

millStadt

29th Annual

PARKS BIATHLON

Sunday, September 18, 2016 — 8:00 A.M.

Liederkrantz Park

301 North Jefferson, Millstadt, Illinois

TAKE THE CHALLENGE!! Be a part of one of the largest and most challenging races in the central states region! This event not only tests your fitness level, but also your cycling skills. The high speed turns, rolling hills, and scenic farmlands make this event the largest in the metro east area. What a great way to finish the season than to be a part of the MILLSTADT PARKS BIATHLON! Millstadt is located only 20 minutes from downtown St. Louis.

\$300 BIG SHARK GIFT CERTIFICATE TO BE GIVEN AWAY AS ATTENDANCE PRIZE ON DAY OF RACE.

COURSE: Run over rolling hills to total 5.0 miles. Then remove own bike from rack & ride approximately 22 miles. Bike course is country roads and rolling hills. Course closes at 11:00 a.m. sharp! Anyone left on the course will be picked up by the sag wagon.

ENTRY FEE: Registrations postmarked by Sept. 1st: Biathlon Individual \$35; Biathlon Team \$50. Sept 2nd thru Race Day: Biathlon Individual \$40; Biathlon Team \$55. High quality specially designed long sleeve shirts to first 250 Biathlon entrants. No guarantee of shirts.

AWARDS: **Biathlon:** Awards will be presented to 9 male & 7 female age groups including overall awards to the first 3 men & women finishers. **Biathlon Teams: Male:** 1st, 2nd & 3rd. **Female:** 1st, 2nd & 3rd. **Male/Female:** 1st, 2nd & 3rd. Awards ceremony will be held approximately 11:00 a.m. at the finish line.

AGE GROUPS: Minimum age is 16 years. Proof of age must be supplied on the day of the race (example: valid driver's license). Biathlon age group awards as follows: **Male:** 16-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 and up. **Female:** 16-29, 30-34, 35-39, 40-44, 45-49, 50-59, 60 and up.

PACKET: Race packets to be picked up morning of race, 6:30—7:30 a.m. Be sure to allow yourself time to get packet and bike locations prior to race. Race will start promptly at 8:00 a.m. **RAIN OR SHINE**

INFORMATION: No confirmation packets will be sent out. If you wish to confirm your entry in the race, call the Millstadt Village Office from 9:00 a.m.—5:00 p.m. Monday thru Friday at (618)476-1514. Maps of the course are available at the Village Office or on the website. Food available. Shower Facilities available. **E-MAIL:** mvhlmusk@htc.net **WEBSITE:** villageofmillstadt.org

RULES: No one under 16 may enter. All entrants must wear A.N.S.I. approved helmets. Race numbers must be visible at all times. Participants may not receive mechanical assistance during bike race. It is expected that each participant come race ready with a safe bike, own water for bike segment and no support vehicles on course!



REGISTRATION INFORMATION

Online registration available at <https://www.racesonline.com/events/millstadt-biathlon/registration>

BIATHLON: MALE / FEMALE (Circle One)
BIATHLON TEAM: M/M - M/F - F/F (Circle One)

Make Checks Payable To:

Millstadt Parks Biathlon
111 West Laurel Street
Millstadt IL 62260
(618) 476-1514

www.villageofmillstadt.org

(PLEASE PRINT)

Last Name _____ First _____

Address _____

City _____ State _____ Zip _____

Work/Cell Phone _____ Home Phone _____

Age On Race Day _____ E-Mail _____

FOR TEAM COMPETITION

Last Name _____ First _____

Address _____

City _____ State _____ Zip _____

Work/Cell Phone _____ Home Phone _____

Age On Race Day _____ E-Mail _____

CHECK ONE:

If POSTMARKED by Sept 1, 2016 _____ Individual Entry Fee \$35.00
_____ Team Entry Fee \$50.00

If POSTMARKED Sept 2, 2016 thru race day _____ Individual Entry Fee \$40.00
_____ Team Entry Fee \$55.00

SHIRT SIZE: _____ Small _____ Medium _____ Large _____ X-Large _____ XX-Large
(Check Both Shirt Sizes for Team)

WAIVER, RELEASE & INDEMNIFICATION (In consideration of the acceptance of my entry in the Millstadt Biathlon) 1. I hereby agree to comply with all rules and regulations and event instructions of the Millstadt Biathlon and its Events Committee members. 2. For myself, my executors, administrators, heirs, next of kin. I hereby: (a) Waiver and release any and all claims that I may have against the Millstadt Biathlon, its Events Committee, their officers, directors, members, volunteers, employees, the municipality of Millstadt, Village of Millstadt and Board including any and all claims for damage caused by the negligence of any of them, arising out of my participation in the event and its related activities, together with any cost including attorney's fees that may be incurred as a result of any such claim whether valid or not and, (b) Indemnify and hold harmless the releases and each of them against any such claim that I or my guests or any one or more of my or their executors, administrators, heirs, next of kin may have or assert and 3. I hereby acknowledge that I have sole responsibility for my personal possessions and athletic equipment during the Millstadt Biathlon event and its related activities. 4. I hereby acknowledge that participation in the Biathlon competition carries with it potential hazard. I therefore release the Millstadt Biathlon Events Committee, their officers, directors, members, volunteers, employees, agents, the municipality, Millstadt Park Board of any liability in the event of injury or death during the event. 5. I hereby attest and verify that I am physically fit and have sufficiently trained for this competition and that my physical condition has been verified by a licensed medical doctor. 6. I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and/or illness during the Millstadt Biathlon. Furthermore I agree to be picked up by sag wagon if not finished by 11:00 A.M.

I agree to the above waiver conditions:

Signature 1) _____ Date _____

2) _____ Date _____

Team must have 2 signatures

CONSENT OF MINOR'S PARENT/GUARDIAN _____

REGISTRATION IS UNACCEPTABLE UNLESS WAIVER IS SIGNED AND MONEY IS RECEIVED