

Merry Christmas From Millstadt Township Senior Services

We will be having our 12 Days of Christmas giveaway this year beginning on Friday, December 6th. Each day there will be a Holiday Giveaway for everyone who has lunch



with us. Our final "Grand" drawing will be held at our Annual Christmas Brunch on Monday, December 23rd. Everyone who attends the Brunch will also be given a chance to win. Here are a sneak preview of the prizes and there are more to come. You won't want to miss your chance to win

**Millstadt Township Senior Services
Invites You To Attend**

**The Annual Christmas Brunch,
Kitchen Band and Party On
Monday, Dec. 23rd, 2019
Santa Has Gifts For
Everyone**

The Zion Ladies Kitchen Band
starts at 9:00 am With Caroling
And Sing A Longs

**10:00 am Brunch Will Be
Served**

**10:30 am Santa Arrives
Gifts, Christmas
Drawings And
Quilt Raffle
Drawing**



Afterwards There Will Also Be Pictures With Santa
Don't Forget To Get Your
Quilt Raffle Tickets.
Be sure To Call For Reservations.

From Below The Tower



Patty Evanco

I survived another Open Enrollment Year!!!! Yeah. I'm glad I had Doreen Musial to help this year. We assisted 152 clients this year with their Medicare choices. We are happy to answer your Medicare questions year-round. Many people with very serious diseases including diabetics are forced to buy very expensive

medicine to keep their illness under control that they can live a normal live. I saw several instances where the cost of a monthly drug was over \$8,000. How can the drug companies even imagine that there are people who can afford such medicine? There are grants available for these folks, but often they are left hanging until the last minute to see if their medications will be covered. Let us keep them in our prayers this month.

December holds many traditions with fun things to do and activities here at the Center and in the community. A couple of favorites are the Lighted Parade and Senior Christmas Brunch with the Zion Kitchen Band and Santa. The Zion Kitchen Band is a fantastic supporter of our Seniors and we greatly appreciate what they do for us.

From myself, Sandy, Ed, Larry, Don, Darrell, and Doreen, may the holiday season bring only happiness and joy to you and your family. Wishing you and your loved ones peace, health, happiness and prosperity in the coming New Year.

Patty

Sandra M. Bereitschaft Foundation

For the month of November an average of 50 MOWS were delivered each day from the Millstadt Township Senior Center. Each meal is sealed in an "Oliver" which is a disposable meal container. The SMBF recently purchased \$1705.00 of "Olivers" for the Senior Center.

The Sandra M. Bereitschaft Foundation's recent Trivia Night is a key fund raiser for the Foundation and a major factor in the SMBF's ability to support the Millstadt MOWS program.

Thank-you to all our supporters.



(L-R) Darleen Slovinski and Allen Analla keeping an eye on their lucky Bingo Cards.

Santa Bingo

Don't miss **Santa Bingo** on Friday, December 20 at 12:30. Special holiday prizes will be awarded to the winners this month.



Inclement Winter Weather Policy

Senior Services will post cancellations on local television stations (Channel 2,4, and 5). A recording will also be listed on Senior Center telephone and postings on Facebook.

Library Archiving Newsletter

Did you miss an issue of "Senior Talk"? While we want you to be sure you see every issue of Senior Talk the Millstadt Library is now offering you an opportunity to catch up on all of our past issues.

Starting immediately, you can view past issues of Senior Talk since its first issue in September 2010. We are very happy and grateful that the Millstadt Library is archiving our newsletter.

**Sandra M Bereitschaft
Foundation**



**Annual Dinner At Mertz Motors
February 8, 2020**

If you would like to attend and have not received the mailing in the past, please contact the Senior Center (476-3731) and we will send you information and invitation. We have a new menu and hope to see you there!

Friday December 20th -12:30pm Ornament Exchange

This month we will be having an Ornament Exchange. We are asking that each bingo player bring an ornament as a bingo gift.

Tuesday, December 31st - ALL DAY Ring in the New Year Celebration

The year has come and gone and what a great year it has been! Stop by the center and help ring in the New Year all day long! We will have special goodies while supplies last!

Part Time Drivers Needed

Millstadt Senior Center is looking for responsible, courteous, clean, non-smoker, helpful and safe drivers. If you would be interested or know of someone that would like working in a low stress part time job, please contact Patty Evansco at (618) 476-3731.

Walk In Our Senior Walk Path Tuesday, Thursdays, And Fridays. 10 laps = 1/4 mile. Grab your friends or walk alone! If you want us to keep a card on file so you can keep track of your progress.



Millstadt Township Senior Center announces... Meals On Wheels Monthly Birthday Drawing

Every month, beginning in December, anyone with a birthday that month who also receives Meals On Wheels will automatically be entered into a drawing held on the last day of the month!

The winner will receive a \$20 Gift Card to the Millstadt IGA



**A Huge Thank You To The Sandra M. Bereitschaft
Foundation For Making This Event Possible!**

Successful Boy Scout Food Drive

The November 9, Boy Scout Food Drive collected 7,585 items for the Millstadt Food Pantry. The Boy Scouts and the Millstadt Food Pantry would like to thank everyone for their donations. The items will be used by the Millstadt Food Pantry to make the following holiday season a little more cheerful for Millstadt area residents.



Dates to Remember

December 7, 9-11:00 am Breakfast with Santa at Zion Church.

December 10, Appetizer night at Millpond & Incubator. Benefit for Sandra M. Bereitschaft Foundation. 3:00-10:00 pm.

December 10 – Trip to Millstadt Greenhouse to see Poinsettias and Lees Home Center to Cookies and Coffee

December 15, Millstadt Community Choir Christmas Concert; 7:00 pm at Zion Church.

December 16 – Walmart - Waterloo

December 18 – Trip to Chocolate, Chocolate, Chocolate Factory and Miss Sherry's for lunch.

December 19 – Our Lady of the Snows Way of Lights and Dinner afterwards elsewhere

December 21, First Day of Winter.

December 23 – Senior Center Christmas Party and Brunch 9:00 am

December 25, Christmas, Senior Center closed.

January 1, New Year's Day, Senior Center closed.

Do you recognize this picture?

It is on a post card addressed to Miss Winnie Smith of Nashville, Illinois. There is a one-cent stamp on it. The note read:

Dear Friend,

I received your card and many thanks for it. This is a part of our town. The house with the lawn belongs to my grand-mother. Don't you think we have enough trees in our town.

Your friend, Ollie Baltz

(If you know the location of picture and the date around which it was taken, please contact Senior Center and we will publish next month)

We are very grateful for our new Fellowes Paper Shredder received from Maxine Hood. The shredder cross-cuts paper, credit cards, CD's/DVD's and even small paper clips! It has 2" casters so that we can use it upstairs and downstairs. It is very quiet. Thank you Maxine!



Penny Wise Thrift Store

Stop by the second floor Thrift Store at the Community Center for Christmas ornaments, wreaths, Nutcrackers and decorative Santa's, as well as clothing and other household items. Need a sweater to decorate for an "Ugly Sweater" contest, stop by the Pennywise Thrift Store for a red or green sweater to decorate. All donations support the Millstadt Township Senior Center. Shop local and no sales tax.



Community Center & Park Pavilions Rental

If you are looking for a place to have an anniversary, baby, bridal or birthday party consider renting the Millstadt Community Center or a pavilion at the park. Call the Village Hall at 476-1514 for rental information.

Land of Lincoln Legal Services

Will assist individuals of limited income age 60 and older with power of attorney for property and health care and simple last wills.

Wednesdays, 9 a.m. to noon • By appointment only
Call 618-234-4410, ext. 7033 to make an appointment

Dec. Shopping Schedule

December 16 – Walmart
Waterloo - 9am

December 19 - Dollar Tree

Columbia IL - 9am



1st National Bank of Waterloo

Thank you 1st National
Bank of Waterloo for
supplying dinner
napkins for our dining
room every day.

Compliments of

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of Waterloo
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Waterloo	O'Fallon
228 S Main 939.6194	104 Regency Park 632.1010
744 N Market 939.6195	907 E Highway 50 622.1833
961 N Market 939.6196 (inside Walmart)	(inside Schnucks)
Columbia	Effingham
1421 N Main 281.6194	210 E Fayette 342.3200
Millstadt	Stewardson
645 E Washington 476.3334	110 E Main 682.3236

Strong, Solid, Community Banking Since 1912

Millstadt Red Cross Blood Drive Schedule



March 12, 2020

May 7, 2020

July 9, 2020

September 10, 2020

November 5, 2020

3:30 pm – 8:00 pm MCS

3:00 am – 8:00 pm St James

3:00 pm – 8:00 pm St James

3:30 pm – 8:00 pm MCS

3:30 pm – 8:00 pm MCS

Bag Tournaments Results



November 7, 2019

1st Ron Jelinek/Evelyn Weber

2nd Columbia Delong/Thelma Short

3rd Larry Hucce/Ralph Schneider

November 14, 2019

1st Patty Evansco/Norma Burleson

2nd Larry Hucce/Barbara Kwentiz

3rd Buzz/Betty Schranz

November 21, 2019

1st Ron Jelinek/Barb Kwentiz

2nd Ralph Schneider/Thelma Short

3rd Evelyn Weber/Toni Schneider

Our Lady Of The Snows Way Of Lights And Dinner Wed., Dec. 19, 2019

Bus Leaves Millstadt At 4:15 Pm

Call (618) 476-3731 To Reserve Your Spot



Call By December 12th
For Reservation
(618) 476-3731

Big Ole Bag and Jewelry Sale

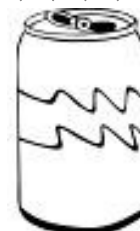
Mark your calendar now. The two-day sale is set for Friday evening, April 24 and Saturday, April 25, 2020. Donations of purses and jewelry may be made at the Community Center. This is always a popular event and all the funds raised are donated to the Senior Center.

Aluminum Cans

Donate Your Aluminum Cans
To The Senior Center

Contact

Patty Evansco at 476-3731



Age Smart has required that all volunteers for the Millstadt Community Center undergo a background check, this is a condition of the Grant that is received by the Center. These checks are done to protect not only our clients but our volunteers and employees as well.

Please provide copies of your drivers license by December 30. If you do not have a printer at home the Center will be happy to make a copy for you.

The Background checks will be completed by the Millstadt Police Department.

Millstadt



**HOMETOWN
PROUD**

625 East Washington
Millstadt, Illinois 62260
(618) 476-3161

SIGN UP FOR COMPUTER TUTORING AT THE SENIOR CENTER

BRING YOUR IPAD, IPHONE, ANDROID DEVICE OR LAPTOP AND LEARN THE BASICS. EACH SESSION WILL BE GEARED TOWARD STUDENTS' INTERESTS AND ABILITIES.

NEXT SESSION:

FRIDAY, DEC. 27

BEGINNING AT 10:00AM

SIGN UP FOR A 30 MINUTE PRIVATE LESSON AT THE SENIOR CENTER.



Subscription to Senior Talk

Tired of fighting the lines at local businesses for the latest copy of Senior Talk? To have a copy delivered to your mailbox for the next year, make a \$500.00 donation to the Sandra M. Bereitschaft Foundation, Meals on Wheels program and receive a free one year subscription to Senior Talk. A subscription to the newsletter also makes a great birthday gift.

Bible Study At Senior Center

An informal Bible study will be offered at the Millstadt Senior Center, on the **2nd and 4th**

Monday at 10:00 am.

This Is A Non-Denominational Study And All Are Welcome, Regardless Of Religious Background, And There Is No Cost



Senior Transportation Program

**Need a Ride to the Doctor, Bank
Hairdresser, or Dentist?**

The Senior Center Offers the Only Form of Public Transportation for the Community

This Service is Available for Persons 60 Years and Older and Their Caregivers

A Suggested Donation Of \$2.00 For Transportation To and From Doctors, Dentists, Or Hair Appointments

This Partially Covers the Actual Transportation Costs of \$5.95

For Each Time It Is Provided

All donations are Confidential and Are Used To Maintain the Transportation Program

For Millstadt Township Seniors

Please Contact Patty at 476-3731 With Questions

Freeburg Care Center

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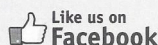


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- Long and Short Term Stays Available
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www.freeburgcarecenter.com



One CAN Make A Difference

Tom Venier stands near the tree that he put up along with all the hand carved ornaments that are offered during the Christmas Food Pantry Drive. If you donate 2 cans goods you may choose your choice of a Tom Venier hand carved ornament. His goal for this year is 100 cans, last year he collected over 200 items for the food pantry. The deadline is December 15, 2019.



New Volunteers

Michelle and Richard Rist



RECYCLING

8 AM TO 10 AM
1ST SATURDAY OF
EACH MONTH
AT TOWNSHIP SHED ON
EAST HARRISON STREET

Tuesday, January 28, 2020

4:00 pm – 7:00 pm

**Millpond Brewery
East Washington -
Millstadt**



Free Chili Supper

Dessert Donated By Millstadt IGA
Cheese Bread Donated By Breadeaux Pizza
Chili Donated By Mayor Mike Todd
Come And Visit With Your Millstadt Neighbors



Memory Care, Independent and Assisted Living

- 24 hour on-site assistance from our employees
- Bathing, dressing and other essential needs
- Care providers you know and trust
- We are a fully licensed assisted living provider
- Memory Care available at Reflections
- Locally owned and managed


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Reflections at Garden Place ~ Columbia



www.gpliving.com

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618-476-1760

Beware of a Growing Medicare Scam: "Free Genetic Testing"

September 27, 2019

By Rebecca Kinney, Acting Director, Office of Healthcare Information and Counseling, ACL

Over the past few years, DNA tests have become popular across the country. Unfortunately unscrupulous people are taking advantage of the buzz around these tests to scam Medicare beneficiaries.

Scammers will often target Medicare beneficiaries through telemarketing calls, booths at public events, health fairs, and door-to-door visits. They offer "free" genetic testing to help recipients avoid diseases or find the right medications. The scammers claim that the testing is covered by Medicare, and therefore is free to the beneficiary. In reality, Medicare only covers genetic testing in limited situations, and only when ordered by the beneficiary's physician. If a company bills Medicare for genetic testing, and Medicare denies the claim, the beneficiary could be responsible for the entire cost of the test – which often totals around \$10,000.

In other cases, the scammers are simply trying to obtain Medicare numbers they can use to steal a beneficiary's medical identity or to fraudulently bill Medicare for services they did not provide. Such fraud hurts not just Medicare beneficiaries, but all American tax payers whose contributions keep Medicare strong.

The Administration for Community Living (ACL) offers this advice to avoid being scammed:

- Do not accept genetic testing services, including a cheek swab, from someone at a community event, a local fair, a farmer's market, a parking lot, or any other large event.
- Always be cautious about giving out your personal information, including your Medicare number.
- If you receive a genetic testing kit in the mail, don't accept it unless it was ordered by your physician. Refuse the delivery or return it to the sender and keep a record of the sender's name and the date you returned the items.

Always review your Medicare Summary Notice or Explanation of Benefits. The words "gene analysis" or "molecular pathology" may indicate questionable genetic testing.

If you received a cheek swab or a screening that was not ordered by a trusted provider, or have any concerns about billing errors or possible fraud, contact your local Senior Medicare Patrol (SMP). The SMP program, funded by the U.S. Administration for Community Living, helps Medicare beneficiaries protect themselves from Medicare fraud, errors, and abuse and detect and report them when they occur. To find your local SMP visit: <https://www.smpresource.org/> or call 1-877-808-2468.

Volunteer Opportunity

If you would like to volunteer to help as a meal site server or dishwasher at the Senior Center any day from 11:30-1:00 p.m. please contact Patty at (618) 476-3731.



Cornhole Competitors Meet On Thursdays

Millstadt Seniors gather weekly to see who is the best cornhole thrower. Director Patty Evansco says it is a good way to keep seniors active. Once a month Kim Johnson, Community Education Coordinator for Hospice of Southern Illinois conducts the weekly tourney. She has recently added a "new prize" to be sought after. She designed it with the help of her mother. This beautiful trophy can be yours if you score the most points over the next 4 weeks. You can sign up on Thursdays by 10:00 am. Everyone wins a prize and Schnucks provides free bread.

Bus Rider Reminder

**All Ride Reservations Should Be Made Through The Office Please
Do Not Tell Bus Drivers Your
Appointments Thank You**

Cadagin-Prosser Financial Group, Inc.

Kevin Cadagin
Principal

kevin@cadprofg.com
www.cadprofg.com

Securities and advisory services through Commonwealth Financial Network, Member FINRA/SIPC, a Registered Investment Adviser. Fixed insurance products and services offered by Cadagin-Prosser Financial Group, Inc.

Glen Carbon Office
6 Ginger Creek Parkway
Glen Carbon, IL 62034
Tel 618-656-0006

Millstadt Office
500 S. Illinois Street
Millstadt, IL 62260
Tel 618-476-6133

Toll-Free 888-656-0009
Fax 618-656-0007

Income Tax Preparation Assistance Available

Income tax preparation will be available at the Senior Center **starting February 6th for low and middle income seniors 60 and older.** Volunteers, trained at an IRS certified program sponsored by AARP, will provide tax assistance **by appointment.**



Complex returns will be referred to private tax preparers.

While there is no fee for this service, donations to the Millstadt Senior Center are gratefully accepted. Call Millstadt Township Senior Services at 618-476-3731 starting January 2, 2020. This service is available on Thursdays by appointment.

MILLSTADT TOWNSHIP SENIOR SERVICES



QUILT RAFFLE Dec 23, 2019

At Senior Center

- 1st Prize - Handmade Queen Size Quilt
- 2nd Prize - Handmade Baby Quilt
- 3rd Prize - Toaster Oven

TICKETS \$1⁰⁰ **6 FOR \$5⁰⁰**

Available at the Center

Many tickets are being sold for our Quilt A Rama drawing on December 23, 2019. The Quilt tops are Handmade and Hand Quilted Queen Sized Pieced Quilts.

Medicare Corner

Question:

I have medical coverage through my employer. Do I have to take Medicare Part B?

Answer:

You are not required to take Medicare Part B if you are covered by a group healthcare plan based on either your employment or the employment of a spouse. When your coverage ends, you may contact Social Security to request a special enrollment for Medicare Part B. We will need to verify your coverage through your employer in order for you to be eligible for a special enrollment. For more information, visit www.medicare.gov.

Question:

I have diabetes and I have to take insulin. Is my insulin covered by Medicare?

Answer:

Medicare Part B does not cover insulin unless use of an insulin pump is medically necessary. However, certain Medicare Part D prescription drug plans may cover insulin and certain supplies used to inject insulin, like syringes. For more information, visit www.medicare.gov/coverage/insulin.html.

Notary Services Are Provided Free At The Senior Center



Season's Greetings

During this holiday season, we wish you all the best.



Jeff Pratl, CRPC®
Financial Advisor

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618-476-7216

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Transit Card:

Your total income last year
must be less than

- \$27,610 for a 1 person household (yourself only); or
- \$36,635 for a 2 person household (yourself and your spouse, or yourself and one Qualified Additional Resident); or
- \$45,657 for a 3 person household (yourself, your spouse and one Qualified Additional Resident, or yourself and two Qualified Additional Residents).

If you qualify please contact Millstadt Senior Center at 476-3731 and we can file for this discount for you.



Penny Wise Thrift Store

It's just the right time to think Halloween costumes and what better way to find some low cost, creative ideas than the one local thrift store.



This Photo by Unknown Author is licensed under CC BY-SA

A variety of clothing and decorative items are available to make a unique costume. The price is always right, free will donation for the items selected. The Thrift Store is also open the third Wednesday of the month, from 6:00-7:30. The store is also open from 9:00-2:00, Monday thru Friday.

TRANSPORTATION NOTICE

Effective January 1, 2020

Due to the increased usage of the Senior Transportation Service and drive time, we will be doing Doctor appointments as follows:

***Belleville Doctors** will be done on Mondays and Wednesdays from 8:00 am to 11:00 am

***Shiloh/O'Fallon Doctors** will be done on Tuesdays and Thursdays from 8:00 am to 10:30 am

Please schedule future appointments accordingly.

Senior Talk Available On Internet

The Village of Millstadt web site has a variety of information available including the most recent copy of the Senior Talk newsletter, scheduled events for the Village, and copies of the Senior Menu and Activity sheet. Type in the following internet address, www.villageofmillstadt.org. This should bring up the main page of the Village's web site, on the left side of the screen click on Community Center/Senior Center. On the next page, click on the latest edition of Senior Talk which will include the menu and activity sheet for the month.

SENIOR TALK

Receive the Newsletter in the Mail!

**Subscriptions are \$30.00 Per Year
Due To Postage Increases (12 Issues)**

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

**Please Send This Form And Your Check To:
Millstadt Township Senior Services
102 South Jefferson Street
Millstadt, IL 62260**

****Be Sure To Check Your Mailing Label For
Your Subscription Expiration Date****

Wish List

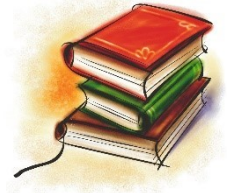
**8 ½ x 11 Colored
Paper for Copier
Lemonade (Sams)
New Toaster Oven
Puzzles (500 count or fewer)
Wii Trivia Games
Ziploc Quart Bags
Ziploc Gallon Bags**

Newsletters now available in the Little Library located in front of Millstadt Township Senior Services at the Community Center.



Little Free Library

How do you get to know a community or neighborhood? Walk around, eat at the local restaurants, visit the ice cream shop. One more way to get a glimpse of the people who live there: Visit its Little Free Library to see which books the residents put in the library to share and inspire. The nonprofit, which is celebrating its 10th anniversary this year, has libraries in 91 countries and has shared 120 million books since its inception. Visit Millstadt's own Little Free Library at 102 S. Jefferson Street, in front of the Millstadt Community Center, and discover another side of the people who live here.



10th Annual Bag & Jewelry Sale

Time to clean out your closets and collect your gently used purses and jewelry to be donated for the 10th annual Big ole Bag and Jewelry Sale. The sale will be held on April 24, 25, 2020 at the Community Center.

Donations of gently used purses and jewelry are accepted at the Community Center. All proceeds from the sales benefit the Millstadt Senior Center. Thank-you for helping us make this event a success!

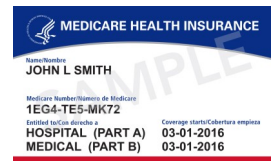


THANKS FOR OUR DONORS

Maxine Hood (New Paper Shredder)
 Bill and Carmela Yost (Christmas Decorations)
 Charlene and Otto Faulbaum
 (Donation for Thrift Store growth)
 Shelia Crockett (Personal Items)
 Kathleen Johnson (Lemonade)
 Thelma Short (Kitchen Supplies)
 Doris Adams (Christmas Placements)
 Betty Schranz (Kitchen Supplies)
 Beth Kwentus (Kitchen Supplies)
 Pat Schaefer (Christmas Placemats)
 Lois Potter (Donation in Memory of Bob Huckle)
 Donna Crain (Donation)
 St Michael's Euchre Players (Donation)
 Bob Englebreton
 Ameren Energy Assistance Grant
 (\$353 toward Center Utility Bill)
 Zion Evangelical Women's Fellowship (Donation)
 Titium Services, LLC (Donations)

How Do You Get A New Medicare Card?

If you misplace or lose your Medicare Card, please do not fret. The Millstadt Senior Center can have a replacement Medicare card on its way to you within 5 minutes. This is a very easy and simple task and we are glad to help you with it. Call (618) 476-3731 if you have any questions.



Cyber Seniors

Sessions with Mike Capell continue the 4th Friday of each month. Our next session will be December 27, 2019 at 10:00.



Cookie Walk
Saturday, December 7, 2019
9:00 am - Noon
Trinity Lutheran Church
 503 East Washington
 Millstadt, IL 62260

Delicious HOMEMADE Christmas Cookies

Sold by the pound

\$10.00 – mixed

\$11.00 – fancy



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 618-476-1113



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Are You a Family Caregiver Caring for an Older Adult?

You May Qualify for Financial Assistance.

This Program is For you If you are:

- A caregiver over age 18.
- AND provide in-home care to individuals who are 60 years old or under 60 with Alzheimer's disease or related disorder.

Eligible caregivers are provided with funds to help meet needs that are essential to provide care for the older person.

Allowable expenses include:

Home modifications, adaptive equipment, transportation, adult day care, etc.

Funding is limited. Priority is given to the individuals with greatest economic and social need.



To learn more, please call 618-222-2561.

Visit our website www.AgeSmart.org to learn about other programs and services that help you Age Well Your Way!

Millstadt Police Report

Millstadt Police Department received complaint of criminal damage to property at Zion Church Park on South Jefferson Street. Benches have been damaged with burn marks, resulting in several hundred dollars in damages. Please contact the MPD at 476-7250 with any information in regard to those responsible for damages. Also contact 9-1-1 to report suspicious activity.

**Thank you to our generous sponsors
for supporting our Breakfast with Santa event.**

~The Millstadt Community Choir~

Burr Insurance Agency, Dennis Hauck	K & D Motors, Inc.
Central Bank	Lee's Home Center
Concordia United Church of Christ	Leesman Funeral Home
Country Financial, Ashley Reeder	Millstadt Carpet & Home Interiors
Creason-Edwards & Cimarolli	Millstadt Commercial Club Inc.
Creason Funeral Home	Millstadt IGA
Custom Marble Inc.	Millstadt Optimist
Dr. Philip Acker	Millstadt Pharmacy
First National Bank of Waterloo	Millstadt Sister Cities
French Holiday Lighting	Mon-Clair Animal Hospital
George Weis Company	Quail Restoration Assoc. of Illinois
Germann Brick	St. James Church
Happy Days Ice Cream Shop	Tom's Building & Repair, Inc.
Industrial Tools & Machine	Trinity Lutheran Church
	Zion Evangelical Church

*Special Thanks to
Concordia Church
Floraville UCC*

**Immaculate Conception - Centreville
Millstadt Baptist Church
St. James Catholic Church
St. Michaels Catholic Church
Trinity Lutheran Church
Zion Evangelical Church**
For Your Continued Support

DID YOU SIGN IN?

Knowing who is at lunch at the Center is important for a number of reasons. First of all it's good to keep track so if someone isn't there for a few days we can contact them to make sure everything is ok. Second, when you sign in and are registered we are able to submit your name to receive our grant money to help pay for the meals. A way to look at it is that if you aren't registered and signed in we can't send a bill for your lunch to the Area Agency on Aging.

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Thank You Zion Evangelical Women's Fellowship

Millstadt Senior Center thanks Zion Evangelical Women's Fellowship this month. The Women's group was very generous in their donation and appreciate their mission of supporting seniors in our area. The Millstadt Senior Center is very fortunate to have the support and help from all the local churches in our area. Thank you for all you do for us, it is appreciated.

Millstadt Senior Center Meals Report November 2019

885 Congregate Meals
 125 Congregate Meals (Smithton Center)
 1,990 Total Congregate Meals
 925 Meals on Wheels Delivered
 392 Two Way Rides
 56 Average Congregate Clients Per Day
 51 Average Meals on Wheels Clients Per Day
 \$3.14 Average Collected from Congregate Diners
 \$2.11 Average Collected from Meals on Wheels Clients
 \$4.50 Suggested Donation

More Than A Meal

In the spirit of the holiday season, let's all consider giving the gift of our time to someone for whom the holidays may not be jingle bells and joy.

There are those in our region for whom togetherness and connection during this special time of year is sadly absent. These are the lonely.

Millstadt Township Senior Services delivers meals to those who lack mobility, with a large portion of those being elderly and homebound. Daily our volunteers have the opportunity to drive the routes and distribute meals, here they come to realize that their team delivers so much more than food and nutritional sustenance. They deliver emotional sustenance through simple human connection.

Studies done at UCLA have found that participants receiving meals had lower adjusted loneliness scores at follow-up compared with the control group. Individuals who received daily-delivered meals were more likely to self-report that home-delivered meals improved their loneliness than the group not receiving meals.

As the nation looks to serve more older adults who will be needing these services, it is important that research findings from rigorously conducted studies guide the decisions about how to best provide these services. This study confirms that the home-delivered meals program provides more than just nutrition to clients; it improves their quality of life.

The UCLA 3-Item Loneliness Scale

1. How often do you feel that you lack companionship?
2. How often do you feel left out?
3. How often do you feel isolated from others?

Response Score

Hardly ever	1
Some of the Time	2
Often	3

(Add answers together: 3-5 "not lonely" and people with the score 6-9 "lonely")

Least lonely 3 4 5 6 7 8 9 Most Lonely



Home Services
Your Water Softener Store
 530 E Washington St.
 Millstadt, IL. 62260
618-334-7239 or 618-580-9889





WE NOW HAVE BOTTLE WATER!



PENNYWISE
THRIFT SHOP
Located Upstairs
At The Millstadt
Township Senior Center
 Clothes, Shoes, Household and Holiday
 Open Monday, Thursday, Friday 9:00 am – 2:00 pm

Village of Millstadt Board Meeting

October 14, 2019

PUBLIC WORKS: SEWER: Al Lehr stated he talked with Brian. He is doing regular maintenance and pressing sludge. He hasn't received any more information about the machine that has to be purchased to record when ammonia and chlorine are added. Scott Baltz stated they ran the new sewer machine on Friday, October 11th for a blockage on the 400 block of West White Street. It ran well.

STREETS, ALLEYS AND SIDEWALKS: Mayor Todd stated the Village is accepting bids for putting in a sidewalk in front of Trinity Lutheran Church, from Baltz Street to Wheatridge subdivision. It has been put in the newspaper and bids are due October 28th at 5pm. The church has partnered with the Village to pay for the sidewalk. Mayor Todd has talked with IGA; once the bids are in, the company that is awarded the project will have the chance to bid on adding sidewalk in front of IGA and IGA can decide if they will participate. Mayor Todd stated the specs came from IDOT so this didn't go through TWM. Mayor Todd asked if work had started on West Laurel Street. Scott Baltz answered yes. Mayor Todd asked if they got bids for South Tyler Street. Scott stated they are currently working on the bid.

PUBLIC BUILDINGS, MAINTENANCE, AND EQUIPMENT: Randy Burk stated the, Mayor Todd, Scott Baltz, and Tracy Holmes went through the roofing bids for hail damage on the Village buildings and decided Geissler Roofing was the best choice. Randy Burk made a motion to award the bid to Geissler Roofing for \$230,007. Al Lehr seconded the motion. The motion carried unanimously.

ORDINANCES AND RESOLUTIONS: Mike French stated Ordinance 1201 is to amend Chapter 78 for No Parking. It will prohibit parking on the east side of South Kossuth Street from East Washington Street to East Madison Street. Mike French made a motion to accept Ordinance 1201 as presented. Mike Capell seconded the motion. The motion carried unanimously.

ANNEXATIONS: Mayor Todd stated he talked with the first resident on Route 163 whose property is contiguous with the Village about annexing. They are taking it into consideration and will get back with Mayor Todd.

PARKS, POOL AND RECREATION: Mark Todd stated Capri was out and winterized the splashpad. There were bike racks that were donated. The Millstadt Sports Association donated new sunshades for diamonds 2 and 3 and they were installed. The Rocketship slide needs to be fixed. A new slide will cost between \$5,000 and \$6,000. Mayor Todd asked if a new slide was needed and Scott Baltz answered yes.

CEMETERY: Ray Famula asked if the contract with the mowing company was up soon. Tracy Holmes answered that she believes it was a two-year contract with a third-year option. Ray stated he was just checking.

COMMUNITY CENTER: Ray Famula stated the Sandra Marie Bereitschaft Foundation trivia night is on Saturday, October 19th. The Center received their grant money and already installed a new ice maker, a stove, and they were able to purchase a new computer for Patty. The next Center Board meeting will be on Tuesday, October 15th.

PLANNING COMMISSION & ECONOMIC DEVELOPMENT: Mike French stated the next Planning Commission meeting is scheduled for Tuesday, October 15th. Jamie Bereitschaft has been appointed to the Planning Commission. She will be taking Michael Mueth's spot because he moved to the Zoning Board to take Mike Capell's spot because he moved to the Village Board.

TIF: none

Emergency Service and Disaster Agency – Scott Baltz stated they had to repair the siren system again because the batteries were dead and Brian had turned the power off on one.

NEW BUSINESS: Mayor Todd stated Tracy Holmes met with health insurance companies on Friday, October 11th. One option has a 10.6% increase. One option was the same cost but didn't cover the same things. She is waiting to hear back from one company that might be able to get a lower price.

Mayor Todd stated he received a call from a resident that complained the yard signs are getting out of hand. He and Scott Baltz may ride around town to take a look and pick some up. Mike French stated they are getting bad at the 4-way.

CITIZENS COMMENTS: none

Mike Capell made a motion to go into Executive Session to discuss personnel for the Police Department. Randy Burk seconded the motion. The motion carried unanimously.

Motion made to make two appointments. Ray Famula made a motion to appoint Alan Hucke as the Police Chief and to appoint Brandon Dugger as the Police Lieutenant, effective March 1st, 2020. Mike French seconded the motion. The motion carried unanimously.



How Well Do You Know Your Christmas Carols?

Match the title with the lines from the song.

- | | |
|-------------------------------------|--|
| ___ O Little Town of Bethlehem | 1. Good tidings we bring to you and your kin |
| ___ What Child Is This? | 2. Long lay the world in sin and error pining |
| ___ Love Came Down at Christmas | 3. Please have snow and mistletoe and presents on the tree |
| ___ Go, Tell It on the Mountain | 4. Remember Christ our Savior was born on Christmas Day |
| ___ Jolly Old Saint Nicholas | 5. From angels bending near the earth to touch their harps of gold |
| ___ We Wish You a Merry Christmas | 6. Haste, haste to bring Him laud, the babe, the Son of Mary |
| ___ Of the Father's Love Begotten | 7. The ox and lamb kept time |
| ___ Carol of the Bells | 8. Westward leading, still proceeding, guide us to thy perfect light |
| ___ God Rest Ye Merry Gentlemen | 9. Sing, choirs of angels, sing in exultation |
| ___ Bring a Torch Jeanette Isabella | 10. The world, they treat you mean, they treat me mean, too |
| ___ Pat-a-Pan | 11. And the mountains in reply echoing their joyous strains |
| ___ Sweet Little Jesus Boy | 12. On December five and twenty |
| ___ O Holy Night | 13. From the eastern kingdoms come the wise men far |
| ___ Silver Bells | 14. Yet in thy dark streets shineth the everlasting light |
| ___ It Came Upon a Midnight Clear | 15. Children laughing, people passing, greeting smile after smile |
| ___ Hark! The Herald Angels Sing | 16. The blind will see, the lame will walk, the dead will rise again |
| ___ I'll Be Home for Christmas | 17. O'er the fields we go, laughing all the way |
| ___ Away in the Manger | 18. Star and angels gave the sign |
| ___ Sing We Now of Christmas | 19. Peace on Earth and mercy mild, God and sinners reconciled |
| ___ Angels, We Have Heard on High | 20. Treetops glisten & children listen to hear sleighbells in the snow |
| ___ Silent Night | 21. Lean your ear this way |
| ___ Mary, Did You Know? | 22. The men of olden days gave the King of Kings their praise |
| ___ We Three Kings | 23. Behold, throughout the heavens, there shone a holy light |
| ___ O Come All Ye Faithful | 24. He is Alpha & Omega, He the source, the ending He |
| ___ Joy to the World | 25. Let Earth receive her King! Let every heart prepare Him room |
| ___ Little Drummer Boy | 26. The cattle are lowing, the baby awakes |
| ___ The Holly and the Ivy | 27. Round yon Virgin Mother and Child |
| ___ Fum, Fum, Fum | 28. Beautiful is the mother! Hush! Hush! Beautiful is her Child! |
| ___ Jingle Bells | 29. One seems to hear words of good cheer from everywhere |
| ___ White Christmas | 30. The playing of the merry organ, sweet singing in the choir |

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Rummy Club Nov. 2019 434 Games

Gloria Kettler	153
Frances Dickneite	139
Jean Siegfried	86
Loren Steele	56



*We Need More Rummy
Players – Please Come
And Join In At 9:00 am
Weekdays.*

Clothing Donations

Is it time to clean-out closets to make room for those Christmas gifts you know you'll be getting? Clothing items may be donated to the Senior Center Thrift Store located on the second floor of the Community Center. Gently used clothing items are also for sale. Donations for items are requested to support Senior Center activities and the Meals on Wheels program. Remember your clothing items may also be donated to the collection box at the IGA parking lot will add to the proceeds IGA collects and donates to the Senior Center. With the help of your donations 20,000 meals were served to Seniors in Millstadt Township last year.

Medicare Facts

On November 8, 2019 the Centers for Medicare and Medicaid Services (CMS) released the 2020 premiums, deductibles, and coinsurance amounts for Medicare Part A and Part B programs.

For 2020, the Medicare Part B monthly premiums and the annual deductible are higher than 2019 amounts. The standard monthly premium for Medicare Part B enrollees will be \$144.60 for 2020, an increase of \$9.10 from \$135.50 in 2019. The annual deductible for all Medicare Part B beneficiaries is \$198 in 2020, an increase of \$13 from the annual deductible of \$185 in 2019.

The increase in the Part B premiums and deductible is largely due to rising spending on physician-administered drugs. These higher costs have a ripple effect and result in high Part B premiums and deductible.

Part A covers inpatient hospital, skilled nursing facility, and some home health care services. About 99 percent of Medicare beneficiaries do not have a Part A premium since they have at least 40 quarter of Medicare-covered employment.

The Medicare Part A inpatient hospital deductible that beneficiaries will pay when admitted to the hospital will be \$1,408 in 2020, an increase of \$44 from \$1,364 in 2019. The Part A inpatient hospital deductible covers beneficiaries' share of costs for the first 60 days of Medicare-covered inpatient hospital care in a benefit period. In 2020, beneficiaries must pay a coinsurance amount of \$352 per day for the 61st through 90th day of a hospitalization (\$341 in 2019) in a benefit period and \$704 per day for lifetime reserve days (\$682 in 2019). For beneficiaries in skilled nursing facilities, the daily coinsurance for days 21 through 100 of extended care services in a benefit period will be \$176 in 2020 (\$170.50 in 2019).



Are You Interested In Learning To Play Different Cards Games?

Evelyn Lucy is organizing a Learning "Card Club" on Tuesdays from 1:00 pm to 3:00 pm. She will be teaching how to play the game Canasta. If you would like to sign up please contact the Senior Center at 476-3731.



'TIS THE SEASON... AGAIN!

- Prize Drawings
- Hot Chocolate Bar
- Cookies



3rd ANNUAL

- Pictures with Santa
- More to come!
- Watch our FB for more info.

Holiday Open House

THURSDAY, DECEMBER 5 | 5 P.M. TO 7 P.M.

- 1) Sign up for a library card anytime between November 7th and December 5th, and be entered into the Library Card Sign-Up drawing. One winner will receive a \$25 IGA gift card.
- 2) Anyone who attends the Open House will be entered into Attendance Prize drawings.
- 3) Anyone who donates an item that night for the Millstadt Food Pantry will have a chance to win a prize from a separate drawing. The more items you bring, the more chances to win!

115 W. Laurel St.
Millstadt, IL 62260

476-1887
Millstadt-library.org

@MillstadtLibrary

Canasta Corner

NOVEMBER CANASTA GROUP SCORES

Betty Schranz and Evelyn Lucy	1 Game
Norma Burleson and Barb Louis	1 Game
Norma Burleson and Evelyn Lucy	1 Game
Norma Burleson and Thelma Short	1 Game
Norma Burleson and Barb Louis	1 Game
Evelyn Lucy and Marsha Williams	1 Game
Barb Louis and Thelma Short	1 Game



GAMEDESIRE

Glaeser HMR

Home Maintenance and Repair

Brad Glaeser

Owner

618-719-5952 cell

618-476-1135 Home

Millstadt, IL 62260

"No Job Is Too Small"

bglaeser @Hotmail.com



WRITER'S GUIDELINES

One does not have to be a professional writer in order to submit articles to Senior Talk. All it takes is the desire to share your thoughts or feelings with the rest of us. Tell us about what matters to you. Share your his-tory, your fears, and your triumphs. There is a "Brag Corner," where you can tell others about your new car, or how your grandchild just graduated from Harvard, or about your prize-winning roses. Give us your recipe for deviled eggs or tell us how you stay married to the same person for 50 years!

It is best to keep the length of the article to no more than 500 words. We reserve the right to edit all materials. Be sure to include your name, address, and telephone number and email address, if you have one.

Articles can be dropped off at the center, mailed, or emailed to seniorce@htc.net



Are you celebrating a Special Birthday or Anniversary or have a Special announcement? Please send us a photo and information. Our readers would love for

you to share with us. Please email to seniorce@htc.net or drop off at Senior Center.

55 or Better?



Join your friends in our Classic 55 Club!

- ❖ Fun Group Trips and Outings
- ❖ Interest-Bearing Checking
- ❖ FREE Classic 55 checks
- ❖ Bi-Monthly Newsletter
- ❖ Great Social Activities

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Welcome to
amazonsmile

You shop. Amazon gives.

Do you shop on Amazon? Now there is a new version of the company's website – smile.amazon.com – the company will donate 0.5% of the purchase price to charity. Customers pick their charity through the new website and there are almost one million to choose from, including Sandra Marie Bereitschaft Foundation (supports Millstadt, Freeburg and Smithton Meals on Wheels program).

There is no cap on the amount Amazon will donate and almost every physical product sold by the company is eligible, which means tens of millions of items. Digital goods are not included, but that may come in the future.

Everything else about the Amazon online shopping experience stays the same, including the shopping cart, wish lists and shipping options. The prices will also be the same, so these donations will suck some of the profit out of each sale Amazon makes through the program.

Please be sure to sign up, shop and add "Sandra Marie Bereitschaft Foundation" as your designated charity.

Thank you. <http://smile.amazon.com>

Senior Talk Available at These Locations

Pick-Up Your copy of the Monthly Senior Talk at One of The Following Millstadt Locations

- Melva's Family Hair Care 476-7933
- Millstadt Barber Shop 476-7273
- Millstadt IGA 476-3161
- Millstadt Library 476-1887
- Dr. Carla Samson 476-3373
- Millstadt Pharmacy 476-1701
- Millstadt Village Hall 476-1514
- Millstadt VFW 476-1180
- Mertz Motors (618) 476-3051
- St. James Catholic Church 476-3513
- Trinity Lutheran Church 476-3101
- Zion Evangelical Church 476-1778
- Dr. Steve Knoernchild 476-3344
- Creason Funeral Home
- Concordia UCC 476-3377
- St. Paul Church, Floraville 473-2285
- Dr. Kevin Schmidt 476-3261
- St Michaels Church – Paderborn 473-2798
- First National Bank of Waterloo 476-3334
- Caseys 476-7360
- Associated Bank 476-3040
- Michelle's Family Haircut
- Millstadt Garden Place 476-1404
- Millstadt Baptist Church
- Lee's Home Center 476-1760
- Bonnie's Beauty Shop
- Training Room
- Handy Feed
- Country Financial
- Schuberts
- Coffee Mill Café 476-6540
- Divine Nail Salon
- Bliss Floral
- Creason Funeral Home
- Smithton Village Hall
- Smithton Library
- Freeburg Township
- Freeburg Pharmacy
- Freeburg Library

Thank You For Providing This Service To Our Community



Millstadt Township Senior Services Advisory Board met on Monday, December 2, 2019.

Those present included: Pat Morris, Lil Tracy, Barb Green, Don Ortmann, Kathy Schaefer, Rich Brune and Patty

Evansco. Kathy Schaefer opened the meeting and stated that the Center had received many compliments on the quality of the food. She then asked for the Directors report.

Patty reported that during November Mayor Mike Todd and Township Supervisor Denise Blaha came for lunch on different occasions. Patty has contacted Althoff, Gibault and Belleville West high schools asking for student volunteers. The Sandra M Bereitschaft Foundation has received a \$500 grant from the St. Clement Community Foundation to enhance health care and health education to our service area. The SMB Foundation has purchased Oliver containers for the Meals on Wheels program, the cost was \$1,600. The board discussed how social media is an important marketing tool for us. Patty is going to ask staff to help her post updates to our Facebook page. Meals on Wheels drivers are needed for the rural area. The Advisory Board meets the first Monday of even numbered months. The next meeting is Monday, February 3, 2019. If you have any suggestions or comments please feel free to notify a board member with your concerns.

Merry Christmas

Village Of Millstadt Board Meeting October 28, 2019

PERSONNEL: Mike Capell stated there would be an Executive Session for Police Department and Building Commissioner after Citizen Comments. He stated that to renew the health insurance plan for the Village employees will cost \$19,805.11 per month. Mike Capell made a motion to approve the BCBS IL Health Plan for the Village employees at \$19805.11 per month. Mike French seconded the motion. The motion carried unanimously.

PUBLIC WORKS:

SEWER: Al Lehr stated he talked with Brian. He has been doing regular maintenance and had to get two new bearings for a small motor on the digester.

WATER: Al Lehr stated Brian started flushing the fire hydrants and should be done by Wednesday, October 30th. He has only found minor problems, nothing major.

STREETS, ALLEYS, AND SIDEWALKS: Randy Burk stated the bids were due for a sidewalk in front of Trinity Lutheran Church, from Baltz Street to Wheatridge. Randy thanked Mayor Todd for getting the approval from IDOT for the project. Hank's Excavating bid \$63,500. DMS Contracting Inc. bid \$66,000. Mayer Landscaping bid \$49,250. Randy stated the bids will be looked over to make sure everything that is needed is included and a decision will be made at Village Board meeting on Tuesday, November 12th. Mayor Todd thanked Trinity Lutheran Church for coming to him with the idea for doing the project 50/50. They knew that the Village had applied for a grant from the Safe Routes for School for years and have always been denied. Hopefully the project can begin before the end of the year.

Randy Burk stated he has been working with Ameren on the electric poles for the streetscape on West Washington Street from Jefferson Street to Monroe Street. They are willing to put in composite electric poles. Randy stated the poles would cost \$25,000 which is not too bad of a cost and will look better. They looked into decorative flags but it would cost too much. Tracy Holmes asked if it would be part of the streetscape project on the north side of West Washington street. Randy answered yes, they would just be replacing poles. He met with Scott Baltz and they are waiting on forms from IDOT for the easements that are needed. They will talk with the people that they need the easements from and show them how they will be upgraded.

ORDINANCES AND RESOLUTIONS: Mike French stated Resolution 19-10 is for the St. Clair County Parks Grant. It is for Millstadt to apply for the grant. Mike French made a motion to approve Resolution 19-10 as presented. Mark Todd seconded the motion. The motion carried unanimously.

Mike French stated Resolution 19-11 is for the Village Board Meeting Dates and Times. It is to set the dates for Village Board meetings in 2020. There is one Tuesday meeting that is scheduled. Mike French made a motion to approve Resolution 19-11 as presented. Al Lehr seconded the motion. The motion carried unanimously.

Mike French stated Ordinance #1203 is for case V-173 for Cody Gallagher. It is a zoning ordinance. It is a request for a 3-feet 8 1/2-inch side setback variance and an 8-inch rear setback variance. The Zoning Board unanimously recommended approval. Mike French made a motion to approve Ordinance #1203 as presented. Mike Capell seconded the motion. The motion carried unanimously.

PARKS, POOL AND RECREATION: Mark Todd stated St. James has requested a donation for their annual dinner auction. The Village typically donates a family pool pass. This year they requested the Village donate a private splash party. Mark Todd made a motion to donate a private splash party at the pool to the St. James Annual Dinner Auction. Al Lehr seconded the motion. The motion carried unanimously. Mark stated he will make sure they know the party will be held after 6pm on a date that works for everyone.

Mayor Todd stated to replace the slide on the rocket ship it would cost \$6,000. He has reached out to the Iron Workers Local and they may be able to fix it for no cost. Scott Baltz stated he would have to get the slide down and delivered to them.

CEMETERY: Scott Baltz stated they took down a dead tree and reseeded the grass in one area.

COMMUNITY CENTER: Ray Famula stated the Center is interested in creating handicap parking on East Madison Street since they are no longer allowed to park on the lot across East Madison Street. The Golf Ball Drop raised \$427. Next year the ball drop will be held during the Fireman's Picnic. Bunco night raised \$804. Ray stated they are in need of volunteers to deliver Meals on Wheels to the rural areas. The Sandra M. Bereitschaft Foundation Trivia Night did well. The Center was awarded a \$500 St. Clement grant. Coming up they will be making Christmas ornaments and taking a bus trip to Valmeyer. The next Senior Center Board meeting will be on Tuesday, January 14th.

PUBLIC SAFETY:

Police Department – The D.A.R.E. to Run for BackStoppers will be held on Saturday, November 2nd.

OLD BUSINESS: Mayor Todd stated there was an ad placed in the Belleville News Democrat stating that the Village is looking to hire a new police officer. When Alan Huckle takes over as the new Police Chief in March it will open up a position for another officer. Applications are due Monday, November 4th.

Mayor Todd stated the MEPRD grant was received. The money went towards the new scoreboard that has already been installed.

Scott Baltz stated he and Tracy Holmes met with Geissler Roofing. They went over everything and selected shingles and siding. The project should be starting soon.

NEW BUSINESS: Mayor Todd stated Resolution 19-10 will allow the Village to apply for a grant for two new lawn tractors that will cost around \$25,000.

Kevin Juhas stated he is the Vice President of the Millstadt Sister Cities organization and they received the Illinois Sister Cities of the Year Award. It took a lot of dedication and Charlene Faulbaum did most of the work. They host the Millstadt Weihnachtsfest and participated in the St. Charles Oktoberfest. Mr. Juhas thanked the Village for their support and presented their award to the Village. Mayor Todd congratulated the organization on all of their hard work and read a letter from the Bürgermeister of Gross-Bieberau. Charlene Faulbaum thanked Ray Famula and Al Lehr for helping to get the Sister Cities organization started.

ABOUT US
We come to your community and offer a gentle 60-minute yoga experience for all ages. Breath, movement, relaxation, joy

LOCATIONS
Contact us to learn more.
Classes offered in these Illinois towns: Belleville, Freeburg, Millstadt, Nashville, O'Fallon

ages 55+
Mat or chair yoga options

618-920-0293
theyc1103@gmail.com
Theyogaconnection1103.com

SENIOR YOGA

It's never too late to discover yoga
\$5 or free if Silver Sneakers

Sp Adobe Spar

Volunteers!

Quilters (144 Hours)

Rosemary Mathews
Lois Potter
Judy Sutter
Pat Morris
Doris Adams
Christy Lehr
JoAnn Clemens
Teresa Barbier
Mary Alice Schmitz
Ruth Fritzinger
Joann Pisel
Marlene Hermann
Marlene Harzin
Beth Kwentus
Pat Schaeffer
MaryLou Kochmann
Jeannie Colbert
Judi Jacobs
Cheryl Pierpoint
Carol Osick
Kathy Weygandt

Blood Pressures (6 Hours)

David Koch

Drivers (24 Hours)

Charlie Todd

Kitchen (277 Hours)

Bob Louis
Pam Andrews
Betty Schranz
Colleen Costello
Columbia Delong
Carol Terveer
Cindy McDonald
Frances Dickneite
Helen Conley
Richard McNally
Lil Tracy
Loren Steel
Betty McCombs
Lucille Reece
Norma Burlesman
Ralph Schneider
Donna Schottel
Linda Lansman

Master Gardener (20 Hours)

Marty Gibson

Meals on Wheels (138 Hours)

Mike Walter
Bob Borkowski
Charlie Mueth
Cindy Bertelsman
Maryann Schaefer
Randy Burk
Nancy Burk
Carol Osick
Cheryl Mueth
Darleen Slovinski
Debbie Mertz
Beth Kwentus
Richard Kwentus
Jeanette Cory

Elle Heiligenstein

Karen Witte

Gary Huwer

Larry Osick

George Makriakow

Lindy Knysak

Mandi Carroll

Doris Adams

Marilyn Borkowski

Marsha Davis

Marylou Peter

Nancy Kostelac

Ruth Morton

Sandra Muskopf

Susan Sager

Colleen Costello

Cheryl Pierpoint

Peggy Makriakow

Scott Courtney

Becky Courtney

Glen Schaefer

Fay Schilling

Fern Lunsford

Linda Lansman

Heather Erwin

Diedre Ronney

Newsletter (116 Hours)

Don Mueller

Jerry Schmitz

Marlou Eckert

Kathy Diedrich

Gary Diedrich

Judi Jacobs

Kathy Schaefer

Thrift Store (38 Hours)

Eilearn Doerr

Janet Mueller

Marlou Eckert

Panera Pickup (40 Hours)

Debbie Mertz

Don Mertz

Marlou Eckert

Mark Raben

Jamie Bereitschaft

Jim Bereitschaft

Patti French

Charlie Todd

Recycling (24 Hours)

Alan Analla

Bert Hucke

Darleen Slovinski

General (80 Hours)

Jean Colbert (Meal

Database Management)

Mary Heberer (Donor

Database, Birthdays and

Thank you)

MaryAnne Conrad

(Telephone and Signups)

Kathy Schaefer

(Bulletin Boards)

Jerry Schmitz (Birthdays)

During The Month of Nov.

Our Volunteers Donated **907** Hours To
The Millstadt Senior Center

If Paid at Minimum Wage, the
Dollar Value Would be **\$7,483**

THANK YOU VERY MUCH

This Program Would Not Be Possible Without Each Of You!

For Your Dedication, In The Spirit Of Giving

Please Remember To Report Your Volunteer Hours

Would you like to join our group of Volunteers?

Please Stop By The Center To Sign Up

Or See Patty In The Office

Save The Date

**February 8, 2020, Annual Sandra M. Bereitschaft
Dinner at Mertz's Ford.**

MILLSTADT VFW POST 7980

Fridays

**Serving Cod, Cat Fish, Walleye, Shrimp,
Crab Cakes and
Salmon Patties**



DIVINE NAIL SALON

735 West Washington Street – Millstadt, Illinois
(618) 476-6275

Tuesday through Sundays 9:30 am – 7:00 pm

Walk-ins Welcome Closed Mondays

Manicures, Pedicures, Full Set and Fills for Acrylic,
Gel, Dip Nail Enhancements, Waxing

15% Off Seniors (60+) Must Have Coupon

Urgent Need Volunteers!



**Millstadt Senior Services
is in need of volunteer**

**Meals on Wheels drivers in rural
Millstadt areas!**

**Drivers are needed from
10:30 am – 12:30 pm**

**Deliver meals and a smile and also receive a
delicious free meal on the day you deliver!**

Call Patty at (618) 476-3731

Laminating Tuesdays

If you need something laminated please stop by on Tuesdays and we would be glad to laminate for you free of charge.

Dec. Birthdays

1 Jean Patterson	Robert Stumpf
James Schneider	Betty Bogert
Carol Neff	19 Mary Clendening
3 Pat Oelrich	Shirley Roberson
Gerry Galle	20 Lawrence Todd
4 Donna Crane	Marquita Gocheff
Janet Mueller	21 Dot Edmondson
7 Kathy Schaefer	22 Rose Sanders
9 Patty Evansco	Judy Bager
Robert Fish	25 Beth Kwentus
10 Janice Beller	26 Barbara Knewitz
Edward Luecking	28 Linda Stewart
11 Ruth Morton	Carolyn Theis
12 Karen Witte	Marian Mertz
13 Jim Touchette	29 Marlou Eckert
17 Shirley	Thomas Christ
Brandenburger	Robert Morris
Billie Demond	30 Dennis Fleming
18 Earl Eckert	

RECYCLING PROGRAM

Recycling continues the first Saturday of every month at the Township Garage on East Harrison Street. Volunteers will remove the recyclables, glass, cans, paper, cardboard and number 1 and 2 plastics from your vehicle from 8:00 am to 10:00 am. This program is available for all residents of Millstadt Township and the Village.



Sounds of our Village
Christmas Concert
by the

**MILLSTADT
COMMUNITY CHOIR**
Sunday

December 15, 2019
7:00 p.m.

Guest choir -
Valmeyer Community Chorus

Zion Evangelical Church
117 W. White Street
Millstadt, IL
618.660.4255 for more information



Township Supervisor

Denise Blaha
Village Mayor
Michael Todd

Director

Patty Evansco
Nutrition Staff

Sandy Sanders
Transportation (Drivers)

Ed Luecking

Executive Board

Charlie Todd, President
James Palovich

Al Lehr

Mark Todd

Ray Famula

George Blaha

Advisory Council Members

John Baltz
Carol Osick
Darleen Sandheinrich

Don Ortmann

Kathy Schaefer

Lillian Tracy

Jerry Schmitz

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Township Senior Services

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MISSION STATEMENT

The Millstadt Senior Center Is A Place Of Opportunities, A Focal Point In Our Community Where Services Support Positive Aging and Where Educational, Recreational and Cultural Programs Enrich The Lives Of Elders and The Community

Funding for (Grantee) is received from the United States Administration for Community Living, the Illinois Department on Aging, and the AgeSmart Community Resources. (Grantee) does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with State and Federal Statutes. If you feel you have been discriminated against, you have the right to file a complaint with the AgeSmart Community Resources by calling **618-222-2561 or 800-326-3221**

"Seniors Come First" Services Available

Meals on Wheels One of the Center's most important programs, the Meals on Wheels program provides daily meals to people who have difficulty getting out of the house and/or cooking for themselves. Not only are we able to supply necessary food, but the driver delivering the meal is able to ascertain how the client is getting along and share some companionship. We have a number of folks dedicated to providing these services. They give freely of their time and energy to deliver the meals, make contact with the recipient and report back to the Center. The majority of the "regular" drivers volunteer one day per week and most have said it is highly rewarding for them.

Lunch Program Lunch is served Monday through Friday at 12 noon. You must be 60 years of age or older to qualify for this program. It is appreciated that if you want lunch you call the center by 3:00 pm in order to sign up for lunch on the following day. When you come in you may sign yourself up for the next day. If you like, you may sign up for the entire week or month. If you know that you can not make it and you have signed up, please call and let us know that you will not be here and tell us when you will be back for lunch. If you have any questions concerning the lunch program please contact Patty Evansco at **476-3731**.

**All Lunches Are Catered From the Millstadt IGA,
China King And Breadeoux Pizza From Millstadt
"The Center is a Great Place to Enjoy Yourself
Through Fellowship And Celebrations With Other
Seniors of Millstadt"**

Senior Information and Assistance provides information or help with services and benefits to residents of Millstadt age 60 and over. We will also visit homebound seniors. If you need this service or would like to schedule a visit, call Millstadt Township Senior Center at **618-476-3731**.

Marilyn Beaston

Marilyn Elizabeth Beaston, nee Rathke, 93, of Belleville, IL, born October 31, 1926, passed away on Wednesday, November 20, 2019, at Freeburg Care Center, Freeburg, IL, surrounded by family members and caregivers.

Marilyn was born and raised in Belleville, IL, and grew up a member of Saint Mary's Parish. She married Frederick Beaston, also of Belleville, in 1950. During their 63 years of marriage, they continued to reside in Belleville, raised seven children and were blessed with 19 grandchildren and 22 great-grandchildren. They were active members of Saint Luke Parish and enjoyed taking their family on annual vacations, visiting nearly all 48 states. Marilyn earned her bachelor's degree and worked as a Medical Technologist and Clinical Laboratory Manager until her retirement. After retirement, she enjoyed traveling with her husband until his death in 2013. Recently she enjoyed, family visits, and watching the Saint Louis Cardinals and the Hallmark Channel.

She was preceded in death by her husband, Frederick H. Beaston; by a son, Greg Beaston; by her mother, Olinda, nee Meyer, Rathke; her father, Peter Rathke, and a sister Devona, nee Rathke, Smith.

Surviving are four sons, Fredrick Jr. (Lorraine) Beaston of Belleville, IL, Tom (Debbie) Beaston of New Athens, IL, Paul (Pam) Beaston of Red Bud, IL, and Mark (Marsha) Beaston of O'Fallon, IL;

two daughters, Mary (Terry) Borrenpohl of Freeburg, IL, and Linda (Tim) Mullen of Rockford, IL; a daughter-in-law, Nancy Beaston of Waterford, WI; 19 grandchildren, Rob and Scott Beaston, Becky, Tom, and Adam Beaston, Justin, Sarah and Valerie Beaston, Matt and Chris Beaston, Byron and Jason Hendrix, Jack Burchett, Dan Borrenpohl, Beth Harp, Ryan and Casey Mullen and Courtney and Whitney Beaston; and 22 great-grandchildren.

In lieu of flowers, memorials may be made to the Millstadt Community/Senior Center, to Saint Luke's Parish, Belleville, IL, or to St. James Parish, Millstadt, IL.



Cecelia A. Helfrich

Cecelia Helfrich, nee Orlet, 97 years of Millstadt, IL, died peacefully on Monday, November 11, 2019 at Memorial Hospital in Belleville, IL.

She was born April 8, 1922, in Paderborn, IL. She was a member of St. James Catholic Church in Millstadt, IL.

Surviving are her daughter, Carol (Bert) Huckle; her son, Robert (Kathy) Helfrich; her grandchildren, Alan (Michelle) Huckle & Laura (Dan) Muskopf, her great grandchildren, Troy, Trevor & Travis Muskopf and Katie Huckle, her sister-in-law, Rita Orlet, her brother-in-law, Clarence Lickenbrock, and brother-in-law & sister-in-law, Alvin & Rosie Helfrich, she is also survived by nieces, nephews, great nieces, great nephews, along with other relatives and friends. She was preceded in death by her husband, Emil Ben Helfrich, whom she married April 23, 1947 and he preceded her in death September 29, 2000; her parents, George & Mathilda, nee Karban, Orlet, her brothers, Tony Orlet & Clem Orlet, her mother-in-law & father-in-law, George & Theresa Helfrich, nee Schoenborn, and her sisters -in-law & brothers-in-law, Bertha & Edward Neff, Jerome & Ida Neff, Richard & Katheryn Helfrich, Lorraine Lickenbrock and Wilbert Helfrich.

In lieu of customary remembrances, the family requests with gratitude that memorial contributions be made in the form of masses to St. James Catholic Church or to the Millstadt Senior Center.

Robert Huckle

Robert Albert ("Bob") Huckle, was born on September 8, 1942 passed away on November 20, 2019.

Robert is survived by his loving wife of 48 years, Susan C. Huckle (née Riess).

Loving father of Matthew, Steven (Jacqueline), and Jonathan Huckle, grandfather of Benjamin, Samuel, Connor, Caleb, and the late Mia and Ellie.

Lifelong resident of Millstadt, Illinois, and member of St. James Catholic Parish. Volunteer firefighter, fire captain, ambulance driver, church usher, friend to all who knew him. Donations to St. James Church or Evelyn's House Hospice,



Charles Highland

Charles R. Highland, 85 years of Millstadt, IL, passed away on November 28, 2019 at St. Elizabeth Hospital, O'Fallon, IL.

He was born December 2, 1933, in Carbondale, IL. Charles retired as a conductor from the IC Railroad with 43 years of service. He was a member of the United Transportation Union for 50+ years. He was also a Life member of the NRA. Surviving are his wife, Maryann nee Harster Highland; his children, Victoria Chamness, Valerie Jo Loeffler, Aaron (Valerie Ann) Goff, Gregory C. Highland, Evelyn "Lynn" (Terry) Ollis, Glenda I. Bajoras, 10 grandchildren, 19 great grandchildren, his brother, Steve (Betty) Highland, his sisters, Elizabeth (George) Allen and Margaret Highland, along with other relatives and friends.

He was preceded in death by his father, Charles Rudy Highland; his mother, Irene nee Collier Highland; his step-mother, Mary Jane nee Robinson Highland; his oldest son, Robert "Bobby" Highland.

In lieu of customary remembrances, the family requests with gratitude that memorial contributions be directed to Special Olympics or HSHS Hospice.

Betty Schlattweiler

Betty June Schlattweiler, nee Morgan, 95 of Millstadt, IL passed away peacefully at her home on Friday November 1, 2019, surrounded by her loving family. Born on June 11, 1924 in East St. Louis, IL, she was the daughter of David L. and Letha Morgan, nee Cook and they precede her in death.



In addition to her parents, Betty is also preceded in death by her husband, Robert D. Schlattweiler Sr., whom she married on October 19, 1949 at St. Philip's Church in East St. Louis, IL, two sisters, two brothers and a son, Robert D. Schlattweiler, Jr.

Left to cherish her memory are her children: Ed Schlattweiler of Millstadt, IL, Jan (Ron) Courtney of Millstadt, IL, Joyce (John) Linnemann of Millstadt, IL and Karen (Dean) Erpenbach of Columbia, IL. Her grandchildren: Todd (Lisa) Courtney, Colleen Harrington (Craig Behnen), Elizabeth (Nathan) Windeknecht, Julie (David) Deaton, Robert (Rebecca) Courtney, Morgan Schlattweiler, Sara (Todd) Dickerson, Danielle Matthews, Luke (Dawn) Linnemann, Emily (Aaron) Reaka, Hannah Erpenbach and Hayden Erpenbach, twenty-one great-grandchildren, many nieces, nephews and beloved friends.

Betty was a member of St. James Catholic Church in Millstadt, IL as well as the Over 50 Club. In her spare time, she loved knitting and playing bridge; she was the member of several area bridge clubs. She also loved swimming, traveling, camping, dancing and playing games. Betty leaves many fond memories in the hearts and minds of her loved ones from time spent at the lake house in Cuba, MO. Most of all, Betty loved spending time with her family.

Verna Toenjes

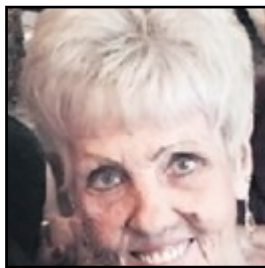
Eulene Toenjes, nee Brunson, 87 of Millstadt, IL passed away on Monday November 11, 2019 at St. Elizabeth's Hospital in O'Fallon, IL surrounded by her loving family.

Born on September 2, 1932 in Wickliffe, KY she was the daughter of Alfred and Velma Brunson, nee Sperry and they precede her in death.

Eulene was also preceded in death by a brother, Eugene Brunson. Eulene is survived by her husband of 62 years, Floyd "Flip" Toenjes whom she married on December 15, 1956 in Hernando, MS; her children: Gary (Patty) Ping of Pensacola, FL, Betty (John) Deckard of Belleville, IL, Gloria (Jerry) Behrmann of Waterloo, IL, Darrell Toenjes (Bruce Kahn) of Chicago, IL, David Toenjes of Belleville, IL and Daniel (Lynette) Toenjes of Millstadt, IL.

Her grandchildren: Stacey (Eric) Beardsley of St. Augustine, FL, Jamie (Ashlynn) Ping of Destin, FL, Amy (John) Blankenship of Keysport, IL, Jenny (Sherman) Voegtle of Belleville, IL, Penny Mitchell of St. Louis, MO, Kevin (Michelle) Deckard of Smithton, IL, Dawn Hoffmeister of Belleville, IL, Pamela (Michael) Hausmann of Belleville, IL, Jordan Deckard of Cambridge MA, Alex Toenjes of Carbondale, IL, Adam Toenjes of Boca Raton, FL, Celia Toenjes of Belleville, IL, Elliot Teonjes (Aranza Davitz) of Millstadt, IL, Carly Toenjes (Rush Oldfield) of Millstadt, IL and Ethan Toenjes also of Millstadt, IL, eighteen great-grandchildren, seven great-great grandchildren; Kara Savio who was like a daughter, and her best friend, Barb Becherer. Eulene worked for many years as a housekeeping aide at St. Elizabeth's Hospital in Belleville, IL. Her great love of life was spending time with her family.

She also loved listening to country music and playing cards. She also cherished her annual trips to Branson, MO In lieu of flowers, memorial contributions may be made to New Athens Home for the Aged, New Athens, IL.



Thomas L. Burns

Thomas L. Burns, 86, of Belleville, IL, born December 21, 1932, in Belleville, IL, passed away Wednesday, November 13, 2019, at Barnes Jewish Hospital, St. Louis, MO.

Tom was a United States Navy veteran and served his country from 1952 -1956. He was awarded the Good Conduct Medal and the National Defense Service Medal during his service. After returning in June 1957, he joined the Belleville Police Department serving for 31 years. He retired as a Lieutenant. He then joined the St. Clair County Sheriff's Department serving in many capacities including chief bailiff and retired after 27 years. Tom enjoyed being with family and friends. He loved hunting, fishing, word find games, and western movies. He lived a fulfilling life and will be missed by all who knew and loved him.

He is preceded in death by his parents, John H. and Anna, nee Teigler, Burns; three brothers, John, William, and Robert; and two sisters, Christine and Kathryn.

Surviving are his loving and devoted wife of 64 years, Betty Ann, nee Halter, Burns, whom he married on February 21, 1955; four children, Jackie (Brent) Adams, Michael Burns, Ann L. (Eric) Guetterman, and Jean (Scott Wilson) Burns; five grandchildren, Natasha (Ricky) Powers, Jake (Katie Ubik) Guetterman, Haley (Patrick) Doyle, Gabrielle (Jacob) Fischer and Austin (Paige Brendensteiner) Guetterman; He was lucky to be a great-grandparent to Colton Burns, Cooper Doyle, Audriana Powers, and Jocelyn Powers; He also had many nieces, nephews and friends too numerous to mention.

Memorials may be made to the Shriners Hospitals for Children. Condolences may be expressed to the family online at www.rennerfh.com.



Robert Heberer

Robert D. Heberer, 87, of Waterloo, formerly of Mascoutah, born May 17, 1932 in Freeburg, died Nov. 9, 2019, at Oak Hill in Waterloo.

He was a retired, former owner of Heberer Equipment Company of Mascoutah and Gateway Bobcat. Bob was a graduate of the University of Illinois and a U.S. Army veteran. He was a member of St. John United Church of Christ, Mascoutah, St. Libory American Legion, past governor of District 1-CN and 60 year member of Lions International, past president of St. John UCC council, past president of Illinois Farm Equipment Association and past president of Lincoln Landers Chapter of FMCA (Family Motor Coach Association). In 1981 he founded the Gateway Farm Club. He managed the Gateway Farm Toy Show in St. Louis for 20 years. In 1995 he was the sixth inductee in the National Farm Toy Hall of Fame. He was a member of Turkey Hill Grange since 1948.

He is preceded in death by his parents, Henry C. and Lillian F. (nee Wittlich) Heberer; son, Robert "Rob" Heberer II; son-in-law, Dennis Gaul; and a sister, Joni Reilly.

Surviving are his wife, Janet I. (nee Bayles) Heberer whom he married in Pekin on July 19, 1953; three children, Kathleen (Edward) Weilbacher of Waterloo, James (Mary) Heberer of Millstadt and Julia Heberer of Okawville; grandchildren, John (Lyndsy) Weilbacher and Elizabeth "Rosie" (Robert) Betz; great-grandson Logan Betz; step grandsons, Andrew Matecki and Timothy (Cristin) Matecki; and step great-grandchildren, Chase, Jackson and Presley Matecki.



**The Millstadt
Senior Center
Expresses Our Deepest
Sympathy To The Family,**



**Marilyn Beaston
Thomas L. Burns
Robert Heberer
Cecelia A. Helfrich
Charles Highland
Robert Hucke
Betty Schlattweiler
Verna Toenjes**