**KIDS DONATE LEMONADE STAND PROFITS**

When life gives you lemons, make lemonade – and then pay it forward.

A pair of girls and with the help of a (1) little sister donated $445 from their lemonade stand to the Millstadt Township Senior Services on October 12, 2015. Violet Theis, daughter of Dustin and Jamie Theis of Millstadt and Lily Capell daughter of Mike and Mandy Capell of Millstadt third graders at Millstadt Consolidated School this year, put up the lemonade stand this year at the Millstadt Homecoming. Lily’s little sister, Lainey, a first-grader at Millstadt primary center, also helped. They got the idea from Fox 2 news about Lemonade Week. So they built a stand with the help of their dads and donated wood. They had to get permission from the Commercial Club to have the stand.

The idea to donate the profits was mutual between the pair. The profits would help the Senior Center continue to provide Meals on Wheels to seniors that were homebound. They had heard about the State of Illinois withholding their funding and wanted to help. All expenses were paid for by family, neighbors and friends in addition to a raffle they held for donated Cardinal baseball tickets.

“The kids already understand the value of local donations and know money we donate here goes to people here,” Patty Evansco said.

The stand charged 50 cents for cup and many customers stopped and most paid more than the asking price. Some customers gave $10 or more to the youngsters.

What started out as a fun, educational activity in one neighborhood became something more – a chance to grow and contribute, as community members and compassionate human beings.

“We felt good inside doing something to help the community,” Capell and Theis expressed.

The Meals on Wheels program not only provides a warm meal but also a well-being check daily and a chance for socialization to those that don’t get a chance to see others.

---

**From Below the Tower**

Wow! What a year it has been. I think I blinked my eyes and it is already November. This month we received a quarterly grant of $300 from Community Kindness and we are very grateful and it will certainly be put to good use. November is always a special thankful month, although I am thankful each day for all I have been given and I know you are too. We all have warm beds and homes that are safe to live in and wonderful families and friends that care for us. Yes, God is good to all of us and we are very thankful. I got word yesterday that the lower front ball joints on the bus have to be replaced at the cost of $750. That new bus can’t get here soon enough and we will be VERY grateful for that. October brought the start of Open Enrollment for everyone on Medicare. I am making appointments to ensure that I can see everyone in Millstadt, Freeburg and Smithton before December 15, 2015. Happy Thanksgiving.
Telephones

Thank you to the Millstadt Chamber of Commerce for providing grant money to purchase a new cordless telephone set for the Community Center. The display on the old cordless phones no longer worked and the sound quality on the new set is much better. Thank you to the members of the Millstadt Chamber of Commerce for providing the funds to replace the telephones.

Porch Sale Success!

The weather was perfect and the porch at the Community Center was filled with tables full of one of a kind items. With the help of Denise and George Blaha, Eileen Doerr, Marlo Eckert, Orville and Janet Mueller, Carol Osick, Kathy Schaefer and Charlie Worden and donations and purchases from many, $736 was raised to support the Millstadt Township Meals on Wheels program. Thank you to all who donated items or came by and supported the cause by taking home some items. See you next spring for the next porch sale.

“ParTners” Bingo

Tues., Nov. 17
8:30 A.m.

Choose a partner and join us for “Partner Bingo” (2 players per team). If you win, your partner wins. Partner Bingo will be played at 8:45, cards will cost .50¢ each. 4 games. Will play as many sets as time allows.

Grant Awarded

St. Clement Community Foundation awarded the Sandra M. Bereitschaft Foundation a grant of $300.00 to purchase the compartment meal containers for the Meals on Wheels program. We would like to thank the St. Clement Community Foundation for supporting the Millstadt Township Meals on Wheels program. St. Clement provides grants for programs in the area formerly supported by St. Clement Hospital in Red Bud.

Bus Rider Reminder

All Ride Reservations Should Be Made Through The Office Please Do Not Tell Bus Drivers

MILLSTADT TOWNSHIP SENIOR SERVICES

QUILT RAFFLE

December 23, 2015
At Senior Center

1st Prize - Handmade Queen Size Quilt
2nd prize - Christmas Tree Skirt
3rd prize - Handmade Baby Quilt

TICKETS $1.00 6 FOR $5.00

Available at the Center

Many tickets are being sold for our Quilt A Rama drawing on Dec. 23, 2015. The Quilt tops are Handmade and Hand Quilted Queen Sized Pieced Quilt and if it were in Branson it would most likely sell for $1000. Be sure to get your tickets.

The First
Sandra Marie Bereitschaft Foundation Dinner
December 5, 2015

This will be the start of a yearly event to help support the Meals on Wheels Program. The Program serves the home bound in Millstadt, Smithton and Freeburg. It will be held in the beautiful showroom of Mertz Motors in downtown Millstadt and included catered dinner, music, guest speaker, silent auction, and recognition awards. Call 476-3731 for reservations.
From the Desk of
Patty Evansco
SHIP Volunteer Counselor

Those Who Will Have To Pay The Higher Medicare Part B Premiums In 2016:

- Individuals who enroll in Part B for the first time in 2016.
- Enrollees who do not receive a Social Security benefit.
- Beneficiaries who are directly billed for their Part B premium.
- Current enrollees who pay an income-related higher premium.
- Dual Medicare-Medicaid beneficiaries, whose full premiums are paid by state Medicaid programs.

Congratulations Trivia Night Raffle Winners

1st Prize ($500 Southwest Airline Certificate) Stephanie Colbert
2nd Prize (42” Flat Screen TV) Morgan Schmitz
3rd Prize (Lottery Tree) Allene Caskey
4th Prize (Turkey Fryer) Justine Hall

Thank You Very Much For Your Support!!!

Grandma (Rich Chadeayne), Jean Colbert and Lil Tracy with Austin and Brady Todd dress up.

Red Cross
Upcoming Blood Drives

November 12th 4:00 pm – 8:00 pm MCS 2016
January 7th 4:00 pm – 8:00 pm MCS
March 3rd 4:00 pm – 8:00 pm MCS
May 5th 4:00 pm – 8:00 pm St James
July 7th 4:00 pm – 8:00 pm St James
September 8th 4:00 pm – 8:00 pm MCS
November 10th 4:00 pm – 8:00 pm MCS

LEE’S Home Center
BestREWARDS

Earn 5% on your Purchases!
Details in store or call 618-476-1760
Papa Vito’s

Papa Vito’s is coming to Millstadt where the former Grandpa Luke’s was located. Papa Vito’s started in Waterloo with a menu of pizza, sandwiches and salads and expanded to Belleville with two locations. Noted for their large fresh made salads they will be a welcome addition to the Millstadt area.

Millstadt Township News
(Giving back to the Community)
Thank You!!!
For a Successful Year!!!! On both the Structured Learning Garden and the Farmers Market
We want you to know
No tax dollars were used for either program
Millstadt Township Supervisor

Millstadt Township Does Good!
Giving Back To The Community Through Positive Community Projects
Structured Learning Garden & Farmers Market (No Tax Dollars Used!!)

Millstadt Township Supervisor Randall Eckert presents check for $432.32 to Senior Director Patty Evansco

MILLSTADT TOWNSHIP
Giving Back to the Community
Farmer’s Market is Going Well!
Please Come By To Buy Or Sell Local Grown Products.
The First and Third Friday of Each Month From 3:00 pm to 6:00 pm at 820 South Jefferson Street.
Produce, Eggs, Fresh Baked Goods, Wooden Crafts. (No Tax Dollars spent on this Project)

Baby Quilts For Sale Senior Center $50

“Dr. Steve” Knoernschild
Back and Joint Pain Specialist Medicare Provider
FREE Consultation
618-476-3344 500 South Illinois St., Suite 4 DrSteve8569@aol.com Millstadt, IL 62260

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FREE Consultation
618-476-3344 500 South Illinois St., Suite 4 DrSteve8569@aol.com Millstadt, IL 62260
**Medicare Premiums Set To Increase**

(This story is taken from USA Today, October 28, 2015)

Many Millstadt Medicare recipients bracing for a 52% premium increase are close to breathing a sigh of relief thanks to a bipartisan budget deal the House passed on Wednesday October 28, 2015. The Senate is due to vote soon.

If the deal makes it through Congress, it will substantially reduce the increase in Medicare premiums and deductibles that would otherwise take effect in 2016. Without the deal, some 30% of 54 million Medicare beneficiaries would have seen Part B premiums jump 52% in 2016, from a base rate $104.90 per month to $159.30. With the proposed budget deal, about 17 million beneficiaries would see their Part B premiums rise 14% instead, to a new base rate of $120 per month in 2016, plus a $3-per-month surcharge.

According to Katy Votava, president of Goodcare.com in Rochester, N.Y., higher-income beneficiaries — those subject to Medicare’s income-related monthly adjustment amount — will pay more than $120. Although those numbers have not been released, Votava calculates a range from about $168 to $384, plus the surcharge.

AARP, a non-profit, non-partisan organization that represents the interests of some 38 million Americans 50 and older and their families, was among those praising the proposed legislation.

"Congress is helping to prevent financial hardship for many beneficiaries at a time when there is no Social Security cost-of-living adjustment,” Jo Ann Jenkins, chief executive officer of AARP, wrote in a letter to the Senate and House leadership.

The cost of Medicare Part B part of the proposed legislation — about $12 billion, according to a National Journal report — would be covered by a loan from the Treasury and paid back over time by a gradual increase in Medicare Part B premiums.

“The approach to financing ... will allow premiums to increase more gradually, while spreading the cost over a longer period of time, and across a broader group of beneficiaries,” Neuman says. However, Votava calls it “a kick-the-can strategy, as it does not address the long-term financial stability of Medicare.”

Judith Stein, founder and executive director of the Center for Medicare Advocacy, also offers a mixed review. “While we have concerns about the way in which the Part B cost-sharing resolution is paid for, we are glad people who rely on Medicare can breathe a bit easier – knowing their premiums and deductible will not skyrocket next year.”

Part B covers most medically necessary doctors’ services, preventive care, durable medical equipment, outpatient services, lab tests, X-rays, mental health care and some home health and ambulance services. Rate increases for the program are capped by law to the amount of the Social Security cost-of-living adjustment (COLA).

That provision came into play on Oct. 15, when the government announced there would be no COLA in 2016. No COLA meant no increase in Part B premiums for the 70% of Medicare beneficiaries who are considered held harmless, but a big increase for the remaining 30%.

The 30% not held harmless includes new enrollees who start benefits in 2016; enrollees who don’t receive a Social Security benefit check; enrollees subject to the income-related premium adjustment; and dual Medicare-Medicaid beneficiaries, whose premiums are paid by state Medicaid programs.

In addition to smoothing out the Medicare premium bump, the budget deal also addresses a big cut in Social Security disability payments that was on the horizon. It re-allocates payroll taxes among Social Security program trust funds to ensure solvency of the disability insurance program. The disability insurance trust fund was on pace to run dry in 2016, and millions of Americans were going to get an automatic 19% reduction in their Social Security disability insurance benefits.

But the news isn’t all good for benefit recipients. The House’s new budget bill also contains a provision that could cut off benefits to millions of households now receiving them. According to a report by Laurence Kotlikoff, co-author of Get What’s Yours: The Secrets to Maxing Out Your Social Security, in six months, benefits now being received by spouses, divorced spouses or children on the work record of a spouse, ex-spouse or parent who has suspended his or her benefits will be eliminated until the worker restarts his or her retirement benefit.

“I’ve never heard of a change in Social Security law that eliminates benefits for people already collecting, but this is what’s in this bill,” Kotlikoff wrote in his report. “This will cost millions of households tens of thousands of dollars. Worse, it will induce those who have suspended their benefits in order to collect higher benefits at 70 to restart their benefits at permanently lower levels in order to maintain their family’s immediate living standards.”
Millstadt Township Senior Services Executive Board President Orville Mueller accepts Excellence in Transportation award at Legacy Celebration sponsored by AgeSmart. He is the only male in picture.

Do you shop on Amazon? Now there is a new version of the company’s website – smile.amazon.com – the company will donate 0.5% of the purchase price to charity. Customers pick their charity through the new website and there are almost one million to choose from, including Sandra Marie Bereitschaft Foundation (supports Millstadt, Freeburg and Smithton Meals on Wheels program).

There is no cap on the amount Amazon will donate and almost every physical product sold by the company is eligible, which means tens of millions of items. Digital goods are not included, but that may come in the future.

Everything else about the Amazon online shopping experience stays the same, including the shopping cart, wish lists and shipping options. The prices will also be the same, so these donations will suck some of the profit out of each sale Amazon makes through the program.

Please be sure to sign up, shop and add “Sandra Marie Bereitschaft Foundation” as your designated charity. Thank you. http://smile.amazon.com

**Art & Craft With Shea Lanaghan**

**Every Thursday 10am – 12pm**

**Millstadt Township Senior Center**

- Socialize
- Relax
- Stimulate the Brain
- Color Worries Away
- Get Lost in Time
- No Talent Required

**Supplies Provided (Colored Pens, Pencils or Crayons)**

We will also have a FREE raffle during the class for some FREE personal supplies!

**DID YOU SIGN IN?**

Knowing who is at lunch at the Center is important for a number of reasons. First of all it’s good to keep track so if someone isn’t there for a few days we can contact them to make sure everything is ok. Second, when you sign in and are registered we are able to submit your name to receive our grant money to help pay for the meals. A way to look at it is that if you aren’t registered and signed in we can’t send a bill for your lunch to the Area Agency on Aging.

**Expert Repair**

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- High Efficiency Systems
- Excellent Warranties

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*Residential Commercial*

**HEATING and AIR CONDITIONING**

**Millstadt, IL**

*(618) 476-9604*

**RECYCLING**

8 AM TO 10 AM

**1ST SATURDAY OF EACH MONTH**

**AT TOWNSHIP SHED ON EAST HARRISON STREET**

**Chamber Of Commerce**

*“Making Connections For Millstadt Business”*
Like to Crochet?

A man and a woman had been married for more than 60 years. They had shared everything. They had kept no secrets from each other except the woman had a shoe box in the top of her closet that she had cautioned her husband never to open or ask about it.

For all these years, he had never thought about the box, but one day the little old woman got very sick and the doctor said she would never recover. In trying to sort out their affairs, the little old man took down the shoe box and took it to his wife’s bedside. She agreed it was time he should know what was in the box. When she opened it, he found two crocheted dolls and a stack of money totaling $95,000. He asked her about the contents.

“When we were married,” she said, “my grandmother told me if I ever got angry with you, I should just keep quiet and crochet a doll.”

The old man was so moved; he had to fight back the tears. Only two precious dolls were in the box. She had only been angry with him two times in all those years of living and loving. He almost burst with happiness.

“Honey,” he said “that explains the dolls, but what about all this money? Where did it come from?”

“Oh, that?” she said. “That’s the money I made from selling the dolls.”

Fall Closet Cleaning

Our 6th annual Big Ole Bag and Jewelry sale will be held next April. Remember to donate your gently used purses and jewelry to the Senior Center for the annual sale.

Senior Transportation Program

Need a Ride to the Doctor, Bank Hairdresser, or Dentist?

The Senior Center Offers the Only Form of Public Transportation for the Community

This Service is Available for Persons 60 Years and Older and Their Caregivers

A Suggested Donation Of $2.00 For Transportation To and From Doctors, Dentists, or Hair Appointments

This Partially Covers the Actual Transportation Costs of $5.95

All donations are Confidential and Are Used To Maintain the Transportation Program For Millstadt Township Seniors

Please Contact Patty at 476-3731 With Questions

Help The Tin Man

While Shopping

At Millstadt IGA

Clip The Bar Codes From IGA Products And Return To

Tired of WAITING in line at the Driver’s License Facility? We can HELP!

B’s License Service and Ellis Insurance

We Offer The Convenience Of The DMV Without The Wait and Hassle...

We offer License Plate Renewal Stickers
Vehicle, Motorcycle, and Boat Registration
Notary Public - Electronic SR-22 Filing
Same Day Insurance Cards - Fast and Friendly Service
Conveniently located in Columbia, Illinois
319 North Main Street, Columbia, Illinois 62236
(618) 281-5555 Owner & Operator: Linda Theis

Castle Maintenance, LLC

“we treat you and your home like royalty”

Joe Goudey

Custom Cabinetry • Home Improvements

Experienced • Insured • Knowledgeable

18 W Laurel, Millstadt, IL 62260 • (618) 791-6235
Welcome Back Dana Battaglia Niblett

While Dana Battaglia Niblett was in town for her class reunion she stopped by and shared some pictures with us. She is looking for a place and wants to move back to Millstadt. Her friend Frank Lotito enjoys building recumbent bikes. They currently live in Harrah, Oklahoma.

A recumbent bicycle is a bicycle that places the rider in a laid-back reclining position. Most recumbent riders choose this type of design for ergonomic reasons; the rider’s weight is distributed comfortably over a larger area, supported by back and buttocks. On a traditional upright bicycle, the body weight rests entirely on a small portion of the sitting bones, the feet, and the hands.

Make Fitness and Nutrition a Goal for Life

We all know that exercise is good for us for many different reasons. Exercise can help control blood pressure, blood sugar and weight. It can raise “good” cholesterol and help prevent heart disease, colorectal cancer and type 2 diabetes. Aside from the medical and clinical benefits, getting more active can:

• Be fun
• Help you look your best
• Improve your sleep
• Make your bones, muscles and joints stronger
• Lower your chances of becoming depressed
• Reduce falls and arthritis pain
• Help you feel better about yourself

Physical activity increases your chances of living longer!!

Below are some Quick Tips on Staying Active as You Get Older

Before you begin...If you have a health problem like heart disease, diabetes or obesity, talk to your doctor about starting an exercise program. Aim for 2 hours and 30 minutes a week of aerobic activities. Choose activities that make your heart beat faster, like walking fast, dancing or raking leaves. Start slowly – as little as 5 minutes at a time. Then add on five to 10 minutes at a time until you can exercise for 30 minutes most days of the week. Tell your doctor if you have shortness of breath, chest pain or unplanned weight loss. Do strengthening activities two days a week. Try lifting hand weights or using exercise bands. Breathe out as you lift something, and breathe in as you relax. (Holding your breath can cause changes in your blood pressure.)

Millstadt Senior Center is in need of some necessities, so if you could contribute any of the following items, it would be much appreciated and you would be helping us to keep our supply costs down so that we can focus our energy and money on the important things such as bringing you valuable programs and education to our community.

General Needs

• Sugar Free Snacks and Desserts (Requested very often by our diabetic clients)
• Solo Type Cups (14 oz or 16 oz)
• Divided Paper or Plastic Plates
• Paper Towels
• Premeasured Folgers in coffee filters (Switzers or Sams)
• Sugar Packets
• Dessert Plates
• 8 oz squats from Switzers (Meals on Wheels)
• 4 oz squats from Switzers (Meals on Wheels)
• 8 oz and 4 oz squat lids from Switzers (Meals on Wheels)
• Gallon size Lipton tea bags
• Country Time Lemonade
• Sugar Free Juices
• Kleenex
• Anti-bacterial Hand Soap
• Cascade Dishwasher Soap
• Sweeteners for Coffee (Equal, Sweet n Low or Truvia)
• Non-Dairy Creamer (powdered kind)
• Items for Christmas Goodie Bags

Office Supplies

• Reams of Colored or White Copy paper
• Postage Stamps
• Copier and Printer Cartridges
• Canon 106
• HP CC530A, CC531A, CC532A, CC533A
• Paper Shredder

Items To Raffle Off At Our Various Fundraising Events.

• Any items from fishing poles to kitchen utensils. We will take your items and put them together with other donations to make some lovely baskets to raffle off.
Clothing Donations

Remember your clothing items donated to the collection box at the IGA parking lot will add to the proceeds IGA collects and donates to the Senior Center. Proceeds from the clothing collection box at IGA along with funds from aluminum cans collected at the Community Center help maintain the Meals on Wheels program for Millstadt Township. With the help of your donations 20,000 meals were served to Seniors in Millstadt Township last year.

SHIP Corner

Millstadt Township Senior Center is a sponsoring agency for Senior Health Insurance Program help and we recently received our 2015 updated Manual. During the coming months I will be sharing with you some information that I feel is important and informational.

Organization and Administration of the SHIP Program:

SHIP was initiated in July of 1988 by the Illinois Department of Insurance in response to the needs of Illinois’ senior citizens regarding their health insurance. In April of 2013, under Executive Order by the Governor, SHIP was transferred to the Illinois Department on Aging.

The organizational structure of SHIP consists of:

- The Illinois Department on Aging, which provides initial training, continuing education and ongoing support of SHIP counselors;
- The sponsoring organization (Millstadt Township Senior Services), which provides coordinators, office space and office support services;
- The coordinator (Patty Evansco), who is responsible for the administrative aspects of the SHIP program, which include publicizing SHIP services, recruiting volunteers, scheduling counseling sessions and responding to counselors’ needs; and
- Counselor Patty Evansco meets with clients individually to provide objective information about health insurance, advocacy assistance, or referral if appropriate.

The state is divided geographically into four separate SHIP regions: Cook County, Northern Illinois, Central Illinois and Southern Illinois. Within each region, counselors are organized in to units that serve a specific geographic area, usually designated by counties.

You're Invited to Zion Evangelical Church's WURSTMARKT

Saturday, November 14, 2015
3:00 - 7:00 PM

Zion Evangelical Church
117 W. White Street
Millstadt, Illinois
Church Office 618-476-1778

Dinner Featuring:
Pork Sausage, all the trimmings, dessert & drink
Dine in or Carry Outs
Adults and carry-outs $10.00
Children 5-12 $5.00
Under 5 free!

Community Center & Park Pavilions Rental

If you are looking for a place to have a graduation, baby, bridal or birthday party consider renting the Millstadt Community Center or a pavilion at the park. Call the Village Hall at 476-1514 for rental information.

Bertha Rodgers and Gloria Kettler painting their pumpkins
Medicare Annual Election Period
Health and Drug Plans for 2016
Oct. 15 – Dec. 7 2015
Appointments available in your area
October 20th, 2015 to December 3rd, 2015
Please call (618) 476-3731 for an appointment

Millstadt (Senior Center)
Tuesdays 1:00 pm – 4:00 pm

Smithton (Smithton Senior Center)
Wednesdays 1:00 pm – 4:00 pm

Freeburg (Freeburg Township)
Thursdays 1:00 pm –4:00 pm

SHIP provides free and objective counseling on Medicare and all related health insurance issues.

MAKE YOUR APPOINTMENT TODAY FOR HELP
ORIGITAL MEDICARE & MEDICARE ADVANTAGE
Eligibility-Enrollment-Coverage-Billing

MEDICARE & PRESCRIPTION DRUG COSTS
Medicare Prescription Drug Coverage (Part D)
Extra Help (LIS) – Other Sources of Help

MEDICARE SUPPLEMENT OR MEDIGAP INSURANCE
Standardized Plans-Enrollment Deadlines-Right & Protection

MEDICARE & OTHER INSURANCE
Employee Plans-Retiree Plans-VA-TRICARE for Life

MEDICARE & MEDICAID
If you have Medicare AND Medicaid (or losing Medicaid), we help you identify your options-Medicaid Benefits Changes.

BENEFIT ACCESS APPLICATIONS
IL License Plate Discounts & Metro Link Passes

LI-HEAP APPLICATIONS
Seniors over 60 and Disabled Adults at this time

In Memory of
Art Terveer
Donna Gaulrapp & Family
Elmer & Darleen Sandheinrich
Evelyn Weber
Gary & Debbie Helfrich
Lester & Joyce Waller
Ronald Eckert
Tom & Linda Wuetrz
Richard Chadeayne

Trivia Night
Belleville News Democrat
Blanquarts Jewelry
Body Focus
Carol, Linda and Mike Speinginger
Caseys
Curves Package
Custom Marble
Dave Albers
Doris Schwartz
Earl Eckert
Eileen and Earl Doerr
First National Bank of Waterloo
Highlight Magazine
Janet Mueller
Jim Bereitschaft
JoAnn Pisel
Karen Witte
Kevin and Jean Colbert
Les and Kay Mehrtens
Lindy Knysak
Margaret Scharf
Marlou Eckert
Millstadt Pharmacy
Moore’s Asphalt
Nancy and Jim Kostelac
Paul Newman
Randy and Donna Eckert
Reinhardts

Rick and Tina Dineer
Ron Schaefer
Sandy Ruhmann
Schuberts
Triple Lakes
Sandy Muskopf
Joyce Crouch
Dale Keck (2 Scales)
Darrell Jung
Helen Menner
Diane Haas
Speinginger Family
Rich and Beth Kwentus
Carol Speinginger
Monroe County Electric Cooperative
Thelma Short
Jim and Dorothy Bangert
Eileen Morris
Marsha Teliczan
Garden Place
Columbia Rehab Hospice of Southern Illinois
Peggy Banker
Denise and George Blaha
(Tom Albers Memory)

Lil Tracy and Richard Chadeayne
Beth Kwentis
Scharf Farms
Wilbur and Audrey Stifler
Barb Louis
Sandra M Bereitschaft Foundation
Betty Stark
Linda Roscnafsky
Diane Haas
Ruth Fritzinger
Scharf Farms
Eve Murphy
Roy & Beata Winkel
MILLSTADT P.D., Wednesday, November 11th, 12:30 p.m.
Millstadt Police will inform us on what’s going on within the Millstadt Police Department, crime statistics and scams to be on the lookout for. They will also have an open forum to answer questions and find out what’s on your mind pertaining to the police department.

Aluminum Cans
Donate Your Aluminum Cans To The Senior Center
Contact
Patty Evansco at 476-3731

Special Thanks to
Concordia Church
Immaculate Conception - Centreville
St. James Catholic Church
Trinity Lutheran Church
Zion Evangelical Church
Baptist Church
For Your Continued Support

Yes, I Want To Receive the Newsletter in the Mail!
Subscriptions are $20.00 per year
Due To Postage Increases (12issues)

Name:___________________________________
Address:_________________________________
City:____________________________________
State:_____________ Zip:_________________
Phone:_________________________

Please Send This Form And Your Check To:
Millstadt Township Senior Services
102 South Jefferson Street
Millstadt, IL 62260

**Be Sure To Check Your Mailing Label For Your Subscription Expiration Date**

55 or Better?
Join your friends in our Classic 55 Club!
✓ Fun Group Trips and Outings
✓ Interest-Bearing Checking
✓ FREE Classic 55 checks
✓ Bi-Monthly Newsletter
✓ Great Social Activities

Come Back To Your Hometown Pharmacy
• Fast, Friendly Service
• Competitive Pricing
• FREE Delivery
• Remolded Expanded Gift Shop

$ 5.00 Off New or Transferred Prescription
Expires October, 30th, 2015
Millstadt Pharmacy 120 W. Washington • 476-1701
**Persimmon Seed Winter Prediction**
This coming winter may be colder than average with more than average snowfall, according to local persimmon seeds. Persimmons are a native Ozarks fruit tree and folklore has it that the shape of the tiny seedling can predict the coming winter conditions. This year a sampling of seeds indicated a larger percentage of seeds with a knife shape, which means the winter will bring icy conditions and cold, cutting temperatures. If the seeds were a spoon shape, this would mean a winter with lots of snow shoveling. If the seeds were a fork shape, little snow would fall and winter would be mild. Let’s see how close the persimmon seeds are in predicting how the weather will be for the winter of 2015-2016.

**Our 5th Annual Veterans Appreciation Luncheon**
Wed., Nov. 11, 12 Noon
Sign up for Millstadt Veterans and Spouses Begins on November 5
Call (618) 476-3731 to Sign Up

Tony Gomric, Jenna Toon Dunn, Dustin Trankle, Heather Noblitt, Dale Stallman, and Ken Dunn proudly display their second place Chili trophy!

Mike French, Kyle Dohrmann, Joel Mueth and Mike O’Donnell work at the Optimist chili pot at the Chili Cook-off on Oct. 11. Proceeds from the event are donated to Juvenile Diabetes Research Fund.

Millstadt Optimist President Kevin Schmidt (right) presents a $2500 check to Steve Kidd, principal of St. James Catholic School. The money has been designated for Chromebook purchases.

Millstadt Optimist Past-President Deb Germann (right) presents a $2500 check to Josh Lane, principal of Millstadt Consolidated School. The money has been designated for Chromebook purchases.

Macy Adams (left) of St. James Catholic School and Endia Nixon (right) of MCS were selected as the Optimist September Student of the Month. Both young ladies are in the 8th grade.
MILLSTADT LIBRARY
The Millstadt Library in addition to books, offers audio books, videos, large print books, computers, and copy services. Residents of the Village are eligible for a library card. Contact the Millstadt Library at 476-1887, if you have any questions.

Reminder for Home Delivered Meal Recipients
If you leave a cooler out for your meal, please be sure that the cooler is kept very clean. Your help will be appreciated. This is for your own health safety. Thank You

During The Month Of Oct.
Our Volunteers Donated **734** Hours To The Millstadt Senior Center
If Paid at Minimum Wage, the Dollar Value Would be **$6,055**
For Your Dedication, In The Spirit Of Giving Please Remember To Report Your Volunteer Hours Would you like to join our group of Volunteers?

Senior Talk Available at These Locations
Pick-Up Your copy of the Monthly Senior Talk at One of the Following Millstadt Locations
Melva’s Family Hair Care 476-7933
Millstadt Barber Shop 476-7273
Millstadt IGA 476-3161
Millstadt Library 476-1887
Dr. Carla Samson 476-3373
Millstadt Pharmacy 476-1701
Millstadt Village Hall 476-1514
Shirley’s Beauty Shop 476-9494
St. James Catholic Church 476-3513
Trinity Lutheran Church 476-3101
Zion Evangelical Church 476-1778
Dr. Steve Knoernchild 476-3344
Concordia UCC 476-3377
St. Paul Church, Floraville 473-2285
Dr. Kevin Schmidt 476-3261
St Michaels Church – Paderborn 473-2798
First National Bank of Waterloo 476-3334
Caseys 476-7360
Associated Bank 476-3040
Michelle’s Family Haircut
Millstadt Garden Place
Millstadt Baptist Church
Lee’s Home Center 476-1760
Millstadt Baptist Church
Thank You For Providing This Service To Our Community

Monthly Grief Support Group
Red Bud, IL.
Third Wednesday of each month
3:00 p.m.–4:30 p.m.
Garden Place
Senior Living
351 Lockwood Drive
Red Bud, IL.
For more information call the Bereavement Department
618-235-1703 • www.hospice.org
Big Ole Bag & Jewelry Sale
Mark your calendar now for the fifth annual Big Ole Bag Jewelry sale in April. Donations of purses and jewelry may be made at the Community Center. Watch for further information on the Saturday sale and the Friday evening sale event. Your donations and purchases of purses and jewelry support the Meals on Wheels program for Millstadt Township.

Book Club
We have more room for more readers, just come by and we will provide you with the book for you!

CONGRATULATIONS
Gloria Kettler
Oct. Birthday Basket Winner
Lots of Goodies and Gift Cards
Be Sure To Eat At The Center On Nov. 3, 2015
For Your Chance To Win

Introducing a new and better way
For Senior Adults to Live Well!

Cedarhurst of Shiloh
429 S. Main St., Shioh, IL 62269
618-622-9890
Call today for your FREE lunch and tour!

Volunteers

Quilters
Rosemary Mathews
Lois Potter
Judy Sutter
Pat Morris
Doris Adams
JoAnn Clemons
Teresa Barbier
Mary Alice Schmitz
Ruth Fritzheimer
JoAnn Pisel
Marlene Harzin
Kath Kwentus
Pat Schaeffer
Marylou Kochmann
Jean Cobert
Kathy Weygandt
Trivia Night
Dave Albers
Janet Mueller
Marlou Eckert
Cindy Bertelsman
Butch Bertelsman
Chris Sanders
Lynn Muskopf
Steve Muskopf
Jean Colbert
Kevin Colbert
Jim Bereitschaft
Nancy Kostelac
Karen Witte
Jamie Bereitschaft
Eileen Doerr
Bertha Rodgers
Shirley Rinck
Norma Burlesman
Center Volunteers
Kaitlyn Feilder
Taylor Feilder
Bert Hucke
(Recycling)
Charlie Worden
Kathy Schaefer
Rick Coleman
Don Mueller

Center Volunteers
Jerry Schmitz
Marlou Eckert
Janet Mueller
Orville Mueller
Thelma Short
Ralph Schneider
Charlie Todd
Darleen Sandheinrich
Eileen Doerr
Jean Colbert
Kathy Demond
Kitchen
Frances Dickneite
Betty Stark
Fern Seiber
Colleen Costello
Barb Louis
Dot Edmondson
Lil Tracy
Columbia Delong
Betty Krupp
Meals on Wheels
Nancy Kostelac
Cheryl Mueth
Susan Sager
Allen Analla
Darleen Slovinski
Sandy Muskopf
Lindy Knysak
Peggy Mokriakow
Trudy Famula
Maureen Mueth
Yard Sale
Carol Osick
George Blaha
Denise Blaha
Orville Mueller
Janet Mueller
Shirley Rinck
Gene Rinck
Marlou Eckert
Charlie Worden
Kathy Schaefer
Eileen Doerr

For all Millstadt Village Residents, to be notified of severe weather alerts, disasters, missing children, etc. Sign up for Code Red. Go to www.villageofmillstadt.org and click on the “Code Red Community Notification Page”.

“Code Red”
**Laminating Tuesdays**

If you need something laminated please stop by on Tuesdays and we would be glad to laminate for you free of charge.

![Image](image1.png)

**Senior Talk Available On Internet**

The Village of Millstadt web site has a variety of information available including the most recent copy of the Senior Talk newsletter, scheduled events for the Village, and copies of the Senior Menu and Activity sheet. Type in the following internet address, www.villageofmillstadt.org. This should bring up the main page of the Village’s web site, on the left side of the screen click on Community Center/Senior Center. On the next page, click on the latest edition of Senior Talk which will include the menu and activity sheet for the month.

![Image](image2.png)

**Make a Contribution**

There are many ways to contribute to Millstadt Senior Center:

**Gifts by Cash or Check**

We accept gifts by cash or check by mail and in person. Include your name, address and phone number. Checks should be made payable to Millstadt Township Senior Services.

**Memorial Gifts and Bequests**

The Millstadt Senior Center is establishing an endowment fund of memorial gifts and bequests, to ensure the future of senior services in Millstadt. We hope that you will remember the Center when planning your estate, or as a fitting means of honoring a departed friend or loved one.

All memorial gifts and bequests will be acknowledged in the Center’s newsletter. If you would like to make a provision in your will, the following form is suggested:

I give, devise and bequeath to Millstadt Township Senior Services, a non-profit corporation, located on this date at 102 South Jefferson, Millstadt, Illinois 62260 the sum of $ _________ (or the property, herewith described)

We Welcome Any Inquiries About Bequests, Please Call Us At (618) 476-3731
**Dominoes & Rummy Club**

**Sept. 2015**

**631 Games**

**Card Game Wins**

- Gloria Kettler 175
- Rick Coleman 79
- Jane Evans 162
- Betty Krupp 46
- Frances Dickneite 155
- Evelyn Lucy 14

**OCT. 2015**

**439 Games**

<table>
<thead>
<tr>
<th>Name</th>
<th>Games</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gloria Kettler</td>
<td>140</td>
</tr>
<tr>
<td>Betty Krupp</td>
<td>23</td>
</tr>
<tr>
<td>Frances Dickneite</td>
<td>133</td>
</tr>
<tr>
<td>Evelyn Lucy</td>
<td>14</td>
</tr>
<tr>
<td>Rick Coleman</td>
<td>63</td>
</tr>
<tr>
<td>Janette Faus</td>
<td>3</td>
</tr>
<tr>
<td>Jane Evans</td>
<td>58</td>
</tr>
<tr>
<td>Mary Ann</td>
<td>5</td>
</tr>
</tbody>
</table>

**Dates to Remember**

- **November 1**, Daylight Savings Time Ends
- **November 7**, D.A.R.E to run for Backstoppers.
- **November 7**, St. James Church Dinner Auction
- **November 11**, Veteran’s Day
- **November 14**, Quail Club Women's Auxiliary is Having a Vendor Day @ the Quail Club 12 - 5 pm
- **November 14**, Zion Church WurstMarkt
- **November 22**, Millstadt Gardens Open House
- **November 26**, Thanksgiving. Senior Center Closed.
- **November 27**, Senior Center Closed.
- **December 6**, Weihnachtsfest at St. James Parish Center.

**Millstadt Senior Walking Club**

**Oct. 2015 Days Walked**

<table>
<thead>
<tr>
<th>Name</th>
<th>Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rick Coleman</td>
<td>11</td>
</tr>
<tr>
<td>Jane Evans</td>
<td>10</td>
</tr>
<tr>
<td>Bertha Rodgers</td>
<td>11</td>
</tr>
<tr>
<td>Rich Chadeayne</td>
<td>2</td>
</tr>
<tr>
<td>Frances Dickneite</td>
<td>11</td>
</tr>
<tr>
<td>Betty Krupp</td>
<td>3</td>
</tr>
</tbody>
</table>

**DELUXE MOTOR COACH TOUR**

Mount Rushmore, Bad Lands, Black Hills of South Dakota, Deadwood S.D., Wall Drug, Corn Palace, Crazy Horse Monument and More.

This is a very nice Motor Coach Tour

**May 15-21, 2016**

$580 includes

- 7 Days
- 6 Nights Lodging
- 4 Dinners (2 with Entertainment)
- 6 Breakfasts
- Group Leader
- Luggage Handling
- Tips for Bus Driver
- Step on Guides
- Movies
- Bingo with Prizes
- Pickup in Columbia, Illinois (Market Place)
- South St Louis County (Commuter Lot at 270 and Gravois)
- Limited Seating
- $75 deposit will hold seat (Due at Booking, Balance Due 3/8/2016)

Please call or email if interested. Thank you Allie Owens (618-281-9765) or (314-412-1308) alandchrisowens@aol.com

---

**Bertha Rodgers takes a break from reading her book**

**Jane Evans enjoying her morning card game**

**Iliana Insurance Agency, LTD**

Central Illinois #1 Senior Care Insurers

**Derek R. Schuett**

Licensed Agent

618-476-3451
www.illianainsurance.com

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**November 27**, Senior Center Closed.
**December 6**, Weihnachtsfest at St. James Parish Center.
Members of The Millstadt Historical Society straighten grave stones at The Centreville Cemetery on the south edge of Millstadt. The project will be ongoing and will include resetting broken stones in the future.

At The Societies November meeting, they will sponsor their annual Homemade Wine Making Contest. The contest is open to winemakers who reside within the borders of The Millstadt Consolidated School District. Persons who are interested in entering their homemade wines should call chairman Dave Albers at 476-6185.

Noah Thomason asked his family and friends for food pantry donations. This is not his first time asking for items for the food pantry in lieu of birthday gifts. Noah has also asked for Humane Society items on a previous birthday as well.

This was Noah’s 6th birthday. He donated items ranging from Kleenex to chicken soup to dog biscuits. His friends gave approximately 80 items. Since his mom is a regular packer for the pantry, she often brings Noah with her to help. He was able to help put away his donations and knew where the items belonged and even how to stack them on the shelves by date order. When asked if he knew what the food pantry did with the food, he was very clear on how it all works and likes that he can help others that sometimes need help feeding themselves or their families. Gotta love this little guy!

Mark your Calendar

On Thursday, November 19, 2015 at 11:00 pm Oveta Thomas from Land of Lincoln will be here to give a presentation on Advance Directives. We have had so many requests the past few months for direction on Power of Attorney for Health Care and Property that I invited a local paralegal to help. Oveta will give a short presentation followed by setting up assistance to those that would like it. There is no charge for this and it is provided by AgeSmart through the Department of Aging. Hope to see you there, why not sign up to stay for Pork Sausage and Sauerkraut that day also.

Food Pantry Donations

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Bible Study At Senior Center

An informal Bible study will be offered at the Millstadt Senior Center, on the 2nd and 4th Monday at 10:00 am. This is a non-denominational study and all are welcome, regardless of religious background, and there is no cost. The leader is Cheryl Mueth, a retired teacher and Meals on Wheels Volunteer.

Freeburg Care Center
746 Urbanna Drive, Freeburg IL 62243
(618) 539-5856

Providing Exceptional Care for over 32 Years
Locally Owned & Operated
• House Skilled Therapies
• Individual Diet Plans
• Hospice Affiliated
• Private Suites Available
• Long and Short Term Stays
• Medicare – Medicaid Certified

One of the MOST AFFORDABLE RATES in the area
Visit us at: www.freeburgcarecenter.com

Township Senior Services
102 South Jefferson St., Millstadt, IL 62260
Phone No. 618-476-3731
Fax No. 618-476-3921
email seniorce@htc.net

MISSION STATEMENT
The Millstadt Senior Center Is A Place Of Opportunities, A Focal Point In Our Community Where Services Support Positive Aging and Where Educational, Recreational and Cultural Programs Enrich The Lives Of Elders and The Community

Funding for (Grantee) is received from the United States Administration for Community Living, the Illinois Department on Aging, and the AgeSmart Community Resources. (Grantee) does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with State and Federal Statutes. If you feel you have been discriminated against, you have the right to file a complaint with the AgeSmart Community Resources by calling 618-222-2561 or 800-326-3221

Notary Services Are Provided Free At The Senior Center

November Birthdays

1 Corrine Kirby 16 Magdalene Hermeling
7 Mary Adams 18 Irma Hecke
Alan Wickell Russell Baltz
Randy Eckert 21 Wanda Wheat
8 Edward Lauko Mary McElligott
Donald Mehrtens 22 Margie Bahan
9 Louisa Howell 23 Dorothy Wolfmeier
Jo Ann Clemens Judy Menrod
10 Bruce Nowak 25 Dorothy Johnson
Richard Coleman 24 Janet Pauketat
11 Kai Anderson Sam Koesterer
Norma Brune 29 Estelle Wernle
13 Darlene Slovinski Joyce Maurer
14 George Boland 30 Dorothy Feazel

If We Missed Your Birthday, Or Have It Listed Incorrectly
Please Let Us Know So That We May Correct It

“Seniors Come First” Services Available

Meals on Wheels One of the Center’s most important programs, the Meals on Wheels program provides daily meals to people who have difficulty getting out of the house and/or cooking for themselves. Not only are we able to supply necessary food, but the driver delivering the meal is able to ascertain how the client is getting along and share some companionship. We have a number of folks dedicated to providing these services. They give freely of their time and energy to deliver the meals, make contact with the recipient and report back to the Center. The majority of the “regular” drivers volunteer one day per week and most have said it is highly rewarding for them.

Lunch Program Lunch is served Monday through Friday at 12 noon. You must be 60 years of age or older to qualify for this program. It is appreciated that if you want lunch you call the center by 3:00 pm in order to sign up for lunch on the following day. When you come in you may sign yourself up for the next day. If you like, you may sign up for the entire week or month. If you know that you can not make it and you have signed up, please call and let us know that you will not be here and tell us when you will be back for lunch. If you have any questions concerning the lunch program please contact Patty Evansco at 476-3731.

All Lunches are Catered from the Millstadt IGA, West End Bar & Grill and Breadoux Pizza from Millstadt

“The Center is a Great Place to Enjoy Yourself Through Fellowship And Celebrations with Other Seniors of Millstadt” Senior Information and Assistance provides information or help with services and benefits to residents of Millstadt age 60 and over. We will also visit homebound seniors. If you need this service or would like to schedule a visit, call Millstadt Township Senior Center at 618-476-3731.

TCH Town Board

Randy Eckert, Village Mayor
Janet Mueller, Township Supervisor
Larry Sanders, Township Senior Services
Robert Schmitz, Township Supervisor

Advisory Council Members

Mark Todd
Ray Famula
John Baltz
Allan Analla
Betty Stark
Carol Quick
Darlene Sandheinrich
Don Ortman
Kathy Schaefer
Lillian Tracy
Randy Burk
Patty Evansco
Marlou Eckert
Don Mueller
Janet Mueller
Jerry Schmitz

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Coming Soon
Watch our Senior Talk news for the opening of our Millstadt Senior Center Thrift Store. We have been so successful at our Porch Sales that we have decided to open a place where you can shop every day. “The Thrift Store” will be opening for Christmas shopping. We are working on partitioning a section upstairs for this special store. For donors – if you have gently used items you would like for us to put in our store to help raise money we would be grateful. For shoppers – we will welcome your business and try to put out the very best items. If you have any ideas on what to call our Thrift Store please submit them and if we pick one of yours you will receive a free lunch ticket.

Thank you Scharf Farms for donating Pumpkins!! The craft class painted really unique pumpkin faces under the direction of Shea Lanaghan.

St James boys and girls visit Mrs. Claus at Halloween

Coming Soon
Thank you Scharf Farms for donating Pumpkins!! The craft class painted really unique pumpkin faces under the direction of Shea Lanaghan.

Subscription to Senior Talk
Tired of fighting the lines at local businesses for the latest copy of Senior Talk? To have a copy delivered to your mailbox for the next year, make a $100.00 donation to the Sandra M. Bereitschaft Foundation, Meals on Wheels program and receive a free one year subscription to Senior Talk. A subscription to the newsletter also makes a great birthday gift.
Thanks to Hilary (Left) and Michelle (R) from Walgreens everyone received their flu shots

A Month of Halloween

Halloween began at the Millstadt Senior Center on a few weeks ago when volunteer Janet Mueller started putting up all the scary decorations. Then the Fiedler twins (Kaitlyn and Taylor) hung all the cute Jack-O-Lantern lanterns from the ceiling. On Monday all the Home Delivered Meal clients received a special treat made and donated by Elaine Morris and Marsha Telizan. On Thursday, Shea Lanaghan came and painted pumpkins that were donated by Scharf Farms with everyone. We were surprised by a visit from costume dressed boys and girls from St James Infant and Toddler Center. Maggie and Nora Mueller helped pass out candy to the little ones. The grand finale was winning sweets and treats from the Halloween Wheel, Orange and Black Prize Bingo, “Boo” Word Making Contest and Trick or Treat trivia all under the direction of Volunteer Jean Colbert and her assistants Brady and Austin Todd. Everyone then enjoyed delicious howling hot dogs and creepy chili and yummy cupcakes.

Mayor Michael Todd was at the Center in October and gave a report on projects going on in town this fall.

Shea demonstrating and sharing her painting skills as Betty Stark (right) adds the finishing touches.

Bunco Party

Featuring Dessert Smorgasbord Beverage and Prizes Cost $8.00

Thursday, November 12, 2015
St. James Parish Center 405 West Madison Street
Millstadt, IL 62260
Starting Time: 7:00 pm
For Information Call St. James at 476-3513
Proceeds to benefit St. James St. Vincent DePaul Society

Prizes for the Halloween Wheel