check your Income Limit
Eligibility for the License Plate
discount and/or Ride Free
Transit Card:

**Your total income last year
must be less than**

- \$27,610 for a 1 person household (yourself only); or
- \$36,635 for a 2 person household (yourself and your spouse, or yourself and one Qualified Additional Resident); or
- \$45,657 for a 3 person household (yourself, your spouse and one Qualified Additional Resident, or yourself and two Qualified Additional Residents).

If you qualify please contact Millstadt Senior Center at 476-3731 and we can file for this discount for you.



Jeff Pratl, CRPC®
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Millstadt Optimist Club Scholarships

The Millstadt Optimist Club is proud to announce, they will be offering five \$1,000 College Scholarships in 2019. Applicants must be a graduate of Millstadt grade school and/or reside in the Millstadt School District. The scholarships will be awarded for the upcoming school year. Applications are available at the high school guidance counselors of Belleville West, Althoff Catholic School, Freeburg High School and Gibault in Waterloo. Completed applications are due April 1, 2019.



Questions?

Visit: 115 W. Laurel St.

Call: 476-1887

Online: millstadt-library.org

@MillstadtLibrary

**Wednesdays
In March
at 10 a.m.**

A Library Card is NOT
Needed to Attend



Where We Help YOU Spread the LOVE!
737 West Washington St., Millstadt, IL 62260
(618) 476 6555

Dec. 50-50 Drawing Winners

50/50 Raffle

1st Place Jean Siegfried \$25
2nd Place Jean Siegfried \$10
3rd Place Glen McCarty \$5

Little Free Library

The Little Free Library, which looks like a giant bird house, is located in front of the Community Center and is open 24 hours a day. Donations of books may also be made at the library. It is based upon the theory that a borrower may take a book, read it, then return the book for others to enjoy. Books of kinds and for all age groups are available in the library. Stop by select a book or leave one for someone else to enjoy.

Land of Lincoln Legal Services

Will assist individuals of limited income age 60 and older with power of attorney for property and health care and simple last wills.

Wednesdays, 9 a.m. to noon • By appointment only
Call 618-234-4410, ext. 7033 to make an appointment

SENIOR TALK

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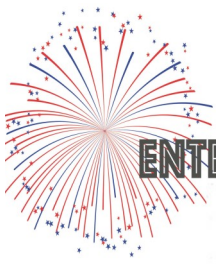
City: _____

State: _____ Zip: _____

Phone: _____

Please Send This Form And Your Check To:
Millstadt Township Senior Services
102 South Jefferson Street
Millstadt, IL 62260

****Be Sure To Check Your Mailing Label For
Your Subscription Expiration Date****



ENTER A RAFFLE TO WIN A 4TH of JULY POOL PARTY

Not only will you and your guests get free access to the Millstadt Pool and new splash pad all day, at 5 pm the pool will close to the public and your private splash party begins! At dusk, enjoy the chance of a lifetime to watch the Millstadt fireworks from the water. Also enjoy free use of the pavilion next to the pool that will be reserved all day for only you and your guests.

Raffle tickets are \$10 each or 3 for \$25

You can't win if you don't enter. The lucky winner will be selected on Saturday, May 4th. Tickets can be purchased at Millstadt Village Hall

Tablet, I-Phone, and I-Pad Fix-It Clinic Friday, February 22, 9:30 -11:30 Am

Millstadt Senior Services is sponsoring a Fix IT clinic to repair and support your tablet, laptop and smart phone. You can bring in your device and Mike Capell of Millstadt will give you free tech support! He will teach valuable repair skills, answer questions, and give technical advice about your device.

DETAILS & WHAT TO BRING:

Bring your laptop, and/or iphone and power cord. He will help with smartphones and tablets. Also bring your user names and passwords if known.

He will also be able to answer your questions about FACEBOOK and receiving and sending email.



Millstadt Township News

Recycling held the First Saturday of each month from 8:00 – 10:00am at the Road District Bldg.

January 5th Recycling: Thank you to The Millstadt Knights of Columbus representatives Bob Hucke, Dan Ellegood, John Morton, Dan Gerteisen and Austin Gerteisen and to Don Traiteur, Stan Jarvis, George Blaha, Bert Hucke and Denise Blaha for giving your time to help.

1.52 tons of recycling material was collected.

February 2nd Recycling: Thank you Millstadt Township Board members, for helping to collect

1.12 tons of material.

Recycling groups are needed for February, July and November.

Call 476-1547 or 476-1207 to volunteer your group.

The Annual Township Officials of Illinois essay contest awards 7 - \$1500 scholarships to high school seniors. For further information, contact Denise Blaha at 476-1207. Leave your name and phone number and I will return your call.

Large item drop off at the Township Bldg., at 820 S. Jefferson



In inclement weather if Millstadt schools are closed due to bad weather, transportation will be cancelled for the day and the Senior Center will also be closed for classes/activities and Lunch. Senior Center members are encouraged to check for cancellations or delays during inclement weather. The following sources will have information on weather-related schedule changes:

- Senior Center main phone line 618-476-3731 - We will try to update the voice mail with inclement weather advisories.
- St Louis Television Channels KMOV (Ch 4), FOX (Ch 2), and KSDK (5)

Pennywise Thrift Shop

Stop by the second floor Thrift Store at the Community Center for Christmas ornaments, wreaths, cookie cutters as well as clothing and other household items. Need a sweater to decorate for an "Ugly Sweater" contest, stop by the Pennywise Thrift Store for a red or green sweater to decorate. All donations support the Millstadt Township Senior Center. Shop local!



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Kale With Garlic & Red Pepper

How about that New Year's Resolution to eat healthier? Yeah, that one. So you've tried kale in salads or in other dishes and it isn't something you've tried more than once or twice. Following is an easy kale recipe that's worth a try.

8-10 ounces of fresh kale, remove stems and chop leaves;

2 cloves garlic chopped;

Red Pepper flakes, as many as you like;

¼ c. water;

2 tablespoons of white wine vinegar

Heat 1 tablespoon of olive oil in medium sauce pan.

Add garlic and red pepper flakes to sauce pan.

Cook, stirring occasionally until garlic is slightly soft, 30 seconds to one minute.

Add the chopped kale. Cook, stirring occasionally, 2-3 minutes, or until the kale is slightly wilted.

Add the water and cook 2-3 minutes or until the kale is wilted and the water has cooked off.

Turn off the heat and stir in vinegar. Season to taste with salt and pepper. May garnish with grated parmesan cheese.



LIHEAP

LIHEAP HEATING 2019
The Low Income Home
Energy Assistance
Program (LIHEAP)

started on October 1st this year. Households that meet income eligibility will receive a onetime grant assistance paid directly to the utility companies. An applicant can only apply once in a program year. To be eligible the following documents must be provided:

- Social Security cards for all household members
- Total Income for last 30 days for entire household (SSA, SSI, Wages, Pension, etc.)
- Medicaid card Letter of Support and/or Letter of Permission (if applicable)
- Drivers License
- Current Utility bills (Nicor and Commonwealth Edison)
- Current Lease or Rent Receipt

Contact Millstadt Senior Center (618) 476-3731 for an appointment or for further questions. This program will end May 31, 2019 or until funds are depleted.



Are you celebrating a Special Birthday or Anniversary or have a Special Announcement? Please send us a photo and information. Our readers would love for

you to share with us. Please email to seniorce@htc.net or drop off at Senior Center.

Special Thanks to
Concordia Church
Immaculate Conception - Centreville
St. James Catholic Church
Trinity Lutheran Church
Zion Evangelical Church
Millstadt Baptist Church
For Your Continued Support

Senior Transportation Program

*Need a Ride to the Doctor, Bank
Hairdresser, or Dentist?*

**The Senior Center Offers the Only Form of Public
Transportation for the Community**

This Service is Available for Persons 60 Years and
Older and Their Caregivers

***A Suggested Donation Of \$2.00 For
Transportation To and From Doctors, Dentists,
Or Hair Appointments***

**This Partially Covers the Actual Transportation
Costs of \$5.95**

For Each Time It Is Provided

All donations are Confidential and Are Used
To Maintain the Transportation Program

For Millstadt Township Seniors
Please Contact Patty at **476-3731** With Questions

DID YOU SIGN IN?

Knowing who is at lunch at the Center is important for a number of reasons. First of all it's good to keep track so if someone isn't there for a few days we can contact them to make sure everything is ok. Second, when you sign in and are registered we are able to submit your name to receive our grant money to help pay for the meals. A way to look at it is that if you aren't registered and signed in we can't send a bill for your lunch to the Area Agency on Aging.

Your Help in This Matter is Greatly Appreciated



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Millstadt Township Senior Services To Visit Lambert's Café Wed., April 17, 2019

Do you want to go out to a restaurant that combines a delicious meal with an entertaining atmosphere, then you won't want to miss the Lambert's Café trip. They pride themselves on their unique dining experience and traditional southern food. But Lambert's Café is no ordinary destination. Lambert's Café is the



HOME of THROWN ROLLS. That's right, they throw rolls across the Dining Room. So if you hear "Hot Roll" be ready!! – before you hit this popular establishment, here are a few tips that can help you prepare for your visit.

Tips to Make the Most of Your Visit to Lambert's Café

1. Watch Out for Flying Rolls
2. Expect to Be Pranked
3. Expect to be amazed at the generous portions and Lambert's passarounds.
4. Come Hungry Leave Full and hopefully have a laugh or two.

Cost is \$18 per person for travel plus cost of food. To make reservations for this trip, contact Millstadt Township Senior Services at (618) 476-3731. Limited to bus capacity of 12.

Millstadt Red Cross Blood Drive Schedule



March 14, 2019

May 9, 2019

July 11, 2019

3:30 pm – 8:00 pm (MCS)

3:00 pm – 8:00 pm (St James)

3:00 pm – 8:00 pm (St James)

Wish List

Bunco Prizes (\$5)

Bake Sale Items for February 23 BBQ

Volunteers for Marketing, Decorations and Activities committees

Volunteers to start new activities for seniors

St Patrick's Day supplies: cups, plates & napkins

Easter supplies: cups, plates & napkins

Prizes for activities

Copy paper – Forever stamps.

Dessert Plates - Paper Towels

Kleenex

Bond County Historical Society presents

16th Quilt Show

Saturday, March 16, 2019

Admission \$3.00 9:00 am to 4:00 pm

Greenville Free Methodist Church

1367 Route 140, Greenville, Illinois

Over 100 quilts on display

Featured Bond County Quilters are

Ginny Ennen, Georgianne Tompkins & Janice Tompkins

2019 Theme: "Celebrations"

Hand Quilted (bed & baby/wall), Machine Quilted (bed & baby/wall), & "Celebrations"-themed Quilts and Quilted Items

- Enjoy **Antique Quilts Bed Turning program** at 10a & 2p.
- Buy **Raffle** tickets for beautiful bed quilt & barn quilt.
- **Door Prizes!** Shop our **Merch booth!**
- **Scissor Sharpening!** Browse **Vendor booths.**
- Learn from **Demonstrations** at 11a, 12p, & 1p.
- **Quilt Block** Design Contest results.
- **Viewers' Choice** Prizes awarded at 4p.



Entry forms and additional info can be found at www.bondcountyhistorical.org



Find us on Facebook!

This ad funded in part by



D & D Solutions

Home Services
Your Water Softener Store

530 E Washington St.
Millstadt, IL. 62260

618-334-7239 or 618-580-9889

Hellenbrand
Authorized Dealer

WE NOW HAVE BOTTLE WATER!

50/50 Club Raffle



If you haven't joined the club yet, it's not too late! In March there will be a 50/50 raffle and a \$15 drawing for those who have birthdays in the month. You must be registered with the Center to be included in the birthday raffle. Be sure to check in office that we have your correct birthday. We will be selling 50/50 Raffle Tickets and the drawing will be the first Tuesday where you will have three chances to win each month! The tickets are \$1 per chance or 6 for \$5. Sign up today! Join the Club

MILLSTADT SENIOR CENTER 50/50 CLUB RAFFLE

Winners Each Month!

Book Review

Michael Connelly is one of the top mystery authors and a favorite of many mystery fans. His "Dark Sacred Night" pairs Harry Bosch with Renee Ballard to solve a cold case.

Ballad first appeared in "The Late Show" as a detective working the night shift in repayment for filing a harassment claim. This time around both Harry and Renee are respected by their peers, but they are not people who are always liked by others. Here is what the author's website has to say about "Dark Sacred Night".

Renee Ballard is working the night beat again and returns to Hollywood Station in the early hours to find a stranger rifling through old file cabinets. The intruder is retired detective Harry Bosch, working a cold case that has gotten under his skin.

Ballard kicks him out, but then checks into the case herself and it brings a deep tug of empathy and anger. Bosch is investigating the death of a 15-year-old Daisy Clayton, a runaway on the streets of Hollywood, who was brutally murdered and her body left in a dumpster like so much trash.

Now, Ballard joins forces with Bosch to find out what happened to Daisy and finally bring her killer to justice.

Interested in reading this latest Bosch mystery? Check with the Millstadt Library about ordering Michael Connelly's "Dark Sacred Night" for a winter's read.

**I LOVE
MYSTERY BOOKS**

Chamber Presents Awards

The Millstadt Chamber of Commerce performs many services and civic duties for citizens and businesses in Millstadt, but their January event was an annual favorite for many. That's the big night when the Chamber presents awards to business person and community person of the year for their outstanding contributions to our community.

And the award winners this year are: Business Person of the Year – Wayne Muskopf and Community Person of the Year – Patty Evansco

Wayne Muskopf is the owner of Muskopf's Garage in Millstadt and serves on Millstadt Zoning Board and Millstadt Optimist Club. He and his wife Denise are very active in the Millstadt community.

Patty Evansco said that she never in her life thought that would happen on that particular evening. She went there thinking she was giving a presentation on the Millstadt Senior Center. I do what I do with all my heart and soul, and God takes care of the rest. But whatever I did to deserve this award, it wasn't me alone, you would be very surprised how many people work together to make our senior center a success.



Chamber of Commerce President Jim Heberer presents awards to Patty Evansco and Wayne Muskopf.

Adult Coloring Night

Where: The Millstadt Library

When: February 21st - Time: 5 p.m. – 7 p.m.

Who: Adults & Teens+

Don't forget, every third Thursday is Adult Coloring Night! Join us for coloring books, refreshments, and good times. We provide all of the materials needed. All you need to bring is yourself. A library card is not needed to attend.

Village of Millstadt Meeting

November 13, 2018

The leak in the new water tower was repaired.

New Village maintenance truck and police car are in service.

New crossing guard, Melinda Mehrtens, was hired.

Police Chief Wilkerson reported on resident complaints of speeding vehicles on Coachlite. Very low number, .4% of vehicles, per recordings on "black box", were recorded as speeding. Most likely, a perception issue that vehicles were speeding.

Village of Millstadt Meeting

November 26, 2018

Randy Burk met with IDOT about streetscapes on West Washington Street. Discussed the surface to be poured concrete to look like pavers. Ameren is interested in the decorative lighting.

Profit of \$10,441.86 on the Biathlon. Largest profit since 1999.

Larry Beckner, of Millstadt, repaired a damaged flower vase at the cemetery, free of charge.

Melissa Helfrich from Millstadt Milling handed out information on the 161 year old Midland Mill. Helfrich received notice of issues with the Mill that fail to comply with zoning codes. Helfrich noted the Mill is also a fallout shelter for 225 people under the building. The Board gave Helfrich 6 months to develop a plan for having the building meet code. She will have structural engineer look at east wall with electrical services.

Village of Millstadt Meeting

December 10, 2018

Sewer problems were reported on East Mill Street and North Mulberry Street. Meeting will be held with property owners. Believe the problem is an abandoned water main.

New fire hydrant installed on West Laurel.

Concession stand at pool reported a \$6,609.89 profit. Funds will be used for air fryer and refrigerator.

Millstadt Athletic Club raised money from Baseball Tournament and the proceeds will be used to purchase sunshades for bleachers and behind diamonds 2 & 3.

Senior Discounts

Many restaurants and stores do not advertise senior discounts. Remember to ask the cashier if the store offers Senior Discounts.

Michaels' Offers a 10% discount off your entire store purchase of decorating items every day. Note: "Some exclusions may apply".

Kohl's-Shoppers age 60 or older can take 15% off every Wednesday.

Make Time For Tea

Drinking more tea has been linked to lower inflammation levels, weight loss and reduced cancer risk in a number of studies. Green tea has been shown to be more beneficial than black tea.

Do you shop on Amazon? Now there is a new version of the company's website – smile.amazon.com – the company will donate 0.5% of the purchase price to charity. Customers pick their charity through the new website and there are almost one million to choose from, including Sandra Marie Bereitschaft Foundation (supports Millstadt, Freeburg and Smithton Meals on Wheels program).

There is no cap on the amount Amazon will donate and almost every physical product sold by the company is eligible, which means tens of millions of items. Digital goods are not included, but that may come in the future.

Everything else about the Amazon online shopping experience stays the same, including the shopping cart, wish lists and shipping options. The prices will also be the same, so these donations will suck some of the profit out of each sale Amazon makes through the program.

Please be sure to sign up, shop and add "Sandra Marie Bereitschaft Foundation" as your designated charity.

Thank you. <http://smile.amazon.com>

Glaeser HMR
Home Maintenance and Repair
Brad Glaeser
Owner
618-719-5952 cell
618-476-1135 Home
Millstadt, IL 62260
"No Job Is Too Small"
bglaeser @Hotmail.com



FREE ADMISSION

AGING EXPO

Don't Just Get Old...AgeSmart

DATE May 17, 2019
TIME 8:30 a.m. – 12:00 Noon
PLACE McKendree Metrorec Plex
205 Rec Plex Dr, O'Fallon, IL
THEME A Night at the Movies

A Night at the Movies LIGHTS, CAMERA, ACTION

Here's What You Can Expect
At This Year's Aging Expo!!

FREE Event

FREE Continental Breakfast for ALL
FREE Health Screenings
FREE Demonstrations, Games
FREE Giveaways
LIVE Entertainment
Toast & Jam
FREE Parking

www.agesmart.org For more information call 618-222-2561



Notary Services Are Provided Free At The Senior Center

Clothing Donations

Is it time to clean-out closets to make room for those Christmas gifts you know you'll be getting? Clothing items may be donated to the Senior Center Thrift Store located on the second floor of the Community Center. Gently used clothing items are also for sale. Donations for items are requested to support Senior Center activities and the Meals on Wheels program. Remember your clothing items may also be donated to the collection box at the IGA parking lot will add to the proceeds IGA collects and donates to the Senior Center. With the help of your donations 20,000 meals were served to Seniors in Millstadt Township last year.



WRITER'S GUIDELINES

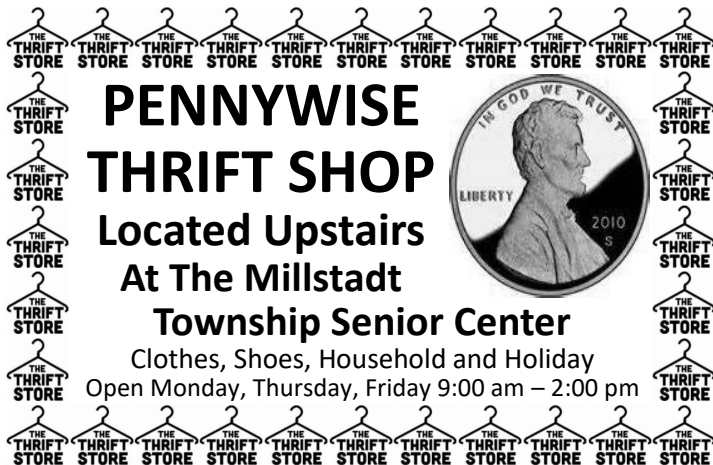
One does not have to be a professional writer in order to submit articles to Senior Talk. All it takes is the desire to share your thoughts or feelings with the rest of us. Tell us about what matters to you. Share your his-tory, your fears, and your triumphs. There is a "Brag Corner," where you can tell others about your new car, or how your grandchild just graduated from Harvard, or about your prize-winning roses. Give us your recipe for deviled eggs or tell us how you stay married to the same person for 50 years!

It is best to keep the length of the article to no more than 500 words. We reserve the right to edit all materials. Be sure to include your name, address, and telephone number and email address, if you have one.

Articles can be dropped off at the center, mailed, or emailed to seniorce@htc.net

Big Ole Bag and Jewelry Sale

Mark your calendar now. The two-day sale is set for Friday evening, April 26 and Saturday, April 27, 2019. Donations of purses and jewelry may be made at the Community Center. This is always a popular event and all the funds raised are donated to the Senior Center.



PENNYWISE THRIFT SHOP

Located Upstairs At The Millstadt Township Senior Center

Clothes, Shoes, Household and Holiday

Open Monday, Thursday, Friday 9:00 am – 2:00 pm

Senior Talk Available at These Locations

Pick-Up Your copy of the Monthly Senior Talk at One of The Following Millstadt Locations

Melva's Family Hair Care 476-7933

Millstadt Barber Shop 476-7273

Millstadt IGA 476-3161

Millstadt Library 476-1887

Dr. Carla Samson 476-3373

Millstadt Pharmacy 476-1701

Millstadt Village Hall 476-1514

Millstadt VFW 476-1180

Shirley's Beauty Shop 476-9494

St. James Catholic Church 476-3513

Trinity Lutheran Church 476-3101

Zion Evangelical Church 476-1778

Dr. Steve Knoernchild 476-3344

Concordia UCC 476-3377

St. Paul Church, Floraville 473-2285

Dr. Kevin Schmidt 476-3261

St Michaels Church – Paderborn 473-2798

First National Bank of Waterloo 476-3334

Caseys 476-7360

Associated Bank 476-3040

Michelle's Family Haircut

Millstadt Garden Place

Millstadt Baptist Church

Lee's Home Center 476-1760

Bonnie's Beauty Shop

Training Room

Handy Feed

Country Financial

Schuberts

Coffee Mill Café 476-6540

Smithton Village Hall

Smithton Library

Freeburg Township

Freeburg Pharmacy

Freeburg Library

Thank You For Providing This Service To Our Community

ALLIE'S GROUP PRESENTS
TUNICA-Casino Capital of the South & MEMPHIS-Home of the Blues

INCREDIBLE PRICE INCLUDES:

- ♦ Motorcoach transportation
- ♦ 4 nights lodging
- ♦ 8 meals: 4 breakfasts and 4 dinners
- ♦ Admission to GRACELAND - Home of Elvis Presley
- ♦ Free time on BEALE STREET in Memphis
- ♦ GUIDED TOUR OF MEMPHIS, TN
- ♦ Admission to MEMPHIS ROCK N' SOUL MUSEUM
- ♦ and much more

\$450 *
5 DAYS 4 NIGHTS
 PER PERSON, DOUBLE OCCUPANCY
(Mon - Fri)
April
8 - 12, 2019

Departure: Commuter Lot, I-270 Exit #3 at Gravois Rd, Saint Louis, MO @ 8 am, then Columbia Market Pl, 300 Columbia Center, Columbia, IL @ 8:45 am

Day 1: Depart your group's location in a spacious, restroom and video equipped motorcoach and arrive later that day at a Casino Resort in exciting Tunica! You'll check in and enjoy a delicious Dinner Buffet.

Day 2: Have a Hot Breakfast before enjoying a GUIDED TOUR OF MEMPHIS, the "Home of the Blues." From the music landmarks to legendary sights, you will experience the irresistible soul of this fascinating city. Later, you'll depart for free time on BEALE STREET in Memphis. Enjoy Dinner before heading back to your Casino Resort.

Day 3: After a Hot Breakfast, your group will have a memorable day, starting with a visit to the MEMPHIS ROCK 'N' SOUL MUSEUM. Since opening its doors in 2000, the Rock 'N' Soul Museum has been seen by over 200,000 tourists. Take an audio guided tour through the museum's seven galleries and see the story of rock and soul unfold through extensive audio footage, artifacts and audio visual programs. Then, return to Tunica to visit your Casino Resort for more gaming and Dinner.

Day 4: After a Hot Breakfast, your group will have another memorable day, starting with a MANSION TOUR of amazing and opulent GRACELAND, home of Elvis. Then, return to Tunica to visit another Casino Resort for more gaming and Dinner.

Day 5: Today, after enjoying a Hot Breakfast, you depart for home... a time to chat with your friends about all the fun things you've done and where your next group trip will take you!

AND PEACE OF MIND TO YOUR TRIP... With the Travel Confidence Protection Plan if you have to unexpectedly cancel or not your plans start. See back for details...

\$75 Due Upon Signing. *Price per person, based on double occupancy. Add \$181 for single occupancy. Final Payment Due: 2/1/2019

FOR INFORMATION & RESERVATIONS CONTACT:
Allie Owens @ (618) 281-9765

Volunteers!

Quilter

Rosemary Mathews
 Lois Potter
 Judy Sutter
 Pat Morris
 Doris Adams
 Christy Lehr
 JoAnn Clemens
 Teresa Barbier
 Mary Alice Schmitz
 Ruth Fritzinger
 Joann Pisel
 Marlene Hermann
 Marlene Harzin
 Beth Kwentus
 Pat Schaeffer
 MaryLou Kochmann
 Jeannie Colbert
 Judy Jacobs
 Carol Osick
 Kathy Weygandt
 Dot Edmondson
Blood Pressure
 David Koch

Center

Carrie Kwentus
 Cassidy Vollmer
Kitchen
 Bob Louis
 Betty Schranz
 Charlie Worden
 Collen Costello
 Columbia DeLong
 Doris Chaput
 Fern Sieber
 Frances Dickneite
 Helen Conley
 Kathy Krauth
 Lil Tracy
 Linda Hoepfinger
 Lucille Reese
 Norma Burlesman
 Ralph Schneider
 Shirley Rinck
 Toni Schneider
 Bertha Rodgers
Meals on Wheels
 Randy Burk
 Bob Borkowski
 Charlie Mueth
 Cheryl Mueth
 Cindy Bertelsman
 Darlene Slovinski
 Gary Huwer

Jeannette Cory

JoAnn Pisel
 Joe Burch
 Karen Witte
 Larry Osick
 Linda Kilhoffer
 Lindy Knysak
 Lois Potter
 Marge Watchel
 Marilyn Borkowski
 Marsha Davis
 Marylou Peter
 Nancy Kostelac
 Ruth Morton
 Sandra Muskopf
 Susan Sager
 Cheryl Pierpoint
 John Morton
 Nancy Burk
 Peggy Makriakow
Newsletter
 Don Mueller
 Jerry Schmitz
 Kathy Diedrich
 Gary Diedrich

Newsletter/Bulletin Board

Kathy Schaefer
Office
 Janet Mueller
 Jeannie Colbert
 Marlou Eckert
 MaryAnne Conrad
 Orville Mueller
 Mary Heberer
Coffee Mill
 Carol Osick
Panera
 Carol Trever
 Debbie Mertz
 Jamie Bereitschaft
Recycling
 Bert Huckle
 Allan Analla
 Darleen Slovinski
Master Gardener
 Marti Gibson
Thrift Store
 Eileen Doerr
 Mike Odonnell
Corn Hole
 Darlene Sandheinrich
Driver
 Charlie Todd

EQUUS
 RESCUE & THERAPY

**TRIVIA NIGHT
 AND SILENT AUCTION
 Benefitting
 Equus Rescue and Therapy**

**Saturday, February 23, 2019
 Bluff Grange
 8567 State Route 163
 Millstadt, IL 62260**

Doors open at 6:00pm, Trivia starts at 7:00pm.

Proceeds benefit the Equus Rescue and Therapy, a 501(c)(3) Tax Deductible Non-Profit organization. Equus Rescue and Therapy rescues horses who are retired from the race track, horses in horrific conditions and kill pens on their way to slaughter. They are given a second chance at life, another chance at a career, new homes or a dignified retirement.

\$15.00 per person, 8 people per table.
THEME: MARDI GRAS
 Decorate your table – Prize for best table
 Prize for Best Dressed Male and Female
 Silent Auction Items - 50/50 Drawing
 Survivor Game
Bring your own snacks and drinks.

For additional information or to reserve a table, contact:
 Marva Dowty 618/363-3060 (cell – call or text);
 618/234-6905 (home)

Check Your Bank & Credit Card Statements



You know to check your monthly credit card statements for "strange" charges but reviewing monthly bank statements should also be reviewed. Review not only checks and deposits but also charges for ATM transactions, stop payment charges on checks, and any other charges that were not authorized by you. Contact the bank or credit card company immediately and provide them with the information appearing on the statement and any other information you have about the transaction.

**Notary Services Are Provided
Free At The Senior Center**

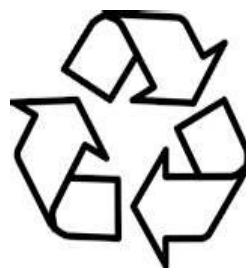
THANKS FOR OUR DONORS

Otto and Charlene Faulbaum (SMB Donation)
 Mary Heberer (Christmas Giveaway Gifts)
 Judy Davinroy (Marathon Donation)
 Dwight and Joan Godsy (Donation)
 Don Elkins
 Dave & Debbie Steppig
 Larry Schmeder
 Ruth Morton (Kitchen Supplies)
 Betty Schranz (Kitchen Supplies)
 Thelma Short (Kitchen Supplies)
 Barb Louis (Kitchen Supplies)
 Dot Edmondson (Kitchen Supplies)
 Richard and Mary Kwentus (Donation)
 Richard and Mary Kwentus (Stamps)
 Liese Lumber (In Memory of Audrey Stiffler)
 Caroline Dintelman
 Darrell Jung (Books)
 DePaul Alumni Association
 (In Memory of Dorothy Venier)
 Carol, Linda and Mike Speichinger
 Robert Sheridan
 Dennis and Dana Stanczyk (Donation)
 Switzer Food and Supplies
 (SMB Foundation Dinner Donation)
 Judie Kolb (In Memory of Don Goddard)
 Mary Lou Peter (In Memory of Don Goddard)
 Coffee Mill (Tuesday and Friday morning Pastries)
 Schnucks
 (Tuesday and Thursday Bread and Bakery Items)
 Panera, Telegraph Road
 (Wednesday morning Bread and Bakery items)

Senior Talk Available On Internet

The Village of Millstadt web site has a variety of information available including the most recent copy of the Senior Talk newsletter, scheduled events for the Village, and copies of the Senior Menu and Activity sheet. Type in the following internet address, www.villageofmillstadt.org.

This should bring up the main page of the Village's web site, on the left side of the screen click on Community Center/Senior Center. On the next page, click on the latest edition of Senior Talk which will include the menu and activity sheet for the month.



RECYCLING

8 AM TO 10 AM

**1ST SATURDAY OF
EACH MONTH**

AT TOWNSHIP SHED ON
EAST HARRISON STREET

Bus Rider Reminder

**All Ride Reservations Should Be
Made Through The Office Please
Do Not Tell Bus Drivers Your
Appointments Thank You**

millStadt
Chamber Of Commerce

"Making Connections For Millstadt Business"

**MILLSTADT VFW POST 7980
 LENTEN SEASON**

Fridays

**Serving Cod, Cat Fish, Walleye, Shrimp,
 Crab Cakes and Salmon Patties**

11 a.m. till 8 p.m.

March 6th 2019 - Ash Wednesday

**Fish Fry Noon till 8 p.m. Fridays Thru April 19th
 Serving Cod, Cat Fish,
 Walleye, Shrimp,
 Crab Cakes and Salmon**





State of Illinois
Illinois Department of Public Health

Emergency Care for

CHOKING

CONSCIOUS VICTIM

If victim **CAN** breathe,
cough or make sounds,
DO NOT INTERFERE.



Give quick upward
thrusts above the
belly button and
below the ribs until
object is forced out,
victim can breathe
again, or victim
becomes unconscious

If victim **CANNOT** breathe,
cough or make sounds,
ask if you can help.



UNCONSCIOUS VICTIM

Send someone to call 911 and get the Automated External Defibrillator (AED).
IF YOU ARE ALONE, perform 5 sets of 30 compressions and 2 breaths before leaving to call 911. Follow these steps.



Give 30 compressions pushing down AT LEAST 2 inches on the center of the chest. Place one hand on top of the other. Push hard.



Open the airway and check the mouth for objects. Remove the obstructing object only if you see it.



With the airway open, attempt to give TWO breaths. If unsuccessful, return to compressions.

Repeat steps 1, 2 and 3 until victim starts breathing or until emergency medical help arrives.

Illinois Department of Public Health
Emergency Medical Systems and Highway Safety
422 S. 5th St., Third Floor
Springfield, IL 62701 • 217-785-2080

Standards for CPR and ECC are consistent with American Heart Association recommendations.
IOCI 14-210

- Have someone call for an ambulance, rescue squad or EMS.
- DO NOT PRACTICE ON PEOPLE. Abdominal thrusts may cause injury.
- Use back blows and chest thrust on infants. Use chest thrust on pregnant women and obese victims.
- For children 1 to 8 years of age, compress at the depth of approximately 2 inches.
- Learn to perform emergency care for choking and cardiopulmonary resuscitation (CPR).
- For CPR training information, call your local American Heart Association or American Red Cross chapter.



A Trivia Night & Silent Auction to Help Restore the Old Millstadt Water Tower

Saturday, March 9, 2019
St. James Parish Center
423 West Madison -- Millstadt, IL 62260

Doors open at 6:30 p.m. -- Trivia starts at 7 p.m.

\$120 per Table, 6-8 Players
(Includes Survivor Round & 10 Mulligans)
Heads/Tails and 50/50 Drawing

(Player Friendly Questions!!)

- Bring Your Own Snacks
- Beverages Available
- (But You Can Bring Your Own Beverages)

Cash Prizes Awarded to Top 3 Teams

Reservations: Call Betty at 476-7326 or Marianne at 476-3696
or

e-mail: millstadtinman@gmail.com

Sponsored by Friends of the Old Millstadt Water Tower

Township Supervisor
Denise Blaha
Village Mayor
Michael Todd
Director
Patty Evansco
Nutrition Staff
Sandy Sanders
Transportation (Drivers)
Ed Luecking
Executive Board
Charlie Todd, President
James Palovich
Al Lehr
Mark Todd
Ray Famula
George Blaha
Advisory Council Members
John Baltz
Carol Osick
Darleen Sandheinrich
Don Ortmann
Kathy Schaefer
Lillian Tracy
Jerry Schmitz
Pat Morris
Rich Brune
Barb Greene
Editors
Patty Evansco
Marlou Eckert
Don Mueller
Janet Mueller
Jerry Schmitz
Judy Jacobs



Township Senior Services
102 South Jefferson St., Millstadt, IL 62260
Phone No. **618-476-3731**
Fax No. **618-476-3921**
email seniorce@htc.net

MISSION STATEMENT

The Millstadt Senior Center Is A Place Of Opportunities, A Focal Point In Our Community Where Services Support Positive Aging and Where Educational, Recreational and Cultural Programs Enrich The Lives Of Elders and The Community

Funding for (Grantee) is received from the United States Administration for Community Living, the Illinois Department on Aging, and the AgeSmart Community Resources. (Grantee) does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with State and Federal Statutes. If you feel you have been discriminated against, you have the right to file a complaint with the AgeSmart Community Resources by calling **618-222-2561 or 800-326-3221**

"Seniors Come First" Services Available

Meals on Wheels One of the Center's most important programs, the Meals on Wheels program provides daily meals to people who have difficulty getting out of the house and/or cooking for themselves. Not only are we able to supply necessary food, but the driver delivering the meal is able to ascertain how the client is getting along and share some companionship. We have a number of folks dedicated to providing these services. They give freely of their time and energy to deliver the meals, make contact with the recipient and report back to the Center. The majority of the "regular" drivers volunteer one day per week and most have said it is highly rewarding for them.

Lunch Program Lunch is served Monday through Friday at 12 noon. You must be 60 years of age or older to qualify for this program. It is appreciated that if you want lunch you call the center by 3:00 pm in order to sign up for lunch on the following day. When you come in you may sign yourself up for the next day. If you like, you may sign up for the entire week or month. If you know that you can not make it and you have signed up, please call and let us know that you will not be here and tell us when you will be back for lunch. If you have any questions concerning the lunch program please contact Patty Evansco at 476-3731.

**All Lunches Are Catered From the Millstadt IGA,
China King And Breadeoux Pizza From Millstadt**
**"The Center is a Great Place to Enjoy Yourself
Through Fellowship And Celebrations With Other
Seniors of Millstadt"**

Senior Information and Assistance provides information or help with services and benefits to residents of Millstadt age 60 and over. We will also visit homebound seniors. If you need this service or would like to schedule a visit, call Millstadt Township Senior Center at **618-476-3731**.



EVERY THIRD THURSDAY
5 P.M. - 7 P.M.

ADULT COLORING NIGHT

READ RELAX RECOLOR



Saturday, March 16th TRIVIA NIGHT

Father Freund Parish Center
423 West Madison
Millstadt, IL

Silent
Auction

Doors open 6:30 p.m.
Play starts at 7:00 p.m.
\$15 per person (includes 10 mulligans)

6 - 8 people per table
Bring your own snacks & beverages
Soda available for purchase
(popcorn provided)

50/50
Drawing

For reservations or information

Contact: Stacy Woehlke

Call/text 618-719-5512

e-mail: trivia@zionmillstadt.com



Proceeds benefit
Zion Evangelical Church



St. James CCW Presents An Afternoon in Hollywood

12:00 pm

Wed. April 10th 2019

St. James Parish Center 405 West Madison, Millstadt

\$12 Per Person

Menu:

Newman's Caesar Salad
Garbo's Beef Medallions and Pasta
California Medley
Gable's Cream Bread
Crawford's Assorted Jello Salads
Pickford's Pies and Desserts

Our Raffle Will Include A Beautiful Handmade Quilt
And Cash Prizes.

We Will Also Have Our Popular Basket Raffle And The
Lollipop Shoppe

From Which Delectable Treats May Be Purchased.

Following Our Luncheon We Will Play Bingo
With A Variety Of Prizes

Attendance Prizes Will Be Awarded

Advance Tickets Are Encouraged

And Are Available By Calling

Christy Lehr At 618-210-0042



*The Millstadt
Senior Center*

*Expresses Our Deepest
Sympathy To The Family,
Friends and Loved Ones Of*



Darrel W. Capell
Dennis Wayne Cooper
Stacey Ann Cooper
Carol M. Gamblin
Donald R. Goddard Sr.
Rhoda E. Rowe
Bernice Torisky

Stacey Ann Cooper

Stacey Ann Cooper, nee Belz, 46, of Millstadt, IL, born September 26, 1972, in Belleville, IL, died Saturday, January 19, 2019, at her residence surrounded by her loving family.

Stacey was the co-founder of MAC Medical, Inc., in Belleville, IL. She was a devout catholic and supporter of St. Jude. She had a loving, kind, charismatic personality, and a smile that would light up a room. Stacey was a very selfless person who always put others first. She adored children and was very adventurous. Stacey will be deeply missed.

She was preceded in death by her father, Edward Belz; her paternal grandparents, Edward and Norma Belz; her maternal grandfather, John Barger; and her father-in-law, Dennis Cooper, Sr.

Surviving are her husband of 23 years, Dennis Cooper, Jr., whom she married on October 14, 1995; a daughter, McKenzie Cooper; a son, Jacob Cooper; her parents, Beverly, nee Barger, Burklow and John Burklow; two sisters, Kelly Burklow and Charlotte Burklow; a brother, John (Andria) Burklow; her maternal grandmother, Charlotte Burlow; a brother-in-law, John (Cate) Cooper; a sister-in-law, Stacy (Erick) Crabtree; her mother-in-law, Cynthia Cooper; and numerous, aunts, uncles, nieces, nephews, and cousins.



Carol M. Gamblin

Carol Gamblin, 77 years of Millstadt, IL., passed away on Monday, January 21, 2019 at her residence. She was born February 2, 1941, in Waynesville, MO. Carol worked at Memorial Hospital of Belleville, IL., until her retirement.

She was a member of Zion Evangelical Church in Millstadt, IL, the VFW Ladies Auxillary, and the Senior Center. She enjoyed crocheting and she loved her grandchildren. Surviving are her Daughter, Kim Freeman; her Son, Terry (Beth) Gamblin; her Grandchildren, Christy (Hans) Freeman, Danny Freeman, Nathan (Bree Belosi) Freeman, Zach Gamblin, Ryan Gamblin, and Jake Hoffman; her Great-Grandchildren, Ava Freeman, Nyko Freeman, Zoe, Livi, and Lanie Freeman, Desi Freeman, and Cindy Freeman; her Sisters, Aleena Robertson, and Donna (Gary) Cain; along with other relatives and friends. She was preceded in death by her Parents, William and Elsie (Watson) Case, her Husband, Russell Eugene Gamblin and her Daughter, Angela Gamblin-Cissell.



Donald R. Goddard Sr.

Donald R. Goddard, Sr., age 78, of Millstadt, IL died on Friday, January 11, 2019 at his residence. Arrangements are pending at Kassly Mortuary, Ltd., Fairview Heights, IL.

Dennis Wayne Cooper

Dennis Cooper, Sr., 70, of Millstadt, Ill., born Sept. 16, 1948 in Brownwood, Mo., died Fri., Jan. 18, 2019 at his home.

Dennis was a pressman lithographer with a publishing house and a member of Life Community Church in Columbia, Ill., a lifetime member of the NRA and a member of Gold Wine Riders Assoc.

He loved hunting, fishing, canoeing, riding on a motorcycle and photography.

Preceding him in death were his parents, John Raymond and Helen O., nee Collins, Cooper and his nephew, Stephen Cooper, Jr. Surviving are his wife, Cynthia Cooper, nee Fingerhut, whom he married on June 13, 1969 at Villa Hills Church of Christ; his children, Stacy (Erick) Crabtree, Sr. of Ellis Grove, Ill., Dennis (Stacey) Cooper, Jr. of Millstadt, Ill. and John (Catherine) Cooper of Columbia, Ill.; his grandchildren, Ashli (Justin) Blankenship of Belleville, Ill., Michaela Crabtree of Decatur, Ill., Erick Crabtree of Ellis Grove, Ill., McKenzie Cooper, Jacob Cooper, both of Millstadt, Ill., Alyssa Terrill, Nathan Terrill, Dennis Terrill, all of Louisiana, Andrew Cotter, Lydia Cotter and Gavin Cooper, all of Columbia, Ill.; his great-grandchildren, Drake Blankenship and Benjamin Blankenship, both of Belleville, Ill., nieces, nephews and many friends.



Bernice Torisky

Bernice Helen Torisky, 96, of Millstadt, IL, passed away in her home on Wednesday, December 27, 2018.

Bernice (nee Orr) was born August 17, 1922 in St. Louis, MO and married Peter Torisky on April 23, 1942 and together they had two children.

Bernice quietly lived her whole life dedicated to helping and serving others. She served as a caregiver for several family members, a devoted wife and mother, and loving grandmother. She loved to spend her time quilting baby blankets for the hospital, square dancing at the senior center, walking to daily mass and watching old movies on cable. Mostly, she enjoyed spending time with family and friends.

Bernice is preceded in death by her parents Glenn Orr and Caroline Orr (Zeiss), her husband Peter Torisky, and brothers Henry Orr and Glenn Orr. Those left to cherish her memory are her children, Rosemary Fourson and John (Patricia) Torisky; brother Robert (Leona) Orr; and grandchildren Scott (Anne) Loeffler, Krystal (Micheal) Nodland, Melodie (Jan) van der Baan, John (Leah) Torisky, Lynn (Matt) Imgrund, Kelly (Brian) Cromeens and 15 great-grandchildren. Memorial contributions may be made to St. James Catholic Church. Additional



Darrel W. Capell

Darrel W. Capell Darrel W. Capell, 73, of Millstadt, Illinois, born Tuesday, August 21, 1945, in East Saint Louis, IL, passed away Saturday, January 5, 2019 at Memorial Hospital in Belleville, Illinois.

Darrel was an Assembly Man for Ford Motor Company. Darrel loved fishing, hunting, cooking, Miller Lite and most of all his 4 angels.

He was a U.S. Army Veteran.

He was preceded in death by his parents, Henry and Lillian, nee Mulligan, Capell, sister-in-law, Linda Capell.

Surviving are his Wife, Carolyn, nee Kadlec, Capell of Millstadt, IL, sons, Michael (Mandy) Capell of Millstadt, IL, Brian (Brooke) Capell of Millstadt, IL, 4 angels, Lillian, Caiden, Lainey, Callie, brothers, Dennis Capell, David (Margo) Capell, sisters, Della (George) Schaub, Donna (Bill) Allen

Rhoda E. Rowe

Rhoda Rowe, nee Combs, 89, of Millstadt, Illinois, born Tuesday, February 19, 1929, in Carterville, IL, passed away Monday, January 28, 2019 at her residence in Millstadt, Illinois. Rhoda was a retired LPN Nurse.

She was preceded in death by her first husband, Delmar Hodge, husband, James "Jim" L. Rowe, son, Clifford "Kippy" Hodge, parents, John H. and Lena L., nee Massey, Combs, grandson, John Hodge. Surviving are her children, Kenneth L. (Dale) Hodge of Azel, TX, David "Stevie" (Millie) Hodge of Coulterville, IL, John (Vickie) Hodge of Campbell Hill, IL, granddaughter, Angela M. Hodge of Millstadt, IL, and many more loving grandchildren, nieces and nephews.

